

Pioneer Federation
Medium term plan
LKS1 Cycle 2, Term 3
D.T



Subject: D.T			
Key Concept/ Theme: What makes rocks beautiful?			
Prior Learning links: Cycle 1 Glorious Growing			
Vocabulary: nutrition, food group , seasonal, recipe, quantity, diet ,balanced , healthy,			
School specific areas to cover (Add in any local areas of study, trips and people)			
CP	EH	SMV	PM
Term 3 Cooking <ul style="list-style-type: none">• Talk about the different food groups and name food from each group• Understand that food has to be grown, farmed or caught in Europe and the wider world• Use a wider variety of ingredients and techniques to prepare and combine ingredients safely• Understand what makes a healthy and balanced diet, and that different foods and drinks provide different substances the body needs to be healthy and active.• Understand seasonality and the advantages of eating seasonal and locally produced food.• Read and follow recipes which involve several processes, skills and techniques To know what constitutes a healthy diet. To know advantages of eating local and seasonal food. To know which food must be farmed or grown.			

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1.	<p>Prior learning reconnection (year group, cycle & term): 1/2 Cycle 1 Glorious Growing. 3/4</p> <p>LO: Let's learn about different food groups and what makes a balanced diet.</p> <p>Activity: Find out about the different food groups and how a balanced diet keeps you healthy https://www.bbc.co.uk/bitesize/topics/zjr8mp3/articles/zhkbn9q .Explain that nutritious food gives our bodies energy and helps us thrive. Design a healthy lunchbox and explain why you have included each item.</p> <p>Future learning links: How does eating different types of food effect our body?</p>
2	<p>Reconnection: Who can remember the different food groups? What are the benefits of eating a balanced diet?</p> <p>LO: Let's learn about seasonal food and the benefits of eating locally produced food.</p> <p>Children to learn about seasonal foods and the benefits to eating locally produced food. Additionally, they will learn about foods which we have imported from other countries so we can continue to enjoy them all year round. What could be the possible negative impact of this? They will also learn about grains which can be stored all year round.</p> <p>Activity: The children will produce a seasonal table of different foods available in Britain.</p>
3	<p>Reconnection: Name which foods are grown in Britain in each season? Why should we try and buy locally produced food?</p> <p>LO: Let's learn about farming around the world</p> <p>The children will learn about foods that are grown around the world and imported into Britain.</p> <p>Activity: They will produce an annotated map showing where the foods are located and how far they have to travel before arriving in Britain.</p>
4 and 5	<p>Reconnection: Can you name a food (whose journey you tracked) and how far it has to travel? What are the advantages and disadvantages of importing food from around the world?</p> <p>LO: Let's learn how to combine and prepare ingredients safely.</p> <p>The children will make a recipe from locally produced food. They will learn different techniques to prepare fruits and vegetables. Before the children start cooking they will learn about the importance of safety and hygiene in the kitchen.</p> <p>Activity: The children will be making a recipe using seasonal, locally produced fruits and vegetables.</p> <p>Did you discover any new foods that you now like and why?</p> <p>End of unit quiz</p>
<p>End points:</p> <p>What constitutes a healthy diet?</p> <p>What are the advantages to eating local and seasonal food?</p>	