If you are bullied:-

DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a friend.
- TELL SOMEONE.



DON'T:-

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think it's your fault.
- Hide it.
- Be afraid to tell someone.
- Put up with it.

What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't try and get involved you might end up getting hurt or you could end up in trouble yourself.
- Don't stay silent or the bullying will keep happening
- Don't join in!

The Head, the Governors and the staff will work together to:-

- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

What will happen to a bully?

Teachers will get involved and help you solve problems. They will be put on the rain and thunder clouds, talk to your parents and talk to your friends.



Child Friendly Anti-Bullying Policy

What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is repeated over and over again.



Bullying can be.....

Verbal: Hurting people's

feelings

Physical: Hurting someone's

body

Indirect: Hurting someone's

friendships

Cuber: Hurting someone

virtually

When is it bullying?

<mark>S</mark>everal

Times

<mark>O</mark>n

Purpose

We promise to always treat bullying seriously. We want our school to always be a friendly community where everyone is happy.

Who can I tell?

A Friend

Parents/Carers

Teachers

School Council

Lunch time Staff

Any Other Adult

MOST IMPORTANTLY:-If you are being bullied:

> Start Telling Other People! Make some NOISE!