

Pioneer Federation
Medium term plan
Term 2
P.E.



Subject: P.E.	
Key Concept/ Theme: Gymnastics	
Vocabulary: Balance, body tension, tensed, rock, roll, link, quarter, half, turn, spin, twist, unison, canon	
1.	<p>Deeper learning question (1 per lesson): targeted to learning for the pupils to reflect on throughout the lesson for example: Previous learning links: Used simple gymnastics actions and shapes. Applied basic strength to gymnastic actions. Begun to carry apparatus. Recognised like actions and linked them. We are learning: to move on, off and over apparatus and use the 'Magic Chair' landing Activity: Assessment for learning</p> <p>We are learning: to rock on different parts of our body and rock using shapes Activity: Islands and rocking activities</p>
2.	<p>Deeper learning question: Reconnection: Recap learning from previous lesson. We are learning: to perform specific one-foot balances such as h and y balances Activity: Point balance sequence</p> <p>We are learning: to perform actions at the same time as others (unison) Activity: Hungry Hippos</p>
3	<p>Deeper learning question: Reconnection: Recap learning from previous lesson. We are learning: to perform actions one person after the other (canon) Activity: Bridge tag / Three person sequence</p> <p>We are learning: to turn and jump a quarter and half Activity: Assessment for learning</p>

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4	<p>Deeper learning question: Reconnection: Recap learning from previous lesson. We are learning: to use a relevé walk in a sequence</p> <p>Activities: Relevé walk and assessment for learning.</p> <p>We are learning: to perform a dish and arch shape moving smoothly from one to the other</p> <p>Activity: Dish to arch, 4-element sequence</p>
5	<p>Deeper learning question: Reconnection: Recap learning from previous lesson. We are learning: to develop our strength in a back support and crab</p> <p>Activity: Back support and crab / Sequence</p> <p>We are learning: To frog jump and leap frog</p> <p>Activity: Team leapfrog</p>
6	<p>Deeper learning question: Reconnection: Recap learning from previous lesson. We are learning: to hold an L-sit with a straight back Activity: L-sit and 3 action routine</p> <p>We are learning: To bring rhythm and flow to our sequence Activity: Body management sequence</p> <p>End of unit quiz & reflect on gaps from the unit: To go over key vocab from the terms learning and children to perform routines to the class</p>
<p><u>End Points:</u></p>	

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Evaluation: What have the end of unit quizzes, pupil self-reflections and termly work told you about what the children can remember and recall? What are the gaps? Ensure that the areas that need further reinforcement are documented in the next subject unit MTP. **Plan in time to revisit gaps within units, determined by the quizzes.**

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