



East Hoathly C.E. School Church Marks Lane East Hoathly Lewes East Sussex BN8 6EQ

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# NEWSLETTER

ISSUE 7 FRIDAY 22ND OCTOBER 2021

Dear East Hoathly Families,

What a wonderful term we have had! There has been so much fantastic learning - from Stone Age fossil excavations, World War 2 air raids, pumpkin soup making, and 'visits' from Funny Bones skeletons to fantastic Forest School, wonderful writing achievements and marvellous mathematics!

Thank you to the vast team of helpers who have supported the trips, events and special days within school this term and for really enriching the learning.

Thank you to our wonderful staff team for going all-out to ensure the children at East Hoathly, not only make excellent progress in their learning, but have a great time doing it.

But most of all, thank you to the children for their enthusiasm, hard work and smiling faces!

We hope you all have a wonderful half term break and we look forward to seeing you in November, when we will start to think, talk and sing......Christmas!!

Miss Lewis



# Letters Please make a note of the following letters that have been sent home and need a reply. The due date for each reply is in brackets: All: Flu Vaccination Letter (register online by 11am on 12th Nov) Foxes Class: Hever Castle trip Letter (2nd Nov) FPTA Christmas Cards: Card designs due in 1st Nov

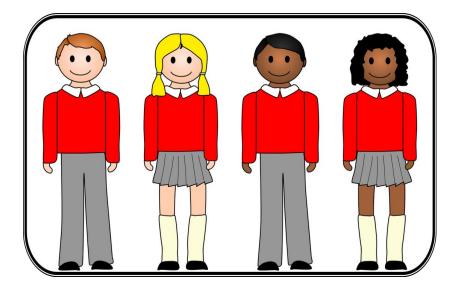
# <u>School Uniform</u>

Our new school uniform ordering service with Grays Bespoke is now up and running.

Orders can be made through their website <u>https://www.graysbespoke.co.uk/</u> any items ordered will either come to school in term time or be delivered to you in the school holidays.

Any queries please do not hesitate to get in touch with the School Office.







One Friday 15th October we took part in the 'One Run Global Run', where Pioneer Schools and over 130,000 pupils from every corner of the globe were running, walking and moving side by side - <u>together</u> - to make history. Each class did their own exercise for 15 minutes to join in with the global efforts to get active.



In Fox class we played a game called 'Create and Copy'. The first person thought of a move then the next person had to copy the move and create their own.

Eventually, everyone had to do the whole sequence!









In forest school this week, Foxes Class carved butter knives from sticks, went pond dipping and flew kites. Later, we roasted marshmallows and baked bananas on the fire; finishing off with a mug of hot chocolate!

Thank you very much to Mrs Campbell Stephen, Mrs Gibbons, Ms Hall, Mr Hill, Mrs Magner and Miss Mellor who helped this week. The children wouldn't have had such a wonderful

experience without you all giving up your time, sharing your skills and bringing in the lovely treats for them to enjoy around the fire.

Also, a big thank you to Mrs Simonetti for lending us the party pack for the hot chocolate.





Miss Roberts toasting marshmallows with Sophie T, Willow, Ralph, Sara and Maisy .

Ashton carving a butter knife.

Max W, Sara, Bella, Maisy, Kenzie, Willow and Max M enjoying their baked cone treats



## The Wonder Wall

Miss Lewis' Wonderwall is up and running for the school year!

Each class has a 'frame' to fill each week with some super writing.



Well done to Molly, Jamie, Sara and Hugo D who had their work on the wall this week!



#### Learning Powers

This week, the Learning Powers certificates go to...

Squirrels Class— Theo Dunning Fox Class— Malakai Sibanda Owl Class— Daisy Callander



#### The Golden Broom

We have added a new celebration to our Friday assembly.....

The Golden Broom (0000000, aaaaaah!)!

The Golden Broom is awarded to the class with the tidiest

cloakroom of the week!

This weeks winner is... HEDGEHOGS CLASS-Well Done!

#### Lunchtime Awards

As we are changing tables no awards have been awarded this week!

New tables will be

announced soon!





#### Pen Licences

Pen Licences have been awarded this week to...

Jack Capaldi

Freya McGowan

Hugo Dunn



Well Done!

#### Headteacher's Awards

This week, the Headteacher's Award goes to:

Myla for a fantastic Stonehenge leaflet, Joseph C for amazing fossil work and Delilah S and Maisy for brilliant column additions!

Well Done all!

# <u>The Pioneer Federation Governing Board</u>



#### Alan Brundle



For those of you that do not know me I live in Hailsham. I am married (to a teacher) and have one child. I am a Civil Servant and have recently taken partial retirement. I relax by playing, umpiring, and coaching hockey for Hailsham. I also have an allotment, though I am struggling to find enough day light hours to do it justice. I also seem to get roped into running for good causes - even though I really am not that keen on running! I think if someone highlights a good cause, I appear to be easily persuaded! I have now completed the London Marathon and the Brighton and Eastbourne half marathons over the last few years. Not to mention the Mince pie run in December that Mr Procter has successfully convinced me to run several times. I mistakenly thought I would get a mince pie at each water stop......apparently, they expect you to finish before they give you a mince pie!!

I started as a Governor of Chiddingly School over 20 years ago when my child was a pupil. During that time, I have served as Chair at Chiddingly for approximately 11 years, Vice Chair of the Federation and now Chair. It is an extremely rewarding role while at the same time being sometimes quite challenging. As a Governor, you are responsible for influencing the strategic direction of the schools but have to avoid the temptation to get involved in the day-to-day management of the schools. We are responsible with the senior leadership team for the schools/federation's performance and direction but as Governors have to get the balance right so that we allow the senior leadership team to manage the schools/federation on a day-to-day basis without interfering. We have to learn to fulfil the "critical friend" role. I have seen many ups and downs over the years but the most exciting was the move to the Federation. I have been amazed by the progress each school has made over the period it has been in the partnership or federation. The results and the Ofsted judgements have been so good to see.

The benefits of schools and professionals working together cannot be underestimated and I think the evidence speaks for itself. There is, of course, still work to be done and areas where we can improve, but I think the foundations have been laid and we have a good team of professionals in the Pioneer Federation who will drive us all forward for the most important aspect, which is of course the children. Why have I stayed around for so long? Well, there is no substitute for seeing the excitement on the children's faces and hearing their chatter as they grow and develop. They are always so willing to share what is important to them. Seeing the schools move forward and develop is just so rewarding. I try to get into school either on

formal visits for meetings and interviews or more informally just to look round the classrooms and chat with the staff and children. It just puts the day job into perspective! The Governors normally have their badges on when they are in school so if you see any of us, then by all means stop us, introduce yourselves and have a chat.

# Governors' Meeting

This week saw the first meeting of our new team of Governors, welcome to all of our new members. We look forward to sharing in East Hoathly Schools' successes!



#### Dates for your Diary 2021/2022

#### Nov 2021

1/11—Term 2 starts 4/11—Crazy Hair Day 11/11—Remembrance Service 12/11—Jolly Jumper Day 15/11—Anti-Bullying Week/ Parent Consultations 18/11—New Parent Tours 1.30-2.30pm 19/11-Children In Need 26/11—Christmas Fair Dec 2021 1/12—New Parent Tours 6-7pm 7/12—Nativity Dress Rehearsals 9/12-1.30pm & 6pm Nativity Performance 15/12-FGB 5-7pm 17/12—Christingle Service 2pm/ Last Day of Term 2 Jan 2022 4/1-INSET 5/1—Term 3 starts Feb 2022 8/2—Safer Internet Day 10/2-FGB Google Meet 11/2—Last day of Term 3 21/2—Term 4 starts March 2022 3/3—World Book Day 8/3—Parent Consultations 10/3—Parent Consultations Apr 2022 1/4— Easter Service 9.25am/Last day of Term 4 18/4—Bank Holiday 19/4—Term 5 starts

27/5—Sports Day and Picnic/Last day of Term 5

<u>May 2022</u>

2/5—May Bank Holiday

18/5—Lockdown Practice

<u>Jun 2022</u>

6/6-INSET

7/6—Term 6 starts

<u>Jul 2022</u>

5/7—FGB

12/7—Summer Production Dress

Rehearsal

14/7—Summer Production Performance 1.30pm & 6pm

15/7—Reports out to parents

19/7—Parent Consultation for Reports/ Leavers Service 9.25am

20/7—Last day of term

21/7-INSET





#### East Hoathly Primary School and Nursery FPTA

# HAIR DAY Thursday 4<sup>th</sup> November

How many bobbles/clips can you put in your hair? What crazy design can you do with your hair? How about some tinsel in your hair? NO HAIR DYE

In exchange for your crazy hair design the FPTA ask for a donation of bottle/bottles for the bottle tombola and the barrow of booze stalls at the Christmas Fair.



Parentkind Member Association

# CAULIFLOWER CARDS Christmas Card Project raising money for our School!



Don't forget to get your orders in by the 1st November!

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# Early years choking hazards food safety advice

For babies and young children, food can be a choking hazard, especially when they do not chew their food well or they try to swallow it whole.

Choking can happen with any foods, but 'firm foods', bones and small round foods that can easily get stuck in the throat present a higher risk. Therefore, care givers should follow these five essential steps:



Make sure food is **suitably prepared and served** for babies and children under 5 years old. For suitable foods, see <u>https://www.nhs.uk/start4life/weaning/</u> Introduce babies to solid foods from around 6 months of age.

2

Think about size, shape and texture of food. Cut food into narrow batons, avoid round shapes and firm foods. Firm fruit & vegetables can be softened by cooking.



Ensure that babies and young children are **alert and seated safely upright** in a highchair or appropriately sized low chair whilst eating.



Babies and young children should be supervised at all times while eating. You will be able to identify the early signs of choking and prevent harm.

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Encourage babies and young children to chew food well. Teach children how to chew and swallow food properly, and ensure they take their time during meals. This will reduce their risk of choking.

Care givers and parents should be familiar with how to respond to a choking incident in line with guidance on first aid for children:

How to stop a child from choking: <u>https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-stop-a-child-from-choking/</u>

How to resuscitate a child: https://www.nhs.uk/conditions/baby/first-aid-and-safety/firstaid/how-to-resuscitate-a-child/

## Early years food choking hazards



Below is a table of advice on key foods for care givers who are involved with preparing and serving food for babies and young children (under 5 years old)

Vegetable and fruits	Advice	
Pips or stones in fruit	Always check beforehand and remove hard pips or stones from fruit.	
Small fruits	Cut small round fruits like grapes, cherries, berries, strawberries and cherry tomatoes, into small pieces: cut lengthways and then again cut them in halves (quarters).	
Large fruits and firm fruits	Cut large fruits like melon and firm fruits like apple into slices instead of small chunks. For very young children, consider grating or mashing firm fruits, or softening them up by steaming or simmering.	
Vegetables	Cut vegetables like carrots, cucumber and celery into narrow batons. For very young children consider grating or mashing firm vegetables and legumes like butter beans, chickpeas and tofu, or softening them up by steaming or simmering.	
Skin on fruit and vegetables	Consider removing the skin from fruit and vegetables, especially for very young children. Peeled fruit and vegetables can be swallowed more easily.	
Cooking fruit and vegetables	Consider softening firm fruit and vegetables (such as carrots, broccoli, yam and apples) by steaming or simmering until soft. Serve cut into slices or narrow batons.	
Meat and fish	Advice	
Sausages and hot dogs	Cut sausages and hot dogs into short strips. Cut them in half and then lengthways or as thinly as possible. Peeling the skin off the sausages helps them to be swallowed more easily.	
Meat or fish	Remove bones from meat or fish. Cut meat into strips as thinly as possible. Remove skin and fat from meat and fish, it will help the food pass smoothly down the throat.	
Cheese	Advice	
Grate or cut cheese	Grate or cut cheese into short strips. Cut lumps of cheese as narrow as possible.	
Nuts and seeds	Advice	
Chop or flake whole nuts	Chop or flake whole nuts, peanuts and seeds. Whole nuts should not be given to children under five years old.	
Bread	Advice	
White bread and other breads	White bread can form a ball shape with a dough-like texture at the back of a child's throat, if not chewed properly. Brown bread or toasted white bread are good alternatives. Cut bread, chapatis, naan bread and other breads into narrow strips.	
Snacks and other foods	Advice	
Popcorn	Do not give babies and young children popcorn.	
Chewing gum and marshmallows	Do not give babies and young children chewing gum or marshmallows.	
Peanut butter	Do not give babies and young children peanut butter on its own, only use as a spread.	
Jelly cubes	Do not give babies and young children raw jelly cubes.	
Boiled sweets and ice cubes	Do not give babies and young children boiled, hard, gooey, sticky or cough sweets, or ice cubes.	
Raisins and other dried fruits	Do not give babies under the age of 1 whole raisins or dried fruits. Cut them into small pieces.	

Make sure food is prepared appropriately for children under 5 years old, see: <u>https://www.nhs.uk/start4life/weaning/</u> It is also advisable that care givers are familiar with how to respond to a choking incident, see: How to stop a child from choking: <u>https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-stop-a-child-from-choking/</u> and How to resuscitate a child: <u>https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid-and-safety/first-aid/how-to-resuscitate-a-</u> child/

