

Pioneer Federation
PSHE
MTP Cycle 2 Term 6 Y5/6



Subject: PSHE	
Key Concept/ Theme: CHANGING ME!	
School specific areas to cover (Add in any local areas of study, trips and people) The essential skills builder of speaking, listening, staying positive and problem solving all support this topic	
1.	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Deeper learning question – MY SELF IMAGE – How can you develop your own self esteem?</p> <p>LO: I am aware of my own self-image and how my body image fits into that</p> <p>Vocabulary – <i>Self-image, Self-esteem, Real self, Celebrity</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly</p> <p>P/W Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-10-11/changing-me/1-my-self-image/</p>
2.	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Deeper learning question – PUBERTY – How will you express your feeling about the changes puberty will bring?</p> <p>LO: I can explain how girls' and boys' bodies change during puberty. I understand the importance of looking after yourself physically and emotionally.</p> <p>Vocabulary – <i>Opportunities, Freedoms, Responsibilities, Puberty</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly</p>

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	<p>P/W Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-10-11/changing-me/2-puberty/</p>
3	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Deeper learning question – BABIES - CONCEPTION TO BIRTH – Can you reflect how you feel about change when you think of the birth of a baby?</p> <p>LO: I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born</p> <p>Vocabulary – <i>Pregnancy, Embryo, Foetus, Placenta, Umbilical cord, Labour, Contractions, Cervix, Midwife</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly P/W Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-10-11/changing-me/3-babies-conception-to-birth/</p>
4	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>ADOLESCENT FRIENDSHIPS – alternative planning on Jigsaw curriculum. https://jigsawpshe.online/materials/pshe-primary/ages-10-11/changing-me/4a-adolescent-friendships/</p> <p>Deeper learning question – BOYFRIENDS AND GIRLFRIENDS – Do you understand the concept of respect in a relationship? And not feeling pressured into anything?</p> <p>LO: I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/ boyfriend</p> <p>Vocabulary – <i>Attraction, Relationship, Pressure, Love, Sexting, Consent</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly P/W Jigsaw23!</p>

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	<p>https://jigsawpshe.online/materials/pshe-primary/ages-10-11/changing-me/4-boyfriends-and-girlfriends/</p>
5	<p>Prior learning reconnection (year group, cycle & term): See jigsaw overview</p> <p>Deeper learning question – REAL SELF – IDEAL SELF – Can you express your own feelings about self image? Can you challenging negative thoughts?</p> <p>LO: I am aware of the importance of a positive self-esteem and what I can do to develop it</p> <p>Vocabulary – <i>Self-esteem, Negative body-talk, Choice, Feelings/emotions, Challenge, Mental health</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly P/W Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-10-11/changing-me/5-real-self-and-ideal-self/</p>
6	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Deeper learning question – THE YEAR AHEAD – How can you prepare for the changes next year?</p> <p>LO: I can identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class.</p> <p>Vocabulary – <i>Transition, Secondary, Looking forward, Journey, Worries, Anxiety, Hopes, Excitement</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly P/W Jigsaw23!</p> <p>https://jigsawpshe.online/materials/pshe-primary/ages-10-11/changing-me/6-the-year-ahead/</p>
<p><u>End Points:</u></p>	

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Reflections for this unit

- How are we all unique?
- Can you express how you feel when change happens?
- Can you accept and understand changes in yourself and others?
- Do you know who to talk to if you are worried about change?
- Are you able to embrace and look forward to change?

Evaluation:

- Here is a summative template which is new to Jigsaw. Please cut and paste this link, download and populate the furthest right hand side column for a summative assessment of the unit.

<https://jigsawlivescmsguk.blob.core.windows.net/umbraco-media/5lhei3x3/age-10-11-3-dg-sa-form.pdf>