



Chiddingly Primary School

Muddles Green
Chiddingly
Lewes
BN8 6HN

NEWSLETTER 3 Friday 22nd September 2017

Executive Headteacher: Mr James Procter Email: office@chiddingly.e-sussex.sch.uk

"Achievement for All, Learning Together, Learning for Life"

#### Developing Emotional Resilience

#### The Brain

In the 1960's Dr Paul Maclean developed a simple theory for understanding the structure and development of the brain. He named his theory 'the triune brain model' (referencing 3 key components). He referred to these 3 parts as: the Reptilian Brain, the Limbic System and the Neocortex. Jane Evans (author, behaviour and parenting skills consultant, speaker and foster carer) adapted this theory whilst working with children and refers to it as the 'Meerkat, Elephant, and Monkey brain model'.

The Meerkat Brain (the Reptilian Brain)

This is the first and oldest part of the brain to form. It is our 'survival brain'. It regulates breathing, heart rate and temperature. It is also responsible for our instinctive 'flight, fight or freeze' response to danger and operates at an unconscious level. Like the Meerkat on lookout duty, it is always scanning for threats and danger in the environment we are in.

An example of the Meerkat brain in operation may be the feeling a child has when they are told they are about to have a test. Their heart may beat faster, they may feel hot or their temperature might drop and they may feel sick. These are all physiological reactions that occur when our Meerkat brain is in operation. Hopefully the Elephant and Monkey brains will then come on line and enable the child to cope.





(Of a person or their behaviour) tending to attract attention because of their exuberance, confidence, and stylishness.

#### School Trips

Please see below for upcoming trips.

#### Sycamore Class

As part of our topic on World War 2, we have planned a school visit to Newhaven Fort. We will be exploring the fort with our Year 5 and 6 peers from East Hoathly and taking part in



a hands-on artefacts workshop, where the children will experience World War 2 artefacts and learn more about their use.

The trip is on Tuesday  $3^{rd}$  October and the cost is £11 per child. This includes the coach trip to Newhaven and the workshops.

#### Eco Award and Helpers

We are happy to announce that Chiddingly Primary
School has been awarded its
Eco Schools Bronze Award
for its achievements in promoting energy efficiency and being green. A certificate is on its way for display in the office and we will now work our way towards a Silver Award.

Last year we had a great set of Eco Helpers who did a tremendous job in helping make our school more eco aware! This year we are looking at recruiting a new group to work with.

Mr Herdman spoke to each class last week and explained what the Eco helpers do and what a high standard the new Eco Helpers will have to reach following on from last year's group. This year, instead of being chosen, the children have been asked to apply for the post. The two successful applicants from each class will form our new Eco Helper group. We look forwards to announcing the new Eco Helpers soon!

#### Pupil Discipline Policy

Following feedback from parents, staff have worked to refine the Pupil Discipline policy which is attached to this newsletter. The main changes are as follows:

- The star work will now be celebrated with another class and their teacher, with the work being shared and a sticker being given to the child by the other teacher. This will no longer be celebrated in the newsletter.
- A new 'Head Teacher's Award' will be introduced, which will be a celebration of fantastic learning and progress from children. The aim of this is that it will be awarded to each child once per year. This will be celebrated in the newsletter.
- If a child is on the Thundercloud, they will be given a reflection sheet to complete which ensures the child considers the choices they have made and the element of the school code of conduct that has been broken. This is to ensure parents and children can follow up discussions at home. Parents will also receive a letter to inform them of the Thundercloud.

#### New Vacancy

We are looking to appoint someone to run the Breakfast Club at Chiddingly School. The club runs from 7.45-8.30am each day and the role involves engaging the children in activities in the morning, as well as providing breakfast for the children. If you are interested in the role, please contact the school office. We also need someone at East Hoathly on Thursdays and Fridays.



#### Mince Pie Race

Mr Procter and Alan Brundle (Pioneer Governor) will be running the Mince Pie Race on Sunday 10th December. They will be raising funds for school projects.

You are welcome to come join in on the fun, and cheer Mr Procter and Mr Brundle on. Please see the link below for more information.

http://www.seafordstriders.org.uk/ Newsite/mince-pie-ten-mile/

If you would like to sponsor Mr Procter and Mr Brundle, please see the school office.

#### This Week's House Points:



Big Ben 58



London Eye 57



Buckingham Palace 29

#### This week's winners are:

Big Ben

#### Top Table winner:

Wales (17 points)

Charlie

Maxwell

Sophia

Jack

Josie

George S

The runner up this week is Ecuador with 12 points

#### Growth Mindset

#### Tough Turtle of the Week

#### Noah Greenwood

For working hard on his independent writing.



If you've never failed, you've never tried anything new

#### Attendance

The whole school attendance for this year so far is **96.6%**.

This week's attendance:

Oak - 100%

Beech - 94.01%

Willow - 97.54%

Sycamore - 95.92%

Well done to **Oak** for having the highest attendance this week!

#### Learning Powers Certificate

On <u>Friday 29th September</u> at 9.25am the following children will be celebrating their achievements. Please come along if you are free.

Oak - Sophia Wells

Beech - Pixie-Leigh Vine

Willow - Priya Horne

Sycamore - Jack Eaton

#### Medication — Inhalers

Please can all parents ensure that ALL medication (including inhalers) are handed to the school office and not kept in children's bags during the school day. It is parents' responsibility to ensure that all medication is in date.

# British Values Citizen of the Week

This week's Citizen of the Week is:

# Daisy Banfield-Giggs

For sharing with others and her kindness to new friends.

#### Diner of the Week:

#### Ella Horne

For being very helpful and volunteering at lunch time.



Values

#### Parent Forums

Term	Date	Content
1	26 <sup>th</sup>	School Development Plan 2017/18
	September	Behaviour Policy
		Attendance Policy
		Homework Policy
2	22 <sup>nd</sup>	Handwriting Policy
	November	Anti-Bullying
		Thrive
3	23rd	Attendance Policy Review
	January	Behaviour Policy Review
		Mindfulness
4	14th March	Homework Policy Review and Evaluation
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		SATs info for Y2 and Y6 parents
5	1 <sup>st</sup> May	Thrive Review
		Mindfulness Review inc Golden Mile
6	13th June	Parentview
		Review SDP and plans for 18/19

#### Homework Policy

Following consultation with parents at the end of last term, staff have amended the Federation homework policy which is attached to this newsletter. The main changes are as follows:

- Homework for ALL year groups will go out on Fridays and be due on Thursdays.
- All maths homework will be done through Mathletics, this should be done with minimal support from parents
- All children will be able to attend homework club at lunchtimes in their classrooms if they are unable to complete homework at home.
- Paper homework will have an indicator on it of the level of support required from parents.
- -half termly projects will remain optional and will be celebrated on the second Thursday assembly of each term with the whole school.



#### Dates for your diary 2017/2018

#### September 2017

26th — Parent Forum at 9.00am to 9.25am

#### October 2017

2nd — Reception and Year 6 Measurement Programme

10th — Harvest Festival at 9.25am

16th — Country of Focus week

19th — Individual and family photos

20th — Reception, Year 1,2,3 and 4 Flu

Vaccination

20th — End of term celebration at 2.30pm

#### November 2017

10th — Remembrance Day Service at 9.25am

13th — Anti-bullying week

14th and 16th — Parent Consultation Meetings (4.00-6.00pm)

15th — Open Day for new parents at 1.30pm-2.30pm

22nd — Parent Forum at 9.00am to 9.25am

#### December 2017

5th — Open Day for new parents at 6.00-7.00pm

11th — Christmas Production dress rehearsal at 2.00pm

13th — Christmas Production at 6.30pm

#### January 2018

2nd — INSET day

18th — Maths Day

23rd — Parent Forum at 9.00am to 9.25am

#### February 2018

5th — Country of Focus week

9th — End of term celebrations at 2.30pm

#### March 2018

1st — Book Day

14th — Parent Forum at 9.00am to 9.25am

20th and 22nd — Parent Consultation Meetings (4-6pm)

29th — Easter Service at 2.00pm

#### May 2018

1st — Parent Forum at 9.00am to 9.25am

21st — Enterprise week

23rd — Awe & Wonder Day and celebration at 2.30pm

#### June 2018

4th — INSET day

13th — Parent Forum at 9.00am to 9.25am

29th — Table Tennis Tournament at 12.30pm at East Hoathly

#### July 2018

3rd — Sports Day at 9.30am & picnic at 12.00pm with parents

6th — Reports home to parents

9th — Parent Consultation

Meetings (4-6pm) to discuss
reports only

9th—Summer Production dress rehearsal at 2.00pm

11th — Summer Production at 2.00pm and 6.30pm

19th — Leavers Service at 2.00pm

20th — INSET day

21st — Ground Force Day in afternoon



# AFTER SCHOOL CLUB

### Chiddingly Primary School - Football

Tuesdays from 12 September - 12 December (no 24 October) 3.15 - 4.15pm, £58.50 for 13 weeks.



# **BOOK ONLINE NOW**

# www.albioninthecommunity.org.uk

Email: soccerschools@albioninthecommunity.org.uk for more information.

Brighton & Hove Albion After School Clubs delivered by Albion in the Community.

American Express Community Stadium, Village Way, Brighton BN1 9BL Tel: 01273 878265

Company limited by guarantee in England and Wales (No. 5122343). Registered charity in England and Wales (No. 1110978).



CLASSES HELD AT:

# CHIDDINGLY PRIMARY SCHOOL MONDAYS 3.30pm - 4.30pm

Learn self defence
Increase fitness & strength
Improve Self-Esteem & confidence
Improve flexibility for good posture
Improve coordination & flexibility
Improve technique & skill components
Improve your childs ability to focus, and have control
Learn respect, discipline & courtesy for others
Teach goal setting & patience
Develop leadership and team skills

ACLIEVE BLACK BELL

SAMASOUTHEAST.CO.UK / SAMAKARATE.COM
01444 461889 / 07876 617 115

*			
SAMA Karate Southeast, I wish for my child to try SAMA Kids Karate:			
Childs Name	Age		
Contact Telephone	Class		
Any current medication			
Child will be sent home from School	/ Child will be collected from School		
Parent / Guardian Signature	Date		

## **Fun Favourites**

## Thursday 5th October & Friday 6th October

# Thursday 5th October

Fish Fingers Vegetable Lasagne (v)

Served with

Chips

Sweetcorn

**Baked Beans** 

Served with

# Friday 6th October

Jerk Chicken Macaroni Cheese (v)

Served with

Fresh Carrots

Fresh Broccoli

Served with

Mini Brownie with Banana Slices









#### Breakfast Club Assistant

(Claims Only Contract)

Days: Monday to Friday, term time only

Salary: Single Status Grade 2, Scale Point 3

£15,116 per annum (pro rata)

The Governors and Executive Headteacher are currently looking for a Breakfast Club Assistant to work on a claims only contract. The successful candidate will be able to engage children in activities in the morning from 7.45am to 8.30am and provide breakfast for the children.

We are looking for someone who is enthusiastic, a good communicator and reliable.

If you feel that you would like to work in a small rural village school and be part of our friendly and supportive team,

please contact the school by email

office@chiddingly.e-sussex.sch.uk
or by telephoning 01825 872307
for an application pack.

Visits to the school are very welcome.

Closing date for applications: Midday on Friday 29<sup>th</sup> September
Interview date: TBC