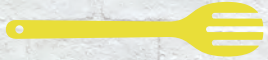


# WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🌱 Cheesy tomato topped pizza served with nut-free pesto pasta	<b>Pork Sausages</b> Pork sausages served with mashed potato and tasty gravy	<b>Roast Chicken</b> Succulent roast chicken served with fluffy roasties and tasty gravy	<b>Chicken and Vegetable Korma</b> 🌱 A mild and tasty chicken and vegetable curry served with wholegrain rice	<b>Fish Fingers</b> Crispy fish fingers and scrummy chips
JACKET POTATO	<b>Red Lentil Dhal</b> 🌱 A mildly spiced lentil and coconut milk curry served with wholegrain rice	<b>Vegetarian Bolognese</b> 🌱 🌱 A tasty vegan mince and vegetable bolognese served with wholewheat pasta	<b>Roasted Vegetable and Cranberry Slice</b> 🌱 Tasty vegetables and cranberry sauce in a puff pastry casing served with fluffy roasties and tasty gravy	<b>Tomato and Sweetcorn Pasta Bake</b> 🌱 🌱 With a cheesy topping	<b>Cheese and Sweetcorn Omelette</b> 🌱 A yummy vegetarian omelette served with chips
JACKET POTATO	<b>Jacket Potato</b> 🌱 🌱 with a choice of hot and cold fillings	<b>Jacket Potato</b> 🌱 🌱 with a choice of hot and cold fillings	<b>Jacket Potato</b> 🌱 🌱 with a choice of hot and cold fillings	<b>Jacket Potato</b> 🌱 🌱 with a choice of hot and cold fillings	<b>Jacket Potato</b> 🌱 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta 🌱 🌱 🌱					
All main meals are served with two vegetables					
DESSERT	<b>Flapjack with Fruit Slices</b> 🌱	<b>Bread and Butter Pudding with Custard</b>	<b>Sicilian Lemon Cookie with Fruit Slices</b> 🌱	<b>Vanilla Ice Cream</b>	<b>Lemon Shortbread</b>

# THREE WEEK MENU

## AUTUMN/WINTER 2024



Our new menu chosen by parents and children – Your favourites available every day

**£2.97**



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



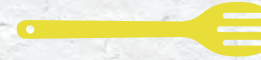
# WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03



# WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Macaroni Cheese</b> Cheesy macaroni pasta	<b>Classic Beef Burger</b> A classic beef burger served with tomato ketchup and potato wedges	<b>Roast Gammon</b> Succulent roast gammon served with fluffy roasties and tasty gravy	<b>BBQ Chicken</b> Oven roasted chicken baked in a BBQ sauce served with rainbow rice	<b>Fish Fingers</b> Crispy fish fingers and scrummy chips
	<b>Cheesy Bean Burrito</b> A cheesy veggie mince and bean burrito	<b>Quorn Burger</b> A yummy vegetarian burger in a bun served with tomato ketchup and potato wedges	<b>Roast Quorn</b> A tasty vegetarian roast served with fluffy roasties and tasty gravy	<b>Meatless Feast Cheesy Pizza</b> Plant based meatballs on a cheesy pizza served with nut-free pesto pasta	<b>Veggie Fingers</b> Tasty vegetables in a breadcrumb coating served with scrummy chips
JACKET POTATO	<b>Jacket Potato</b> with a choice of hot and cold fillings	<b>Jacket Potato</b> with a choice of hot and cold fillings including Salmon Mayonnaise	<b>Jacket Potato</b> with a choice of hot and cold fillings	<b>Jacket Potato</b> with a choice of hot and cold fillings	<b>Jacket Potato</b> with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	<b>Wibble Wobble Jelly</b>	<b>Honey Oat Cookie with Fruit Slices</b>	<b>Rice Pudding with Jam</b>	<b>Flapjack with Fruit Slices</b>	<b>Vanilla Ice Cream</b>

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Vegetable Fajita</b>  A bean, tomato and vegetable fajita served with wholegrain rice	<b>BBQ Meatball Pasta Bake</b> Beef meatballs and pasta baked in a tomato and BBQ sauce topped with cheese	<b>Roast Pork</b> Succulent roast pork served with fluffy roasties and tasty gravy	<b>Cottage Pie</b> A tasty cottage pie served with tasty gravy	<b>Fish Fingers</b> Crispy fish fingers and scrummy chips
	<b>Macaroni Cheese</b> Cheesy macaroni pasta	<b>Quorn Sausages</b> Yummy Quorn sausages served with mashed potato and tasty gravy	<b>Cheese &amp; Onion Pastry Bake</b> Cheese, onion and potato in a puff pastry case served with fluffy roasties and tasty gravy	<b>Cheese and Tomato Pizza</b> Cheesy tomato topped pizza slice served with nut-free pesto pasta	<b>Quorn Dippers</b> Crispy Quorn dippers and scrummy chips
JACKET POTATO	<b>Jacket Potato</b> with a choice of hot and cold fillings	<b>Jacket Potato</b> with a choice of hot and cold fillings	<b>Jacket Potato</b> with a choice of hot and cold fillings	<b>Jacket Potato</b> with a choice of hot and cold fillings	<b>Jacket Potato</b> with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	<b>Sicilian Lemon Cookie</b>	<b>Apple and Cinnamon Sponge</b>	<b>Wibble Wobble Jelly</b>	<b>Orange Drizzle Cake</b>	<b>Honey Oat Cookie with Fruit Slices</b>

**AVAILABLE EVERY DAY**  
 Milk, water, salad, freshly baked bread & fresh fruit  
 Yoghurt available Tuesday & Thursday

**AVAILABLE EVERY DAY**  
 Milk, water, salad, freshly baked bread & fresh fruit  
 Yoghurt available Tuesday & Thursday

Vegetarian Oily Fish Wholegrain Fruity! Nutritionist's Choice