



Chiddingly Primary School
 Muddles Green
 Chiddingly
 Lewes
 BN8 6HN

NEWSLETTER 18
 Friday 31st January 2020

Executive Headteacher: Mr James Procter
 Email: office@chiddingly.e-sussex.sch.uk

"Achievement for All, Learning Together, Learning for Life"

Attendance

The whole school attendance for this year so far is **95.64%**

This week's attendance: **93.92%**

Oak - 94.29%

Beech - 94.67%

Willow - 93.7%

Sycamore - 93.08%

Well done to **Beech** for having the highest attendance this week!

100% **96.5 to 99.9%**
95 to 96.4% **Less than 94.9%**

Parent Questionnaires

Please find a parent questionnaire attached to this newsletter. Paper copies are available from the office. Please return to the office by **Friday 7th February**.

Diner of the Week:

Daisy B-G

For being polite, kind and respectful towards others and following all our golden rules.



Top Table winners:

France (35 points)

Daisy B-G

Molly

Emily

Amelie

Kalian

Maxwell F

The runners up were Ecuador with 30 points.

Learning Powers Certificate

On 7th February at 9.10am the following children will be celebrating their achievements. Please come along if you are free.

Oak - Wilfred

Beech - Josie

Willow - Jacinda

Sycamore - Jack

Parent Forums

T4: 31st March at
9am and 3pm

T5: 29th April

T6: 23rd June



Wellbeing Poster

We share a new wellbeing poster with you in the weekly newsletter. This week's poster has 10 practical tips for dealing with stress.



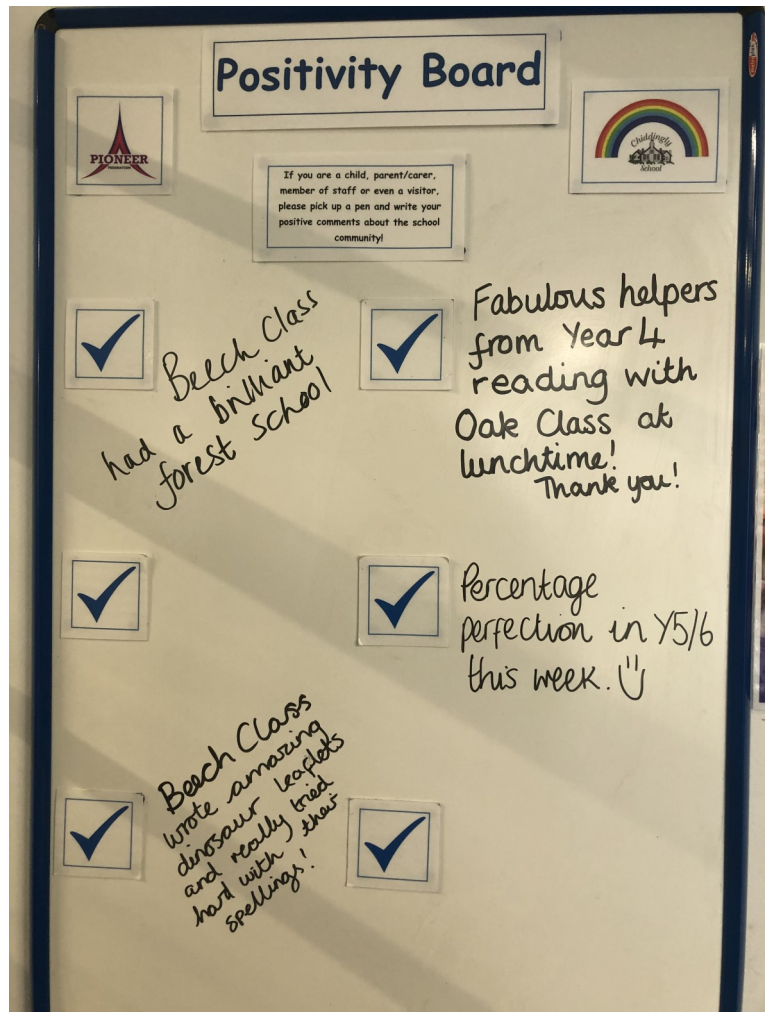
If you need the newsletter or other school letters to be in a different format please speak to Mrs Dann in the school office. If you need help or support with access to any information, please also contact Mrs Dann.

Positivity Board

This board enables parents/carers, staff, children and visitors to write positive comments, or thoughts, about their time in school or during events that they would like to share with others.

Please pop in any time to write down something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school and community.

As always, thank you for your support!



Choir

On Friday 14th February, it is International Day. The Choir club have been practising two songs, which they will be singing in the International Day assembly at 2.30pm. All are welcome to attend.



Items Needed

If anyone has the following items, we would be very grateful for the donation!

- Twister Game with mat and spinner
- Coloured, old pairs of socks
- Paper plates - gold, silver or coloured
- Ball pit balls



We Need Help Please

We are getting a new carpet fitted in the learning zone area over half term and need help moving furniture beforehand. If anyone is able to pop in after school on **Friday 14th February** to help us move the furniture to classrooms, we would be very grateful!

We Need Your Help



Muddles Green, Chiddingly, Lewes, East Sussex, BN8 6HN

Tel: 01825 872307 Fax: 01825 872682 Email: office@chiddingly.e-sussex.sch.uk

Forest School

Beech Class were extremely busy in Forest School this week! They made 'dinosaur lands' with mud for the swamps, twigs as the trees, conkers for the pathways, streams using foil and bark as the caves. They also did some whittling with sticks (in order to toast marshmallows), built dens, had free exploration, went minibeast hunting (they found some newts) AND made fat balls for the birds! Such a busy but fun session!

Also, thank you to Emily and Ed Gingell for donating the logs for seats!



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Dates for your diary 2019/2020

February 2020

14th – International Day & end of term

24th – Term 4 starts

March 2020

5th – World Book Day

10th & 12th – Parent Consultations 4pm-6pm

27th – Enrichment Day

31st – Parent Forum

April 2020

3rd – Easter Service at 2pm & end of term

20th – Term 5 starts

29th – Parent Forum & Willow Class swimming at Bede's

May 2020

6th, 13th & 20th – Willow Class swimming at Bede's

7th – VE Day celebrations

8th – School closed (bank holiday)

11th – Year 6 SATs Week

15th – Enrichment Day

22nd – Sports Day and picnic & end of term

June 2020

1st – INSET day

2nd – Term 6 starts

10th – Sycamore Class swimming at Bede's

15th – Bikeability week for Sycamore

22nd – Sycamore residential trip (Mon to Wed)

23rd – Parent Forum

July 2020

1st, 8th & 15th – Sycamore Class swimming at Bede's

3rd – School Disco

7th – Production dress rehearsal at 1.30pm

9th – Summer production 2pm and 6.30pm

10th – Reports out to parents

14th – Parent Consultations regarding reports only

21st – Leavers' Service at 2pm and end of term



Parent Questionnaire

Name (if you wish) _____

	(please tick)	Strongly agree	Agree	Disagree	Strongly Disagree	Don't Know
1	My child is happy at this school					
2	My child feels safe at this school					
3	The school makes sure its pupils are well behaved					
4	My child has been bullied and the school dealt with the bullying quickly and effectively					
5	The school makes me aware of what my child will learn during the year.					
6	When I have raised concerns with the school they have been dealt with properly.					
7	My child has SEND and the school gives them the support they need to succeed.					
8	The school has high expectations for my child.					
9	My child does well at this school.					
10	The school lets me know how my child is doing.					
11	There is a good range of subjects available to my child at this school					
12	My child can take part in clubs and activities at this school					
13	The school supports my child's wider personal development.					
14	I would recommend this school to another parent					

Thank you for taking the time to fill out this questionnaire.
Please return this to the School Office by Friday 7th February

We Love Reading!

At Chiddingly School, we believe that reading should be enjoyed by everybody and that children (and adults) should have opportunities to lose themselves in a great book. In order to expand our reading experiences, we are asking staff, children, parents and friends of the school to send in 'recommended reads' for us to explore. We would like to know the following information:

- the name of the book
- the author (and illustrator if applicable)
- recommended age group
- Why you recommend the book.

If you'd like to use the template below, please do! Please send your recommendations to the school office and we will share one or two each week in the newsletter. These will then go onto our school website so that you can look back at all the recommendations. Each term, we will then purchase some of the recommended reads for the school library!

We look forward to hearing all about the books you have been enjoying!

Recommended Reads!

My name is.....

The book I am recommending is

.....

By

This book is suitable for age (please circle)

Under 4s 4-5 5-7 7-9 9-11 11+ everybody

I recommend this book because

.....
.....
.....
.....
.....
.....

Recommended Reads!

My name is Ahliia

The book I am recommending is called The Beast of bucking ~~and~~ ^{ham} palace.

By David ~~usualians~~ and Tony Ross

This book is suitable for age (please circle)

Under 4s 4-5 6-7 8-9 10-11 12+ everybody (8+)

I recommend this book because

It's really funny there are some sad bits in it but it's really ~~and~~ enjoyable and there's a happy ending!

Saturday 1st February 10am-12pm is the Chiddingly Village Market at the village hall. There will be many stalls selling cakes, fresh local veg and plants, local meat and eggs, knitted and craft items and many more. We will be there selling items raising money for the PFCS.

Our EGM is **Monday 10th February at 7:30pm** in the school hall. If you are a parent/carer/guardian or family member of a Chiddingly Primary School child, feel free to pop along for a drink and see what the PFCS is all about and/or come along to put yourself forward for the role of Chair.



At our EGM, we will elect a member to take over the role of Chair from Amy McGowan and then we will discuss fundraising ideas for the school year. This will include: Easter events, disco, bingo and/or quiz night, fun Fridays and more.

Please come along and support the PFCS with ideas.

Bag 2 School Collection

Monday 24th February at 9am - The next arranged collection is just after the half term holidays but if you have already been having a clear out please speak to Amy about bringing bags in to store away ready.

WANTED ITEMS

- The PFCS are in need of plastic and lidded boxes. If you have any unwanted ones, please pass onto a member of the PFCS.
- Do you have any unwanted gifts left over from Christmas, birthdays, Mother's Day or Father's Day? If you have any new and unwanted gifts, including toiletries, unwrapped chocolates, drinks, novelty items, arts and craft items, toys etc., the PFCS would like to take these off you. Or if you have any unwanted birthday party favours, we could use these also. Please pass to a member of the PFCS.
- We would also like any unwanted books and soft toys that we can sell at various fairs.

Easyfundraising

The PFCS are raising free donations for Parents and Friends of Chiddingly School (Chiddingly School Association) simply by shopping online with easyfundraising. In just over a year we have raised **£100.15**. We have 27 supporters. If you haven't yet registered then join the fundraising revolution! Register today and help raise money for the PFCS while doing your shopping online and remember to download the reminder tab and also the app to your mobile.

<http://www.easyfundraising.org.uk/causes/chiddinglyschassoc>

2nd Hand Uniform

The PFCS have an assortment of 2nd hand uniform which we sell all year round. If you are interested in viewing the items please speak to Amy McGowan, Carolyn Robins or Jade Scarsbrook. We will be trying to get it out on display as often as we can also. If you have any items your child has outgrown then please feel free to pass onto a member of the PFCS. Please see the attached poster for current items and sizes and prices that we have in stock.

2nd hand uniform for sale

Chiddingly Jumpers: 3-4, 5-6, 9-10

Chiddingly Cardigans: 3-4, 5-6, 32"

£2

Chiddingly PE tshirts: 5-6, 7-8, 9-11

Chiddingly Hats: 2 available

£1

Unisex

PE Shorts: 4, 5, 6, 9-10, 10-11

PE Trousers: 5-6, 7-8

Plimsolls: shoe size 8, 10

Boys

Trousers: 3-4, 4-5, 5-6

Short Sleeve Shirts: 4-5, 6-7

Long Sleeve Shirts: 4-5, 8-9, 11-12

Polo Shirts: 5-6

Girls

Short Sleeve Shirts: 7-8, 8, 9

Long Sleeved Shirts: 4-5, 10

Polo Shirts: 4, 4-5, 5, 6, 7-8, 8-9

Grey Skirts: 3-4 every size up to 9-10

Trousers: 3-4 every size up to 13

PE Shorts: 3-4, 5

PE Trousers: 5, 6, 6-7, 7

Skorts: 7

Grey Dresses: 3-4 every size up to 7

All other
items are
50p



10 PRACTICAL TIPS FOR DEALING WITH STRESS

 @BELIEVEPHQ

01 ASK FOR HELP



Speak to someone about your struggles (Doctor, GP, Mental health charity)

02 EXERCISE REGULARLY



Exercise is a great tool which can help to reduce anxiety, depression and stress

03 PROBLEM SOLVE



Challenge any negative thoughts that you experience by using effective problem solving techniques

04 PRACTICE BREATHING



Learn a range of different breathing techniques. Try deep breathing or progressive muscle relaxation

05 EAT PROPERLY



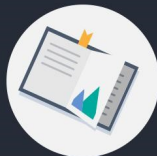
Manage your energy levels and make sure you are eating the right food and staying hydrated

06 SLEEP WELL



Aim for 7-8 hours sleep each night. Make sure you create a relaxing environment

07 STRESS LOG



Identify and write down the things that are making you stressed and learn how to manage them effectively

08 BE AWARE



Monitor and be aware of your stress levels. Understand how you react to stress

09 ORGANISE AND PLAN



Plan your time effectively. Set realistic goals and organise your time to make things easier

10 HAVE FUN



Go out and enjoy yourself. Spend some time where you can focus on yourself and have fun

14th February 2020

Chiddingly Australia Day Menu

"BBQ Chook" Chicken Burger
Quorn "Snag" Hot Dog (v)

both served with Cajun Potato Wedges
or

Jacket Potato with Baked Beans (v) or Cheese (v)



Served with
**Baked Beans
Sweetcorn**



Followed by
**Oatie "Anzac" Biscuit
or
Fresh Fruit or Yoghurt**



KS1 Free
KS2 £2.05


Chartwells



Eastbourne Edge

Certificate of Appreciation



Awarded to:
Cameron Gibson



For being a fantastic ambassador for the inline hockey club. He gave up his time on the weekend to help teach pupils from Polegate Primary School how to play hockey. His willingness to get involved and set a positive example is great to see.

Scott Clark—Under 8 and Under 10 Coach

Cameron is a member of the Eastbourne Edge Inline Hockey Club. He loves the sport and always has a smile on his face. He is always willing to help out wherever he can. This past Sunday he gave up his time to help teach pupils from Polegate Primary School how to play hockey. Although he would not expect a thank you he does deserve some recognition for his efforts. Although I could present him a certificate at hockey training I felt it might mean more for him being recognised at school for being such a community-minded citizen.

Scott Clark

Chairman and Under 8/Under 10 Coach

Excellent achievement Cameron!

East Sussex Parent Carer Forum

The newly formed East Sussex Parent Carer Forum are now providing the voice at strategic level for the parent carers of East Sussex.

The Department for Education funds parent carer forums, via local authorities, to ensure parent carer voices are heard. In November 2019, two East Sussex support groups, iContact and ImPact were successful in their "expression of interest "to jointly form the East Sussex Parent Carer Forum.

This is an immense achievement and down to the hard work of a small group of parents who are passionate about representing the views of **ALL** parent carers in East Sussex.

The role of the parent carer forum is to voice the views of parent carers in East Sussex. This is about all children's disabilities and all special educational needs. To do this, we need you to feedback your experiences, respond to surveys and tell us what works well and what your greatest concerns are.

There are many roles parent carers can get involved in. There are many focus groups helping to shape the services in East Sussex that parent carers can be part of. Parent carers, will be trained and supported to sit on panels at strategic level, representing the views of wider parent carers in East Sussex and feeding back to the parent carer forum. There are many support groups in East Sussex that you can join and feedback into via your group.

As with any organisation, key skills can really make a difference. And before any of us were parent carers we all had skills that can assist with the journey ahead of us now. By pooling our skillsets, we can ensure the voices of parent carers based on the needs of their families are heard.

Parent Carer Forums are not places to voice your own child's needs, they are places to come together to represent all of us, no matter the needs of our children / young people, or whichever education/ health/ social care setting they are in. If this sounds of interest to you, then feel free to sign up and let's get our collective voices heard.

So, if you have the passion to get parent carers views represented in East Sussex then please fill in the membership form attached and tell us what level of interest you have. Or go to our website <https://www.espcf.org.uk/>



Public Health
England

A new infection has been detected in Wuhan, China

(Novel Coronavirus)

If you have been to Wuhan, China, in the last 14 days and develop **ANY** of these symptoms, contact a healthcare professional

Any of



Cough



Runny
nose



Sore
throat



Fever



Difficulty
breathing

If you develop symptoms within 14 days of travel to Wuhan, please stay indoors and avoid contact with others where possible. Ring 111 or call your GP and tell them that you have travelled to Wuhan, for free advice and treatment.