



Chiddingly Primary School

Muddles Green

Chiddingly

Lewes

BN8 6HN

NEWSLETTER 29

Friday 10th May 2019

Executive Headteacher: Mr James Procter

Email: office@chiddingly.e-sussex.sch.uk

"Achievement for All, Learning Together, Learning for Life"

INTERESTING, USEFUL AND UNUSUAL WORDS



Noun

1. a timid or feeble person.

Adjective

2. feeble, insipid or bland.

Thank You and Good Luck

A big thank you to Mrs Lawrence for all her hard work and support at Chiddingly School over the years. We wish her all the best for her future and good luck with her new job.



Wellbeing Poster

We now share a new wellbeing poster with you in the weekly newsletter. There is also an outdoor 'Wellbeing' board for more information.

This week's poster gives you a selection of foods to eat to help boost your brain power. **We thought this was an excellent idea for children taking SATs next week!**



Menu Change — School Census

Thursday 16th May is another school census day. We encourage as many children as possible to have a school meal, especially if your child is in Reception, Year 1 or 2 and/or receives Free School Meals.

Snacks and Lunchboxes

Snacks for break should include fruit or cereal bars (with no nuts). Please also be reminded that there should be no sweets or chocolate in lunch boxes. Many thanks for your co-operation.

Willow Class Swimming

A reminder that there is no swimming on Wednesday 15th May. The final session for Willow Class is on 22nd May.

If you need the newsletter or other school letters to be in a different format please speak to Mrs Dann in the school office. If you need help or support with access to any information, please also contact Mrs Dann.

Learning Powers Certificate

On **17th May** at 9.10am the following children will be celebrating their achievements. Please come along if you are free.

Oak - Deeks

Beech - Dylan

Willow - Sebastian

Sycamore - Hollie

Diner of the Week:

**Amber Richards-
Forsey**



For always being respectful, polite and kind to others in the dining room.

Parent Forums (Hall 9:00- 9:25am)

Tuesday 11th June

Homework Review;
School Development
Plan Review; SDP next
year



Top Table winners:

Japan (27 points)

Josh, Liam, Dylan

Sebastian, Edward, Thomas

The runner up was England with 20 points.

Mental Health Awareness Week

We will be marking Mental Health Awareness week from 13th-17th May (poster attached). The theme of the week is Body Image and children will be doing some learning about this in their classrooms.

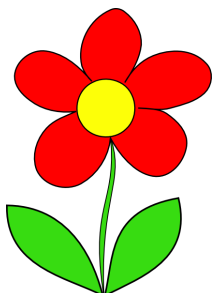
Next Week's Birthdays

Happy Birthday to George H on 10th, Lucas on 14th, Jesse on 15th and Holly on the 16th May! Also a happy belated Birthday to Rebecca on 3rd May.



Thank You

A big thank you to the PFCS for organising cakes, fruit and flowers in the staff room this week.



Parents and Friends of Chiddingly School Need You!

If you are interested in finding out more about the PFCS please speak to Amy, Kimberley or Carolyn in the playground.



PARENTS & FRIENDS OF CHIDDINGLY SCHOOL

MyMaths and Times Table Rockstar Workshop

Miss Purcell, Pioneer Federation maths leader, will be having a drop in workshop for MyMaths and Times Tables Rockstars from **3:15pm to 3:45pm on Monday 20th May** in the school hall. All are welcome to come along for support, to ask any questions and to find out more about how your child can use them.

Forest School

On Wednesday 8th May, Oak Class had Forest School inside, to start with, because the weather was very wet! They made stick crowns, painted pebbles and made jewellery by using the hand drill! They then went outside to play some games, once the weather had brightened up. They played the 'Bat and Moth' game again, as it is a favourite!

A big thank you to Mrs Robins, Mrs Champion and Mrs Hinder for helping out!



Thrive Room Developments

As you can see the progress of the Rainbow Room is coming along nicely, ready to use for Thrive and small group work.



Opening of the New Astro Turf Area

On Friday 3rd May, we had a visit from Mike Goss, Chair of the Parish Council, and Suzanne Goss, School Governor, whilst we held an opening ceremony for the new astro turf area on the playground. Also, thank you to everyone for all their hard work on this area!



Muddles Green, Chiddingly, Lewes, East Sussex, BN8 6HN

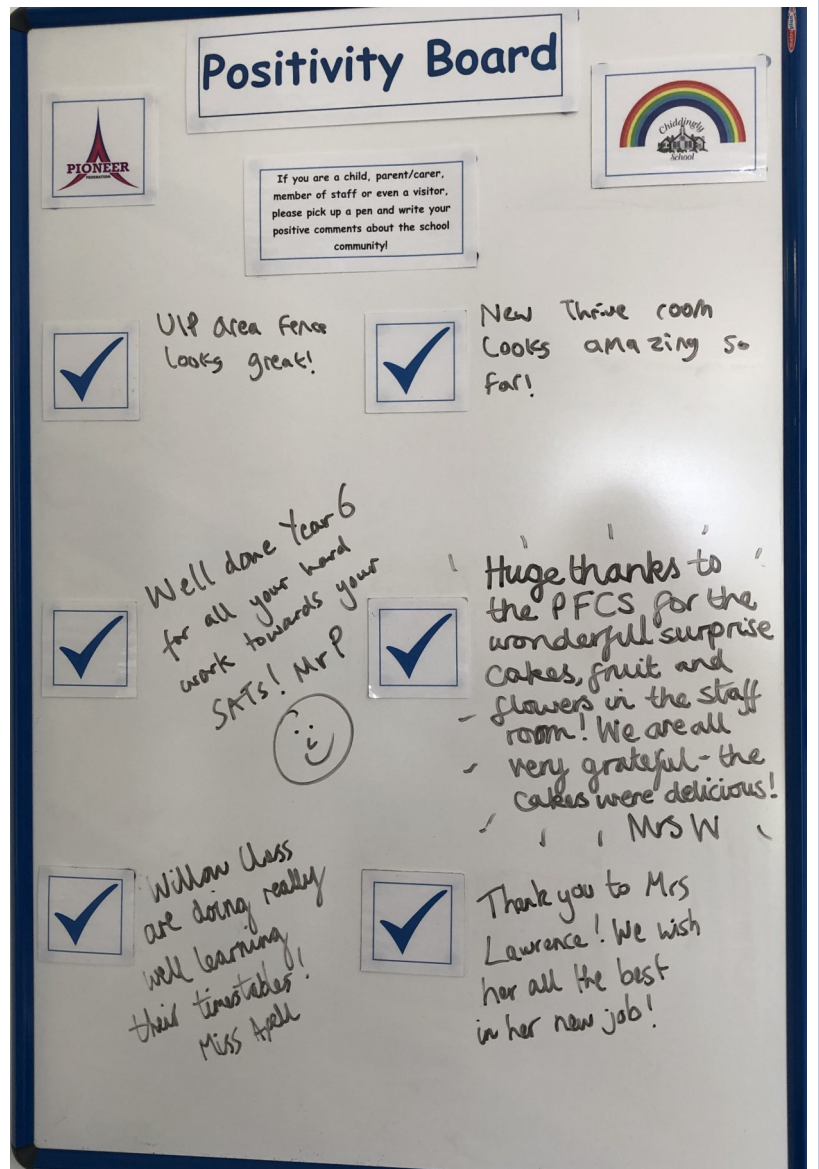
Tel: 01825 872307 Fax: 01825 872682 Email: office@chiddingly.e-sussex.sch.uk

Positivity Board

This board enables parents/carers, staff, children and visitors to write positive comments, or thoughts, about their time in school or during events that they would like to share with others.

Please pop in any time to write down something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school and community.

As always, thank you for your support!



Attendance

The whole school attendance for this year so far is **95.62%**

This week's attendance: **97.89%**

Oak - 98.33%

Beech - 96.3%

Willow - 98.28%

Sycamore - 98.96%

Well done to **Sycamore** for having the highest attendance this week!

100% - gold

96.5 to 99.9% - green

95 to 96.4% - amber

Less than 94.9% - red

Dates for your diary 2018/2019

May 2019

22nd — Willow class swimming lesson

w/c 13th — Year 6 SATs week

24th — Sports Day at 1pm and picnic (12-1pm with parents)

24th — End of Term 5

June 2019

3rd — INSET DAY

4th — Term 6 starts

12th, 19th, 26th — Sycamore class swimming lessons

July 2019

3rd — Sycamore class swimming lesson

5th — Summer production dress rehearsal at 1.30pm

10th — Summer production at 1.30pm and 6.30pm — parents invited

12th — School reports to parents

16th — Parent meetings about reports only

19th — Enrichment morning

23rd — Leavers' service at 2pm



Easyfundraising

Parents and Friends of Chiddingly School or Chiddingly School Association (this is what it is registered as) have signed up to Easyfundraising, an easy way for parents to raise funds for the school at no extra cost to themselves. Whenever you place your shopping through 100s of sites they will automatically give us a donation. Please could all parents consider doing their online shopping through this site or app.

<https://www.easyfundraising.org.uk/causes/chiddinglyschassoc/>

Recycle 4 Charity

Please remember the PFCS are collecting INKJET cartridges through Recycle 4 Charity. Brands that you can recycle include HP, Dell, Lexmark, Canon, Samsung, and Neopost. Please DO NOT send Epson or Kodak cartridges in our recycling bags as their value will not cover postage costs. Instead you can include them in a box collection which is in reception if you have at least 25 items. Inkjet cartridges must be in suitable condition to be recycled. Please check their recycling criteria. They do not accept laser & toner cartridges.

PFCS Dates

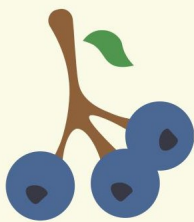
- Friday 24th May - Sports Day/Picnic/Race for Life with a mini summer fair.
- Tuesday 4th June - PFCS Meeting at 8:55am in the School Hall
- Tuesday 11th June - Bag2School Collection at 8:50am at Chiddingly School.
- Tuesday 11th June - Chiddingly School Disco at 3:30pm to 5pm.
- Saturday 15th June - Chiddingly Church Fete
- Saturday 6th July - Chiddingly Village Market in the Village Hall at 10am to 12pm.
- Wednesday 10th July - Summer Production - the PFCS will be selling teas & coffees.
- Tuesday 23rd July - Leaver's Service - the PFCS will be selling teas & coffees.



6 FOODS TO INCREASE YOUR BRAINPOWER



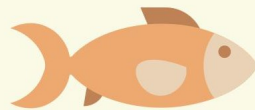
Be Health-minded.
Eat **HEALTHY**



1

Blueberries

Studies have shown that blueberries can help to improve memory.



2

Salmon

Salmon contains DHA, an omega-3 fatty acid which helps to stimulate brain cell growth



3

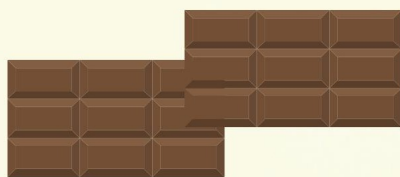
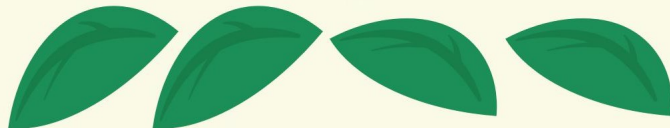
Broccoli

Broccoli contains Vitamin K which helps to improve cognitive abilities

4

Spinach

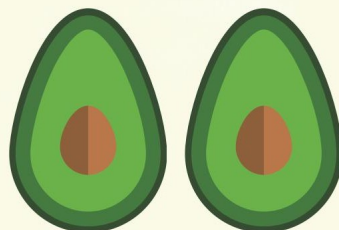
Spinach can help keep your brain alert. It is rich in several vital antioxidant vitamins



5

Dark Chocolate

Dark chocolate contains flavonoids which can help improve blood flow to the brain



6

Avocado

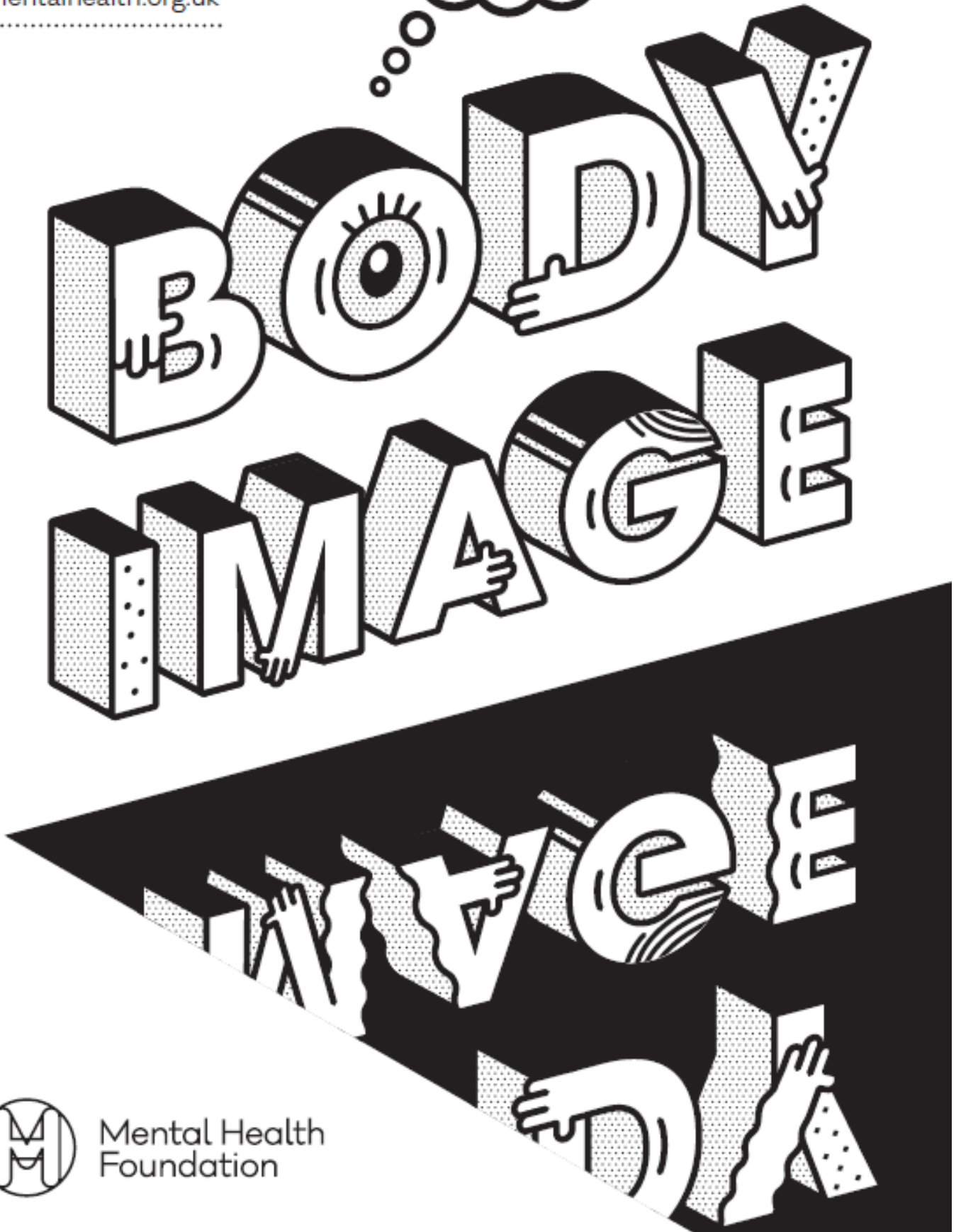
Avocados contain monounsaturated fats which help prevent hardening of blood vessels

Mental Health
Awareness Week

13-19 May 2019

mentalhealth.org.uk

How we think
& feel about
our bodies



Mental Health
Foundation

Name & Year Group:



Golden Miles Home Challenge - Miles Record Card

This travel card has been designed to record all the exercise your child completes travelling to and from school and during weekend and holiday walks. Each week your child must put this record card in the Golden Mile Challenge Box at the Office so their exercise and miles can be collated.

Date	Journey	Miles

Total:

Parent Signature: