



### NEWSLETTER



ISSUE 6 FRIDAY 1ST DECEMBER 2023

Dear East Hoathly Families,

What a busy few weeks we have had at East Hoathly. The children all came to school wearing 'Odd Socks' to recognise that we are all unique and the children did work on celebrating our differences.

Owls had a wonderful 'WW2' day last week, were they got to make chutney, watching Goodnight Mr Tom. It was lovely popping in to see how engaged the children were.

It was so great to see the children singing together to celebrate the Christmas Lights being turned on in the village.

The Foxes also had had a fantastic day out at 'Hever Castle' for their class trip.

We are now beginning to enjoy the festive season!

Mrs Briley







### Letters Sent Home

### This Week

All - Christmas Lunch

(please ensure all orders are sent in by Tuesday 5th December)

### Key Dates

### December 2023

1/12 - Late Night Shopping Uckfield

8/12 - Christmas Fair

12/12 - Nativity - 1.30pm

13/12 - Nativity - 9.30am

13/12 - Christmas Lunch

15/12 - Christingle Service - 2.15pm /

End of term 2

### School Uniform Reminder

It has been noticed that a number of pupils are wearing trainers when it is not a PE day. Please ensure that black shoes are worn to school. If children would like to bring in trainers to wear at break and lunch time to play football, please bring them in a named bag to change into.

We also currently have lots of jumpers in school which are unnamed, please ensure your child's name is in all uniform.



### Celebration Assembly

On Friday 24th November these children received a values certificate:

Hedgehogs - Zoe

Squirrels - Rae & Ella

Foxes - Ollie

Owls - Sophie C & Malakai



On Friday 1st December these children received a values certificate:

Caterpillars & Butterflies - Aurora

Hedgehogs - Esme

Squirrels - Harry & Indie

Foxes - Bella & Jemima

Owls - Myla & Oscar











### **Attendance**

The Pioneer Federation goal is an average attendance rate of 97%, recognising that each school day provides opportunities for learning, as well as social and emotional development. It is noticeable when students miss school as it impacts on their

progress. Attendance for this week is:

Less than 94.9% - Red

95 to 96.4% - Amber

96.5 to 99.9% - Green

100% - Gold

Whole school: 94.7%

Year: 95.8%

Hedgehogs: 97.7% Squirrels: 95.7%

Foxes: 95% Owls: 92.5%

Well done, Hedgehogs Class!







### Odd Socks Day

To make Anti Bullying Week the children wore odd socks to represent how unique we all are and to celebrate our differences. The children also decorated their own sock to think about what makes them unique.







### Children In Need

To celebrate Children In Need we all wore 'What Makes Us Happy'. We also held a cake sale full of delicious treats to raise money for Children In Need. The final total will be revealed soon!







### News from Nursery



This week in Nursery, we have been exploring our sensory trays. We also had our Forest School session this week where we made a Hedgehogs house and had hot chocolate in the Forest. We also took part in 'Be a Super Hero Day', we visited the Library to read our Super Hero books!



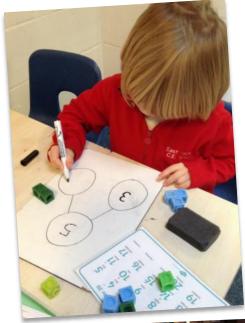


### News from Hedgehogs Class



This week in Hedgehogs, we have been exploring 'part part whole models' and how to use them! We used multilink to help us find two parts of five, and used this to help us fill in our models. Some of us even used them to find three parts of 100!

Last week, we had further exploration of positions and positional language. We used this to build obstacle courses out on the playground, then gave instructions to our friends on how to travel across our obstacle course!









### News from Squirrels Class



This week we have been learning about the story of 'Beegu' and have been very excited that Beegu visited our School arriving in the theatre in the playground in his rocket! We enjoyed sharing our learning about Beegu with our friends from Owls Class who came to visit us today!







### News from Foxes Class



On Thursday 30th November, Foxes Class joined up with Chiddingly and Park Mead school and went out on a Tudor adventure to Hever Castle - the home of Anne Boleyn, Henry's 2nd wife. Some of the children were most disappointed to find out that Anne Boleyn's severed head would not be on display..!

We split into three groups to explore the castle, the maze, the gardens and enjoy the Christmassy spirit created by the beautiful light displays that are around the grounds. Inside the castle, the children met Anne Boleyn's mother of whom they asked really thoughtful and insightful questions. They saw the room Henry VIII was said to have stayed in when he visited Anne and also saw her bedroom, too. We also saw the prayer book that she handed to her lady's maid just before she was beheaded.

We finished the day with a run around in the brilliant Tudor Towers adventure playground.

All the staff were so impressed at Foxes' brilliant behaviour, careful consideration of others and excellent knowledge of the Tudors so far - it's certainly been a very popular topic for them.

Unhelpfully, Foxes' very forgetful teachers left the ipad at school so apologies for no photos of the children!



### News from Owls Class



Last Thursday, Owls rounded off their amazing class topic with a day to commemorate the Second World War. The costumes were simply brilliant - thank you for your hard work with these - and the children had a great time participating in a range of activities.

We started by using up our fruit and vegetables in a delicious wartime chutney (special thanks to Maisy's mum for the figs from her garden!) Jars of our chutney will be available to purchase at our Christmas Fayre on 8th December so be sure to keep an eye out!

After recovering from the onion chopping, we moved on to our 'Make do and Mend' activity, which involved sewing propaganda messages onto pieces of fabric. Some children chose to complete a morse code task or a soldier's budgeting task too!















### Owls Forest School - Wednesday 22<sup>nd</sup> November 2023

We started off our session with a game of 'keeper of the keys' on the playground; the class decided it was really tricky to run in wellies. Owl's class then set of for a morning in the woods. We stopped to climb the dinosaur tree, trying to get everyone on, unfortunately there was not enough space.

Once in the woods we talked about what we might see growing in the woods at this time of year. Lots of fungi and mushrooms, we talked about how it is not ok to pick or eat anything we find at forest school as it could make us poorly.

Today we were building dens from natural materials. The children set off to find a good place to build a den then working as a team they carried lots of fallen trees and started construction, sometimes two children to a log to make it easier to carry. When the main part of the den was built they gathered lots of pine branches for the roof "we need more to fill in all the gaps".

Some of the children helped to put up the slack line, working hard to tighten the ratchet making sure it was nice and tight. They started with one at a time working on balancing along the slack line. This then changed to many children on the line wobbling it to see who could be that last one standing.

As it was a little chilly today, Owls class enjoyed a hot chocolate in the woods, all settling on the fallen tree enjoying something warm.

We finished the session with woodland whisper 'yummy hot chocolate', unfortunately it was a little different by the time it made it to that last child.















### Nursery Forest School - Wednesday 29th November 2023

We started our session today with a game of keeper of the keys; the children took it in turns to sneak in a steal the keys from the keeper then ran as fast as they could back to their space without being caught.

On our walk down to forest school the children collected as many leaves as they could and pushed them onto a stick; it was a little tricky but kept trying. Some of the leaves they found were as big as their faces, "wow, so big".

As we walked these were some of the things that the children said,

"Spiky leaves"

"A tree tunnel"

The path taking us to the woods was very muddy, the children enjoyed stomping a squelching in the mud "squishy mud".

When we arrived we talked about how important it is that we don't pick or eat anything that we find at forest school as it could make or tummies poorly.

Once the slack line was up the class practiced their balancing skills again, walking all the way to the end then finishing by jumping down.

We took Harold the Hedgehog to forest school with us today, a group of children gathered sticks, pine branches and leaves to create him a little home to live in.

To finish the session today we sat and had a cup hot chocolate to warm our tummies and a piece of fruit.













#### December 2023

2/12 - Wreath Making

8/12 - Christmas Fair

12/12 - Nativity - 1.30pm

13/12 - Nativity - 9.30am

13/12 - Christmas Lunch

15/12 - Christingle Service - 2.15pm/

End of term 2

### January 2024

**2/1** - INSET Day

3/1 - Term 3 starts

### February 2024

8/2-FGB Meeting

#### March 2024

9/2 - End of term 3

19/2 - Term 4 starts

7/3 - World Book Day

25/3 - FGB Meeting

28/3 - Easter Service/ End of term 4

### April 2024

15/4 - Term 5 starts

#### May 2024

6/5 - Bank Holiday

13/5-KS2 SATS

21/5 - FGB Meeting

24/5 - End of term 5

27/5 - Bank Holiday

### June 2024

3/6 - INSET Day

4/6 - Term 6 starts

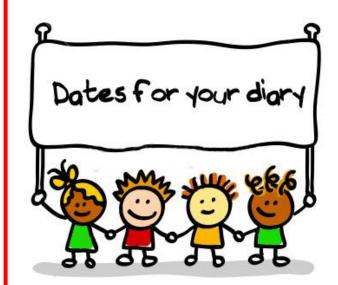
24/6 - Sports Day

**4/6** - Term 6 starts

### **July 2024**

22/7 - Leavers Service/ End of term 6

23/7 - INSET day







### East Hoathly C.E School and Nursery FPTA

### Stories With Santa

Friday 8th December

3:40pm - 5:00pm

(20minute slots in small groups)

East Hoathly School Christmas Fair

Every child will get a present and Santa will read them a story in his grotto.

£3 per child (contact Ami B to book)

Pre bookable and Payable to the FPTA via online banking Put SANTA and your child's name as the reference if paying by BACS- details on the notice board outside school





















YOUR CHILD IS INVITED TO THE

# FUNRUN

Active Education Sussex invites you to sponsor your child to complete 16 laps of our Active Mile track wearing some festive headwear. Our Active Mile fun runs have helped raise over £6,500 for our schools in the last couple of years, of which every penny goes back into the schools to help fund some amazing projects. We would love to get your support and try and raise as much money as possible for East Hoathly and all their amazing projects.

7<sup>th</sup>
DECEMBER
2023

ParentPay DONATIONS

EAST HOATHLY PRIMARY Active Education Sussex invites you to sponsor your child to complete 16 laps of 'The Active Mile' to raise money for a brand new <a href="Sports Kit">Sports Kit</a> to wear when representing the school and Pioneer Federation to future sporting events. To make it more fun we would like your child to come into school with <a href="Festive">Festive</a> <a href="Themed Headwear">Themed Headwear</a> for the Fun Run.

### PRIZE DRAW!!

Active Education Sussex are donating two pairs of <u>brand-new running trainers</u> for two lucky children to win. Along with 10 other fun prizes! Each £5 raised will earn your child 1 raffle ticket into the prize draw. There is no limit to the amount of raffle tickets any one child can earn. For every £5 raised a new raffle ticket with their name on will be entered into the prize draw! Prizes will be drawn randomly week commencing 11th December 2023. <u>Please ensure your sponsorship money is paid electronically via ParentPay by 4:30pm on Thursday 7th December 2023</u>.

THE REAL PROPERTY.			
Name	Address	Number	<b>Total Sponsorship</b>
			Total: £
1			Total: £
1			Total: £
			Total: £
			Total: £
			Total: £
7			Total: £

Sponsorship Total: £

### What to do Check List:

☐ Take sponsorship form home.
☐ Get sponsorship from friends and family.
☐ Make sponsorship donation payment via ParentPay by 7 <sup>th</sup> December 2023
☐ Bring festive headwear along to wear for the event.





Type of Club:

### Christmas Holiday Camp

Activity:

A fun filled day with a variety of sports, competitions, dance, arts & crafts, movies, and festive fun!

Where:

Park Mead Primary School BN27 3QP Date:

Monday, Tuesday & Wednesday
18th, 19th, and 20th December 2023
3 Days









### Are you a parent or carer?

Do you have any questions or want some advice, tips or ideas to help you support your child?

Come along to Park Mead for coffee, and an informal chat with Vickie who is a parent/carer practitioner from me & my mind.

Wednesday 8<sup>th</sup> Nov 9.15-10.45- **Anxiety and Worry**Wednesday 13<sup>th</sup> March 9.15- 10.45- **Sleep, food and mood**Wednesday 10<sup>th</sup> July 9.15 - 10.45- **Transitions** 

For more information, please speak to Sian Leahy SENCO





### WEBINARS FOR PARENTS/CARERS

SUPPORTING CHILDREN AND YOUNG PEOPLE WITH THEIR MENTAL HEALTH

FREE TO ANY
PARENT/CARER
LIVING IN
SUSSEX

- 19<sup>TH</sup> OCTOBER ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)
- OTH NOVEMBER BUILDING SELF-ESTEEM AND RESILIENCE
- 13<sup>TH</sup> DECEMBER DEPRESSION
- 17<sup>TH</sup> JANUARY OBSESSIVE COMPULSIVE DISORDER (OCD)

Sussex CAMHS and Partner Organisations are offering a rolling programme of webinars for parents/carers who are supporting children and young people with their mental health

Each webinar will take place at 10am and 7pm and will run for 90-120 minutes

### SCAN HERE



### WANT TO BOOK YOUR TICKETS?

Or visit:

https://ticketlab.co.uk/series/id/1081/S ussex-CAMHS-ParentCarer-Webinars#/

#### NEED TO GET IN TOUCH?

If you have any questions, please email: CAMHSParticipationTeam@spft.nhs.uk

Delivered by Sussex Child & Adolescent Mental Health Services (CAMHS)

### Parent & Carer



### Online Workshops with 'Me & My Mind'

Do you want to learn about children's mental health and how you can support your child with their wellbeing?

If you do, these FREE webinars maybe for you.

### Primary School

Supporting Your Child with Anxiety & Worry

Tuesday 31st October 2023, 12pm to 1:30pm

Thursday 8th February 2024, 6pm to 7:30pm

Supporting Your Child with Transition to Secondary

Wednesday 12th June 2024, 6pm to 7:30pm

### Secondary School

Supporting Your Child with Anxiety & Worry

Wednesday 8th November 2023, 6pm to 7:30pm

Thursday 29th February, 12pm to 1:30pm

Supporting Your Child with Exam Stress

Thursday 21st March 2024, 6pm to 7:30pm

Thursday 18th April 2024, 6pm to 7:30pm

For more info and to book scan the QR code or visit:



www.tickettailor.com/events/mental healthandwellbeingineducation

If you have any questions please email mhst.parentteam@eastsussex.gov.uk



All webinars are run using Microsoft Teams. You can access this on your phone or computer. You will be provided with the link when you book.



## CLASS+ Coffee & Chat Sessions



Come and join the CLASS+ team and other parents at one of our Coffee and Chat sessions. No need to book just turn up. These sessions are designed for parents who have an autistic child or a child on the autism pathway. We kindly ask that you don't bring small children to this session.

There will be a short section on this session that will focus around the theme of Sensory Difference.

- 7 November, Hailsham Family Hub, 1:00pm to 2:30am
- 8 November, Sidley Family Hub, 9:30am to 11:00am
- 9 November, Silverdale Perth Road, 2:00pm to 3:00pm
- 14 November, East Hoathly Church, 9:00am to 10:30am
- 16 November, Chailey Saint Peter's, 9:00am to 10:30am
- 29 November, St Mary's Hartfield, 9:00am to 10:30am
- 30 November, Laughton, 9:00am to 10:30am
- 5 December, Hailsham Family Hub, 1:00pm to 2:30pm
- 6 December, Breakwater High Street, 9:00am to 10:30am
- 7 December, Sidley Family Hub, 7:00pm to 8:30pm

No need to book just turn up





## CVES

Coping with Uncertainty in Everyday Situations

Is your child experiencing feelings of anxiety? Are you looking for information on how to help them? CUES is a training course for parent/carers to support their children with feelings of anxiety they are experiencing.



If this is something you would be interested in attending, please click on the link below or use the QR code for more information and to complete a short questionnaire about where and when you can attend.

Click here to answer the questions and register your interest or use QR code.



Breath of fresh air

A community of parents Helping you to deal with your child



### Dowload your FREE copy of

# Family Oral Devine Essential information for families with children 0-18 years

### The MUST HAVE Family Directory from bump to teens!

Find the latest issue online or scan the QR code:





www.familygrapevine.co.uk/eastbourne-wealden-lewes



**EWLFamilyGrapevine** 



ewlfamilygrapevine





Lydfords would like your help with donations for our

# Christmas HAMPERS FOR A&E STAFF

Please drop off at Reception before Monday 18th December



We politely ask friends and families for donations, no matter how great or small, for the Gift Hampers to say thank you to all those working over the Christmas Period in the hospitals.

We will be delivering the hampers on Wednesday 20th December

The team at Lydfords thank you so much for your donations!



For Kids 5-18

### URFC ACORNS

A new inclusive group allowing children of all ages with any additional needs or vulnerabilities to access rugby in a safe, supportive and encouraging environment.

Non-contact, fun activities which teach children basic ball skills, teamwork and foundations of rugby.

- DBS-checked, qualified coaches
- · Held during 'quiet' sessions at the club
- · Demand-free, no pressure to participate
- Gentle exercise, adaptable activities, supported social interaction and lots of smiles

Launch Date: 20th August 1-2pm

Last Sunday Of Each Month From 1-2pm

Free Of Charge

If you think your child would benefit from these sessions and enjoy a low demand environment to learn new skills, please get in touch.

Please note, parents are required to attend sessions.



hello@uckfieldrugby.uk www.uckfieldrugby.uk Scan the QR code to sign up!



