

## Junior - Junior Golf Development Academy

Back by popular demand! Every Saturday Afternoon from 2.30pm

This Junior–Junior Golf Development Academy will be supervised and instructed by Jack Budgen, East Sussex National's PGA Teaching Professional. The programme will cover developing your childs Golf Swing technique, Shot Making Skills, Course Management, Rules and the Etiquette of the game. As well as improving their golf specific <u>FUN</u>damental movement skills which will encourage a functional and repeatable golf swing. All Essential Playing Skills for playing well out on the Golf Course.

- For Boys and Girls aged 6-13 years
- Indoor Covered Golf Facilities during bad weather conditions

Sessions take place every Saturday afternoon from 2.30pm-3.30pm at The Golf Academy

Price: £ 10 each per session (paid in the Golf Shop)

If you would like to enrol your Son/Daughter on to The Junior-Junior Development Academy or to discuss it further please contact Jack Budgen by Tel: 01825 880256 or e-mail: jack.budgen@eastsussexnational.co.uk







