



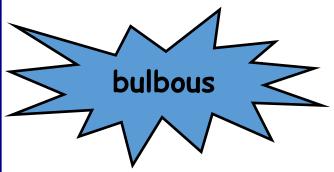
Chiddingly Primary School Muddles Green Chiddingly Lewes BN8 6HN

Friday 26th April 2019

Executive Headteacher: Mr James Procter Email: office@chiddingly.e-sussex.sch.uk

"Achievement for All, Learning Together, Learning for Life"

## INTERESTING, USEFUL AND UNUSUAL WORDS



### Adjective

- fat, round or bulging.
- 2. (of a plant) growing from a bulb.

### Friday Assemblies

A reminder that celebration assemblies are now at 9.10am, not 9.25am.

### Wellbeing Poster

We will be sharing a new wellbeing poster with you in the weekly newsletter. Some will be aimed specifically at adults and others will be aimed at children. There is also an outdoor 'Wellbeing' board for more information.

This week's poster (attached) suggests five different things to do if you are feeling down. We think there are some brilliant suggestions, including finding time to yourself and switching off from social media for a bit!



### Opening Ceremony for Astro Area

On Friday 3rd May at 1pm, we are holding an opening ceremony for the astro turf area that Mr Herdman has completed. Chairman of the Parish Council, Mike Goss, will also be attending and parents are welcome to come along too.



If you need the newsletter or other school letters to be in a different format please speak to Mrs Dann in the school office. If you need help or support with access to any information, please also contact Mrs Dann.

### Learning Powers Certificate

On <u>3rd May</u> at 9.10am the following children will be celebrating their achievements. Please come along if you are free.

Oak - Deeks Hinder

Beech - Daisy Gwilliam

Willow - Floyd Kaye

Sycamore - Joshua Mendes

### Parent Forums (Hall 9:00- 9:25am)

Wednesday 1st May

Parent questionnaire follow up; Thrive

Tuesday 11th June

Homework Review; School Development

Plan Review; SDP next year



### The Big Battery Hunt

The PFCS have registered with this school initiative. Pupils received a box and an activity book to bring home and there is a large recycling box at school to collect all used AA, AAA, C and D batteries. For more information look up on Facebook @bigbatteryhunt. We will be collecting batteries until mid May so please bring

them in



### Diner of the Week:

### Sienna-Rose Holder

For always being polite, showing good table manners and following all our golden rules in the dining room at lunchtime.



### Top Table winners:

Belgium (22 points)

Floyd

Vinnie-Ray

Summer

Ria

Archie S

Verity

The runner up is Japan with 17 points.

# Parents and Friends of Chiddingly School Need You!

If you are interested in finding out more about the PFCS please speak to Amy, Kimberley or Carolyn in the playground.



### Easter Service

Thank you to the children, parents and staff for a brilliant Easter Service at the end of last term.





### **Ground Force Day**

A really big thank you to Sam, Nick, Louise, Amy, Mr Lawrence and Mr Herdman for a brilliant job at Ground Force day! We really appreciate all your help and giving up your spare time to do some much needed work on the school. Also a thank you to Mr Forsey for giving up his time to work on Beech class' sink.





Muddles Green, Chiddingly, Lewes, East Sussex, BN8 6HN

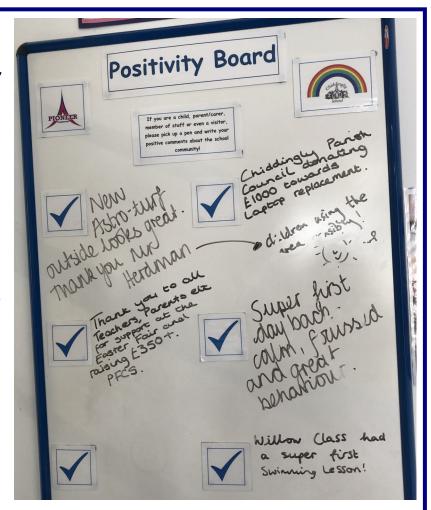
Tel: 01825 872307 Fax: 01825 872682 Email: office@chiddingly.e-sussex.sch.uk

### Positivity Board

This board enables parents/carers, staff, children and visitors to write positive comments, or thoughts, about their time in school or during events that they would like to share with others.

Please pop in any time to write down something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school and community.

As always, thank you for your support!



### **Attendance**

The whole school attendance for this year so far is 95.59%

This week's attendance: 98.29%

Oak - 100%

Beech - 99.07%

Willow - 100%

Sycamore - 94.27%

Well done to Oak and Willow for having the highest attendance this week!

100% - gold

96.5 to 99.9% - green

95 to 96.4% - amber

Less than 94.9% - red

### Dates for your diary 2018/2019

### May 2019

1st, 8th, 22nd — Willow class swimming lessons

6th — May Bank Holiday

17th — Enrichment morning

24th — Sports Day at 1pm and picnic (12-1pm with parents)

24th - End of Term 5

### June 2019

3rd - INSET DAY

4th — Term 6 starts

12th, 19th, 26th — Sycamore class swimming lessons

### July 2019

3rd — Sycamore class swimming lesson

5th — Summer production dress rehearsal at 1.30pm

10th — Summer production at 1.30pm and 6.30pm — parents invited

12th —School reports to parents

16th — Parent meetings about reports only

19th — Enrichment morning

23rd — Leavers' service at 2pm

### Thrive Room Developments

The work has started on the grounds where the outdoor Thrive room will be situated. Watch this space for more photos and information on it's developments!







The PFCS would like to say many thanks to all parents, pupils and staff for supporting our Easter Funday on Saturday 6th April. In total, the PFCS raised £400 from the event. The money we are currently raising is to help pay towards the new laptops which are due to be arriving shortly.

Another great big thank you to Mr Herdman, Mr and Mrs Hinder, Mrs Champion and Mr Lawrence for attending the Ground Force Day on Saturday 13th April. It was a fun morning painting, placing astroturf and the bacon sandwiches went down well!

The PFCS received a £1000 cheque, this week, from Chiddingly Parish Council to go towards the expense of the laptops. This has been gratefully received.

### Easyfundraising

Parents and Friends of Chiddingly School or Chiddingly School Association (this is what it is registered as) have signed up to Easyfundraising, an easy way for parents to raise funds for the school at no extra cost to themselves. Whenever you place your shopping through 100s of sites they will automatically give us a donation. Please could all parents consider doing their online shopping through this site or app.

https://www.easyfundraising.org.uk/causes/chiddinglyschassoc/

### Recycle 4 Charity

Please remember the PFCS are collecting INKJET cartridges through Recycle 4 Charity. Makes that you can recycle include HP, Dell, Lexmark, Canon, Samsung, and Neopost. Please DO NOT send Epson or Kodak cartridges in our recycling bags as their value will not cover postage costs. Instead you can include them in a box collection which is in reception if you have at least 25 items. Inkjet cartridges must be in suitable condition to be recycled. Please check their recycling criteria. They do not accept laser & toner cartridges.

### PFCS Dates

- Tuesday 30th April PFCS Meeting. 9am to 9:25am in the School Hall. Please attend for more information about upcoming events over the coming months and to find out how you can support us.
- Saturday 4th May Chiddingly Village Market, 10am to 12pm in Chiddingly Village Hall. Stall selling books, stationary and more. There are other stall holders including pies, preserves, knitted goods and more.
- Friday 24th May Sports Day/Picnic/Race for Life with a mini summer fair. 12pm at Chiddingly School.
- Tuesday 11th June Bag2School Collection at 8:50am at Chiddingly School.
- Tuesday 11th June Chiddingly School Disco at 3:30pm to 5pm.
- Saturday 15th June Chiddingly Church Fete
- Saturday 6th July Chiddingly Village Market in the Village Hall at 10am to 12pm.
- Wednesday 10th July Summer Production the PFCS will be selling teas & coffees.
- Tuesday 23rd July Leaver's Service the PFCS will be selling teas & coffees.

# THINGS TO DO WHEN YOU'RE FEELING DOON





### Talk to someone

Talk to a friend, colleague or family member about how you are feeling. Don't be afraid to express how you are feeling. It is okay to not feel okay.



Practice some self care. Take time to really look after yourself. Switch off from social media and do something that you enjoy or gives you a sense of achievement or pleasure



### **Goal setting**

With a friend set some small and achievable goals of some pleasurable and engaging activities that you can achieve.

Start small



throughout the day. Manage your energy levels, get a good nights sleep and try to stay active (exercise)





### Ask for help

Don't be afraid to ask for help. Asking for help is not a sign of weakness. Speak to your doctor or get in touch with a local mental health charity for support



### Golden Miles Home Challenge - Miles Record Card

This travel card has been designed to record all the exercise your child completes travelling to and from school and during weekend and holiday walks. Each week your child must put this record card in the Golden Mile Challenge Box at the Office so their exercise and miles can be collated.

Date	Journey	Miles

Total: Parent Signature: