



NEWSLETTER 28

Friday 3rd May 2019



Chiddingly Primary School

Muddles Green

Chiddingly

Lewes

BN8 6HN

Executive Headteacher: Mr James Procter

Email: office@chiddingly.e-sussex.sch.uk

"Achievement for All, Learning Together, Learning for Life"

INTERESTING, USEFUL AND UNUSUAL WORDS



Noun

1. a cause of obsessive fear, anxiety or irritation.
2. an imaginary being invoked to frighten children.

Wellbeing Poster

We now share a new wellbeing poster with you in the weekly newsletter. There is also an outdoor 'Wellbeing' board for more information.

This week's poster suggests an activity or strategy for every day of the week to reduce worries and promote healthy mental wellbeing.



Menu Change – School Census

Thursday 16th May is another school census day. We encourage as many children as possible to have a school meal, especially if your child is in Reception, Year 1 or 2 and/or receives Free School Meals. Please see the change to menus:

Thursday 16th May - Salmon fish fingers & chips, Quorn dippers & chips or jacket potato

Friday 17th May - BBQ beef meatballs with pasta, sweetcorn enchilada pie or jacket potato

Enrichment Morning

Please be aware that due to this being a very short term with lots going on, we are not going to hold the planned Enrichment Day on 17th May. Sports Day (the following week) will be the whole school Enrichment activity for this term.

Monday 6th May

Please remember that Monday 6th May is a bank holiday and the school will be closed.

If you need the newsletter or other school letters to be in a different format please speak to Mrs Dann in the school office. If you need help or support with access to any information, please also contact Mrs Dann.

Learning Powers Certificate

On **10th May** at 9.10am the following children will be celebrating their achievements. Please come along if you are free.

Oak - Deeks Hinder

Beech - Freya McGowan

Willow - Jack Cleaver

Sycamore - Kai Hibbart

Diner of the Week:

Aidan Holder



For being respectful and polite, showing good table manners and following all our golden rules in the dining room.

Parent Forums (Hall 9:00- 9:25am)

Tuesday 11th June

Homework Review;
School Development
Plan Review; SDP next
year



Top Table winners:

Mexico (24 points)

Archie P, Stanley

Kalian, Freya

Maxwell F, Daisy G

Mental Health Awareness Week

We will be marking Mental Health Awareness week from 13th-17th May (poster attached). The theme of the week is Body Image and children will be doing some learning about this in their classrooms.

The Big Battery Hunt

The PFCS have registered with this school initiative. There is a large recycling box at school to collect all used AA, AAA, C and D batteries. For more information look up on Facebook @bigbatteryhunt. The PFCS have arranged for the class that collects the most amount of batteries to receive a prize. We only have a couple more weeks to collect these so please bring in any used batteries

ASAP.

Thank you.



Parents and Friends of Chiddingly School Need You!

If you are interested in finding out more about the PFCS please speak to Amy, Kimberley or Carolyn in the playground.



MyMaths and Times Table Rockstar Workshop

Miss Purcell, Pioneer Federation maths leader, will be having a drop in workshop for MyMaths and Times Tables Rockstars from **3:15pm to 3:45pm on Monday 20th May** in the school hall. All are welcome to come along for support, to ask any questions and to find out more about how your child can use them.

Forest School

On Wednesday 1st May, Oak Class had their first Forest School session! They had such a brilliant time exploring and playing in the woods. They spent the afternoon hunting for different kinds of bugs and mini-beasts!

Whilst in the woods, they played 'Bat and Moth'. One person was blindfolded and acted as the bat. Whilst being surrounded by the 'trees' they had to use their hearing to listen out really carefully and 'catch' the moth!

The children also made bug artwork out of different woodland materials e.g. leaves and sticks.

Thank you Miss Waterman for a lovely afternoon!



Muddles Green, Chiddingly, Lewes, East Sussex, BN8 6HN

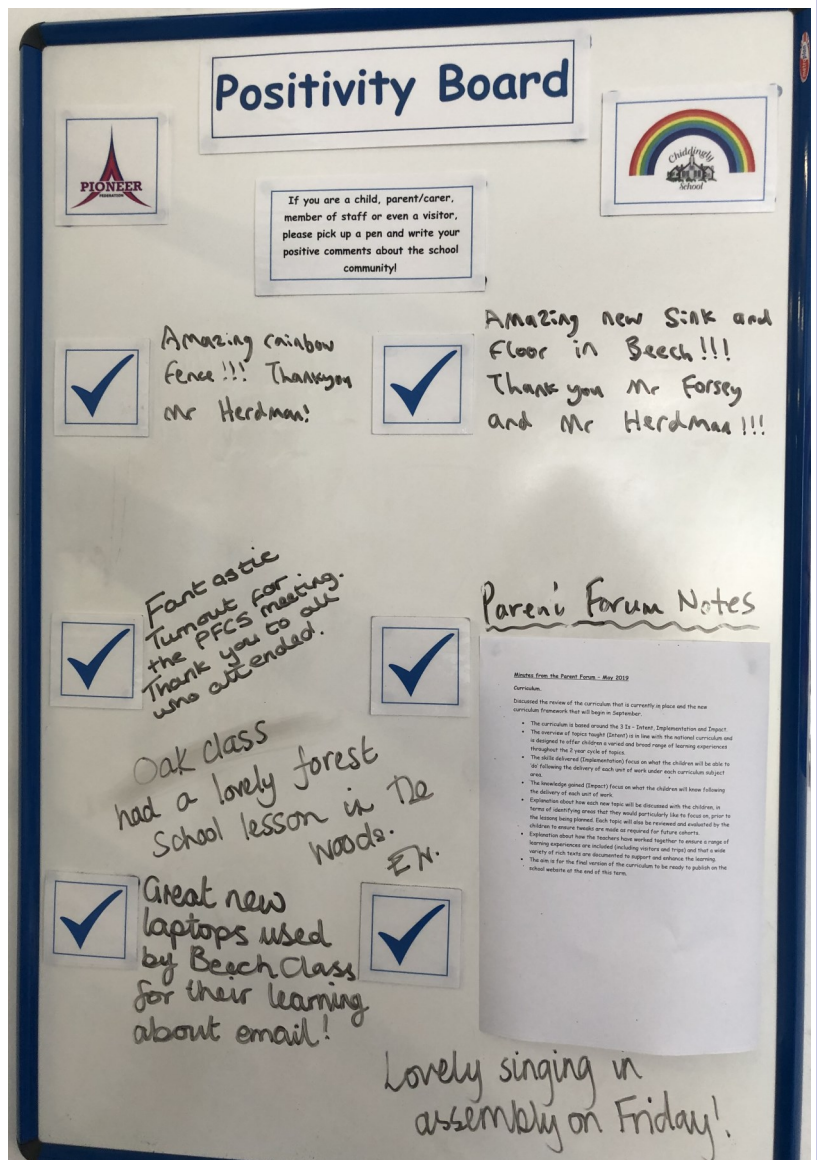
Tel: 01825 872307 Fax: 01825 872682 Email: office@chiddingly.e-sussex.sch.uk

Positivity Board

This board enables parents/carers, staff, children and visitors to write positive comments, or thoughts, about their time in school or during events that they would like to share with others.

Please pop in any time to write down something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school and community.

As always, thank you for your support!



Attendance

The whole school attendance for this year so far is **95.56%**

This week's attendance: **94.74%**

Oak - **94%**

Beech - **96.67%**

Willow - **98.28%**

Sycamore - **88.75%**

Well done to **Willow** for having the highest attendance this week!

100% - gold

96.5 to 99.9% - green

95 to 96.4% - amber

Less than 94.9% - red

Minutes from the Parent Forum - May 2019

Curriculum

Discussed the review of the curriculum that is currently in place and the new curriculum framework that will begin in September.

The curriculum is based around the 3 Is - Intent, Implementation and Impact.

The overview of topics taught (Intent) is in line with the national curriculum and is designed to offer children a varied and broad range of learning experiences throughout the 2 year cycle of topics.

The skills delivered (Implementation) focus on what the children will be able to 'do' following the delivery of each unit of work under each curriculum subject area.

The knowledge gained (Impact) focus on what the children will know following the delivery of each unit of work.

Explanation about how each new topic will be discussed with the children, in terms of identifying areas that they would particularly like to focus on, prior to the lessons being planned. Each topic will also be reviewed and evaluated by the children to ensure tweaks are made as required for future cohorts.

Explanation about how the teachers have worked together to ensure a range of learning experiences are included (including visitors and trips) and that a wide variety of rich texts are documented to support and enhance the learning.

The aim is for the final version of the curriculum to be ready to publish on the school website at the end of this term.

Lost Property

Please keep an eye out for a green parka coat with a furry hood, size 7-8 years old. Poppy has lost hers and hasn't seen it since Monday.

There are a pair of blue children's glasses in the school office, found in the Forest School hut on Wednesday.



Mental Health Booklets

We have access to booklets about overcoming anxiety and looking after your mental health that we have added to the website and there will also be printed copies in the school office.



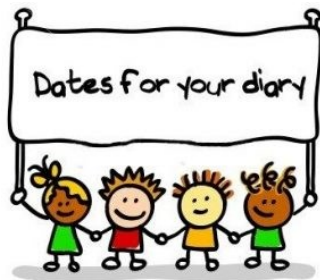
Dates for your diary 2018/2019

May 2019

- 6th — Bank holiday (school closed)
- 8th & 22nd — Willow class swimming lessons
- w/c 13th — Year 6 SATs week
- 24th — Sports Day at 1pm and picnic (12-1pm with parents)
- 24th — End of Term 5

June 2019

- 3rd — INSET DAY
- 4th — Term 6 starts
- 12th, 19th, 26th — Sycamore class swimming lessons

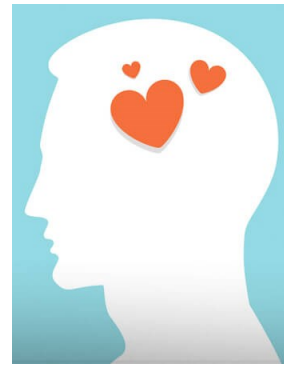


July 2019

- 3rd — Sycamore class swimming lesson
- 5th — Summer production dress rehearsal at 1.30pm
- 10th — Summer production at 1.30pm and 6.30pm — parents invited
- 12th — School reports to parents
- 16th — Parent meetings about reports only
- 19th — Enrichment morning
- 23rd — Leavers' service at 2pm

Emotional Health and Wellbeing

Please find the Pioneer Federation strategy for identifying mental health issues and the processes that we take, attached to this newsletter. This is also available on the school website.



New Laptops

Please see below for a photo of Beech Class all using the new laptops in their learning! They were using Purple Mash to send emails to Neil Armstrong and were very excited when they got some replies!



It is with a heavy heart that we must announce the passing of one of our most recent members of the PFCS, Carol Burd, known by most as "Luna's Grandma".



Since becoming a part of the school community in 2017, Carol quickly became a well loved character on the playground and at the many events both she and her husband, Tony, volunteered at.

To celebrate Carol's memory and her love for the school, those closest to her have requested to her family and friends that, in lieu of flowers, donations can be made to support the Chiddingly School Association (PFCS) charity.

Should you also wish to make a donation, the funds raised will be gratefully received to create a 'Reflection Corner' in Carol's memory to coincide with the school's Thrive Approach.

This will be a calm, quiet area for the children to sit and reflect on their feelings, thoughts and behaviours. It will comprise of a sheltered archway bench, a water feature and garden area for the children to plant in.

Please make donations payable to The Chiddingly School Association (Registered Charity No. 1072129) and send to Hailsham Funeral Service, 11 Station Road, Hailsham, BN27 2BE where they will be collected or alternatively speak with Amy McGowan or Kimberley Baldwin to make other arrangements.

Easyfundraising

Parents and Friends of Chiddingly School or Chiddingly School Association (this is what it is registered as) have signed up to Easyfundraising, an easy way for parents to raise funds for the school at no extra cost to themselves. Whenever you place your shopping through 100s of sites they will automatically give us a donation. Please could all parents consider doing their online shopping through this site or app.

<https://www.easyfundraising.org.uk/causes/chiddinglyschassoc/>

Recycle 4 Charity

Please remember the PFCS are collecting INKJET cartridges through Recycle 4 Charity. Makes that you can recycle include HP, Dell, Lexmark, Canon, Samsung, and Neopost. Please DO NOT send Epson or Kodak cartridges in our recycling bags as their value will not cover postage costs. Instead you can include them in a box collection which is in reception if you have at least 25 items. Inkjet cartridges must be in suitable condition to be recycled. Please check their recycling criteria. They do not accept laser & toner cartridges.

PFCS Dates

- Saturday 4th May - Chiddingly Village Market, 10am to 12pm in Chiddingly Village Hall. Stall selling books, stationary and more. There are other stall holders including pies, preserves, knitted goods and more.
- Friday 24th May - Sports Day/Picnic/Race for Life with a mini summer fair. 12pm at Chiddingly School.
- Tuesday 4th June - PFCS Meeting at 8:55am in the School Hall
- Tuesday 11th June - Bag2School Collection at 8:50am at Chiddingly School.
- Tuesday 11th June - Chiddingly School Disco at 3:30pm to 5pm.
- Saturday 15th June - Chiddingly Church Fete
- Saturday 6th July - Chiddingly Village Market in the Village Hall at 10am to 12pm.
- Wednesday 10th July - Summer Production - the PFCS will be selling teas & coffees.
- Tuesday 23rd July - Leaver's Service - the PFCS will be selling teas & coffees.

7 MENTAL HEALTH

ACTIVITIES TO TRY OUT DURING YOUR WEEK

 @BELIEVEPHQ

MONDAY

Spend some time during your week writing down negative thoughts. This can be a really simple tool to help you identify thinking errors and to start managing them more effectively

MY MENTAL HEALTH ACTIVITY SCHEDULE

TUESDAY

If you experience a worry try and postpone it to your worry time. Use worry time to solve any practical worries which you have experienced and to learn how to problem solve more effectively

WEDNESDAY

If you experience a worry and can't get it out of your mind why not try and stay present with what it is you were doing before the worry popped up. Use all of your senses to stay in the present moment and to really engage with a task

THURSDAY

Challenge those negative thoughts. Ask yourself the following questions: are they fact or opinion? What is the evidence for or against thoughts? How can I develop a more realistic thought?

FRIDAY

Self care is really important. Why not try engaging in some deep breathing, ratio breathing or progressive muscle relaxation. They are really useful for reducing psychological and physiological arousal

SATURDAY

Within your week it is important that you schedule in activities that give you a sense of achievement, pleasure and satisfaction. Schedule some fun activities for the upcoming week

SUNDAY

Connect with some colleagues, friends or family members. Focus on building a positive mental health support network

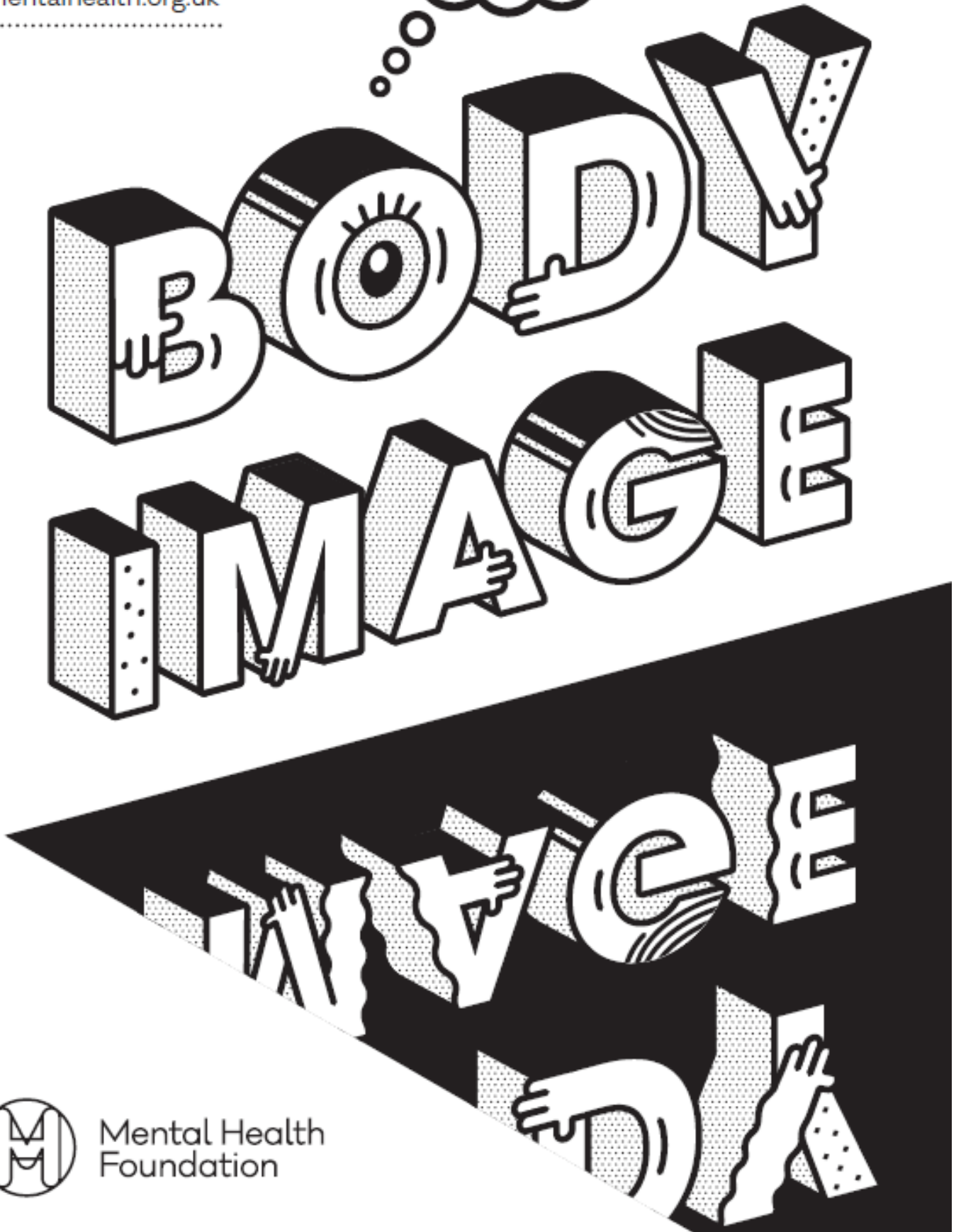


Mental Health
Awareness Week

13-19 May 2019

mentalhealth.org.uk

How we think
& feel about
our bodies



Mental Health
Foundation

Pioneer Federation Strategy for Emotional Health and Wellbeing

(linked to EHWB Policy)

