

# East Hoathly C.E Primary School & Nursery

Church Marks Lane, East Hoathly, Lewes BN8 6EQ



# NEWSLETTER



ISSUE 10 FRIDAY 24TH FEBRUARY 2023

Dear East Hoathly Families,

Welcome back, we hope you had a lovely half term break.

We have started term 4 with lots of brand new topics. Nursery have been enjoying lots of fine motor activities and learning about The Hungry Caterpillar. Hedgehogs are thinking about stories in their 'Once upon a time topic'. Squirrels are travelling around the world with Sunny the Meerkat and learning lots of interesting facts. Foxes are thinking about fair trade in their learning linked to the Amazon and Owls are delving back to the Victorian Era with their topic. I can't wait to see how their learning evolves this term.

We have new pupil governors, peer mediators and playground pals this term and we have finally opened our new growing area - Photos to come in the next newsletter.

Kind regards,

Mrs Whyte

Acting Head of School



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Mackmin in the school office.

If you need help or support with access to any information, please also contact Mrs Mackmin.

## FPTA Upcoming

### Events

- 10 March:** School Disco  
**28 April:** Quiz Night (Disco after-party)  
**6 May:** Village Coronation Event (pm)  
**21 May:** Fun Run  
**23 June:** Farmers Market

## Key Dates

### March 2022

- 2/3**—World Book Day  
**7/3**—Parent Consultations  
**9/3**—Parent Consultations  
**10/3**—School Disco  
**12/3—17/3**—Book Fair  
**27/3**—FGB Meeting  
**31/3**—Easter Service/ Last day of Term 4

## Staffing News

Miss Stubbs will be going on Maternity leave on Friday 3rd March. Mrs Newton who will be joining the nursery team during this time, will be visiting on Monday 28th February.

Mrs Roberts has stepped down from her SEN TA and MSDA role due to personal reasons, however is staying within the staff team as bank staff.



## Upcoming Forest School Dates

**Wednesday 1st March - Squirrels Class**

**Wednesday 8th March - Foxes Class**

**Wednesday 15th March - Owls Class**

**Wednesday 22nd March - Nursery**

Please come into school in Forest School kit on these days and bring in school uniform to change into.

Nursery - Please bring in Forest School kit to change into.

## Meet our New Peer Mediators

Our peer mediators help to support minor disagreements in that may happen in the playground. They are a listening ear and can sometimes help solve a problem.



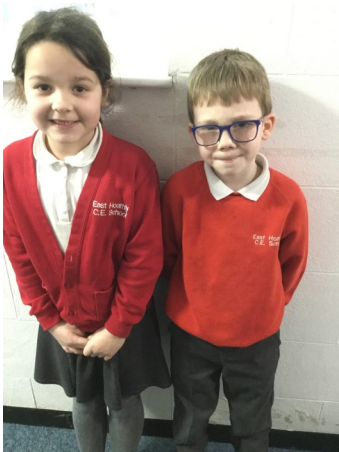
## Meet our Playground Pals

Our playground pals are on the playground to support anyone that doesn't have someone to play with. They will be looking out for children who may need a friend or someone to talk to.



## Meet our New Pupil Governors for this term

These children have been voted into their roles by their classes. They will share information from their classes with the school leaders in termly meetings.



## Attendance

The Pioneer Federation goal is an average attendance rate of 97%, recognising that each school day provides opportunities for learning, as well as social and emotional development. It is noticeable when students miss school as it impacts on their progress. Attendance for this week is:

Whole school:

Year: **94.1%**

Less than 94.9% - Red

95 to 96.4% - Amber

96.5 to 99.9% - Green

100% - Gold

Hedgehogs: **97.08%** Squirrels: **97.7%**

Foxes: **93.2%** Owls: **98.7%**

Well done, Owls Class!



## Reading

This weeks 'Reading At Home' winners are...

**SQUIRRELS CLASS**

Well Done Squirrels!

IT ADDS UP!

If you read just  
15 minutes a day,  
in one year you  
will have read  
over 1,000,000  
words!

Source: Statisticbrain.com

 WE are TEACHERS





# News from Hedgehogs



As part of our 'Off We Go' topic we took a trip to Uckfield Fire Station. We were joined by our friends from Park Mead and Chiddingly and explored the different parts of the fire station with the help of firefighters Greg and Charlie. We got to spray the hoses, see the inside of a fire engine and we were lucky enough to see both engines set off for an emergency!



# News from Squirrels

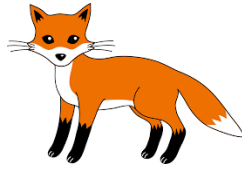


This week, Squirrels were introduced to their new topic 'Meerkat Mail'. First, we read the story and talked about the different locations Sunny the meerkat visited. Next, we made pop up meerkat models for our topic display decorated with termites, cacti and scorpions! In literacy, the children wrote about Sunny's adventures and what he experienced during his journey around the world.





# News from Foxes



To celebrate our learning, Foxes Class dressed up as our favourite Roald Dahl characters. The day was a further immersion into the stories and included, creating edible wall paper, making Marvellous medicines, and sewing our own Fantastic Mr Foxes to name a few! To finish our day we invited Foxes families to celebrate our learning with us where we showcased the Roald Dahl learning we had achieved and were able to perform 'When we group up' from Matilda The Musical.





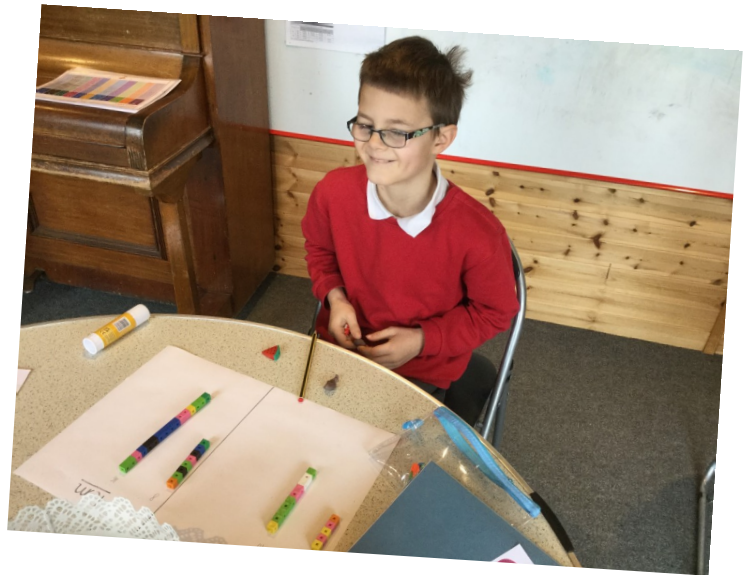




# News from Owls



This week in Owls Class, we have been learning to convert measurements. We began learning metric measures, we then went on to converting miles and kilometres. Below you can see some pictures of children converting miles to kilometres.





### Hedgehogs Forest School

Wednesday 22nd February 2023

On the way to the woods the Hedgehogs class looked out for birds and commented on some of the features of the woodland which might be animal habitats. They spotted bat boxes and talked about how bats hang on upside down when they are sleeping. They noticed some bird boxes and nests and listened out for birds in the trees.

Hedgehogs developed their session by talking about the story they have been reading in class this week-'The Three Little Pigs'. We talked about the different materials which the houses were made of and how, why and if they were good materials for house building.

The children then had a go at using straw, sticks and clay to explore and create with. Some children made a 'soft play area' for the three little pigs. Some made a woodland garden with trees and plants and there was lots of creative clay making in pairs and groups.

There was time for the children to have a go on the slack line; carefully balancing along the line with the help of a guiding rope. It was great to see the children's risk taking and how in such a short space of time, that their confidence in climbing and balancing grew.

The children explored freely in the woodland. There was lots more sensory exploration of the clay, starting with digging it out of the ground. The Hedgehogs had buckets, spades and forks to dig with and were really observant, noticing the difference between the mud and the orangey coloured clay below.







The children found an animal hole, with a large pile of clay around it and enjoyed digging and exploring and making up imaginary stories about what might live in the hole and the woods.

The Hedgehog class ended their session by each talking to each other about what they had enjoyed about the session.

**"I really liked the slack line, it is really fun"**

**"The hammock is really nice, I like swinging and looking at the trees"**

**"I really like making my fairy village garden it had lots of plants"**

**"I liked digging in the hole, and there was a root we were trying to get out, and we saw a spider in the hole, it might have been a poisonous one"**

**"I liked looking in the holes, I think there might be a mouse living in there"**

There was time to all climb up on the dinosaur tree on the way back to school. Well done Hedgehogs class and again a huge thank you to the parent volunteers who came and supported the children so fantastically.



# Values Certificates

This week:

Hedgehogs Class - Maya

Squirrels Class - Rae

Fox Class - Lily

Owl Class - Orlaith

Next Week (Friday 3rd March):

Hedgehogs Class - Ollie

Squirrels Class - Darcy

Fox Class - Willow

Owl Class - Sam



Friday 10th March:

Hedgehogs Class - Monty

Squirrels Class - Harry

Fox Class - Oscar

Owl Class - Sara

Headteachers Awards

Aaron

Arienne

Riley

Thady

Lily

Golden Broom

Squirrels Class



**WELL DONE!**



## Dates for your Diary 2022/2023

### March 2022

2/3—World Book Day  
7/3—Parent Consultations  
9/3—Parent Consultations  
10/3—School Disco  
12/3—17/3—Book Fair  
27/3—FGB Meeting  
31/3—Easter Service/ Last day of Term  
4

### April 2022

17/4—Term 5 starts  
28/4—Quiz Night

### May 2022

1/5—May Bank Holiday  
6/5—Village Coronation Event  
8/5—Coronation Bank Holiday  
9/5—SATs week  
16/5—FGB Meeting  
21/5—Family Fun Run  
22/5—24/5—Y5/6 Residential  
26/5—Sports Day and Picnic / Last day  
of Term 5

### Jun 2022

5/6—INSET  
6/6—Term 6 starts  
23/6—Farmers Market

### Jul 2022

11/7—Summer Production Dress  
Rehearsal  
12/7—FGB Meeting

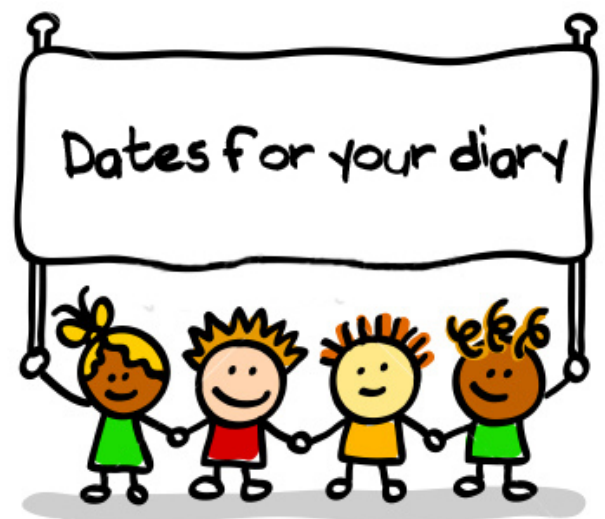
13/7—Summer Production Performance  
1.30pm & 6pm

14/7—Reports out to parents

17/7—Parent Consultation for Reports

20/7—Leavers Service/Last day of Term  
6

21/7—INSET





# 12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

## WHAT IS 'CYBER RESILIENCE'?

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

### 1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

### 2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

### 3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. LastPass, Dashlane, iPassword and Keeper are all excellent password managers.

### 4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version - by saving it to a removable USB drive or similar device, for example.

### 5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

### 6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' - such as your birthplace or a pet's name - in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task far harder.

### 7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

### 12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency - even if they appear to come from someone you know.

### 11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates - so by ensuring each device is running the latest version, you're making them more secure.

### 10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure - criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

### 9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at [www.haveibeenpwned.com](http://www.haveibeenpwned.com) (yes, that spelling is correct!). It's useful if you're worried about a possible attack - or simply as motivation to review your account security.

### 8. KEEP HAVING FUN WITH TECH

Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun - so as long as you keep safety and security in mind, don't stop enjoying your tech.

## Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.



Source: [www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word](http://www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word) | <https://haveibeenpwned.com>

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Amaze Face 2 Face



# CUPPA, CAKE & CHAT HAILSHAM

**For parents of children and young people  
with SEND in East Sussex**

Join us in person and meet other parent carers in your area for a cuppa, cake and chat. These groups are intended as a special space for parent carers only; Face 2 Face also offer WhatsApp and virtual groups for parents who can't come to the Cuppa, Cake & Chats, for example if you don't have any childcare.

This group will sometimes have an emphasis on children or young people with a neurodevelopmental condition, such as ASC, ADHD or dyslexia.

Refreshments are provided.

**12:30-2:30pm on Tues 31 Jan, Tues 28 Feb & Tues 28 March**  
**Hailsham East Community Centre, Vega Close, Hailsham, BN27 3JZ**

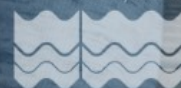


East Sussex  
**Parent  
Carer  
Forum**

To find out more, email  
[ruth@amazesussex.org.uk](mailto:ruth@amazesussex.org.uk) or  
call Ruth on 07485 345907

# CLASS+ Coffee & Chat Sessions

East Sussex  
County Council



Come and join the CLASS+ team and other parents to talk about all things **Autism**

**28 February, Burwash Primary School, 9:00am to 10:30am**

**28 February, Denton Community Primary School, 1:15pm to 2:45pm**

**6 March, Annecy Primary School, 9:00am to 10:30am**

**9 March, Robsackwood Primary Academy, 9:00am to 10:30am**

**10 March, Manor Primary School, 9:00am to 10:30am**

**13 March, Harbour Primary School, 9:00am to 10:30am**

**13 March, Willingdon Primary School, 9:15am to 10:30am**

**21 March, Laughton Primary School, 9:00am to 10:30am**

**23 March, Hollington Primary Academy, 9:00am to 10:30am**





East Hoathly  
Primary School and  
Nursery FPTA

# EAST HOATHLY FAMILY FUN RUN

## East Hoathly Pavilion

8am registration opens

10am 5km and 10km races

11am 1km race followed by prize giving

Refreshments available

Bouncy castle (subject to weather)

Medal for every finisher

## Entry fees:

1km race: £5 any age

5km race: £5 for under 16s,  
£9 early bird discount\* or £10 on  
the day for age 16+

10km race: £9 early bird  
discount\*, £10 on the day



21st  
May  
2023

## Follow us on Facebook: East Hoathly Family Fun Run

Raising funds for East Hoathly Primary  
School and Nursery FPTA  
Registered Charity Number: 1089642



**PIONEER**  
FEDERATION

# Welcome PARENTS AND CARERS

## PARENT AND CARER COFFEE SESSIONS FOR MENTAL HEALTH AND WELLBEING.

Mrs Leahy (inclusion manager and SENCO) and Me and My Mind would like to invite you to join us for a drink and biscuit. Parents and carers from all Pioneer schools are welcome to all sessions!



**CONTACT**  
No booking required.  
Any questions, please email:  
Mrs Leahy  
sleahy@pioneerfederation.co.uk



### Introduction to our new Parent carer Practitioner Vickie Pelling who works with Park Mead

Would you like to know how to help your child more with their fears & worries? or maybe you'd like help with something else like getting them to go to sleep or to go to school?

Vickie one of the parenting practitioner's from the 'Me & My Mind Team' would like to set up some sessions at the school to help parents & carers with supporting their child's emotional wellbeing, but first would like to know what would be most valuable for you and your child just now".

Please click this [link](#) to complete a short survey.

**Vickie Pelling** Parent & Carer Practitioner for Park Mead Primary, Mental Health Support Teams

### Updated dates for Spring and Summer 2023:

3/3/23 'The Thrive Approach and Zones of Regulation' 2-3pm at Chiddingly School

25/4/23 Topic to be confirmed - let Mrs Leahy know of any requests 2-3pm at St Marys

16/5/23 'Supporting Adult Mental Health in Adult Mental Health Week' 2-3pm at Park Mead

4/7/23 'Transitions - between classes and between schools' 2-3pm at Park Mead