

East Hoathly C.E. School
 Church Marks Lane
 East Hoathly
 Lewes
 East Sussex
 BN8 6EQ

Telephone: 01825 840247

NEWSLETTER 18

Friday 31st January 2020

Executive Headteacher: Mr James Procter

Email: office@easthoathly.e-sussex.sch.uk

Parent Questionnaires

Please complete the questionnaire and hand your completed forms into the school office by **Friday 7th February**.

Thank you for your support.



Year 5 and 6 Swimming



This term, Year 5 and 6 will be taking part in swimming lessons.

Children will need to arrive at Bede's Senior School Sports Hall (Upper Dicker, BN27 3QH) at 9.30am and be dropped off by parents and carers.

Children will then be picked up at 12.15pm and be taken back to school via coach.

Please ensure that both Mrs Healy and the school office are aware of how your child is making their way to Bede's.

Year 5/6
Friday 7 th February
Friday 14 th February

International Day

On Tuesday 11th February, we will be holding our latest International Day. The country of interest is Australia, as the children asked to learn more after the recent events.

We have a special menu provided by Chartwells for the day, the menu is attached to the newsletter.

We ask for children to wear one item of green and gold clothing for the day and if they have any artefacts to share, the children would be most welcome to bring them in.

We will have a celebration assembly in the church at 2:30pm to share our learning for the day. We hope to see you there!



Harry's Holiday Club

If you have not yet signed up to my holiday club and want to, please email the address below. Spaces are filling up quite fast!

The club will be held in Chiddingly school hall from Monday 17th February - Friday 21st February.

If you require any extra information please don't hesitate to contact me through email; Harrysholidayclub@gmail.com.

Mr Lawrence



Chicken Pox

There have been a few cases of chicken pox in school this week. If your child has presented symptoms, please keep them off of school until their spots have scabbed over.



Aladdin Pantomime

At the end of February, Miss Williams and Mrs Healy will be starring in the Aladdin pantomime, with Miss Lewis as stage manager! See the poster attached to the newsletter for more information. We hope to see you there for an evening of laughter!



Reading Cup

This week, each class achieved:

Reception—**36 tallies**

Year 1 and 2—**76 tallies**

Year 3 and 4—**100 tallies**

Year 5 and 6—**36 tallies**

Well done

Year 1 and 2

for winning

the Reading

Cup and

Mystery

Book this

week!



Lunchtime Awards

Champion Tables

KS1 — Venus

KS2 — Pluto

Diners of the Week

Nursery — Edith Wade

KS1 — Matilda Magner

KS2 — Samuel Lonsdale



Attendance

The whole school attendance for this year so far is: **96.3%**

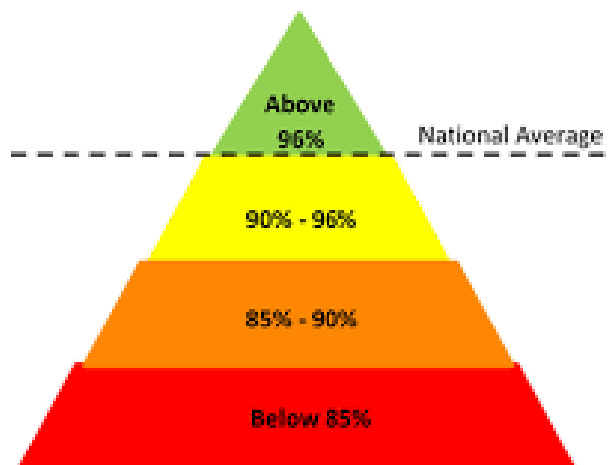
This week's attendance: **95.1%**

Reception - **93.6%**

Year 1/2 - **94.9%**

Year 3/4 - **94.9%**

Year 5/6 - **96.6%**



Learning Powers

On Friday 7th of February, there will be a celebration assembly at 9.15am the following children will celebrate their achievements:

Reception - Annabelle R

Year 1/2 - Joseph C

Year 3/4 - Freya O

Year 5/6 - Kacie S

We hope to see you there!



Headteacher's Awards

Headteacher's Awards have been awarded to:

Sara-Maria Preda for writing up a science investigation and thinking about a fair test, prediction and conclusion.

Well done Sara!



Birthdays

Birthdays over the last week:

Happy Birthday to Evelyn Brenchley in Year 3!

Happy Birthday to Joseph Frizzell in Nursery!





Buster - Reception

I am good at making aeroplanes.



Willow - Year 1

I am a Professor Brain because I have been learning lots of tricky words.



William - Year 4

I am Growth Mindset Hero because I try different maths challenges and never give up.



Darcy - Year 5

I am a Professor Brain because I have been practising my times tables and I have good progress.



Positivity Board

Positivity Board



If you are a child, parent/carer, member of staff or even a visitor, please pick up a pen and write your positive comments about the school community!



Amazing descriptive writing based on Bleak House



Great to see so much reading going on across the school!



Free Writing from Y5 & 6
Miss Healy



Year 1/2 were amazing at spotting different bees at forest school!
Miss Williams



Wonderful to see great Spanish work & translations!



Year 3 and 4 are really enjoying their topic this term! They have produced some great pieces of writing!



Reception did great work looking for triangles around the school!



It's lovely to see the Nursery children playing with the older children.

Wellbeing

We share a new wellbeing poster with you in the weekly newsletter. This week's poster has 10 practical tips for dealing with stress.

10 PRACTICAL TIPS FOR DEALING WITH STRESS

 @BELIEVEPHQ

01 ASK FOR HELP



Speak to someone about your struggles (Doctor, GP, Mental health charity)

02 EXERCISE REGULARLY



Exercise is a great tool which can help to reduce anxiety, depression and stress

03 PROBLEM SOLVE



Challenge any negative thoughts that you experience by using effective problem solving techniques

04 PRACTICE BREATHING



Learn a range of different breathing techniques. Try deep breathing or progressive muscle relaxation

05 EAT PROPERLY



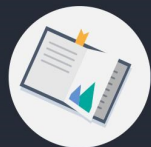
Manage your energy levels and make sure you are eating the right food and staying hydrated

06 SLEEP WELL



Aim for 7-8 hours sleep each night. Make sure you create a relaxing environment

07 STRESS LOG



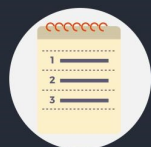
Identify and write down the things that are making you stressed and learn how to manage them effectively

08 BE AWARE



Monitor and be aware of your stress levels. Understand how you react to stress

09 ORGANISE AND PLAN



Plan your time effectively. Set realistic goals and organise your time to make things easier

10 HAVE FUN



Go out and enjoy yourself. Spend some time where you can focus on yourself and have fun

Dates for your diary 2019/2020

Feb 2020

- 5th—Reception Fire Station Trip
- 7th—East Hoathly choir performance in Celebration assembly
- 7th—Year 5 and 6 swimming at Bede's
- 11th—International Day
- 14th—Year 5 and 6 swimming at Bede's
- 14th—Last day of Term 3
- 24th—Term 4 starts
- 28th—Year 3 and 4 swimming at Bede's

Mar 2020

- 5th—World Book Day
- 6th—Year 3 and 4 swimming at Bede's
- 10th—Parent Consultations 4-6pm
- 12th—Parent Consultations 4-6pm
- 13th—Year 3 and 4 swimming at Bede's
- 25th—Lockdown Drill
- 27th—Awe and Wonder Day

Apr 2020

- 3rd—Last day of Term 4
- 4th—Easter Quiz at Chiddingly
- 20th -Term 5 starts
- 28th—Parent Forum 3.00pm

May 2020

- 7th—V Day Celebrations
- 8th—Bank holiday
- 11th—SATs Week
- 15th—Sports Day 12-3pm
- 22nd—Enrichment Morning
- 22nd—Last day of Term 5
- 24th—East Hoathly Fun Run

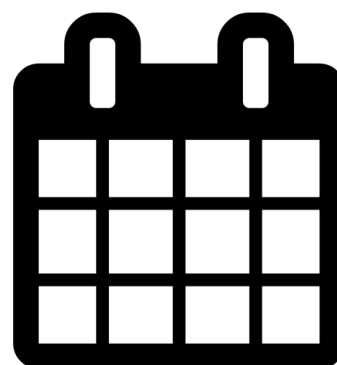
Jun 2020

- 1st—INSET day
- 2nd—Term 6 starts
- 22nd—Year 5 and 6 Residential to Bowles (2 nights)
- 24th—Parent Forum 3.00pm

Dates for your diary 2019/2020

Jul 2020

- 8th—Summer Production 2pm and 6.30pm
- 10th—Reports out to parents
- 14th—Parents Consultations (reports only)
- 15th—Fishbone Meeting 4-5pm
- 15th—FGB 6-8pm
- 20th—Pioneer Day
- 21st—Leaver's Service 9.25am
- 21st—Last day of Term 6
- 22nd—INSET day



Recommended Reads

My name is: Ahlia

The book I am recommending is: 'The Beast of Buckingham Palace' by David Walliams and Tony Ross

This book is suitable for age(s):

4-5 6-7 8-9 10-11 12+

I recommend this book because:
It's really funny, there are some sad bits in it, but it's really enjoyable and there's a happy ending!



11th February 2020

East Hoathly Australia Day Menu

"BBQ Chook" Chicken Burger
Quorn "Snag" Hot Dog (v)

both served with Cajun Potato Wedges

or

Jacket Potato with Baked Beans (v) or Cheese (v)



Served with
**Baked Beans
Sweetcorn**



Followed by

**Oatie "Anzac" Biscuit
or
Fresh Fruit or Yoghurt**



KS1 Free
KS2 £2.05

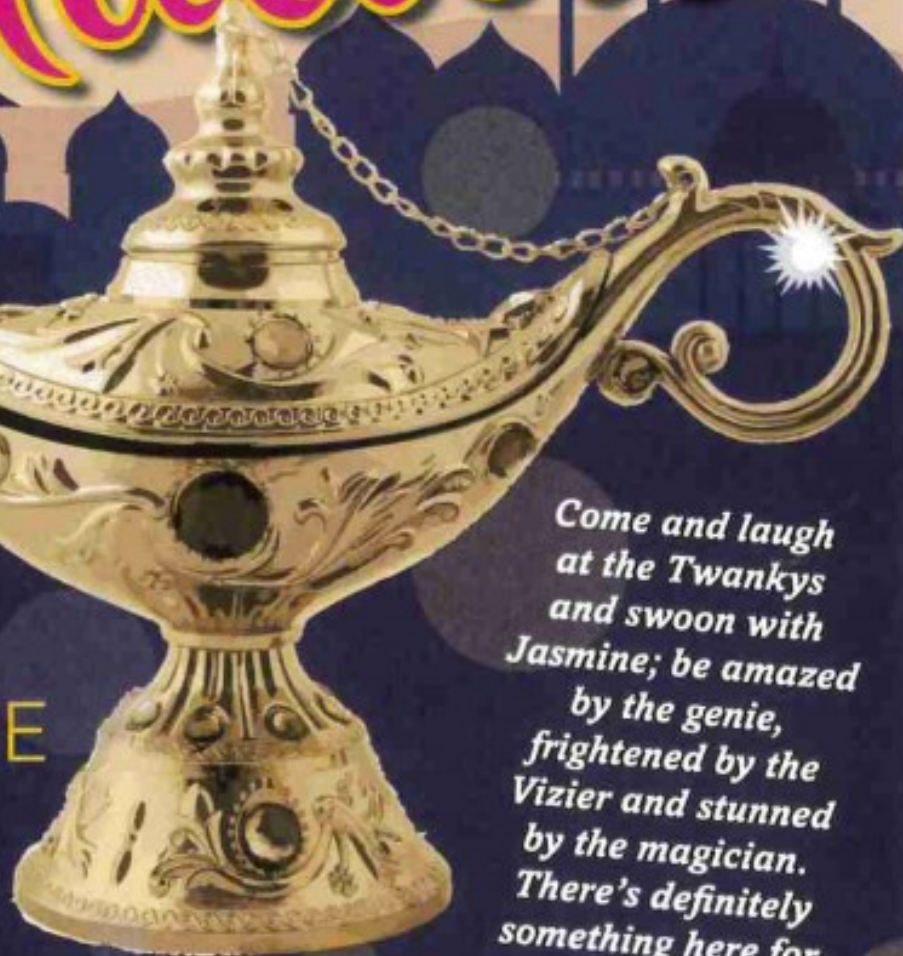

Chartwells





PRESENTS

of Aladdin



**UCKFIELD
RUGBY
CLUB**

**PANTOMIME
2020**

Uckfield College
28/29 February

** Licenced bar*

** Childrens' bar*

*Come and laugh
at the Twankys
and swoon with
Jasmine; be amazed
by the genie,
frightened by the
Vizier and stunned
by the magician.
There's definitely
something here for
all the family!
Oh yes there is!*

Performances & tickets:

Friday 28th February.....	7:30	£8 per head
Saturday 29th February.....	2:30	£8 adult £5 child (u\12)
Saturday 29th February.....	7:30	£8 adult

Buy tickets online at
www.uckfieldrugby.uk

If you have any questions, contact
us at admin@uckfieldrugby.uk or
call Gordon on 07545 533401

East Hoathly Family

Fun Run

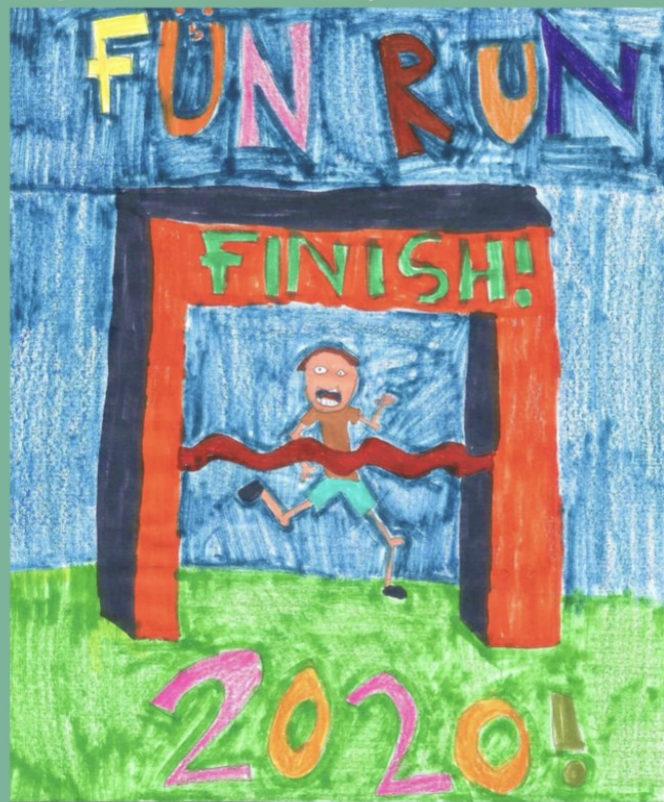
MAY 24th
10AM

East Hoathly Pavilion

1km, 5km,

and new for 2020, a 10km route!

1km race at
10am,
5 and 10km
at 10.30am



Official race
photographer

Medal and
certificate for
all finishers

1km race : £5 adult or child

5km/10km race : £8 per adult, £5 per child

Bouncy castle*, hot food, drinks, cakes also available!

Raising funds for East Hoathly Primary School and Nursery

Charity number 1089642

Please see the school website for photos from last year's fabulous event:

<http://easthoathly.pioneerfederation.co.uk/fpta>

*subject to weather conditions



Parent Questionnaire

Name (if you wish) _____

	(please tick)	Strongly agree	Agree	Disagree	Strongly Disagree	Don't Know
1	My child is happy at this school					
2	My child feels safe at this school					
3	The school makes sure its pupils are well behaved					
4	My child has been bullied and the school dealt with the bullying quickly and effectively					
5	The school makes me aware of what my child will learn during the year.					
6	When I have raised concerns with the school they have been dealt with properly.					
7	My child has SEND and the school gives them the support they need to succeed.					
8	The school has high expectations for my child.					
9	My child does well at this school.					
10	The school lets me know how my child is doing.					
11	There is a good range of subjects available to my child at this school					
12	My child can take part in clubs and activities at this school					
13	The school supports my child's wider personal development.					
14	I would recommend this school to another parent					

Thank you for taking the time to fill out this questionnaire.
Please return this to the School Office by Friday 7th February