

# 10 REASONS WHY WINNING AND LOSING IS IMPORTANT FOR CHILDREN



@BelievePHQ

## WINNING

## LOSING



**WINNING INCREASES A CHILD'S SELF ESTEEM**



**LOSING CAN TEACH CHILDREN A NUMBER OF KEY LIFE LESSONS**



**MAKES A CHILD FEEL PROUD ABOUT THEMSELVES**



**LOSING CAN HELP TO DEVELOP YOUR CHILD'S EMPATHY SKILLS**



**HELPS CHILDREN TO THINK MORE STRATEGICALLY**



**IT HELPS TO BUILD RESILIENCE**



**WINNING CAN BOOST YOUR CHILD'S CONFIDENCE**



**HELPS CHILDREN TO LEARN FROM MISTAKES AND DEVELOP COPING STRATEGIES**



**ENCOURAGES CHILDREN TO TRY THEIR BEST**



**TEACHES CHILDREN ABOUT SELF CONTROL**