

Pioneer Federation
Medium term plan
Term 5
P.E.



Subject: P.E.	
Key Concept/ Theme: Athletics	
Vocabulary: Run, jump, throw, agility, power, speed, track, force, distance, curve, accelerate, hurdles, pull, record, pace, approach, combine.	
1.	<p>Previous learning links: Linked running and jumping movements. Move safely around between and over apparatus. Worked with a variety of equipment.</p> <p>LO: We are learning jumping, and hopping in sequence Activity: AFL Challenges</p> <p>LO: Sports day practice</p>
2.	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning to run at different speeds Activity: Variety of running games</p> <p>LO: Sports day practice</p>
3	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning to approach and jump hurdles Activity: Hurdle activities</p> <p>LO: Sports day practice</p>
4	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning to throw a javelin using the pull throw technique Activity: Kings and Queens</p> <p>LO: Sports day practice</p>

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5	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning a variety of skipping techniques Activity: Single and partner skipping, skipping challenges and skipping sequences</p> <p>LO: Sports day practice</p>
6	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning: to work with a partner to score points in a game Activity: Doubles games.</p> <p>LO: Sports day practice.</p> <p>End of unit quiz & reflect on gaps from the unit: To go over key vocab from the terms learning and teacher to observe skills.</p>
<p><u>End Points:</u></p> <p>Assess the children's knowledge through their final performance and ongoing formative assessment though the term.</p>	
<p><u>Evaluation:</u> What have the end of unit quizzes, pupil self-reflections and termly work told you about what the children can remember and recall? What are the gaps? Ensure that the areas that need further reinforcement are documented in the next subject unit MTP. Plan in time to revisit gaps within units.</p>	