

East Hoathly C.E Primary School & Nursery

Church Marks Lane, East Hoathly, Lewes BN8 6EQ



NEWSLETTER



ISSUE 4 FRIDAY 20TH OCTOBER 2023

Dear East Hoathly Families,

What a fantastic term it has been, the children have settled in brilliantly into their new classes and I am sure you will agree after looking at their learning books yesterday how well they are progressing.

I wanted to take this opportunity to say thank you to the whole community for making me feel so welcome. I feel so at home at East Hoathly already!

We hope you have a fantastic half term and we look forward to seeing you on Monday 30th October!

Best Wishes,

Mrs Briley



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Mackmin in the school office.

If you need help or support with access to any information, please also contact Mrs Mackmin.

Letters Sent Home

This Week

All - A reminder to please complete the Google Consent Forms for our School Dog and Photo Permissions for this year. Please complete these even if you have completed for previous years.

Photo Permissions - [Click here for Photo Permission Google Form](#)

School Dog Consent - [Click here for School Dog Google Form](#)

Key Dates

October 2023

20/10 - End of term 1

30/10 - Term 2 starts

November 2023

3/11 - Own Clothes Day

13/11 - Anti Bullying Week

Open Days

For families looking for a reception place for September 2024 please visit us on one of the following open days:

Tuesday 31st Oct - 10.00am

Thursday 16th Nov - 6.00pm

[Click here to book a place](#)



Parent Code of Conduct

A reminder to please ensure if you enter the school building during the school day. All visitors must abide by the Parent Code of Conduct, an updated version of this has been sent to you today. Please also ensure that you do not pass on any information regarding other children that you may come across whilst in school.

Snacks

A reminder to please only bring fruit in for snack time.



Jewellery

A reminder that no jewellery is to be worn in school only a watch (no smart watches).



Music Lessons

Please note that from the week commencing 6/11/23 our Piano/Keyboard lessons provider will be changing to Red Butler Music. Red Butler are also looking to also introduce guitar lessons from this week. Days are still to be confirmed but if you are interested in either of these lessons please complete our clubs Google Form and visit www.rbmsmusic.com to book a free trial lesson.

We would like to say a big thank you to Mr Simonetti for his time at East Hoathly and wish him well in his new ventures!



Term 2 Forest School Dates

Please see below for Term 2 session dates:

Wednesday 1st November - Hedgehogs

Wednesday 8th November - Squirrels

Wednesday 15th November - Foxes

Wednesday 22nd November - Owls

Wednesday 29th November - Nursery

Please come into school in Forest School kit on these days and bring in school uniform to get changed into afterwards.

Celebration Assembly

On Friday 13th October these children received a values certificate:

Caterpillars & Butterflies - Nathaniel

Hedgehogs - Zoe

Squirrels - Henry & Ava

Foxes - Molly & Albie

Owls - Delilah & Willow



On Friday 20th October these children received a values certificate:

Caterpillars & Butterflies - Denys

Hedgehogs - Ivy

Squirrels - Daisy & George

Foxes - Mary & Dylan

Owls - Dennis & Myla



Attendance

The Pioneer Federation goal is an average attendance rate of 97%, recognising that each school day provides opportunities for learning, as well as social and emotional development. It is noticeable when students miss school as it impacts on their progress. Attendance for this week is:

Less than 94.9% - Red

95 to 96.4% - Amber

96.5 to 99.9% - Green

100% - Gold

Whole school: **93.6%**

Year: **95.9%**

Hedgehogs: **87.5%** Squirrels: **94%**

Foxes: **91.6%** Owls: **96.7%**

Well done, Owls Class!





News from Nursery



HARVEST FESTIVAL

For Harvest, we looked at why we celebrate and give thanks for the food we eat. The children were interested in how food grows!

We explored fruits and vegetables and how some grow in trees and some grow in the ground.

We learnt a song all about how a bean grows and this taught us what a bean needs to grow.

The children performed this in the church.

To add to this we created art using a variety of media to show the different parts of the beans cycle.

We made a bean using paint, a raincloud using our hand prints and hands as the rain, a sun using collage and a bean stalk out of tissue paper - the children each made a pea pod with three peas inside. This helped us to remember the aspects of the song work on our fine motor skills and count our peas as we placed them into our pea pods.



News from Hedgehogs Class



In Hedgehogs Class we had great fun making sheep hats for the Harvest Festival. We sang 'The Farmer Plants the Seeds' for everyone in the Church and enjoyed showing everyone what we have been practicing!



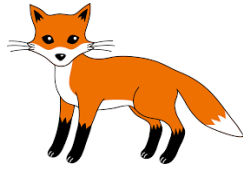
News from Squirrels Class



In Science, Squirrels were learning about the human body. Year 2 thought about the effects of exercise on the body. They did different exercises for differing amounts of time and considered how this affects the breaths they were taking. Year 1 learnt about the lungs and their affects on the body. They created a lung collage, which you can see on display in the corridor.



News from Foxes Class



Foxes' last two weeks of term have certainly been busy! We spent one morning creating our lightboxes from our DT lessons and what an amazing result! It was so lovely to see how hard they worked on their designs and how excited they were to turn the lights on and see the finished product!

We also spent the morning at Bede's checking out their amazing zoo and having fun playing football and tennis. A huge thank you to Mr Elphick and all the staff at Bede's for having us!



News from Owls Class



Bedes Multi Sport Event

The children in Foxes and Owls classes were very lucky to be able to visit Bedes Private School sports complex for a multi sports event. The children were able to participate in several sports such as Cricket, Hockey, Football, Tennis and Strength and Conditioning run by the fantastic teachers at Bedes. They had a wonderful experience visiting Bedes unique on-site zoo! The children all had a great time and are excited for more sporting opportunities throughout the academic year.



Nursery Forest School

Wednesday 11th October 2023

We got ourselves in wellies and coats ready for a first adventure down to Forest School. On the walk down to the woods we looked at the trees and the plants along the way. The children noticed that some were "spiky" and some were "stingy" pointing out that we don't touch those ones. Half way there we came across a large fallen tree; some of the children climbed on the lower end and shuffled their way up the tree trunk.

As we walked these were some of the things that the children said,

"It's like a jungle"

"A tree tunnel"



"Spiky, don't touch"

The Impact of Forest School for the children is the knowledge the children have gained from the Forest School experience.

The impact can be seen through the skills gained, tools used, art and craft activities, observations and knowledge of the

fruit, plants trees in relation to the seasons and the skills involved in learning how to play Forest School games.

The slack line went up once we were in the woods, there was some great balancing from the children in Nursery.



They worked at putting up a tarpaulin shelter ready for snack time; they then all squeezed under it to enjoy some fruit.



Some children found some more fallen trees to balance and walk along. They took it in turns to walk all the way to the end and jump off.

Others had a go at creating some beautiful leaf rubbing pictures using charcoal.

We also worked together to fill some bags with sticks to take back to

school ready for a fire another time, there was a lots of discussion of what we should cook. They worked really well at finding the right size sticks to fit the bags, any that were a little too big were held as the children stepped on them to snap them.



October 2023

30/10 - Term 2 starts

November 2023

13/11 - Anti Bullying Week

December 2023

2/12 - Wreath Making

8/12 - Christmas Fair

12/12 - Nativity - 1.30pm

13/12 - Nativity - 9.30am

13/12 - Christmas Lunch

15/12 - Christingle Service - 2.00pm/
End of term 2

January 2024

2/1 - INSET Day

3/1 - Term 3 starts

February 2024

8/2—FGB Meeting

March 2024

9/2 - End of term 3

19/2 - Term 4 starts

7/3 - World Book Day

25/3 - FGB Meeting

28/3 - Easter Service/ End of term 4

April 2024

15/4 - Term 5 starts

May 2024

6/5 - Bank Holiday

13/5—KS2 SATS

21/5 - FGB Meeting

24/5 - End of term 5

27/5 - Bank Holiday

June 2024

3/6 - INSET Day

4/6 - Term 6 starts

24/6 - Sports Day

4/6 - Term 6 starts

July 2024

22/7 - Leavers Service/ End of term 6

23/7 - INSET day



ONLINE CONTENT

10 tips to keep your children safe online

The internet has transformed the ability to access content. Many apps that children use are dependent on user-generated content which can encourage freedom of expression, imagination and creativity. However, due to the sheer volume uploaded every day, it can be difficult for platforms to regulate and moderate everything, which means that disturbing or distressing images, videos or audio clips can slip through the net. That's why we've created this guide to provide parents and carers with some useful tips on keeping children safe online.



1 MONITOR VIEWING HABITS

Whilst most apps have moderation tools, inappropriate content can still slip through the net.



2 CHECK ONLINE CONTENT

Understand what's being shared or what seems to be 'trending' at the moment.



3 CHECK AGE-RATINGS

Make sure they are old enough to use the app and meet the recommended age-limit.



4 CHANGE PRIVACY SETTINGS

Make accounts private and set content filters and parental controls where possible.



5 SPEND TIME ON THE APP

Get used to how apps work, what content is available and what your child likes to watch.



6 LET CHILDREN KNOW YOU'RE THERE

Ensure they know that there is support and advice available to them if they need it.



7 ENCOURAGE CRITICAL THINKING

Talk about what people might post online and why some posts could cause distress.



8 LEARN HOW TO REPORT & BLOCK

Always make sure that children know how to use the reporting tools on social media apps.



9 KEEP AN OPEN DIALOGUE

If a child sees distressing material online; listen to their concerns, empathise and offer reassurance.



10 SEEK FURTHER SUPPORT

If a child has been affected by something they've seen online, seek support from your school's safeguarding lead.

**National Online Safety**
#WakeUpWednesday

FPTA News



We will be having our EGM on the 1st November for those that would like to attend- it will be via teams/zoom so anyone wanting to join is welcome. Please contact Ami Brown via fpta@easthoathly.e-sussex.sch.uk for the code.

We will be voting in a new treasurer and also discussing the Christmas fundraisers!

Upcoming FPTA Dates

Own Clothes Day - Friday 3rd November

Own Clothes Day - Friday 1st December

Wreath Making - 2nd December

Christmas Fair - 8th December



WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Cheesy tomato topped pizza slice served with potato wedges	Cottage Pie 🍷 A classic cottage pie with veg and gravy	Chicken, Vegetable and Mash Pie 🍷 A tasty chicken and vegetable pie topped with creamy mashed potato and served with tasty gravy	Beef Bolognese 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers 🐟 Crispy fish fingers and scrummy chips
JACKET POTATO	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings, including Salmon Mayonnaise 🐟	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings
All main meals are served with two vegetables					
DESSERT	Oatie Cookie 🍪	Crispy Crackle Bar with Fruit 🍌	Original Flapjack 🍪	Carrot, Orange and Sultana Slice 🍰	Vanilla Ice Cream 🍦

WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Cheesy tomato topped pizza slice served with potato wedges	Turkey Con Chilli 🍷 A yummy chilli using healthy turkey mince served with wholegrain rice	Roast Beef 🍷 Succulent roast beef served with fluffy roasties and tasty gravy	Sausage Pasta Bake 🍷 Pork sausages and pasta in a tasty tomato sauce sprinkled with cheese and served with garlic and herb bread	Breaded Fish Fingers 🐟 Crispy fish fingers and scrummy chips
JACKET POTATO	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍌	Original Flapjack 🍪	Orange Shortbread 🍪	Carrot Cake 🍰	Strawberry Ice Cream 🍦

AVAILABLE EVERY DAY

Milk, water, salad, freshly baked bread & fresh fruit. Yoghurt available Tuesday & Thursday

🍷 Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍌 Fruity 🍷 Nutritionist's Choice

WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Chilli No Carne with Crispy Tortilla 🍷 A tasty vegetarian mince and vegetable chilli served with a crispy tortilla and wholegrain rice	Pork Sausages 🍷 Pork sausages served with mashed potato and tasty gravy	Roast Pork 🍷 Succulent roast pork served with fluffy roasties and tasty gravy	Chicken and Vegetable Korma 🍷 A mild and tasty chicken and vegetable curry served with wholegrain rice	Breaded Fish Fingers 🐟 Crispy fish fingers and scrummy chips
JACKET POTATO	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings	Jacket Potato 🍷 with a choice of fillings
All main meals are served with two vegetables					
DESSERT	Oatie Cookie with Fruit 🍪	Strawberry Jelly 🍮	Orange Shortbread with Fruit 🍪	Vanilla Sponge with Custard 🍰	Strawberry Frozen Yoghurt 🍦

THREE WEEK MENU

AUTUMN/WINTER 2023

Chartwells Schools

£2.85

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Thursday 9 November

KS1 – Free
KS2 - £2.85

LET'S ROCKET

MAINS

Rocket Pork Hotdog
OR
Veggie Rocket Hotdog (v)

SIDES

Chips
Sweetcorn
Garden Peas

DESSERT

Orange & Ginger Firework Cake with
Custard
OR
Fresh Fruit OR Yoghurt

Jacket Potato with Cheese or Baked Beans will
also be available



East Hoathly FPTA

Jolly Jumper Day Friday 3rd November 2023

Come into school and nursery in a jolly jumper in exchange for unopened sweets for our sweet tombola at the Christmas fair

items can include pre wrapped

- chocolate
- sweets
- chews





EAST HOATHLY FPTA



Friday 1st December 2023

BE YOUR SUPERHERO!!

- NURSERY-YR 2 DRESS UP AS YOUR FAVOURITE SUPERHERO
- YR3-6 DRESS UP AS SOMEONE YOU ADMIRE/YOUR HERO (IE FOOTBALLER/WRITER/FRIEND/FAMILY
- ALL FOR A DONATION TO THE CHRISTMAS RAFFLE



Nursery- red items

Hedghogs- orange items

Squirrels - yellow items

Foxes - green items

Owls - blue items



Items can include - sweets, chocolate, toys, games, alcohol, toiletries



Are you a parent or carer?

Do you have any questions or want some advice, tips or ideas to help you support your child ?

Come along to Park Mead for coffee, and an informal chat with Vickie who is a parent/carer practitioner from me & my mind.

Wednesday 8th Nov 9.15-10.45- **Anxiety and Worry**

Wednesday 13th March 9.15- 10.45- **Sleep, food and mood**

Wednesday 10th July 9.15 - 10.45- **Transitions**

For more information, please speak to Sian Leahy
SENCO

WEBINARS FOR PARENTS/CARERS SUPPORTING CHILDREN AND YOUNG PEOPLE WITH THEIR MENTAL HEALTH



FREE TO ANY
PARENT/CARER
LIVING IN
SUSSEX

- 19TH OCTOBER ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)
- 8TH NOVEMBER BUILDING SELF-ESTEEM AND RESILIENCE
- 13TH DECEMBER DEPRESSION
- 17TH JANUARY OBSESSIVE COMPULSIVE DISORDER (OCD)

Sussex CAMHS and Partner Organisations are offering a rolling programme of webinars for parents/carers who are supporting children and young people with their mental health

Each webinar will take place at 10am and 7pm and will run for 90-120 minutes

SCAN
HERE



WANT TO BOOK YOUR TICKETS?

Or visit:

<https://ticketlab.co.uk/series/id/1081/Sussex-CAMHS-ParentCarer-Webinars#/>

NEED TO GET IN TOUCH?

If you have any questions, please email: CAMHSParticipationTeam@spft.nhs.uk

Delivered by Sussex Child & Adolescent Mental Health Services (CAMHS)

CLASS+ Coffee & Chat Sessions

East Sussex
County Council



Come and join the CLASS+ team and other parents at one of our Coffee and Chat sessions. No need to book just turn up. These sessions are designed for parents who have an autistic child or a child on the autism pathway. We kindly ask that you don't bring small children to this session. There will be a short section on this session that will focus around the theme of autism and change.

18 September, Westfield Primary School, 1:15pm to 2:45pm

20 September, St Thomas a Beckett Primary School, 9:00am to 10:30am

27 September, Peacehaven Community School, 9:15am to 10:45am

28 September, Willingdon Primary School, 9:15am to 10:45am

4 October, Robertsbridge Secondary School, 9:15am to 10:45am

19 October, Telscombe Academy, 1:15pm to 2:45pm

No need to book just turn up

Parent & Carer



Online Workshops with 'Me & My Mind'

Do you want to learn about children's mental health and how you can support your child with their wellbeing?

If you do, these FREE webinars maybe for you.

Primary School

Supporting Your Child with Anxiety & Worry

Tuesday 31st October 2023, 12pm to 1:30pm

Thursday 8th February 2024, 6pm to 7:30pm

Supporting Your Child with Transition to Secondary

Wednesday 12th June 2024, 6pm to 7:30pm

Secondary School

Supporting Your Child with Anxiety & Worry

Wednesday 8th November 2023, 6pm to 7:30pm

Thursday 29th February, 12pm to 1:30pm

Supporting Your Child with Exam Stress

Thursday 21st March 2024, 6pm to 7:30pm

Thursday 18th April 2024, 6pm to 7:30pm

For more info and to book scan the QR code or visit:



www.tickettailor.com/events/mentalhealthandwellbeingineducation

If you have any questions please email
mhst.parentteam@eastsussex.gov.uk



All webinars are run using Microsoft Teams. You can access this on your phone or computer. You will be provided with the link when you book.





Fun, effective and affordable student led music tuition taught by professional tutors and musicians.

Here at RBMS Ltd we are proud to be teaching over 600 people a week across 45 schools and communities in East Sussex.

We believe that everyone deserves to experience the life-changing power of music, RBMS music tuition is about so much more than simply learning an instrument.



-- FREE TASTER SESSION FOR ALL --

We have been able to increase the musical community within schools dramatically through our work over the past 5 years with exceptional outcomes. As musicians ourselves we understand the effect that music can have on children and adults. The development of confidence, self-awareness, creative spark, emotional intelligence, a new language, a new channel for self-expression are all visible through music tuition.

Inspiring and accessible

Our ethos and teaching values lead us to bring modern, fun and engaging lessons to the students at affordable prices. Typically the lessons below are held in groups of 3/4 for 30 minutes and charged at just £9.67 - £10.99 per lesson depending on the instrument/class size. We also offer flexible direct debit payment at £26.99 - £30.99 per month.

We are delighted to be teaching at East Hoathly Church of England Primary School, we will be offering the following tuition services during school hours;

Guitar lessons - modern, fun and inspiring! Covering a wide range of music from the very latest releases all the way through to rock classics and beyond!
Group lesson - £9.67 per lesson or £26.99 per month.

Keyboard lessons - For those students who would like to study a modern approach to playing keys! This can include synthesisers, electric pianos and samplers.
Group lesson - £10.99 per lesson or £30.99 per month.

Drum lessons - enter into the world of rhythm, any style - any ability.
Group lesson - £10.99 per lesson or £30.99 per month.



RBMS LTD

Website: www.rbmsmusic.com

Phone: 01273 805666

Email: office@rbmsmusic.com

We hope to see you soon!

Book a FREE lesson via our website now!



"Lily loved it thanks it really builds her confidence and has been practising again! 😊

🎸🎤🥁" **Charlotte, Drum student parent**

"Lilly always looks forward to her lessons, it's her favourite day of the week!"

Mike, Guitar student parent

"I can't tell you how much both boys enjoyed your music school as did I. I have never seen them so engaged in a club and were bursting to get there each day. They can't wait for the next one!!"

Jenny, Band workshop parent

"Great Well done - you've clearly worked really hard with the children - great value"

David, Guitar student parent

"Alex had such a fab time, we are always impressed with how you all interact with them and what great mentors and teachers you are. Rock on! 🤘🎸🎵"

Corne, Ukulele student parent

01273 805666 - www.rbmsmusic.com - office@rbmsmusic.com



Club Flyer

Type of Club:

After School Club

Activity:

Football

Where:

East Hoathly Primary School

Date:

Monday

30th October 2023 - 4th December 2023
(6 Sessions)

Time:

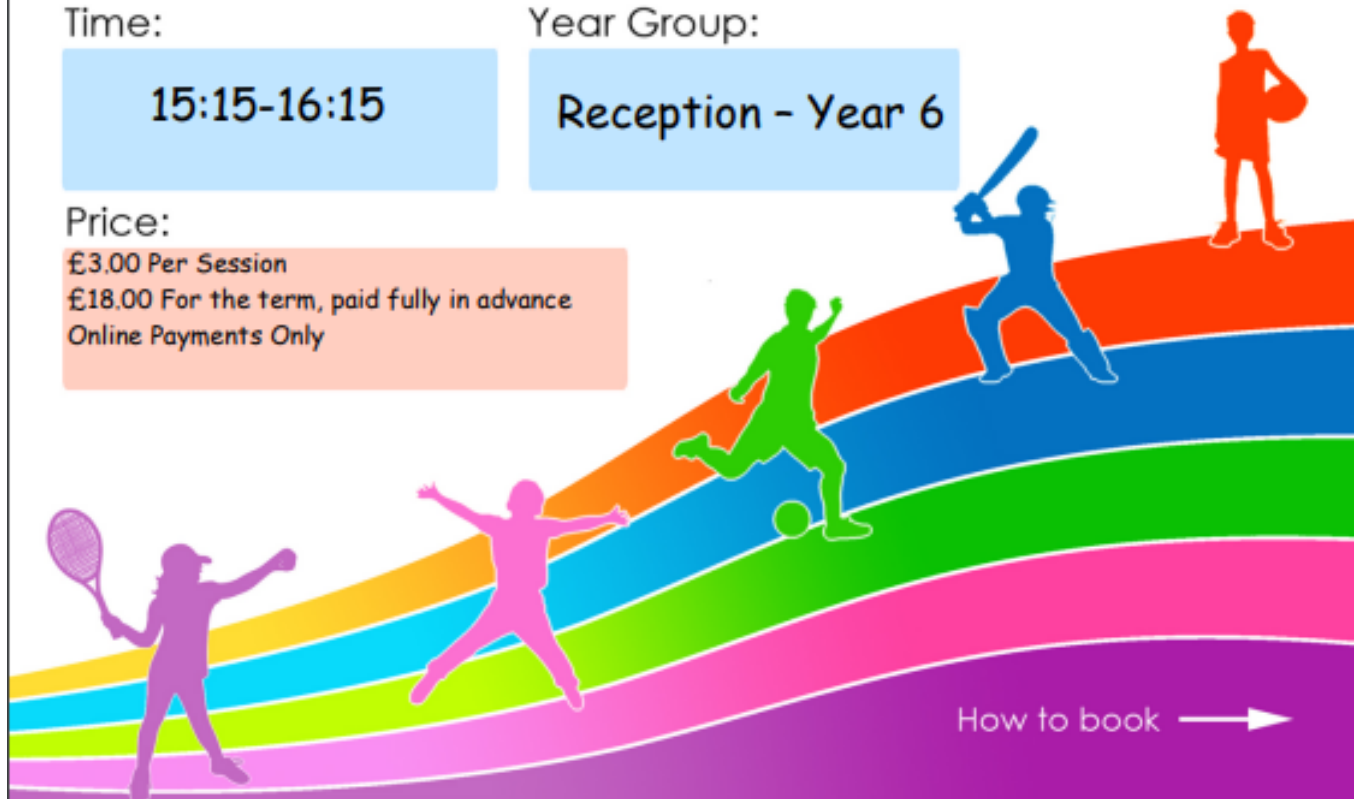
15:15-16:15

Year Group:

Reception - Year 6

Price:

£3.00 Per Session
£18.00 For the term, paid fully in advance
Online Payments Only



How to book



Club Flyer

Type of Club:

After School Club

Activity:

Hockey

Where:

East Hoathly Primary School

Date:

Thursday

2nd November 2023 – 7th December 2023
(6 Sessions)

Time:

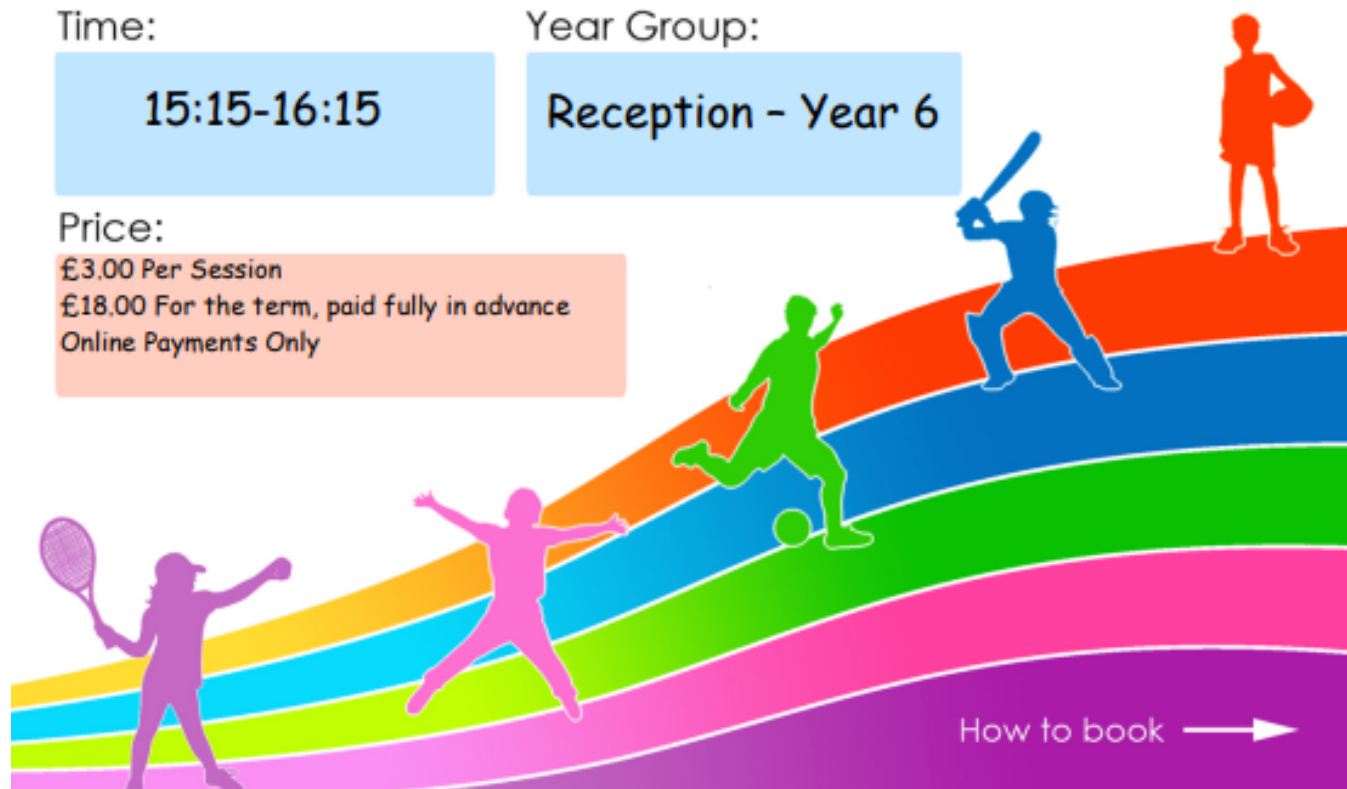
15:15-16:15

Year Group:

Reception - Year 6

Price:

£3.00 Per Session
£18.00 For the term, paid fully in advance
Online Payments Only



How to book →