



Chiddingly Primary School  
 Muddles Green  
 Chiddingly  
 Lewes  
 BN8 6HN

NEWSLETTER 21  
 Friday 28th February 2020

Executive Headteacher: Mr James Procter  
 Email: office@chiddingly.e-sussex.sch.uk

"Achievement for All, Learning Together, Learning for Life"

**Diner of the Week:**

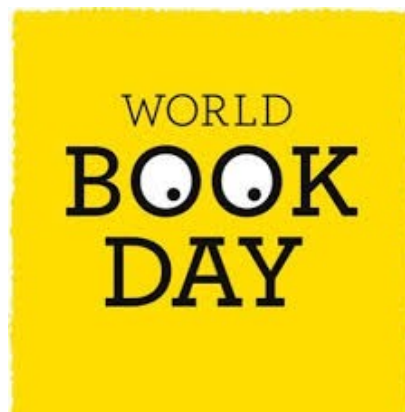
**Lucy**

For being polite,  
 well-behaved and  
 showing good table manners.



**World Book Day**

It is World Book Day on Thursday 5th March and we will be inviting children to come into school dressed as their favourite book character. There is also a different lunch menu for this day (please find attached).



**Attendance**

The whole school attendance for this year so far is **95.53%**

This week's attendance: **94.95%**

Oak - **95%**

Beech - **97.33%**

Willow - **95.19%**

Sycamore - **91.92%**

Well done to **Beech** for having the highest attendance this week!

**100%**  
**96.5 to 99.9%**  
**95 to 96.4%**  
**Less than 94.9%**

**This Week's Birthdays**

Happy Birthday to Caelan on 28th February and William on 4th March.



**Parent Forums**

T4: 31st March at 9am and 3pm

T5: 29th April

T6: 23rd June



**Wellbeing Poster**

We share a new wellbeing poster with you in the weekly newsletter. This week's poster gives 50 ways to practice self-care.



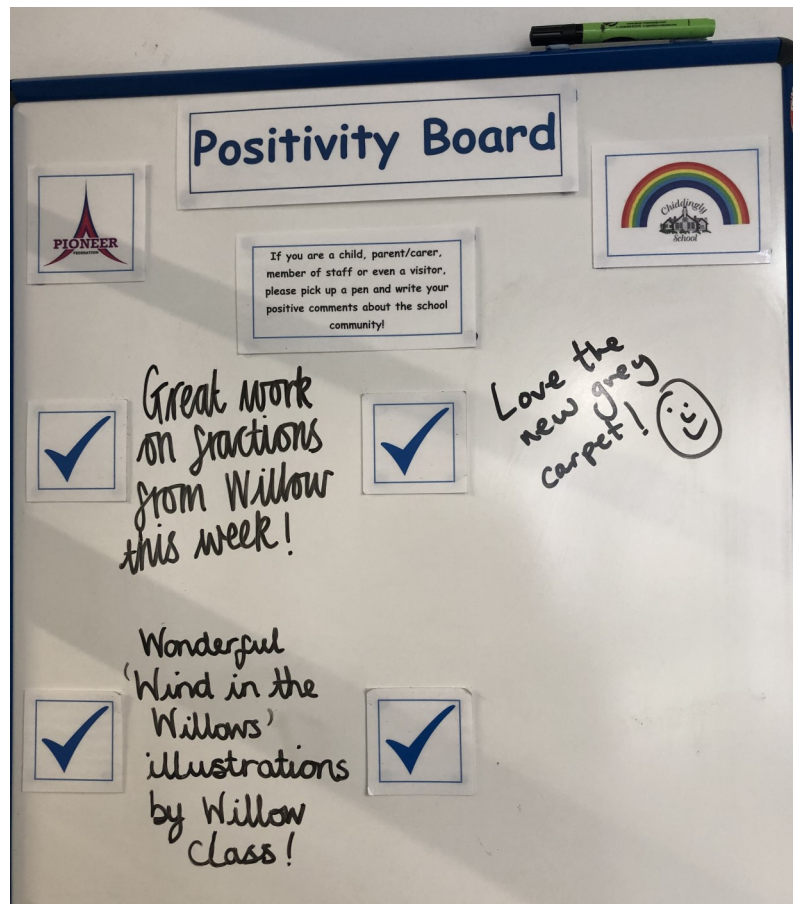
*If you need the newsletter or other school letters to be in a different format, please speak to Mrs Dann in the school office. If you need help or support with access to any information, please also contact Mrs Dann.*

## Positivity Board

This board enables parents/carers, staff, children and visitors to write positive comments, or thoughts, about their time in school or during events that they would like to share with others.

Please pop in any time to write down something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school and community.

As always, thank you for your support!



## Parent Consultations

Parent consultations are going to be held on the **Tuesday 10th and Thursday 12th March** (from 4pm to 6pm). Sign up sheets will be outside the hall from Monday 2nd March onwards. Don't forget to pop in and book your appointment!



## Learning Powers Certificate

On 6th March at 9.10am the following children will be celebrating their achievements. Please come along if you are free.

Oak - Lily L

Beech - Maizie

Willow - Archie S

Sycamore - Albert

## Top Table winners:

Italy (20 points)

Cameron, Archie S

Stanley, Archie P

Josie

The runners up were France with 19 points.

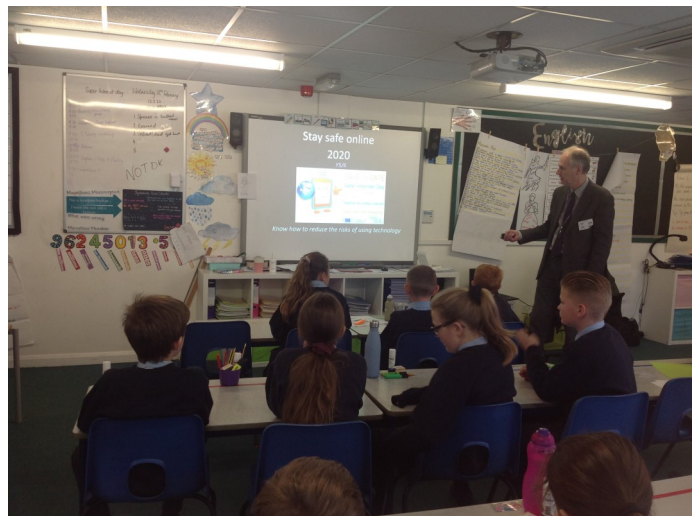
## Chiddingly School E-Safety Day - Wednesday 12th February 2020

On Wednesday 12th February, Chiddingly School celebrated National E-Safety Day! We had an assembly dedicated to Online Safety then the children, in their individual classes, had a workshop from Andrew Gunn, an ICT and E-Safety expert.

Mr Gunn explained about the uses of technology using current (and fascinating!) examples. The children understood how important technology around them is but they also learnt how to be cautious with it too. The children learnt about how screen time will effect their mood, sleep and overall health. They learnt how it's important that they are careful with what they write online as they each have a 'Digital Footprint' which stays online for a long time. The children reflected on what they had learnt by completing tasks (like creating e-safety posters and having discussions around e-safety).

Sycamore Class, additionally, had E-Safety Ambassadors from Kings Academy Ringmer come to talk to them about Online Safety. They showed the children a video to allow them to understand the importance of being safe online.

There are also some photos of Reception and their 'office' on Safer Internet Day below. They learnt to use the track pad to choose their own activities on Purple Mash and enjoyed logging in with their own passwords. Mr Gunn also talked to them about who we trust to help us online and to keep our information safe.



## Australia Day — Friday 14th February

On the last day of term, we enjoyed celebrating International Day and learning about Australia. It was great to see everyone arriving at school in the Australian sporting colours of green and gold!

Oak Class joined with their buddies and Sycamore Class for the day. We enjoyed a range of challenges which involved working together. Their Australian dot paintings were particularly impressive, as were the boomerangs which they made and tested on the playground! Willow Class worked with Beech Class for lots of interesting learning. They took part in Aboriginal art and also found out lots of facts about Australia. It was lots of fun to learn and use some typical Aussie words!

At lunchtime, the menu included slightly different options including the 'Aussie BBQ Chook Burger', which was very tasty!

The Pupil Governors asked the classes for some ideas for fund raising activities to raise money for the Red Cross who are supporting the Australian people in the bush fire emergencies. The children came up with lots of great ideas and Miss Waterman kindly agreed to paint our faces with Australian themed designs for a small donation to the charity. There were also key stage penalty shoot-outs at lunchtime, won by William and Lucas, and a delicious cake sale at the end of the day.

Thank you to all of the parents and carers who came to enjoy our celebration assembly in the afternoon and to those who made and bought cakes for our sale. We raised an amazing £170.30 for charity!



## Dates for your diary 2019/2020

### March 2020

- 5th – World Book Day
- 6th – British Science Week
- 10th & 12th – Parent Consultations 4pm-6pm
- 27th – Enrichment Day
- 24th – Beech Class trip
- 31st – Parent Forum

### April 2020

- 3rd – Easter Service at 2pm & end of term
- 20th – Term 5 starts
- 29th – Parent Forum & Willow Class swimming at Bede's

### May 2020

- 6th, 13th & 20th – Willow Class swimming at Bede's
- 7th – VE Day celebrations
- 8th – School closed (bank holiday)
- 11th – Year 6 SATs Week
- 15th – Enrichment Day
- 22nd – Sports Day and picnic & end of term

### June 2020

- 1st – INSET day
- 2nd – Term 6 starts
- 10th – Sycamore Class swimming at Bede's
- 15th – Bikeability week for Sycamore
- 22nd – Sycamore residential trip (Mon to Wed)
- 23rd – Parent Forum

### July 2020

- 1st, 8th & 15th – Sycamore Class swimming at Bede's
- 3rd – School Disco
- 7th – Production dress rehearsal at 1.30pm
- 9th – Summer production 2pm and 6.30pm
- 10th – Reports out to parents
- 14th – Parent Consultations regarding reports only
- 21st – Leavers' Service at 2pm and end of term
- 22nd – INSET day



## **British Science Week**

The theme this year is 'Our Diverse Planet'. The children will take part in a range of exciting activities looking at how plants, people, animals and their planet is diverse. They will be exploring the weather using experiments to enhance their learning and the week will finish with parents being invited in to look at their projects. You are welcome to join us to see the work from the week at 2.45pm on Friday 13th March.

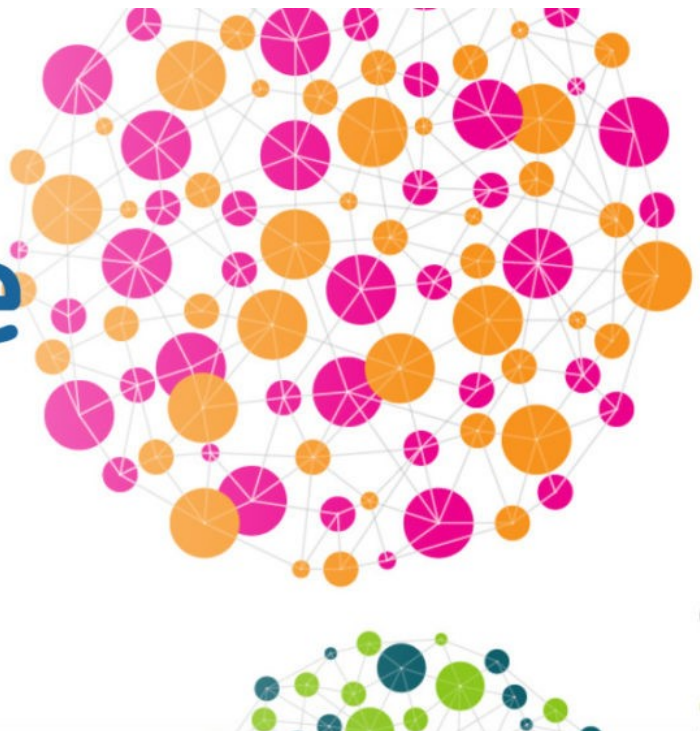
All activities will be linked to STEM learning (science, technology, engineering and mathematics) and will encourage the children to think in different ways about our planet and problem solve. **We would love to invite any parents who use science within their jobs to come in and speak with groups of children or classes to help children understand science within the wider world. Please let the office know if you would like to visit as part of this week!**

In the afternoons, the children will be making a project based on their learning throughout the week of diversity in their planet. **Please could you send in a shoe box for your child to use for this week. Also if you have any spare jam jars please could you send these in too as we will need a few for our experiments in each class.**

As part of the British Science week we were excited to be awarded funding towards an aspect of the week, we have chosen to put it towards inviting Herstmonceux Science Observatory to visit with their inflatable planetarium on Thursday 12th March. The children will be able to go inside the planetarium and find out about how our world fits into the solar system. They will be providing workshops within the inflatable dome about stars, planets and they will be able to talk to the experienced astronomers. **As the funding covers most of the cost we will only be asking for each child to contribute £1.50 towards the cost of the workshop through ParentPay.**

There is also the opportunity for each child to enter the British Science Week poster competition. Please see attached poster to see how to enter. Please send any named entries to the school office.

6-15 March  
**British  
Science  
Week  
2020**



## Our Diverse Planet

# Poster competition

### About this activity

Get creative and enter the British Science Association's annual poster competition. You can make your poster about whatever version of 'Our diverse planet' you like and enter our UK-wide competition with the chance to win some exciting prizes. You can enter one of the activities found in this pack for the poster competition – simply look for the paintbrush symbol. Or you can use them as inspiration to get you started.

### Kit list

- ✓ Paper (A4 or A3)
- ✓ Creative materials, e.g. pens, pencils, scissors, glue, watercolours, paint, colouring crayons, pipe cleaners, felt, thread, wool, foil, clay, string, beads, stamps, foam, pompoms.

N.B. try to avoid using straws or glitter – these plastics can damage our planet and harm the diverse creatures and ecosystem that live there.

Guinness World Records are proud to sponsor this year's poster competition.

There are many forms of discovery in the world which go hand in hand with records, such as exploring uncharted terrain, but 'discovery' comes in many forms – there are no limits on how you 'discover your world'!

Find record-breaking inspiration for your poster entry here:  
[guinnessworldrecords.com/records/hall-of-fame](http://guinnessworldrecords.com/records/hall-of-fame)



### Research your poster

Investigate and imagine 'Our diverse planet' and everything that makes it special. Here are some topic ideas to get you started:

- ✓ Why not think about biodiversity? From the diversity in your own garden, to the diversity at the very bottom of the ocean, research all the amazing creatures and organisms that live on our planet.
- ✓ The diversity of science and STEM subjects. Have a think about all the diverse ways that science affects our lives and who you know that uses science every day. Is there science in baking and cooking? What about making a film or taking a picture? Or how about operating planes and cars? Remember that science is everywhere, you just have to look for it!
- ✓ Think about the other kinds of diversity our planet contains – from the variety of the molecules that make up essential parts of life, to the different ways our towns and cities are built, and the variation of people's tastes and interests.
- ✓ Our planet is unique, but why not investigate what makes it different from the other planets in our solar system?

### Make your poster

Once you've done your research, it's time to get creative! Your poster must be:

2D (flat) – if you make a model, you need to just send us a photo of it on A4 or A3 paper

You can use pop up pictures, pull out tabs or materials such as paint, drawing pencils, crayons and paper.

### Send us your poster

Posters will be judged on creativity, how well they fit the theme and how well the poster has been made or drawn.

Category	England & Wales
Early years	Nursery/Reception
Infant	Year 1 – Year 3
Junior	Year 4 – Year 6
Senior	Year 7 – Year 9

Please send your entries to the school office with your name and age on the back. Remember the theme of the poster is 'Our Diverse Planet' and it must be 2d on one side of A4 or A3 paper. Entries must be in school by Friday 20<sup>th</sup> March.

## We Love Reading!

At Chiddingly School, we believe that reading should be enjoyed by everybody and that children (and adults) should have opportunities to lose themselves in a great book. In order to expand our reading experiences, we are asking staff, children, parents and friends of the school to send in 'recommended reads' for us to explore. We would like to know the following information:

- the name of the book
- the author (and illustrator if applicable)
- recommended age group
- Why you recommend the book.

If you'd like to use the template below, please do! Please send your recommendations to the school office and we will share one or two each week in the newsletter. These will then go onto our school website so that you can look back at all the recommendations. Each term, we will then purchase some of the recommended reads for the school library!

We look forward to hearing all about the books you have been enjoying!

### Recommended Reads!

My name is.....

The book I am recommending is

.....

By .....

This book is suitable for age (please circle)

*Under 4s 4-5 5-7 7-9 9-11 11+ everybody*

I recommend this book because

.....

.....

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.....

.....

.....





### **Easyfundraising**

The PFCS are raising free donations for Parents and Friends of Chiddingly School (Chiddingly School Association) simply by shopping online with easyfundraising. In just over a year we have raised **£100.30**. We have 27 supporters. If you haven't yet registered then join the fundraising revolution! Register today and help raise money for the PFCS while doing your shopping online and remember to download the reminder tab and also the app to your mobile.

<http://www.easyfundraising.org.uk/causes/chiddinglyschassoc>

### **2nd Hand Uniform**

The PFCS have an assortment of 2nd hand uniform which we sell all year round. If you are interested in viewing the items please speak to Amy McGowan, Carolyn Robins or Jade Scarsbrook. We will be trying to get it out on display as often as we can. If you have any items your child has outgrown then please feel free to pass onto a member of the PFCS. Please see the attached poster for current items and sizes and prices that we have in stock.

# 2<sup>nd</sup> hand uniform for sale

Chiddingly Jumpers: 3-4, 5-6, 9-10

Chiddingly Cardigans: 3-4, 5-6, 32"

£2

Chiddingly PE tshirts: 5-6, 7-8, 9-11

Chiddingly Hats: 2 available

£1

## Unisex

PE Shorts: 4, 5, 6, 9-10, 10-11

PE Trousers: 5-6, 7-8

Plimsolls: shoe size 8, 10

## Boys

Trousers: 3-4, 4-5, 5-6

Short Sleeve Shirts: 4-5, 6-7

Long Sleeve Shirts: 4-5, 8-9, 11-12

Polo Shirts: 5-6

## Girls

Short Sleeve Shirts: 7-8, 8, 9

Long Sleeved Shirts: 4-5, 10

Polo Shirts: 4, 4-5, 5, 6, 7-8, 8-9

Grey Skirts: 3-4 every size up to 9-10

Trousers: 3-4 every size up to 13

PE Shorts: 3-4, 5

PE Trousers: 5, 6, 6-7, 7

Skorts: 7

Grey Dresses: 3-4 every size up to 7

All other  
items are  
50p



# 50 WAYS TO PRACTICE SELF CARE

 @BELIEVEPHQ

01 WRITE DOWN YOUR THOUGHTS



02 TAKE A SOCIAL MEDIA BREAK



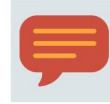
03 MEET UP WITH A FRIEND



04 GET A GOOD AMOUNT OF SLEEP



05 ASK FOR HELP



06 LOOK AFTER YOUR MENTAL HEALTH



07 BUILD YOUR RESILIENCE



08 STAY IN THE PRESENT



09 DRINK WATER REGULARLY



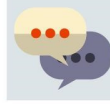
10 ORGANISE YOUR TIME



11 PLAY A GAME OR PUZZLE



12 CHALLENGE NEGATIVE THOUGHTS



13 BE AWARE OF YOUR FEELINGS



14 EAT YOUR FAVOURITE MEAL



15 JOIN AN EXERCISE CLASS



16 GO TO THE MOVIES



17 STAY POSITIVE



18 BUY SOMETHING NICE



19 LAUGH OUT LOUD



20 TRY OUT SOME YOGA



21 TEXT A FRIEND



22 BE KIND TO YOURSELF



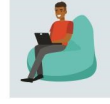
23 WATCH A TV PROGRAMME



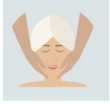
24 PRACTICE MINDFULNESS



25 REST



26 GET A MASSAGE



27 SET GOALS YOU WANT TO ACHIEVE



28 LOVE YOURSELF



29 GO OUTSIDE WHEN YOU CAN



30 SMILE MORE



31 CONNECT WITH YOUR FAMILY



32 BOOK A HOLIDAY



33 TREAT YOURSELF



34 PERFORM A KIND ACT



35 START A GRATITUDE DIARY



36 LISTEN TO RELAXING MUSIC



37 READ A BOOK



38 DRAW OR PAINT SOMETHING



39 HAVE A BATH



40 GO FOR A WALK



41 COOK A MEAL



42 LEARN DEEP BREATHING



43 LEARN SOMETHING NEW



44 MEDITATE DAILY



45 EXERCISE REGULARLY



46 UNPLUG FROM TECHNOLOGY



47 HELP SOMEONE



48 HAVE A NAP



49 EAT A WELL BALANCED DIET



50 VOLUNTEER



KS1 - Free  
KS2 - £2.05

Sadie loves  
a Good Book

Thursday  
5th March 2020



# Enjoy World Book Day



## Choose a Main Meal...

Around The World Chicken Curry with Rice

or

Cloudy with a Chance of Veggie Meatballs with  
Oven Baked Cajun Wedges (v)

or

Jacket Potato with Cheese (v) or Baked Beans (v)

## On the Side...

Fresh Carrots

Garden Peas

## For Dessert...

Winnie Pooh's Honey Cake

or

Yoghurt or Fresh Fruit





HM Government



# CORONAVIRUS: PUBLIC INFORMATION

The Government and NHS are well prepared to deal with this virus.

You can help too.

Germs can live on some surfaces for hours.

To protect yourself and others:

- Always carry tissues with you and use them to catch your cough or sneeze.
- Bin the tissue, and to kill the germs, wash your hands with soap and water, or use a sanitiser gel.
- If you have arrived back from China within 14 days follow the specific advice for returning travellers.

This is the best way to slow the spread of almost any germs, including Coronavirus.

**Find out more at [gov.uk/coronavirus](https://www.gov.uk/coronavirus)**

Let's talk about ...

# Managing Challenging Behaviour in Children

[WWW.CHILDOTHERAPYSERVICECIC.EVENTBRITE.COM](http://WWW.CHILDOTHERAPYSERVICECIC.EVENTBRITE.COM)



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**With Tracy Chadwick**  
Education Consultant  
& Founder of the **Child Therapy Service CIC**



Chailey St Peters C of E Primary School

**Wednesday 29<sup>th</sup> April 2020**

**6pm – 8pm**





# # Managing Challenging Behaviour

With Founder of the CTS, Tracy Chadwick



**Pulling together strategies used within special education settings, this expert talk explores different strategies to calm and manage challenging behaviour in young children.**

**Who is this event for :**

- Parents & Carers (including families of ASC children)
- Professionals working with young children

**Learning Outcomes:**

- An overview of common behaviour difficulties by age and stage
- A look at behaviour as a method of communication for children
- Discussing how the behaviour of the adult and the environment impacts a child/young person's behaviour
- How to identify the functions of communication, and developing a behaviour support plan
- Providing a toolkit of practical, positive behaviour support solutions for use in a range of scenarios

*Ticket Costs from: £15.25*

"It [Different behaviour at home & school] was both informative and of real value to talk about such an important issue for many children and their families.

I look forward to using your resources in my school/work settings."

"I attended the workshop for anxious children. As a parent and counselling student I found it to be very informative, well prepared and very sensitive in addressing the presenting problems. I look forward to the up coming future sessions. I would highly recommend this service. Thank you xx"



**Wednesday 29<sup>th</sup> April 2020, Chailey St Peters C of E Primary School**  
**Book: <http://childtherapyservicecic.eventbrite.com/>**







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28<sup>th</sup> February 2020

Dear Parents and Carers,

**Sunday 22<sup>nd</sup> March** is Mothering Sunday and East Hoathly and Chiddingly Churches are holding a joint service; they have asked if the children would like to be involved in it. It will be held at **East Hoathly Church** at 10.00am on 22<sup>nd</sup> March.

We would like for as many children to attend as possible to support and take part in this community event.

Please complete the slip below if your child is able to take part, then we can gauge an idea of expected numbers and begin to select children to take on specific roles in the service. Please return the slip to the school office by Friday 6th March.

Thank you for your support.

Miss Lewis  
Head of School

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Child's Name.....

I confirm that my child will be able to take part in the Mothering Sunday Service at East Hoathly Church at 10.00am on Sunday 22<sup>nd</sup> March.

Signed .....