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NEWSLETTER 20
Friday 15th February 2019

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ecutive Headteacher: Mr James Procter
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Enjoy your Half Term!

We hope you have a restful half term and that you enjoy your break.

We look forward to seeing you bright eyed and bushy tailed for Term 4 on **Monday 25th February**.



WORD OF THE WEEK

Indubitable

Defi-
nition of In- dubitable
(adj) in English:
1) Too evident to be doubted.

Headteacher's Awards

Pioneer Governor, Alan Brundle, has generously purchased some Headteacher's Award Gold badges for the school.

All children who have been awarded a Headteacher's Award since September will be given their badge over the coming weeks and any children gaining an award during this academic year will also be given one.

Children can wear these proudly to show that they have made great progress and put excellent effort into their learning. Thank you to Alan for this generous donation, celebrating the wonderful achievements of the children.



Swimming

If you have not yet paid for your child's swimming, please do so on the first week of Term 4.

Letters will be issued to remind parents after this.

If you are unsure if you have paid, please speak to Miss Dutton in the Office.



Thrive Forum

There will be a Thrive Forum for parents on **THRIVE** Thursday 28th March at 2.30pm in East Hoathly School. We hope to see you there!

Enrichment Morning

On Friday 15th, the children had a range of activities to choose from that they normally would not do in school. There was keyring making, drama, lego, cake decorating, modrock modelling and fabric collage.

Lola in Year 4, chose to take part in the fabric collage activity. She said "it's a nice day and I think making a collage is fun." Matilda in Year 5, agreed saying "I love how we used all the different materials and styles to make the collage. I liked the pom poms and my favourite material was the glittery felt. I learnt that mixing the different materials in the collage creates a really nice effect."

In drama, George in Year 6, had fun doing improv scenes. "Our characters we from Emojitown and I was the sad emoji. We acted that we got on the wrong plane, so I jumped off!" Jake in Year 1, really enjoyed acting "My character was Harry Potter!"

Saffron in Year 6, took part in the modrock modelling activity. "We got a coathanger and bent it into the shape of an animal, like a skeleton. We then added material to it before adding modrock to make the model." Scarlett in Reception, said "It's really fun and I like it because it's messy!"

India in Year 3, chose cake decorating. Not only did she decorated some cakes and biscuits, India picked up a new skill. "I learnt how to write with icing, there's a trick to make the icing stop; you need to stop squeezing the tube and then press down." Maisy in Year 1, really enjoyed designing ideas for her cake decorating.

Jack in Year 3, had a go at making keyrings. "I really liked designing my picture for my keyring." The children also had Scooby strings as a part of their keyring, which Darcey in Year 1, enjoyed. "It's really tricky to make the scoobies, but I had a lot of fun."

Freddy and Oscar in Reception, had a great time during the Lego activity. "We were building towers from Lego, then we put them together to make a really big tower." Matthew in Year 5, explained that there were different challenges for the children to complete. "One of the challenges was to build a lego tower with only one hand. Toby and I got really competitive. Toby got 25 bricks and I got 21."

Thank you to all of the adults that help make these fabulous activities possible! Thank you to Miss Dudeney for coming over from Chiddingly to lead the modrock activity.

It has been a really successful enrichment morning, we are already looking forward to the next one!

If you have any activities or skills that you would like to share with the children for the next enrichment morning, please contact the school office.

Alternatively, if you would like to help out in the mornings, please speak to your child's class teacher.

It has been a really successful



Charlie's Silver Award!

Charlie has obtained the Silver Award at Cubs—which is the highest award he can get for this stage. Charlie had to work really hard to achieve 6 specific badges, one of which was the 'Team Leader' badge. "I had to supervise my group by making sure that they were listening to instructions, but also making sure they were still having fun!"



Catherine's Sports Awards

Catherine has been a very busy bee! Not only has she achieved an award in gymnastic, but she has earned a badge for her swimming too! Catherine achieved a Level 7 in her gymnastics proficiency. In her swimming, she has worked hard to get her 25m badge!

That's a lot of badges, Catherine! Well done, we are very proud of you!



Children's Mental Health Week



Last week was Children's Mental Health week, and across the school each class completed activities linked to the theme 'Healthy Inside and Out'. We also had an assembly using ideas from the charity 'Place 2 be' which encouraged the children to think about what they can do if they are feeling down and how they can use 3 key factors to help them stay healthy inside and out 1) Food - Health and Varied 2) Exercise - Being Active 3) Sleep - Getting enough regular sleep. Attached to this newsletter is also some top tips for home.

In Reception, the children made posters to share how they keep healthy. Delilah says "you need to eat lots of vegetables and sleep."

In Year 1 and 2, they thought about kindness and how you can be kind to others.

In Year 3 and 4, they discussed the importance of mental health and how they can help improve our own. They thought about what they are good at and what they liked about others.

In Year 5 and 6, they had a dedicated circle time to think about being themselves and valuing each other. They created a kindness and wellness wall with positive quotes and thoughts.

If you have any worries or concerns about your child and their mental health, please see their class teacher.

PALs Assembly

On Monday this week, the children took part in a PALs assembly. In the PALs assembly, children sit next to someone in a different year to them and they look through each others' books to see what progress has been made in the term.

The children look forward to these assemblies and it is lovely to see the children be so supportive towards each other by pointing out what great achievements have been made.

Matthew in Year 5 noted when he saw Max W's book that Max, Year 1, is now starting to write with more detail. Well done, Max!

Pearl in Year 3 showed her book to Matilda in Year 5. Matilda said "Pearl can write longer paragraphs and she joins up her writing more."



Our Church School

On Thursday 14th February, we had an assembly presented by Mark from the Charity 'Christian Aid.' We want to learn more about global Christianity so he was able to share this with us.



Mark shared that in the Gospels in the Bible, the second most important thing Jesus talked about was giving help and freedom to the poor. Mark explained that Christian Aid believe that Jesus wants everyone to help those less fortunate than ourselves.

They aim to: stop poverty, help people and challenge things that hurt the poor. 'Christian aid' do this by creating projects that provide clean water by filtering and pumping water to villages. They help people after a crisis like an earthquake or hurricane to rebuild their houses. They also challenge people in power e.g. to use solar and wind power.

The reason they do this is to keep people safe and help them to survive. They want to follow Jesus' example and believe that they should follow the Gospels and help the poor. This way the values of Christianity can spread around the globe.



Forest School

This week in Forest School, Year 5 and 6 went down to the Forest for Forest School. They were split into four groups and their objective was to make it big enough to fit all of their teammates and to be as waterproof as possible.

Once the children built their shelters, using the natural resources around them, Mr Lulham tested the shelters by pouring water on them to see how waterproof they were.

William in Year 6 said that his favourite part was building the dens. "It was a bit of a challenge and we had to work together to build the shelters."

Toby in Year 5 said "our shelter was kind of waterproof. Next time, we would put more leaves on to cover the gaps."



BIRTHDAYS!

Birthdays for this week and half term!

Happy Birthday to **Pearl Becvar** in Year 3!

Happy Birthday to **Darcy Allen** in Year 4!

HAPPY BIRTHDAY!

Learning Powers

On **Friday 15th of February**, there will be a celebration assembly at **9.15am**,

the following children will be celebrating their achievements:

Reception **Freddy Fry**

Year 1/2 **Ashton Skerritt**

Year 3/4 **India Stark**

Year 5/6 **George House**

Attendance

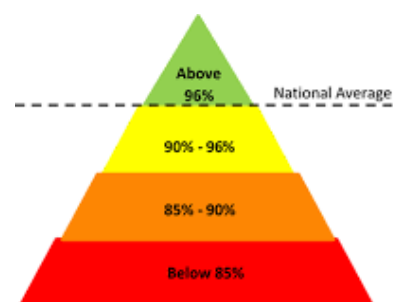
The whole school attendance for this year so far is: **95.7%**

This week's attendance: **95.7%**

Reception - **95.7%** Year 1/2 - **96.7%**

Year 3/4 - **93.2%** Year 5/6 - **97.1%**

Well done to **Reception** for having the highest attendance

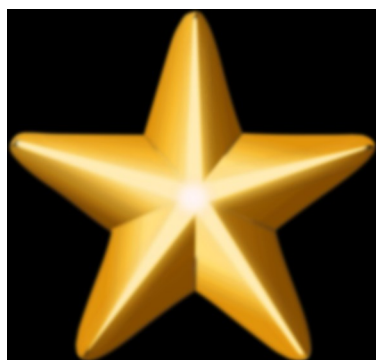


Headteacher's Award

The Headteacher's Award goes to;

Kacie Skerritt in **Year 4**, for producing excellent work on angles and properties of shapes.

Well done Kacie!



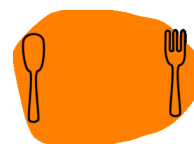
Diner of the Week

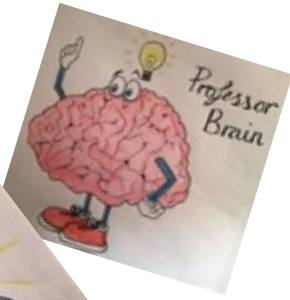
Nursery - Molly Gibbons

KS1 - Jake Frizzell

KS2 - Destiny Prangnell

There are no champion tables this week as the seating plans have been changed. We look forward to seeing the children work together to earn points to become champion table next term!





Alex - Reception



Kenzie- Year 1

I am a Captain Britain because I play with my friends.



Jessica - Year 3

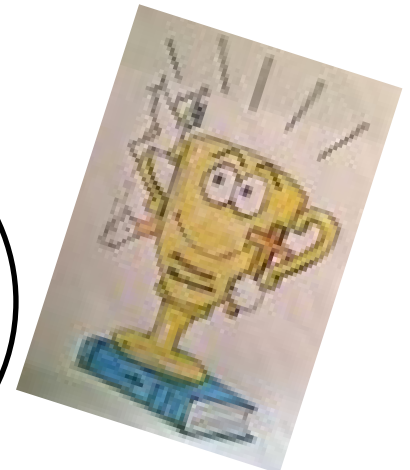
I have been a Professor Brain because I have been working really hard in maths.



Matilda - Year 5

"I think I'm a Detective Find-It because when I do my times tables I'm always curious to find out the answers."

This week I have been Professor Brain because I have really got on with my Literacy. When we were describing a picture I used some really high-level vocabulary.



Positivity Board

Please pop in any time to write down something that you would like to share or send an email.

As always, thank you for your support!

Dates for your diary 2018/2019

Feb 2019

25th—Term 4 starts

Mar 2019

7th—World Book Day

13th—Parent Forum 9.00am

18th—Parent Consultations 4-6pm

20th—Parent Consultations 4-6pm

25th—Country of Focus Week

28th—Thrive Parent Forum 2.30pm at East Hoathly in the Learning Zone

29th—Enrichment Morning

Apr 2019

5th—Easter Service 9.25am

5th—Term 4 ends

22nd—Easter Monday

23rd—Term 5 starts

30th—Parent Forum 9.00am

May 2019

6th—Bank Holiday

17th—Enrichment Morning

23rd—Sports Day and picnic 12pm

24th—Term 5 ends

26th—Family Fun Run

Jun 2019

3rd— INSET Day

Dates for your diary 2018/2019

Jun 2019

4th—Term 6 starts

7th— Year 6 Safety in Action—
Herstmonceux 9.30-11.30am

12th—Parent Forum 9.00am

Jul 2019

5th—Patina

8th—Bikeability Week

8th—Summer Production dress
rehearsal 1.30pm

11th—Summer Production 1.30pm

11th—Summer Production 6.30pm

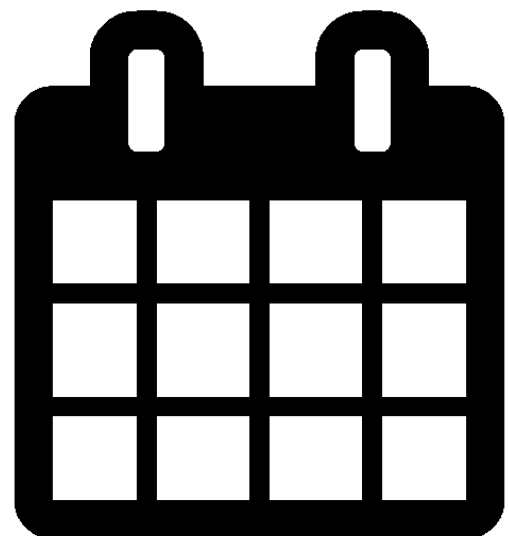
12th—Reports out to parents

16th—Parent Consultations—reports
only— 4-6pm

19th—Enrichment Morning

23rd—Leavers' Service 9.30am

23rd—Term 6 ends





Children's Mental Health Week 2019

4-10 Feb #ChildrensMentalHealthWeek
ChildrensMentalHealthWeek.org.uk

Dear Parents and Carers,

This week (4-10 February 2019) is Children's Mental Health Week.

The Week was set up by the children's mental health charity Place2Be to shine a spotlight on the importance of children and young people's mental health.

This year's theme is Healthy: Inside and Out – we're encouraging everyone to think about how they look after their bodies and minds.

What's it all about?

When we think about healthy living, we tend to focus on looking after our bodies – our physical wellbeing – through food, being active and getting enough sleep.

However, in order to be healthy overall, it's important that we look after our minds – our mental wellbeing – too. We know from our work in schools that children in every class have diagnosable mental health conditions and many more struggle with challenges from bullying to bereavement.

Our bodies and minds are actually very closely linked, so things that we do to improve our physical wellbeing can help our mental wellbeing as well. When we take steps to be **Healthy: Inside and Out**, it helps us to feel better in ourselves, focus on what we want to do and deal with difficult times.

As parents and carers, you play a very important role in your child's health. Here are a few simple ways you can encourage them to look after their body and mind:

- **Chat with your child about what you do to look after your body and mind**, from walking the dog to turning your phone off before bed. Sharing the steps you've taken to stay healthy can set a good example for them – but don't be afraid to admit it if you've struggled! It's important for children to keep trying, even when things are difficult.
- **Praise your child and other family members for what they do to look after their body and mind** – even if it's small. If your child sees healthy living in a positive light, they're more likely to carry on doing these things throughout life.
- **Remind them that there's no such thing as a perfect body or mind – and no one is perfectly healthy!** Your child might be tempted to compare themselves to other children, especially on social media, but it's important to remember that everyone's bodies and minds are different – and that's something to celebrate.
- **Do something regularly with your child to be Healthy: Inside and Out.** Family life can be very busy and stressful at times. Cooking a meal, sitting down for a family dinner, or going for a walk together can be a great way to stay connected and have fun.

Don't forget, if you're worried about your child, you can talk to your GP or someone at your child's school.

You can also find a list of organisations that provide support and advice for parents on our website

www.place2be.org.uk/usefulcontacts

Visit www.ChildrensMentalHealthWeek.org.uk to find out how you can get involved and support Place2Be's vital work.



EAST HOATHLY FAMILY FUN RUN

SUNDAY 26TH MAY
EAST HOATHLY
PAVILION

£8 per adult 5km race.

£5 per adult 1km race.

£5 per child (5km or 1km; includes one go on bouncy castle)

See the school website for photos from last year's fabulous event
<http://easthoathly.pioneerfederation.co.uk/fpta/>

*bouncy castle subject to weather

5km race at 10:30am
1km race at 11:30am

**Medal and
certificate for all
finishers**

**Official race
photographer**

**Refreshments inc.
bacon butties and
cakes**

Bouncy castle*

**EAST HOATHLY
CE SCHOOL FPTA**

Registered charity number
1089642