

Pioneer Federation
Medium term plan
Term 5
P.E.



Subject: P.E.	
Key Concept/ Theme: Run, Jump Throw Unit 2	
Vocabulary: A variety of balls, hoops, bean bags, quoits, throw down markers, foam javelins, balloons, stopwatch, measuring tape, skipping rope	
1.	<p>Previous learning links: Experienced jumping. Developed some concept of space and use of space. Developed confidence in fundamental movements.</p> <p>LO: We are learning: to use agile movements in different activities Activity: Assessment for Learning Task</p> <p>We are learning: different ways to recognise the start and end of an activity e.g. whistle Activity: Station exercises with hoops.</p>
2.	<p>Reconnection: Recap learning from previous lesson.</p> <p>We are learning: to develop stamina when running Activity: Running games, negotiating obstacles</p> <p>We are learning: to develop core strength to improve throwing Activity: Core strength and throwing development games.</p>
3	<p>Reconnection: Recap learning from previous lesson.</p> <p>We are learning: to stride and jump for height Activity: Hop, skip, Gallop and circle dodgeball</p> <p>We are learning: to choose the best starting position for running quickly Activity: Different starting (sitting lying, crouching, facing backwards, kneeling etc.). Direction and pathways</p>
4	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning: to work individually to run over a longer distance. Activity: Assessment for Learning Task</p> <p>LO: We are learning: to improve our strength to increase our jumping distance. Activity: Penguin game and strength stations.</p>

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5	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning: to create power when throwing for distance. Activity: shuttlecock golf.</p> <p>LO: We are learning: to use breathing techniques to be able to run more easily. Activity: Running games.</p>
6	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning: to cooperate with our partner to complete a task well. Activity: Human Ludo and hoop roll.</p> <p>LO: We are learning: to listen to others and work as a team to achieve the highest score. Activity: Multi skill competition.</p> <p>End of unit quiz & reflect on gaps from the unit: To go over key vocab from the terms learning and teachers to observe children during a lesson.</p>
<p><u>End Points:</u></p> <p>Assess the children's knowledge through their final performance and ongoing formative assessment though the term.</p>	
<p><u>Evaluation:</u> What have the end of unit quizzes, pupil self-reflections and termly work told you about what the children can remember and recall? What are the gaps? Ensure that the areas that need further reinforcement are documented in the next subject unit MTP. Plan in time to revisit gaps within units.</p>	

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