

# East Hoathly C.E Primary School & Nursery

Church Marks Lane, East Hoathly, Lewes BN8 6EQ

Tel: 01825 840247 Email: [easthoathlyoffice@pioneerfederation.co.uk](mailto:easthoathlyoffice@pioneerfederation.co.uk)



# NEWSLETTER



ISSUE 2 FRIDAY 22ND SEPTEMBER 2023

Dear East Hoathly Families,

Autumn has certainly arrived in East Hoathly this week! There have been some fantastic Forest School sessions taking place in the last week with our new Forest School Co-ordinator Dormouse!

There has been such a lovely buzz of learning around the school. All classes have made a great start to their new topics and we look forward to sharing their learning with you later in the term!

Best wishes,

Mrs Alice Briley



## Letters Sent Home

### This Week

**Foxes & Owls Class** - Lexia

**Foxes Class** - Homework

**All** - NSPCC PANTS Assembly

**All** - Google Consent Forms for our School Dog and Photo Permissions.

## Key Dates

### September 2023

**25/09** - Bikeability

**26/09** - Foxes Class Swimming

### October 2023

**3/10** - Foxes Class Swimming

**12/10** - Harvest Festival

## Morning Messages

A reminder that a member of staff will have a clipboard on the playground for any messages that need to be passed onto teachers. Teachers are available after school if you wish to speak with them in person.



## Clothing

As the weather can be unpredictable at the moment please ensure rain coats are brought into school.



## Meet The Teacher

Foxes and Owls Class are going to be holding another opportunity to meet their class teachers on Wednesday 27th Sept from 3.15pm - 3.30pm.

## Harvest Festival

Apologies there was a date error in our last newsletter. Our Harvest Festival Service is going to be held at the Church on Thursday 12th October at 9.25am.

Food donations for the Food Bank are welcome.



## School Uniform

For school uniform orders please visit:

<https://www.signosaurus.co.uk/school-clothing-shop>

Alternatively second hand uniform is available from the FPTA, they can be contacted via [fpta@easthoathly.e-sussex.sch.uk](mailto:fpta@easthoathly.e-sussex.sch.uk).

**signosaurus.co.uk**

## Attendance

The Pioneer Federation goal is an average attendance rate of 97%, recognising that each school day provides opportunities for learning, as well as social and emotional development. It is noticeable when students miss school as it impacts on their progress. Attendance for this week is:

**Whole school: 96.3%**

**Year: 95.5%**

**Hedgehogs: 94.8% Squirrels: 99.3%**

**Foxes: 90.8% Owls: 99.2%**

**Well done, Squirrels & Owls Class!**

Less than 94.9% - Red

95 to 96.4% - Amber

96.5 to 99.9% - Green

100% - Gold



## Growing Club

The children have been busy harvesting the fantastic crop of vegetables grown by our Growing Club. We had so many carrots that we have donated some to the Uckfield Food Bank!

Well done Growing Club!

**WELL  
DONE**



## Celebration Assembly

On Friday 15th September these children received a values certificate:

Squirrels - Arienne and Rupert

Foxes - Corey and Emily

Owls - Lily and Max



On Friday 22nd September these children received a values certificate:

Hedgehogs - Raffy

Squirrels - Elena and Jack

Foxes - Thady and Albie

Owls - Caiden and Bella



## Term 1 Forest School Dates

Please see below for Term 1 session dates:

Wednesday 27th September - Foxes

Wednesday 4th October - Owls

Wednesday 11th October - Nursery

Please come into school in Forest School kit on these days and bring in school uniform to get changed into afterwards.



# Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

## Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

## High temperature

If your child has a [high temperature](#), keep them off school until it goes away.

## Chickenpox

If your child has [chickenpox](#), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

## Cold sores

There's no need to keep your child off school if they have a [cold sore](#).

Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

## Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#).

Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

## COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school.

Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

## **What to do if your child has tested positive?**

Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

## Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

## Hand, foot and mouth disease

If your child has [hand, foot and mouth disease](#) but seems well enough to go to school, there's no need to keep them off.

Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

## Head lice and nits

There's no need to keep your child off school if they have head lice.

You can treat [head lice and nits](#) without seeing a GP.

## Impetigo

If your child has [impetigo](#), they'll need treatment from a GP, often with antibiotics.

Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.

Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

## Ringworm

If your child has [ringworm](#), see your pharmacist unless it's on their scalp, in which case you should see a GP.

It's fine for your child to go to school once they have started treatment.

## Scarlet fever

If your child has [scarlet fever](#), they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks.

Your child can go back to school 24 hours after starting antibiotics.

## Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have [slapped cheek syndrome](#) because, once the rash appears, they're no longer infectious.

But let the school or teacher know if you think your child has slapped cheek syndrome.

## Sore throat

You can still send your child to school if they have a [sore throat](#). But if they also have a high temperature, they should stay at home until it goes away.

A sore throat and a high temperature can be symptoms of [tonsillitis](#).

## Threadworms

You don't need to keep your child off school if they have [threadworms](#).

Speak to your pharmacist, who can recommend a treatment.

## Vomiting and diarrhoea

Children with [diarrhoea or vomiting](#) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

[Click here for a parents guide on how to keep your kids healthy this school year](#)





## News from Nursery



In Nursery the children have loved exploring different vegetable for harvest! We have looked at how vegetables grow and how we are thankful to our world for giving them to us. This has inspired us to create paintings using a variety of fruit and veg to print and paint. We have also been focusing on our emotions and how we can help each other when we are feeling sad. The children have been drawing how they are feeling and exploring through play how different situations might make us feel!





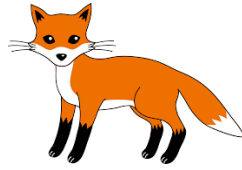
# News from Hedgehogs Class



The children in Hedgehogs have settled in beautifully! We have had three fun filled weeks in our new classroom where we have learnt to show our school values in everything that we have investigated. Our first topic is 'Amazing me' and we have spent lots of time sharing and listening to one another about how special and amazing we all are. We have drawn self portraits, discussed our feelings, how we might show them and how to look after each other.



## News from Foxes Class

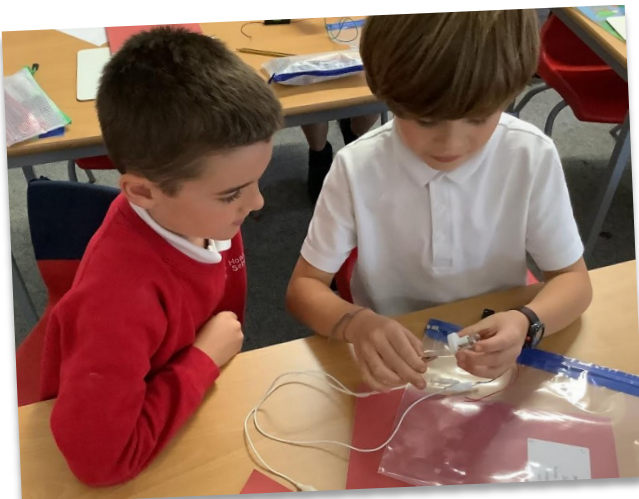


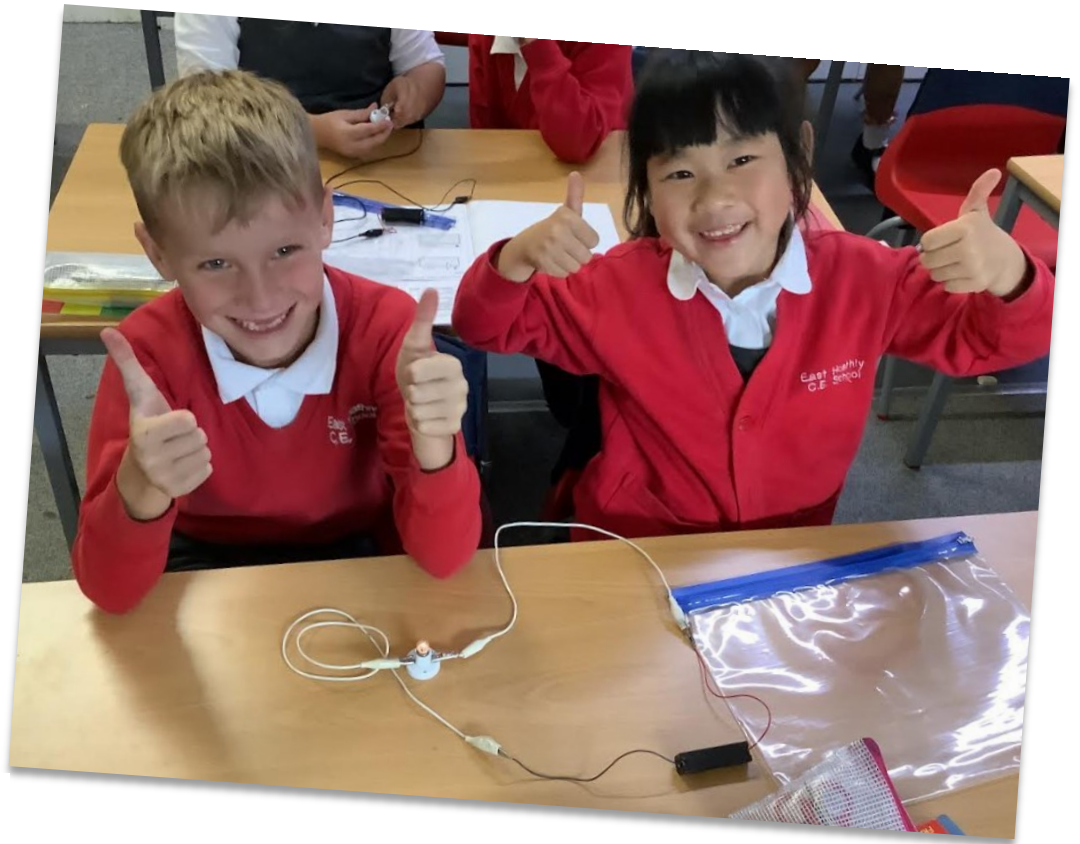
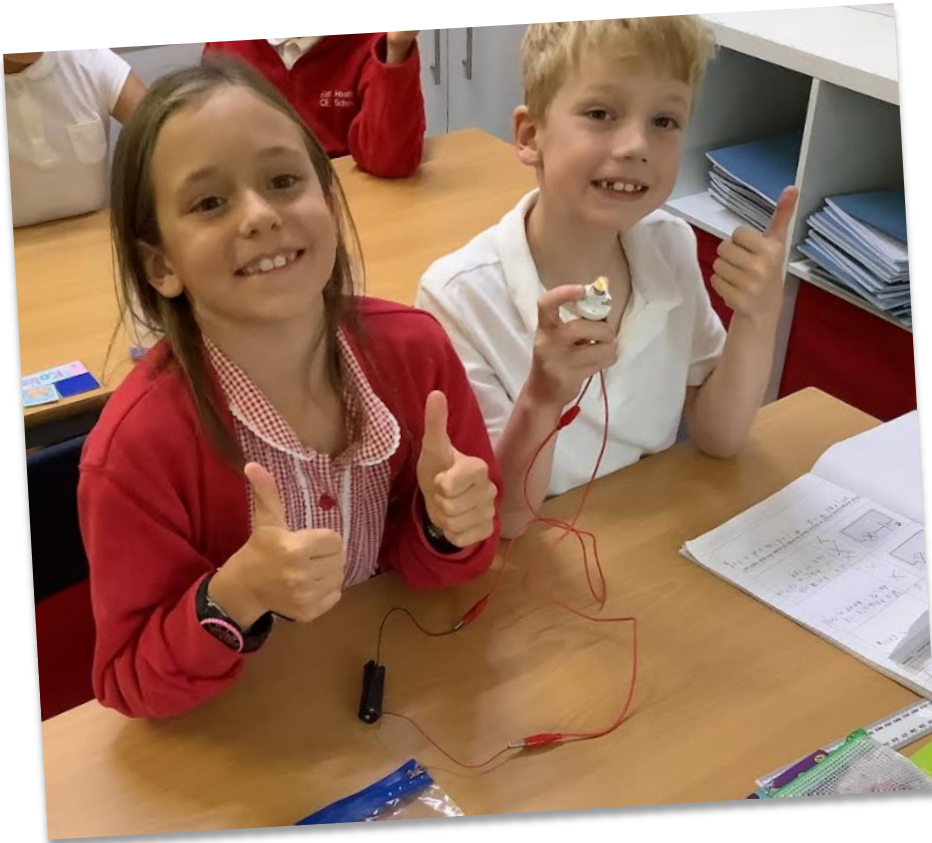
This week, Foxes have been busy putting their knowledge of electricity to the test. We looked at various diagrams of circuits (after learning the 3 main components every circuit needs) and predicted whether they would light up, writing an explanation to back up our prediction.

Then, in pairs, the children were given two wires, a bulb and a battery and challenged to make the battery light up! You can tell by the smiles on their faces that they were very proud of themselves when the bulb lit up - although it did take a few attempts!

The whole class has had a fantastic week and worked incredibly hard.

Mrs Robinson and I were especially proud of them at swimming - particularly the Year 3s who hadn't been before!





## News from Owls Class



"Along with our friends from Chiddingly and Park Mead, our Year 6 headed off to Bushy Wood on Tuesday for a morning of Safety in Action. Here, they learnt how to keep themselves safe in real life situations. The stations included road safety, first aid, fire safety and how to stay safe around trains and railway tracks. Everyone enjoyed the trip and took a lot of important information away with them - the behaviour of our Year 6s was impeccable and their answers within the group settings were really impressive.







## Squirrels forest school - Wednesday 13th September 2023

First session back and all of squirrels were very keen to get going and explore forest school. We set off onto the field and started with a game of foxes and rabbits, the children ran round playing the part of the fox trying to catch the rabbit.

The Impact of Forest School for the children is the knowledge the children have gained from the Forest School experience.

The impact can be seen through the skills gained, tools used, art and craft activities, observations and knowledge of the fruit, plants trees in relation to the seasons and the skills involved in learning how to play Forest School games.

Squirrels did an amazing job of collecting blackberries from the hedges on the field, when asked what colour they should be when picked the all shouted "black". We took what we had collected back to the fire circle, some blackberries were placed in some cotton which we folded and they took it in turns so stomp on creating a beautiful picture. Some of the blackberries where crushed up to create paint, then using Buddleia flower heads as paint brushes squirrels painted individual cotton pictures.

Turning over logs was very popular, it seemed that there was a toad or a frog under every log "wow! a toad". They took it in turns to hold what we had found, while we talked about the differences between toads and frogs "it's slimy" was their thoughts of a frog "it's all lumpy" was what they noticed about a toad.

There was lots of teamwork going on in clearing some of the vegetable garden. Squirrels then used what they had cleared to make potions "I'm making a potion for snow".

Squirrels ended their session by sitting round the fire circle and sharing what they had had enjoyed about the morning.

"I liked holding the toad"

"I liked playing"

"Picking blackberries"







### Hedgehogs Forest School - Wednesday 20th September

A very wet and soggy first Forest School for Hedgehogs today, this did not bother them at all. We got our waterproofs and boots on and headed outside, in the hunt for some puddles to splash in.

We headed down to the trees on the field to have a go at building a tarpaulin shelter, to see if we could keep dry. Hedgehogs worked well as a team, pegging the tarpaulin to the trees and the fence, this was not easy when it's so windy. It was too windy for the pegs so they decided to use ropes to secure the last two corners. We all got under the tarpaulin as the wind blew it up and then back down onto our heads creating lots of giggles.

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We moved over to the fire circle for a bit of bug hunting, we talked about the importance of being gentle with what we find but also returning the logs to their original places once finished. Hedgehogs were great at identifying all the minibeasts we found. "I found an Earwig, come see" we looked at the Earwig closely and talked about how it's best not to touch as you may get pinched. We found a Toad and everyone took it in turns to hold the Toad and talk about what it felt like "it's cold".

They then sat and went round the circle listening to what they had enjoyed about their afternoon at Forest School.

"I liked bug hunting"

"Making the den"

"Touching the Toad"







### October 2023

12/10 - Harvest Festival

20/10 - End of term 1

30/10 - Term 2 starts

### November 2023

13/11 - Anti Bullying Week

### December 2023

2/12 - Wreath Making

8/12 - Christmas Fair

12/12 - Nativity - 1.30pm

13/12 - Nativity - 9.30am

13/12 - Christmas Lunch

15/12 - Christingle Service - 2.00pm/  
End of term 2

### January 2024

2/1 - INSET Day

3/1 - Term 3 starts

### February 2024

8/2—FGB Meeting

### March 2024

9/2 - End of term 3

19/2 - Term 4 starts

7/3 - World Book Day

25/3 - FGB Meeting

28/3 - Easter Service/ End of term 4

### April 2024

15/4 - Term 5 starts

### May 2024

6/5 - Bank Holiday

13/5—KS2 SATS

21/5 - FGB Meeting

24/5 - End of term 5

27/5 - Bank Holiday

### June 2024

3/6 - INSET Day

4/6 - Term 6 starts

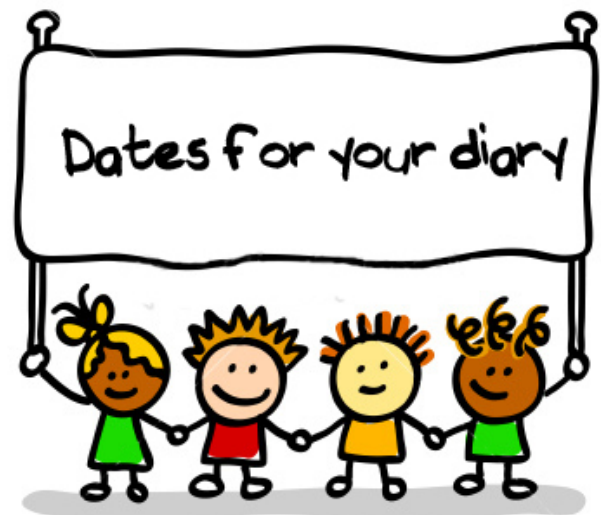
24/6 - Sports Day

4/6 - Term 6 starts

### July 2024

22/7 - Leavers Service/ End of term 6

23/7 - INSET day



# What Parents & Carers Need to Know about

# WHATSAPP

AGE RESTRICTION  
**16+**

In UK and Europe;  
rest of the world 13+

With more than two billion active users exchanging texts, photos, videos and documents, as well as making voice and video calls, WhatsApp is the world's most popular messaging service. Its end-to-end encryption only allows messages to be viewed by the sender and any recipients: not even WhatsApp itself can read them. This privacy issue has been in the spotlight recently, as the UK's Online Safety Bill proposes to end such encryption on private messaging; WhatsApp is unwilling to do so and has reportedly considered withdrawing its service in the UK should this legislation go ahead.

## WHAT ARE THE RISKS?

### EVOLVING SCAMS

WhatsApp's popularity makes it a lucrative hunting ground for scammers. Recent examples include posing as the target's child, requesting a money transfer because of a spurious 'emergency'. Plus a scam where fraudsters trigger a verification message by attempting to log in to your account, then (posing as WhatsApp) call or text to ask you to repeat the code back to them, giving them access.

### CONTACT FROM STRANGERS

To start a chat, someone only needs the mobile number of the WhatsApp user that they want to message. If your child has ever given their number out to someone they don't know, that person could then contact them via WhatsApp. It's also possible that your child might be added to a group chat (by one of their friends, for example) containing other people that they don't know.

### FAKE NEWS

WhatsApp's connectivity and ease of use allows news to be shared rapidly – whether it's true or not. To combat the spread of misinformation, messages forwarded more than five times on the app now display a "Forwarded many times" label and a double arrow icon. This makes users aware that the message they've just received is far from an original... and might not be entirely factual, either.

## ONLINE

### 'VIEW ONCE' CONTENT

The facility to send images or messages that can only be viewed once has led to some WhatsApp users sharing inappropriate images or abusive texts, knowing that the recipient can't re-open them later to use as evidence of misconduct. People used to be able to screenshot this 'disappearing' content – but a recently added WhatsApp feature now blocks this, citing increased privacy.

### CHAT LOCK

Another new option allows users to store certain messages or chats in a separate 'locked chats' folder, saved behind a passcode, fingerprint or face ID authentication. The risk here is that this function creates the potential for young people to hide conversations and content that they suspect their parents wouldn't approve of (such as age-inappropriate material).

### VISIBLE LOCATION

WhatsApp's 'live location' feature lets users share their current whereabouts, which can be helpful for friends meeting up or parents checking that their child's safely on the way home, for example. However, anyone in your child's contacts list or in a mutual group chat can also track their location – potentially letting strangers identify a child's home address or journeys that they make regularly.

## Advice for Parents & Carers ...TYPING...

### EMPHASISE CAUTION

Encourage your child to treat unexpected messages with caution: get them to consider, for example, whether the message sounds like something a friend or relative would really send them. Make sure they know never to share personal details over WhatsApp, and to be wary of clicking on any links in messages. Setting up two-step verification adds a further layer of protection to their WhatsApp account.

### THINKING BEFORE SHARING

Help your child to understand why it's important to stop and think before posting or forwarding something on WhatsApp. It's easy – and all too common – for content to then be shared more widely (even publicly on social media). Encourage your child to consider how an ill-judged message might damage their reputation or upset a friend who sent something to them in confidence.

### ADJUST THE SETTINGS

It's wise to change your child's WhatsApp settings (go to 'Privacy', then 'Groups') to specify which of their contacts can add them to group chats without needing approval: you can give permission to 'My Contacts' or 'My Contacts Except...'. Additionally, if your child needs to use 'live location', emphasise that they should enable this function for only as long as they need – and then turn it off.

### CHAT ABOUT PRIVACY

Some parents like to check in with their child about how they're using WhatsApp, explaining that it will help to keep them safe. If you spot a 'Locked Chats' folder, you might want to talk about the sort of chats that are in there, who they're with and why your child wants to keep them hidden. Also, if your child has sent any 'view once' content, you could discuss their reasons for using this feature.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



...HEY OSCAR...



National Online Safety®

#WakeUpWednesday

Source: <https://blog.whatsapp.com/an-open-letter> | <https://faq.whatsapp.com/10770/8839582332> | [https://faq.whatsapp.com/36/005898189245/?helpref=hc\\_fnav](https://faq.whatsapp.com/36/005898189245/?helpref=hc_fnav)  
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<https://www.aura.com/learn/whatsapp-scams>



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 20.09.2023

# BEE THANKFUL

KS1 - Free  
KS2 - £2.85



## FOR BEES

28 September 2023

### MAINS

Buzzy Chinese Chicken Noodles

OR

Buzzy Veggie Curry (v) with Wholegrain Rice

### SIDES

Green Beans

Sweetcorn

### DESSERT

Crispy Crackle Bar

or

Fresh Fruit or Yoghurt



# CLASS+ Coffee & Chat Sessions

East Sussex  
County Council



Come and join the CLASS+ team and other parents at one of our Coffee and Chat sessions. No need to book just turn up. These sessions are designed for parents who have an autistic child or a child on the autism pathway. We kindly ask that you don't bring small children to this session. There will be a short section on this session that will focus around the theme of autism and change.

**18 September, Westfield Primary School, 1:15pm to 2:45pm**

**20 September, St Thomas a Beckett Primary School, 9:00am to 10:30am**

**27 September, Peacehaven Community School, 9:15am to 10:45am**

**28 September, Willingdon Primary School, 9:15am to 10:45am**

**4 October, Robertsbridge Secondary School, 9:15am to 10:45am**

**19 October, Telscombe Academy, 1:15pm to 2:45pm**

***No need to book just turn up***