

Pioneer Federation
Medium term plan
Term 2
P.E.



Subject: P.E.	
Key Concept/ Theme: Gymnastics unit 1	
Vocabulary: Fluency, contrasting, unison, low, combinations, full turn, half-turn, flexibility, composition ideas, healthy active lifestyle.	
1.	<p>Previous learning links: Experienced jumping. Developed some concept of space and use of space. Developed confidence in fundamental movements.</p> <p>LO: To show full extension during a balance. Activity: Assessment for learning using planning.</p> <p>LO: To move in and out of contrasting shapes with fluency. Activity: Contrasting actions activity.</p> <p>.</p>
2.	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: To perform a sequence using different types of rolls. Activity: Teddy bear roll, log-egg-log toll and rolling sequence with a partner.</p> <p>LO: To perform powerful jumps from low apparatus. Activity: Sequence and supporting activities for jumping.</p>
3	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: To perform in unison with a partner. Activity: Jumping and rolling sequence in pairs in unison.</p> <p>LO: To create a group performance using contrasting actions. Activity: Assessment for learning.</p>

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4	<p>Reconnection: Recap learning from previous lesson. LO: To perform a 6 element sequence that uses changes in speed and direction. Activity: Assessment for learning.</p> <p>LO: To use the STEP principle to create and perform a partner sequence. Activity: Partner and group sequence- focus on the start and finish positions.</p>
5	<p>Reconnection: Recap learning from previous lesson. LO: To take weight on out hands, showing control. Activity: Cartwheel progression/ sequence building.</p> <p>LO: To develop a sequence using compositional ideas. Activity: Sequence working with compositional ideas.</p>
6	<p>Reconnection: Recap learning from previous lesson. LO: To co-operate as a group to refine a short sequence. Activity: Sequence refine and perform.</p> <p>LO: To compare and judge performances. Activity: Perform. (End of unit assessment.)</p> <p>End of unit quiz & reflect on gaps from the unit: To go over key vocab from the terms learning and children to play in games and set up a game in a group to run and referee.</p>
<u>End Points:</u>	
Assess the children's knowledge through their final performance and ongoing formative assessment though the term. Evaluation: What have the end of unit quizzes, pupil self-reflections and termly work told you about what the children can remember and recall? What are the gaps? Ensure that the areas that need further reinforcement are documented in the next subject unit MTP. Plan in time to revisit gaps within units, determined by the quizzes.	