



Chiddingly Primary School  
 Muddles Green  
 Chiddingly  
 Lewes  
 BN8 6HN

NEWSLETTER 15  
 Friday 10th January 2020

Executive Headteacher: Mr James Procter  
 Email: office@chiddingly.e-sussex.sch.uk

"Achievement for All, Learning Together, Learning for Life"

### Free Books from The Sun

The Sun is offering primary schools the chance to claim a set of **free Collins Big Cat books** worth over £600. We have registered online and each school must collect 3,500 tokens which are **printed in The Sun every day from Saturday, November 23 2019 - Saturday, January 18 2020**. The tokens can be collected by anybody so we need to ask for your help please in collecting enough tokens. If you have any, please give them to Mrs Dann in the school office.



### Announcement

We are pleased to announce that Mrs Dann will be having a baby in June. We will let you know about the cover arrangements whilst she is on maternity leave, as soon as possible. Congratulations!



### Learning Powers Certificate

On 17th January at 9.10am the following children will be celebrating their achievements. Please come along if you are free.

- Oak - Annie
- Beech - Elijah H & Daisy BG
- Willow - Cameron
- Sycamore - Sophia M

### Birthdays

Happy Birthday to Jean-Paul on 11th, and Freddie and Chloe H on 15th January!



### Wellbeing Poster

We share a new wellbeing poster with you in the weekly newsletter. This week's poster gives us lots of reasons why we should take a break from social media.



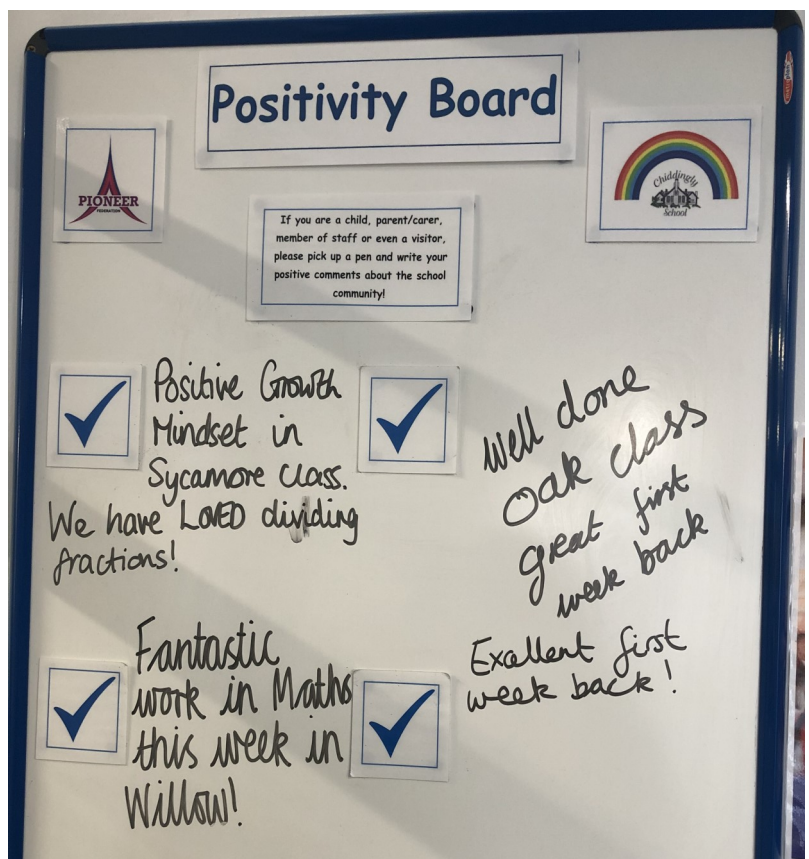
*If you need the newsletter or other school letters to be in a different format please speak to Mrs Dann in the school office. If you need help or support with access to any information, please also contact Mrs Dann.*

## Positivity Board

This board enables parents/carers, staff, children and visitors to write positive comments, or thoughts, about their time in school or during events that they would like to share with others.

Please pop in any time to write down something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school and community.

As always, thank you for your support!



## Attendance

The whole school attendance for this year so far is **95.81%**

This week's attendance: **93.23%**

**Oak - 92.86%**

**Beech - 95%**

**Willow - 90.28%**

**Sycamore - 94.5%**

Well done to **Beech** for having the highest attendance this week!

**100% - gold**

**96.5 to 99.9% - green**

**95 to 96.4% - amber**

**Less than 94.9% - red**

## Parent Forums

**T3:** 22nd January

**T4:** 31st March

**T5:** 29th April

**T6:** 23rd June



## Diner of the Week:

**Sophia W**

For being polite, kind to others and following all our golden rules.



## Top Table winners:

**England (27 points)**

Priya

Hollie H

Sophia M

Coco

Amber

The runners up were Algeria.

## Dates for your diary 2019/2020

### January 2020

22nd – Parent Forum at 9am

### February 2020

14th – International Day & end of term

24th – Term 4 starts

### March 2020

5th – World Book Day

10th & 12th – Parent Consultations 4pm-6pm

27th – Enrichment Day

31st – Parent Forum at 9am

### April 2020

3rd – Easter Service at 2pm & end of term

4th – Easter Quiz

20th – Term 5 starts

29th – Parent Forum at 9am

### May 2020

7th – VE Day celebrations

8th – School closed (bank holiday)

11th – Year 6 SATs Week

15th – Enrichment Day

22nd – Sports Day and picnic and end of term

### June 2020

1st – INSET day

2nd – Term 6 starts

22nd – Sycamore residential trip (Mon to Wed)

23rd – Parent Forum at 9am

### July 2020

3rd – School Disco

7th – Production dress rehearsal at 1.30pm

9th – Summer production 2pm and 6.30pm

10th – Reports out to parents

14th – Parent Consultations regarding reports only

21st – Leavers' Service at 2pm and end of term

## Children's Mental Health Week

It is Children's Mental Health Week from 3rd to 9th February 2020. We will be focussing on 'invisible disabilities' and the impact that this can have on children and their behaviour.

If there is anyone with experience in hidden illnesses, disabilities or conditions of any kind who would be comfortable doing some work with the children about their knowledge and work, please let Miss Lewis or Mrs Dann know.



## Thank You to Amy for Books

A big thank you to Amy McGowan for donating so many excellent books to the school! The children will enjoy them immensely!

## Donation of Glasses

Lottie and Chloe took the donations of glasses to Specsavers over the Christmas break to go into the vision aid charity bin. Thanks to all who donated, they collected 20 pairs! Well done girls!





## OUR FIRST RECOMMENDATION

My name is: *Juliet Stirrat*

The book I am recommending is: *Little Bears Friend*

This book is suitable for age (please circle)

*Under 4's* 4-5 6-7 8-9 10-11 12+ *All ages*

I recommend this book because:

*.....This may be an old book (now out of print?) but it is a beautiful story about friendship, perfect for emerging readers.*

*It has lovely illustrations by Maurice Sendak, simple vocabulary and sentence structures, and is broken into shorter chapters, so is not too daunting.*

*There are other stories in the series, but this is my favourite!*



## We Love Reading!

At Chiddingly School, we believe that reading should be enjoyed by everybody and that children (and adults) should have opportunities to lose themselves in a great book. In order to expand our reading experiences, we are asking staff, children, parents and friends of the school to send in 'recommended reads' for us to explore. We would like to know the following information:

- the name of the book
- the author (and illustrator if applicable)
- recommended age group
- Why you recommend the book.

If you'd like to use the template below, please do! Please send your recommendations to the school office and we will share one or two each week in the newsletter. These will then go onto our school website so that you can look back at all the recommendations. Each term, we will then purchase some of the recommended reads for the school library!

To get us started, please look at the attached map (like the London Underground) to help you to think of alternative texts and authors that you and your child might like to explore. The map shows a popular author on each line, along each line are lots of examples of similar-style texts that are likely to appeal to readers of that author.

We look forward to hearing all about the books you have been enjoying!

### Recommended Reads!

My name is.....

The book I am recommending is

.....

By .....

This book is suitable for age (please circle)

*Under 4s 4-5 5-7 7-9 9-11 11+ everybody*

I recommend this book because

.....  
.....  
.....  
.....  
.....  
.....  
.....



Try getting off at a different stop today



@MisterBodd



Please note that Friday 17th January will be swapped with Thursday so the options on Friday will be: **beef burger, Quorn Spanish rice or jacket potato**

Mood Boost  
theme day

KS1 Free  
KS2 £2.05

16th January

Did you know?

Eating oily fish  
like salmon and  
fresh tuna  
helps to keep  
your brain  
healthy!

## Fish & Chips

Choose a Main Meal...

Fish Fillet & Chips

Sweet Potato & Chickpea Burger & Chips

Jacket Potato with Cheese, Baked Beans  
or Tuna Mayo

On the Side...

Peas

Baked Beans

For Dessert...

Jelly & Vanilla Ice Cream  
or Fresh Fruit or Yoghurt

As it is **Census Day**, Chartwells have said that you can also order your KS1 child a lunch and they can have a taster plate, instead of a whole meal. The more KS1 children who order a lunch, the more money the school receive, so please encourage your child to order a lunch or taster plate on **Thursday 16th January!**

Don't forget! If your child is in Reception, Years 1 or 2, then you can get their packed lunch or hot meal free of charge!

# WHY CHILDREN SHOULD TAKE A BREAK FROM SOCIAL MEDIA

 @BELIEVEPHQ



Switching off from social media could be good for your mental health. It could reduce feelings of anxiety, loneliness or jealousy



Switching off from social media could help you to get more things done



You will find yourself with more time to see friends, exercise or engage in hobbies

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So that they can have more time to rest and recharge

Because it can negatively impact your self esteem



You will be more present with what you are doing

You will develop better relationships with friends and family



Switching off from social media could help to improve your sleep



Because by connecting with people in person is really important for our wellbeing





# Diarrhoea and vomiting?

There's no specific cure for stomach bugs such as norovirus  
If your child has norovirus, it's best to treat symptoms at home



stay hydrated



take paracetamol



prevent spread



stay at home for two days  
after symptoms clear

# SAMMA SOUTHEAST



## **KIDS KARATE CLASSES**

**HELD AT YOUR SCHOOL!**

**SELF DEFENCE - FITNESS - COORDINATION - FLEXIBILITY  
FOCUS - SELF ESTEEM - CONFIDENCE - RESPECT - DISCIPLINE  
LEADERSHIP - TEAM SKILLS - MOTIVATION**

*Register and book for your first lesson on our website*

 **SAMASOUTHEAST.CO.UK / SAMAKARATE.COM**

 **01444 461889 / 07876 617 115**