

ISSUE 14 FRIDAY 12TH MAY 2023

East Hoathly Families,

I would like to start this weeks newsletter with saying a HUGE WELL DONE to all our Year 6 pupils. This week they have taken their SATS assessments and they have tackled these with great effort and attitude. At the start of the week the Reception buddies gave them 'Good Luck Cards' and the Year 6's have enjoyed being together at SATS breakfast. We hope they enjoy this weekend after all their hard work. I would also like to pass on thanks to all the staff and parents who have supported the children in the lead up to this week.

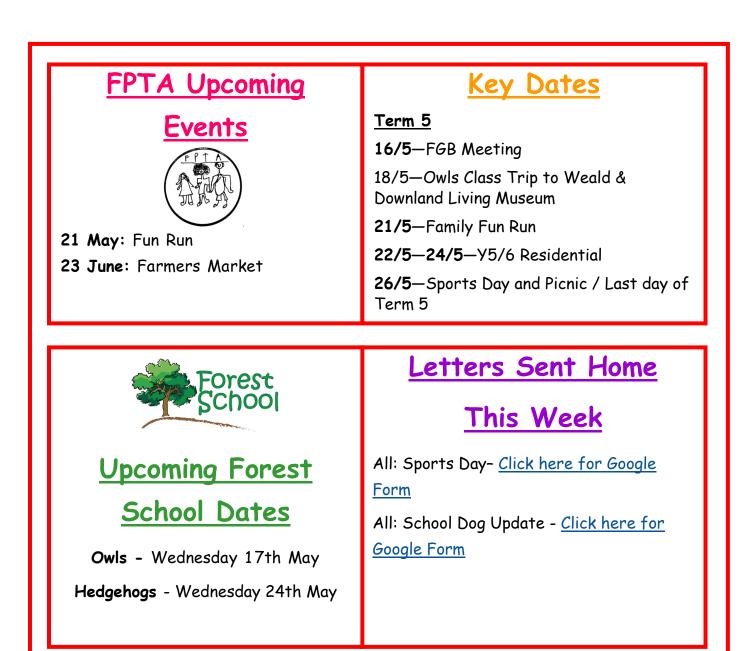
The rest of the school this week have been thinking about waste and how we can be more eco-friendly in school. We have looked at our bins and how we can sort our waste to help reduce it.

We are also still on the look out for a Caretaker - If you know anyone who might be interested please let us know or ask them to get in contact with Mrs Mackmin. We hope some of you can join us for our groundforce afternoon next week - More details in the newsletter! Have a great weekend,

Mrs Whythe



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Mackmin in the school office. If you need help or support with access to any information, please also contact Mrs Mackmin.



# Parking and Speeding

We have had complaints from members of the local community of cars speeding through the village at drop off and pick up time. Please ensure you are driving carefully and considerately through the village. We have also had concerns about cars parking on the bend by the Church. Please keep this area clear and if the car park is full please use the parking spaces at the bottom of Church Marks Lane.



## Ground Force Day

## Thursday 18th May 2-3pm

All classes (Except Owls who are on a trip) are invited to bring in a change of clothes on Thursday 18th May, as during the afternoon all children and staff will be giving our school a bit of a spruce up. We are thinking more about how we can all work together to keep our environment looking great!

We would love as many grown ups as possible to lend a hand, trimming, sweeping and possibly painting. Please let Mrs Whythe and Mrs Mackmin know if you are able to help out.





For further details please contact 01825 840247 or easthoathlyoffice@pioneerfederation.co.uk

https://pioneerfederation.co.uk/vacancies

TLARY TABLEY ROCK STARS

Good news! You can now use the Times Table Rock Stars app on your mobile or tablet. It's a free download available from Amazon, Android and Apple app stores by searching for 'Times Tables Rock Stars'.

Children login with their usual usernames and passwords. If you need another copy, please contact your child's class teacher.

For most impact, remember to get your child playing little and often.

Times Tables Rock Stars recommend 3 minutes a day, four or five times a week.

# NEWS FROM ...



We have filmed a video to send to our link school, explaining how we play our favourite game Foursquare. We have also sent balls, pumps and letters to the children using the money we raised during our cake sale last term! To watch the video please visit https://pioneerfederation.co.uk/easthoathly/international-school-links/ next week!



We have also had some Whatsapp updates from our link school this week:

Good evening good people.

Tomorrow the 10th of May, 2023 is the day when all strand eight learners will be sitting for MANEB (Malawi National Examinations Board). This is the standardized test scores whereby all of the successful learners will stand a chance to be selected to government Secondary schools. Selection to best schools is based on merit. Best regards to all the candidates

They have also had some sad news - We have sent our love and prayers.

Mikute, lost one learner of standard 6 A. The learner died yesterday and was buried today. Five teachers went there together with half of the class representatives.

This is a message from the Starfish Malawi Team, Dear friends Today is an important day for the Standard 8 learners in Malawi who will start their final exams. It's the culmination of their time at primary school and those who pass have a chance of being selected for secondary school. At Starfish we know from our sponsored students just how much this opportunity means to the learners and their families. Best wishes from the UK to all the learners and many thanks to the teachers who will have been working hard to prepare them.

## This is the update we shared:

Hi,

We at East Hoathly send our thoughts and prayers to the community and families following the loss of one of your learners.

We have also had an assessment filled week here at East Hoathly with our Year 6 cohort taking 6 different standardised tests across the week. They have done all the staff proud with their determination.

Our other classes have been exploring waste and how we can become a more sustainable school, looking at what we can recycle and reduce the use of.

Last week we held another dress up day and hosted a whole school picnic as part of the celebrations of the coronation for the UK's new King!

## **Attendance**

The Pioneer Federation goal is an average attendance rate of 97%, recognising that each school day provides opportunities for learning, as well as social and emotional development. It is noticeable when students miss school as it impacts on their progress. Attendance for this week is:

Whole school: 93.8%

Year: 94.8%



96.5 to 99.9% - Green 100% - Gold Hedgehogs: 90.9% Squirrels: 88.4% Foxes: 94.7% Owls: 98.8%

Well done, Owls Class!



We are very excited to see the changes in our growing area this term. Growing club have planted lots of vegetables and fruits and we are now starting to see the start of a very promising vegetable patch! Keep your eyes out for updates as they grow.





On Friday we celebrated the kings coronation together by coming to school dressed in Red, White and Blue. We then came together for a traditional party picnic, with music and some great dance moves!











This week in Nursery, we were very excited to have a visit from our School Dog Tilly. We talked about safety around dogs in our community and all had a chance to meet Tilly. Then we took her for a walk around the garden. We enjoyed showing Tilly all the things we like to play with and giving her a guided tour!







# Hedgehogs Class



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Elena

Hedgehogs have been looking at their favourite fruits and vegetables after exploring the story of 'Oliver's Vegetables'. We drew pictures of our favourite vegetables and fruit, and then we wrote about them too!

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Indie

# Hedgehogs Class



Continuing with our vegetable theme, we used the potatoes from our in class farm shop to make chips just like Oliver! We washed, chopped and oven baked our chips and got to try them at the end of the day.

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the chips,	Maya

Hedgehogs also had their very own visit from Tilly the dog last week. She spent some time with us in our garden and we shared stories with her and showed her what we have been growing. We must have worn her out as she soon found a cosy spot to have a nap!



# Squirrels Class



In Squirrel Class we created some coronation themed artwork to celebrate the happy occasion. The children created an eye-catching portrait of King Charles III using different collage techniques and paper folding.





Well done to all of the children in Year 6 for working super hard during all of their SATs tests!

They have been really persevering and had great growth mindsets whilst undertaking their Grammar paper, Spelling paper, Reading paper and three Maths papers!

They also very much enjoyed their daily breakfast club!







As part of the Coronation celebrations Owls class created artwork inspired by King Charles and the Union Jack. They also write letters to King Charles, to ask about how he was feeling for the coronation.



🛝 👗 🕍 Buckinghampolace I would also like to 15k you London parsonnet fait 5 mine your SW1A 1AA doughnets fizza, and sossiges. East Hosthly col E School what's yours? durch marks lave from paddy Ring East Hoathly Eastsursex BN86EQ Friday 5th May 223 Dear sir charles, I am writing to compliment about your correlation. Friday 5th of May 2023 I would also like to ask what Let's write a letter to King Charles about his coronation your framoute sport mine is rugby could you tell me yours? 4 👗 🛔 4 Sara's Creation! Duckingham Palace SWIA 1AA last Hoolily Cog E School Church Marks Lone East Hordhly East Sussex W8 6EQ Friday 5 May 2023 Dear your Royal Highness, an writing to congratulate, you on earning the itle of King Charles III! Ithen you are reading this letter on have probably already been constaled. I have more questions to ask you into how that your vill reply. Are you evided to rule to country? How long do you think your reign will last? Do ou think that you will be good rule? an under aware of your environmental products and now that on are the kingt was currow its you were adong to continue of the sem I have that you will not stop, and I also hope that your up will be a good one. go to a small yet anarcing school, and the anoust of joy to own a single reply would bring me is Unquestionable. Friday 5th of May 2023 ours Sincerely, Mylow To celebrate King Charles' coro we created our own artwork insp



Foxes Forest School Wednesday 3rd May

We spent the first part talking about risk assessments and the things the children can do to make sure they are safe when learning about fire. The class learned about 'red dragon, green dragon' as a way of communicating to each other about whether they were moving around the fire area safely. 'Green dragon' is around the outside of the log circle safely and 'red dragon' is to remind people when they step into the circle, it is not a safe place. The wood was stacked together, from thick to thin, to lay a fire, which they then placed their sparks upon. Then the class used a fire striker to ignite cotton wool from a spark.

The children worked in small groups, sharing fire strikers and equipment. It was fantastic to observe the Foxes developing skills of patience, resilience, focus, perseverance and encouragement to each other. So many of the children were successful at independently starting a fire by the end of the session.

Once the fire was going the class went and picked dandelions. They spent a long time collecting and comparing the lengths of them, estimating which stems were longest and even got some metre rules to measure accurately. Foxes washed the dandelions to make sure they were free from dirt and bugs and then pulled the petals to add to some pancake mixture. The clean dandelions were then dipped in batter and put in the frying pan and cooked. Delicious dandelion pancake lollipops!

The class then learned about extinguishing the fire, by pouring a cup of water on the fire and sharing what they had enjoyed about the session.

There was time to explore the field and they really enjoyed playing in the willow dome.

Some of the class went and filled pots with soil and planted some cornflower and sunflower seeds. They labelled them and took them back to their classroom to nurture over the coming weeks.

At the end of the session the Foxes class had a game of 'fox and rabbit' and had to work together as a team by creating a circular 'warren' to protect the rabbit from not getting tagged by the fox.

















<u>Nursery Forest School</u> <u>Wednesday 9th May</u>

Nursery set off for the woods together on a beautiful bright morning. On the way the children looked out for stinging nettles and sticky weed. The children had a go at developing fine and large motor skills by drawing the zig zag edge of the stinging nettles with our fingers and arms. On the walk we found a beautiful cherry blossom tree and investigated and collected some of the fallen petals.

We talked about the bluebells and enjoyed the amazing colour they create on the woodland floor. The children were brilliant at sticking to the paths in the woods. The children talked about why it was important to preserve these beautiful plants on the woodland floor and thought about how many flowers they think they saw.

"The bees like flowers....I have bees in my garden"

"Butterflies love the flowers, they eat them"

- "I think there is 15 bluebells"
- "I think I see 41 bluebells!"

The children then walked through the grassy meadow on the way back to nursery and spotted lots of insects, such as woodlice, spiders and ladybirds on the stinging nettles.

We collected lots of sticky weed and made some crowns and nests when we got back to the nursery, then added some dandelion flowers to them to decorate. Some of the children spent a long time carefully decorating their crowns and nests with dandelions, daisies and tree blossom.

Some children wore their crowns and others used them as birds' nests. They counted the birds and had a go at identifying them by their calls and colours of feathers.

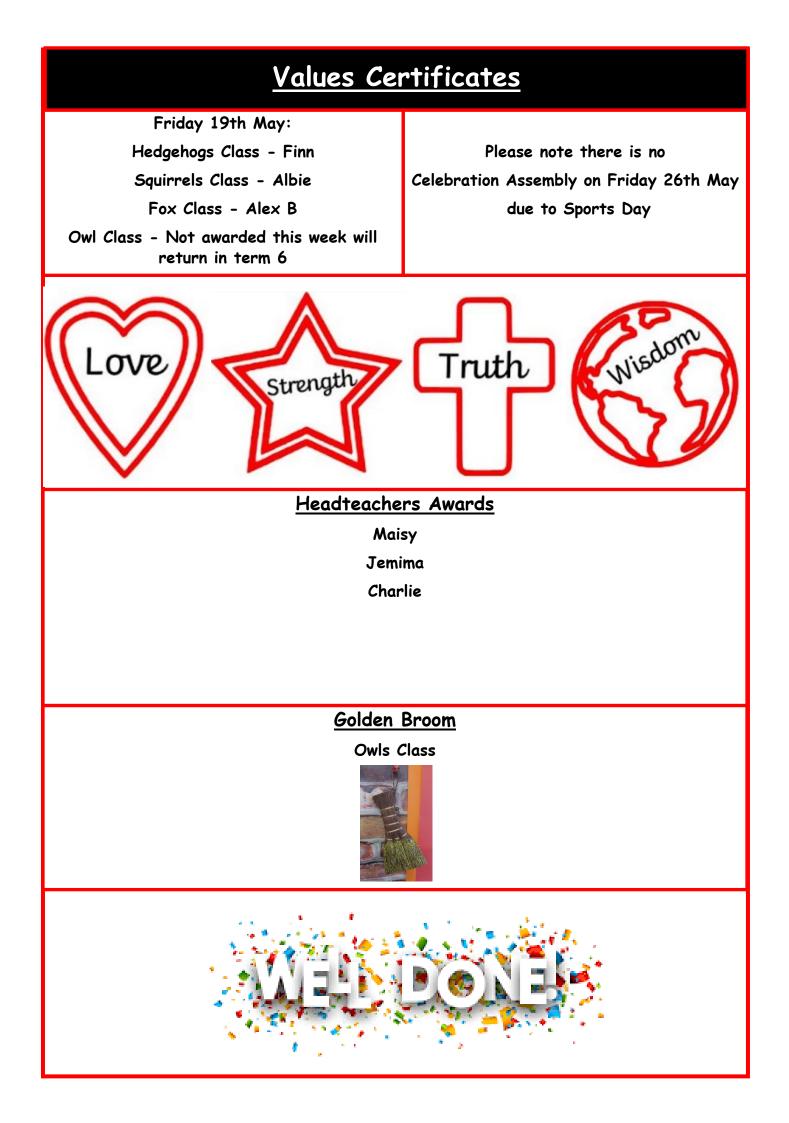




Then some of the group played 'Kim's game' with the birds. They looked closely at them and remembered their names, then had to close their eyes and spot which bird had flown away and was missing. They were great at recalling some of the bird names; robin, blackbird, blue tit and woodpecker from their last session. Well done Nursery, it was great to see the children engaging so well with the bird related activities and joining in with games.

A huge thank you to the parent volunteers who came and supported the children so brilliantly on our walk through the bluebell woods.





## Dates for your Diary 2022/2023

### <u>May 2022</u>

16/5—FGB Meeting

21/5—Family Fun Run

22/5-24/5- Y5/6 Residential

**26/5**—Sports Day and Picnic / Last day of Term 5

## <u>Jun 2022</u>

5/6-INSET

6/6—Term 6 starts

23/6—Farmers Market

<u>Jul 2022</u>

11/7—Summer Production Dress

Rehearsal

12/7—FGB Meeting

**13/7**—Summer Production Performance 1.30pm & 6pm

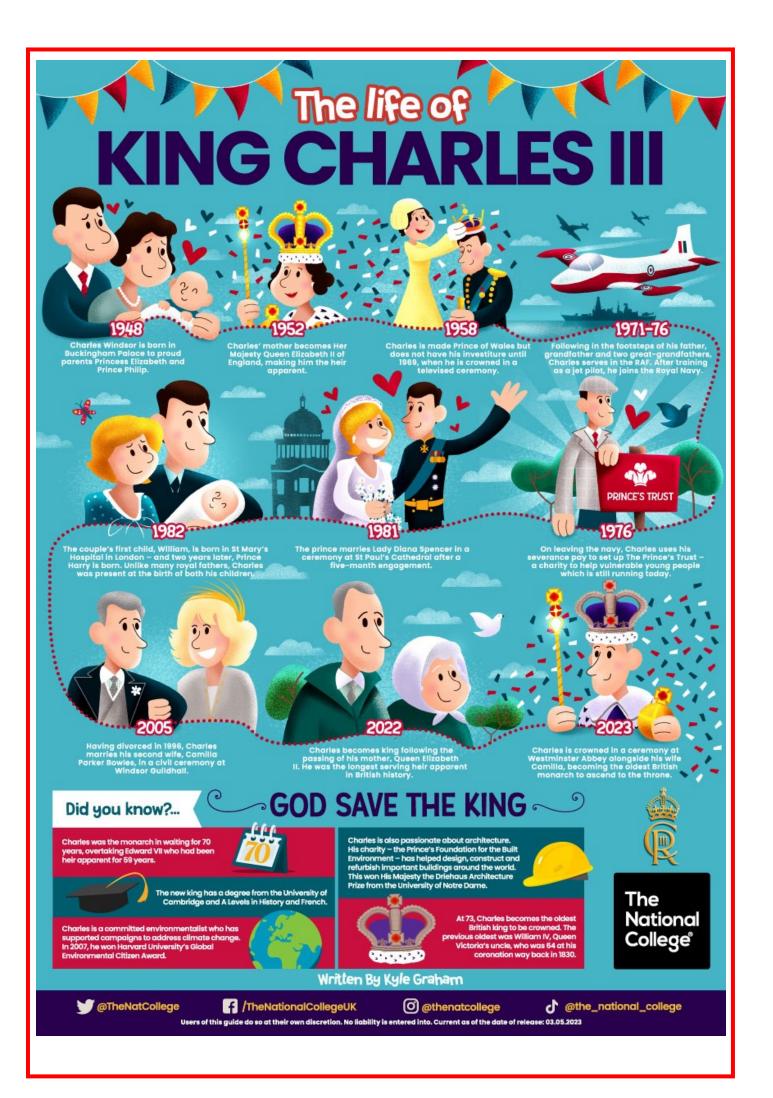
14/7—Reports out to parents

17/7—Parent Consultation for Reports

20/7—Leavers Service/Last day of Term

21/7-INSET

Dates for your diary



Those who are pregnant and young families can get free vitamins with the NHS Healthy Start Scheme



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Healthy Start NHS

Check if you're eligible and apply online at www.healthystart.nhs.uk

NHS

NHS

NHS

If you are pregnant or have children under 4, you could get help to buy healthy food and milk

> Apply online at www.healthystart.nhs.uk

## Amaze Face 2 Face



# EAST SUSSEX PARENT CARER GROUPS

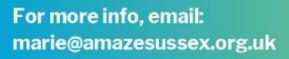
# For parents of children and young people with special educational needs and disabilities (SEND)

Amaze Face 2 Face runs the following in-person groups in East Sussex:

- Eastbourne Cuppa, Cake and Chat meet monthly at YMCA Youth Advice Centre, 56-58 Seaside, Eastbourne, BN22 7QL
- Hastings Cuppa, Cake and Chat meet monthly at The Nest, The Old Town, Hastings TN34 3EW
- Lewes Cuppa, Cake and Chat meet monthly on Fridays at Church End Hall, Cockshut Road, Lewes BN7 1JH
- Hailsham Cuppa, Cake and Chat, neurodevelopmental focus meet monthly on Tuesdays at Hailsham East Community Centre, Vega Close, Hailsham, BN27 3JZ, In association with East Sussex Parent Carer Forum
- Uckfield Cuppa, Cake and Chat, neurodevelopmental focus meet monthly on Thursdays at Victoria Pavillon, New Town, Uckfield TN22 5DJ

These informal, friendly drop-in groups take place monthly and give you the chance meet other parent carers. Sometimes the groups will include sessions on SEND issues or conditions like autism and ADHD.

Dates and times may vary, so email <u>marie@amazesussex.org.uk</u> for the latest details of each group or follow the QR code for more information about Face 2 Face.







# FREE

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# 3, 2, 1 ... Cook!

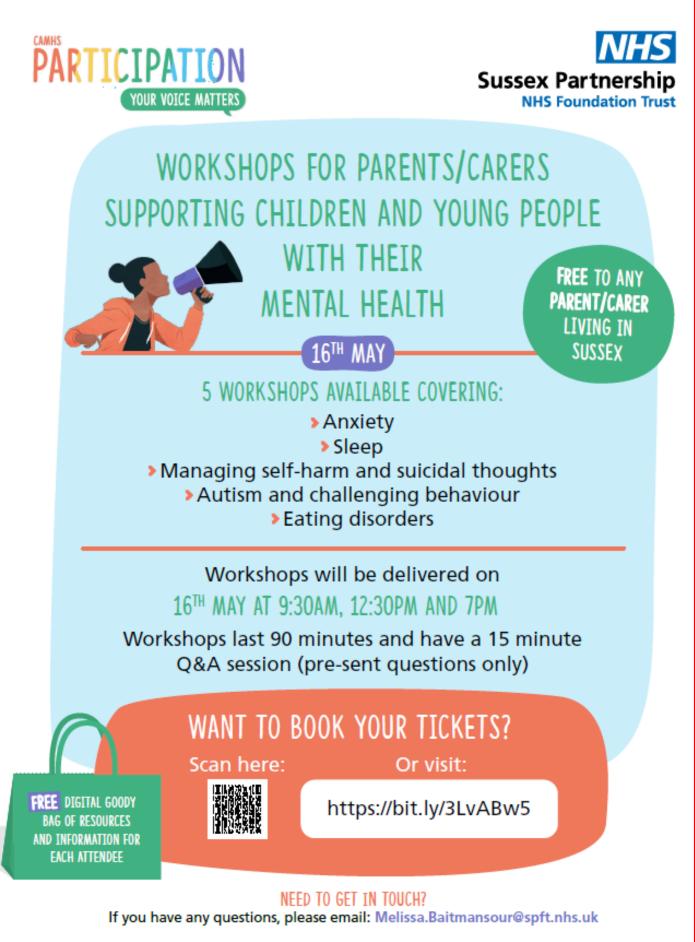
Join us for this four week adult (aged 19+) cookery course designed to support those without a maths GCSE grade C (or equivalent) to have fun cooking while improving and gaining confidence in functional maths skills

Mondays (4 weeks) 9:30 a.m.—1:30 p.m. (optional lunch included) 5th, 12th, 19th & 26th June 2023 Hailsham East Children's Centre, Vega Close

> Contact Rachael on: **321Cook@grhtraining.co.uk** 07875133345 for more information or to reserve your **free** place

GRH Training





Delivered by Sussex Child & Adolescent Mental Health Services (CAMHS)

At National Online Safety, we believe in empowering parents, carers and tru feel it is needed. This guide focuses on one of many apps which we believe tru

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nline safety with their children, should they n for further guides, hints and tips for adults

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# What Parents & Carers Need to Know about

WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients: not even WhatsApp can read them. Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted – it only related to WhatsApp's business features, not to personal messages.

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WHAT ARE THE RISKS?

#### SCAMS

Fraudsters occasionally send WhatsApp messages pretending to offer prizes – encouraging the user to click on a link to win. Other common scams involve warning someone that their WhatsApp subscription has run out (aiming to dupe them into disclosing payment details) or impersonating a friend or relative and asking for money to be transferred to help with an emergency.

#### DISAPPEARING MESSAGES

ers can set WhatsApp messages to sappear in 24 hours, 7 days or 90 days default. Photos and videos can also be structed to disappear after the cipient has viewed them. These files n't be saved or forwarded – so if your ild was sent an inappropriate sesage, it would be difficult to prove y wrongdoing. However, the receiver in take a screenshot and save that as

#### **ENABLING FAKE NEWS**

WhatsApp has unfortunately been linked to accelerating the spread of dangerous rumours. In India in 2018, some outbreaks of mob violence appear to have been sparked by false allegations being shared on the app. WhatsApp itself took steps to prevent its users circulating hazardous theories and speculation in the early weeks of the Covid-19 pandemic.

POTENTIAL CYBERBULLYING

Group chat and video calls are great for connecting with multiple people in WhatsApp, I there is always the potential for someone's feelings to be hurt I unkind comment or joke. The 'a admins' feature gives the adm group control over who can se messages. They can, for examp people from posting in a chat, D@\*#! but (s) of a e, block ple from posting in a chat ke a child feel excluded a

#### CONTACT FROM STRANGERS

To start a WhatsApp chat, you 6 v, that person on via WhatsApr

### LOCATION SHARING

The 'live location' feature lets use share their current whereabouts, allowing friends to see their move WhatsApp describes it as a "simp secure way to let people knew wh are." It is a useful method for a yo person to let loved ones know the – but if they used it in a chat with they don't know, they would be ex-their location to them, too.

Advice for Parents & Carers CUCK HERE BACKI

EXPLAIN ABOUT BLOCKING 🜌

If your child receives spam or offensive messages, calls or files from a contact, they should block them using 'settings' in the cha Communication from a blocked contact won show up on their device and stays undeliver Blocking someone does not remove them fro your child's contact list – so they also need t be deleted from the address book.

...TEXT

DELETE ACCIDENTAL MESSAGES

If your child posts a message they want to delete, WhatsApp allows the user seven minutes to erase a message. Tap and hold on the message, choose 'delete' and then 'delete for everyone.' However, it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.

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#### CREATE A SAFE PROFILE

Even though someone would need a child's phone number to add them as a contact, It's also worth altering a young person's profile settings to restrict who can see their photo and status. The options are 'everyone', 'my contacts' and 'nobody' – choosing one of the latter two ensures that your child's profile is better protected.

## LEAVE A GROUP

If your child is in a group chat that is making them feel uncomfortable, or has been added to a group that they don't want to be part of, they can use WhatsApp's group settings to leave. If someone exits a group, the admin can add them back in once; if they leave a second time, it is permanent. 11→

Meet Our Expert Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy consultant who is passionate about improving digital literacy consultant who is passionate about improving digital iteracy consultant who is a social media consultant who is a soc

www.nationalonlinesafety.com

🥑 @natonlinesafety

THINK ABOUT LOCATION

If your child needs to use the 'live location' function to show you or one of their friends where they are, advise them to share their location only for as long as they need to. WhatsApp gives a range of 'live location' options, and your child should manually stop sharing their position as soon as it is no longer needed

AntionalOnlineSafety

REPORT POTENTIAL SCAMS

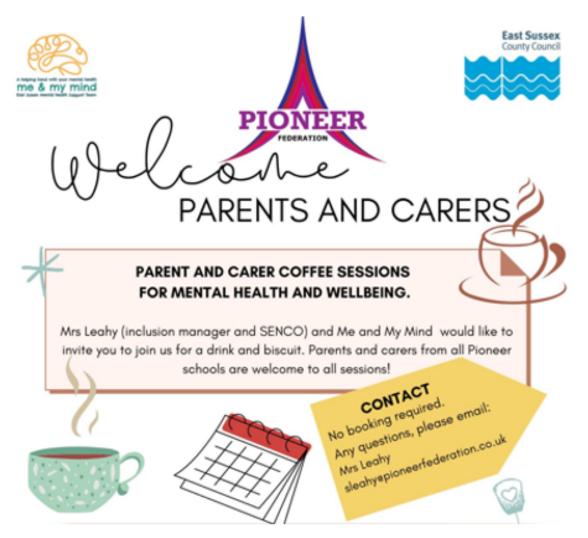
Young people shouldn't engage with any message that looks suspicious or too good to be true. When your child receives a message from an unknown number for the first time, they'll be given the option to report it as spam. If the sender claims to be a friend or relative, call that person on their usual number to verify it really is them, or if it's someone trying to trick your child.

#### CHECK THE FACTS

You can now fact-check WhatsApp messages that have been forwarded at least five times, by double-tapping the magnifying glass icon to th right of the message. From there, your child can launch Google search and decide f themseives whether the message was true or not.



@nationalonlinesafety Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 02.03.2022



#### Introduction to our new Parent carer Practioner Vickie Pelling who works with Park Mead

Would you like to know how to help your child more with their fears & worries? or maybe you'd like help with something else like getting them to go to sleep or to go to school? Vickie one of the parenting practitioner's from the 'Me & My Mind Team' would like to set up some sessions at the school to help parents & carers with supporting their child's emotional wellbeing, but first would like to know what would be most valuable for you and your child just now".

Please click this link to complete a short survey.

Vickie Pelling Parent & Carer Practitioner for Park Mead Primary, Mental Health Support Teams

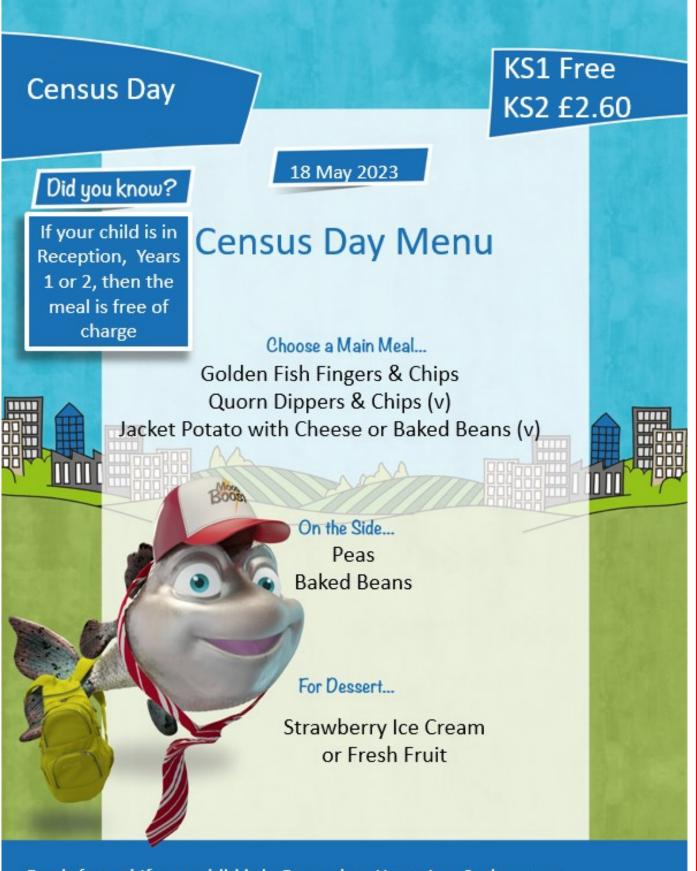
#### Updated dates for Spring and Summer 2023:

3/3/23 'The Thrive Approach and Zones of Regulation' 2-3pm at Chiddingly School

25/4/23 Topic to be confirmed - let Mrs Leahy know of any requests 2-3pm at St Marys

16/5/23 'Supporting Adult Mental Health in Adult Mental Health Week' 2-3pm at Park Mead

4/7/23 'Transitions - between classes and between schools' 2-3pm at Park Mead



Don't forget! If your child is in Reception, Years 1 or 2, then you can get their meal free of charge!









East Hoathly Primary School and Nursery FPTA

# EAST HOATHLY FAMILY FUN RUN

## **East Hoathly Pavilion**

8am registration opens 10am 5km and 10km races 11am 1km race followed by prize giving Refreshments available Bouncy castle (subject to weather) Medal for every finisher

## Entry fees:

1km race: £5 any age 5km race: £5 for under 16s, £9 early bird discount\* or £10 on the day for age16+ 10km race: £9 early bird discount\*, £10 on the day

## Follow us on Facebook: East Hoathly Family Fun Run

Raising funds for East Hoathly Primary School and Nursery FPTA Registered Charity Number: 1089642

