

Pioneer Federation
Medium term plan
Term 2
P.E.



Subject: P.E.	
Key Concept/ Theme: Gymnastics unit 1	
Vocabulary: Balance, body tension, relaxed, shape, stretched, curled, extension, hang, low, safety.	
1.	Previous learning links: Experienced jumping. Developed some concept of space and use of space. Developed confidence in fundamental movements. LO: To perform 'Like' actions in a sequence. Activity: Assessment for learning using planning. LO: To carry and set up apparatus safely. Activity: Apparatus activity use activity from planning. .
2.	Reconnection: Recap learning from previous lesson. LO: To perform shapes on both large and small body parts. Activity: Large and small body parts/ changing shapes. LO: To take off and land, to use shapes in our jumps. Activity: Muddy puddles and taking off game from planning.
3	Reconnection: Recap learning from previous lesson. LO: To travel on our feet, showing hood body tension. Activity: Body tension work/ exploring travelling on feet. Use activity from planning. LO: To create different levels in our performances. Activity: Assessment for learning. Using activity from planning.

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4	<p>Reconnection: Recap learning from previous lesson. LO: To combine 4 elements into a floor sequence. Activity: Assessment for learning using the planning.</p> <p>LO: To create power in a variety of different jumps. Activity: Assessment for learning using the planning.</p>
5	<p>Reconnection: Recap learning from previous lesson. LO: To take weight on our hands and move in different ways. Activity: Swich, exploring weight on hands.</p> <p>LO: To use flexibility in a bridge and japana gymnastic shape. Activity: Japana, bridge, and sequence activity from planning.</p>
6	<p>Reconnection: Recap learning from previous lesson. LO: To perform the point balance arabesque. Activity: Arabesque, control in and out of balance.</p> <p>LO: To perform a teddy, roll in our routine. Activity: Re-do assessment for learning.</p> <p>End of unit quiz & reflect on gaps from the unit: To go over key vocab from the terms learning and children to play in games and set up a game in a group to run and referee.</p>

End Points:

Assess the children's knowledge through their final performance and ongoing formative assessment though the term.

Evaluation: What have the end of unit quizzes, pupil self-reflections and termly work told you about what the children can remember and recall? What are the gaps? Ensure that the areas that need further reinforcement are documented in the next subject unit MTP. **Plan in time to revisit gaps within units, determined by the quizzes.**

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