

Pioneer Federation

PSHE

MTP Cycle 2 Term 6 Y3/4



Subject: PSHE

Key Concept/ Theme: CHANGING ME!

School specific areas to cover (Add in any local areas of study, trips and people) The essential skills builder of speaking, listening, staying positive and problem solving all support this topic



1.	<p>Prior learning reconnection (year group, cycle & term): See Jigsaw overview</p> <p>Deeper learning question – UNIQUE ME- How are you a truly unique human being?</p> <p>LO: I can understand that some of my personal characteristics come from my birth parents and why.</p> <p>Vocabulary <i>Personal, Unique, Characteristics, Parents, Gene</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed. U/N – East Hoathly P/W – Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-8-9/changing-me/1-unique-me/</p>
2.	<p>Prior learning reconnection (year group, cycle & term) See jigsaw overview</p> <p>There is an alternative lesson on jigsaw focusing more on changes and responsibility. See Jigsaw website for this. https://jigsawpshe.online/materials/pshe-primary/ages-8-9/changing-me/2a-having-a-baby-alternative/</p> <p>Deeper learning question - HAVING A BABY – Discuss how having a baby is a personal choice</p> <p>LO: I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby</p> <p>Vocabulary <i>Sperm, Egg/Ovum, Penis, Testicles, Vagina, Womb/Uterus, Ovaries, Making love, Having sex, Sexual intercourse, Fertilise, Conception</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p>

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	<p>U/N – East Hoathly P/W – Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-8-9/changing-me/2-having-a-baby/</p>
3	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Deeper learning question – PUBERTY AND MENSTRUATION – Can you think of strategies to help you cope with the changes you will experience during puberty?</p> <p>LO: I can describe how a girl's body changes in order for her to be able to have babies when she is an adult. Menstruation (having periods) is a natural part of this.</p> <p>Vocabulary – Puberty, Menstruation, Menstrual Cycle, Periods, Menstrual Pads, Period Pants, Tampons, Vagina, Vulva, Ovaries, Oestrogen, Fallopian Tube, Fertilised, Hormone</p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N – East Hoathly P/W – Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-8-9/changing-me/3-girls-and-puberty/</p>
4	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Deeper learning question – CIRCLE OF CHANGE – Are you confident enough to try to make changes when you think they will benefit you?</p> <p>LO I know how the circle of change works. I can apply it to changes I want to make in my life.</p> <p>Vocabulary Circle, Seasons, Change, Control</p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N – East Hoathly P/W – Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-8-9/changing-me/4-circles-of-change/</p>

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5	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Deeper learning question – ACCEPTING CHANGE - Can you express your fears and concerns about changes that are outside of your control? Do you know how to manage these feelings positively?</p> <p>LO: I can identify changes that have been and may continue to be outside of my control that I learnt to accept</p> <p>Vocabulary <i>Range of emotions (see emotions card resource), Control, Change, Acceptance</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed. U/N – East Hoathly P/W – Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-8-9/changing-me/5-accepting-change/</p>
6	<p>Prior learning reconnection (year group, cycle & term):see jigsaw overview</p> <p>Deeper learning question — LOOKING AHEAD – Can you reflect on the changes you would like to make next year and can describe how to go about these?</p> <p>LO: I can identify what I am looking forward to when I move to a new class</p> <p>Vocabulary – <i>Change, Looking forward, Excited, Nervous, Anxious, Happy</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed. U/N – East Hoathly P/W – Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-8-9/changing-me/6-looking-ahead/</p>
<p>End Points:</p> <p>Reflections for this unit</p> <ul style="list-style-type: none">• How are we all unique and special?• Can you express how you feel when change happens?• Can you understand and accept changes that happen in yourself and others?	

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- Do you know who you can ask help from if you are worried about change?
- Are you able to embrace change and look forward to it?

Evaluation:

Please download the following document from the link below at the end of the unit and populate for your cohort. This will offer a summative assessment of the unit. A few notes will suffice.

<https://jigsawlivescmsuk.blob.core.windows.net/umbraco-media/bzqeyzoo/age-8-9-3-dg-sa-form.pdf>