



NEWSLETTER 4

Friday 29th September 2017

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"Achievement for All, Learning Together, Learning for Life"

### Developing Emotional Resilience

#### The Elephant Brain



When we are working with children we refer to

the limbic system of the brain as the elephant brain. This is where we store and retrieve feelings attached to memories.

This is the second part of the brain to develop. It helps us to remember how experiences and people made us feel. This is the area of that brain that when we feel scared of something will remember how we felt and how we made ourselves feel better.

For example; the child who is scared when told they are about to sit a test. They may feel sick, hot and their heart may be racing (the meerkat brain) but if someone understands, listens and helps them to calm and sit the test the elephant brain will remember the fear but also the experience that they felt ok in the end, the next time they are faced with a test.

### School Dinners

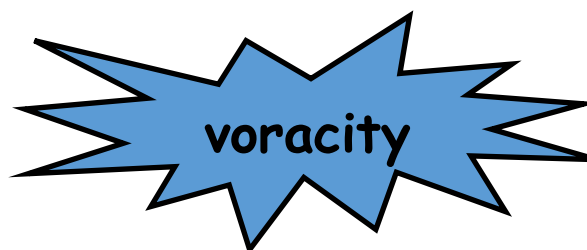
Please remember that we have a menu change next Thursday and Friday.

Thursday's menu will be Fish Fingers or Vegetable Lasagne!

Please see the menu attached to this newsletter for the full list.



### INTERESTING, USEFUL AND UNUSUAL WORDS



**Definition of Voracity (noun) in English:**

1. Having or marked by a strong desire for an activity or pursuit

## School Trips

Please see below for upcoming trips.

### Sycamore Class

As part of our topic on World War 2, we have planned a school visit to Newhaven Fort. We will be exploring the fort with our Year 5 and 6 peers from East Hoathly and taking part in a hands-on artefacts workshop, where the children will experience World War 2 artefacts and learn more about their use.

The trip is on **Tuesday 3<sup>rd</sup> October** and the cost is **£11 per child**. This includes the coach trip to Newhaven and the workshops.



## St Mary's Partnership News



Mrs King went to St Mary's this week to work in collaboration with Mrs Norris on grammar/punctuation planning. Staff across all 3 schools will be working with each other regularly throughout this year and we will keep you informed about partnership developments.

## Mince Pie Race

Mr Procter and Alan Brundle (Pioneer Governor) will be running the Mince Pie Race on Sunday 10th December. They will be raising funds for school projects.

You are welcome to come join in on the fun, and cheer Mr Procter and Mr Brundle on. Please see the link below for more information.

<http://www.seafordstriders.org.uk/Newsite/mince-pie-ten-mile/>

If you would like to sponsor Mr Procter and Mr Brundle, please see the school office.



## Oak Class

On Wednesday morning, Oak Class had a lovely time exploring the school field and wooded area. We took buckets and went on an Autumn treasure hunt! There were so many wonderful treasures to be found! The children were using their listening skills to listen to instructions and work together. They used so many great describing words when looking at the conkers, acorns and leaves. We were enjoying ourselves so much that we almost forgot to go back for break time! All of our Autumn objects are now in the outside area so that we can use them for our activities and we have already used them for counting and number work.



## Forest School

For Forest School this week, Sycamore had a fantastic time in the woods. They were keen to have another go at slacklining and, thanks to Mr Hinder's and Mr Ottoway's supervision and encouragement, the children became even more confident on it - some of them trying it without holding onto any shoulders or hands!

After seeing their amazing shelters they created using tarpaulins the other week, I set the children a challenge of creating dens using only natural materials! They rose to this challenge and created really beautiful and imaginative shelters. Their creativity in what they could use instead of rope and sheets was very impressive and the children were very proud of them.

Of course, it wouldn't be Autumn without some conker fights! The children used palm drills to make holes through the conkers and tied them onto string. As competitive as Sycamore children can be, their games were very sensible and careful with some clever tactics coming into play from Rhys, Jack, Helbert and Thomas!

Well done again, Sycamore, for fantastic behaviour! So many of you made a real effort to ensure everyone had something to do and felt included.



## British Values Day

On Friday 22nd September, we held a 'British Values Day' to promote our core values and enjoy learning about them.

It was great to see so many people dressed in red, white and blue clothing!

The children enjoyed working in their mixed aged house teams and visiting different classes to learn about the values. Each teacher concentrated on a different theme and planned an activity to develop understanding of tolerance, respect, rule of law and democracy. Everyone really enjoyed sharing their learning in the celebration assembly at the end of the day to parents and carers.

A huge 'thank you' to everyone who entered the 'Great Chiddingly British Bake Off'! The cakes that were produced were so impressive and many had a red, white and blue theme. Congratulations to the winners of each category:

KS1 - Hope, Olly and Daisy Banfield-Giggs

KS2 - Seth Taylor

Adults - Rachael Smith and Dylan Braden

A big thank you to all of our pupil governors for judging the competition and to the parents who helped set up the bake sale after school. We managed to raise an amazing £102!

There are still some containers in the small kitchen awaiting collection.



## Willow School Trip

Willow class went on a fantastic trip to Herstmonceux Science Centre on Wednesday 20th September! The children enjoyed a huge variety of different activities both indoors and out. The children explored numerous scientific concepts in the Discovery Park outdoors and in the 'Hands on Corridor'! They worked together to build different kinds of bridges and thoroughly enjoyed a Science Show! All the children had wonderful day full of fun and learning. Thank you to all of the adults who helped support Willow class on their trip.



## Growth Mindset

### Tough Turtle of the Week

## Henry Champion

For working hard in maths, and challenging himself to achieve above and beyond his own expectations.



*If you've never failed, you've never tried anything new*

## Attendance

The whole school attendance for this year so far is **96.4%**.

This week's attendance:

**Oak - 100%**

**Beech - 99.6%**

**Willow - 96.55%**

**Sycamore - 91.07%**

Well done to **Oak** for having the highest attendance this week!

## Learning Powers Certificate

On Friday 6th October at 9.25am the following children will be celebrating their achievements. Please come along if you are free.

Oak - Owen Smith

Beech - Archie Plummer

Willow - George De Vyea

Sycamore - Summer Hallett

## British Values Citizen of the Week

This week's Citizen of the Week is:

## Callum Ottaway

For caring for other children and having a great attitude.



## Diner of the Week:

## Sophia Wells

For her excellent behaviour in the dining hall and always following the golden rules!



### Top Table winner:

England (15 points)

Ethan

Olly

Poppy

Jamie

Holly

Maizie

The runner up this week is Ecuador with  
10 points

### Mathletics

If you have any questions about Mathletics, please come and see Miss Purcell at the Mathletics workshop on **Monday 9<sup>th</sup> October 2017 at 3:15pm** (you are welcome to bring your child along too).

### This Week's House Points:



Big Ben 86



London Eye 72



Buckingham Palace 34

**This week's winners are:**

**Big Ben**

### Parent Forums

Term	Date	Content
2	22 <sup>nd</sup> November	Handwriting Policy Anti-Bullying Thrive
3	23 <sup>rd</sup> January	Attendance Policy Review Behaviour Policy Review Mindfulness
4	14 <sup>th</sup> March	Homework Policy Review and Evaluation  SATs info for Y2 and Y6 parents
5	1 <sup>st</sup> May	Thrive Review Mindfulness Review inc Golden Mile
6	13 <sup>th</sup> June	Parentview Review SDP and plans for 18/19



## Dates for your diary 2017/2018

### October 2017

2nd — Reception and Year 6 Measurement Programme

10th — Harvest Festival at 9.25am

16th — Country of Focus week

19th — Individual and family photos

20th — Reception, Year 1,2,3 and 4 Flu Vaccination

20th — End of term celebration at 2.30pm

### November 2017

10th — Remembrance Day Service at 9.25am

13th — Anti-bullying week

14th and 16th — Parent Consultation Meetings (4.00-6.00pm)

15th — Open Day for new parents at 1.30pm-2.30pm

22nd — Parent Forum at 9.00am to 9.25am

### December 2017

5th — Open Day for new parents at 6.00-7.00pm

11th — Christmas Production dress rehearsal at 2.00pm

13th — Christmas Production at 6.30pm

### January 2018

2nd — INSET day

18th — Maths Day

23rd — Parent Forum at 9.00am to 9.25am

### February 2018

5th — Country of Focus week

9th — End of term celebrations at 2.30pm

### March 2018

1st — Book Day

14th — Parent Forum at 9.00am to 9.25am

20th and 22nd — Parent Consultation Meetings (4-6pm)

29th — Easter Service at 2.00pm

### May 2018

1st — Parent Forum at 9.00am to 9.25am

21st — Enterprise week

23rd — Awe & Wonder Day and celebration at 2.30pm

### June 2018

4th — INSET day

13th — Parent Forum at 9.00am to 9.25am

29th — Table Tennis Tournament at 12.30pm at East Hoathly

### July 2018

3rd — Sports Day at 9.30am & picnic at 12.00pm with parents

6th — Reports home to parents

9th — Parent Consultation Meetings (4-6pm) to discuss reports only

9th—Summer Production dress rehearsal at 2.00pm

11th — Summer Production at 2.00pm and 6.30pm

19th — Leavers Service at 2.00pm

20th — INSET day

21st — Ground Force Day in afternoon

# Fun Favourites

Thursday 5<sup>th</sup> October & Friday 6<sup>th</sup> October

**Thursday 5th  
October**

**Fish Fingers  
Vegetable Lasagne (v)**

*Served with*

**Chips  
Sweetcorn  
Baked Beans**

*Served with*

**Fruit in Jelly**

**Friday 6th  
October**

**Jerk Chicken  
Macaroni Cheese (v)**

*Served with*

**Fresh Carrots  
Fresh Broccoli**

*Served with*

**Mini Brownie with Banana Slices**

  
Chartwells



Usual meal prices apply  
Rec. Years 1 & 2 free meal.  
Years 3, 4, 5 & 6 - £2.10