Pioneer Federation Medium term plan LKS2 Cycle 1, Term 6 D.T



Term 6 Food technology

- Talk about the different food groups and name a selection of Greek foods from each group.
- Understand that food has to be grown, farmed or caught in Europe and the wider world
- Use a wider variety of ingredients and techniques to prepare and combine ingredients safely.
- Understand what makes a healthy and balanced diet, and that different foods and drinks provide different substances the body needs to be healthy and active. Read and follow recipes which involve several processes, skills and techniques.
- Understand that hygiene is important when preparing food.
- 1. Prior learning reconnection (year group, cycle & term): KS1 Cycle 1 Glorious Growing. LKS2 3/4 What Makes Rocks Beautiful?

LO: Let's learn about traditional Greek food.

Activity: Firstly fill out the topic cover section 'What I already know' do any of the children have prior knowledge about popular Greek food or traditional Greek meals? Remind the children that certain foods can only be grown in certain countries due to the climate. Greece has hot dry weather for a lot of the year so this makes it suitable for foods such as olives. Introduce the children to some staple Greek foods explain that some of these foods have been popular back to Ancient Greek times. Geography learning link – Do the children remember why Greece was a popular destination for trade? The children can create a page in their D.T book demonstrating what they have learnt about the history of Greek food and why it is popular throughout the world.

Plenary:

Can the children make links to previous knowledge about the Eat well plate? Would they say these foods are healthy and nutritious?

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2	Reconnection: Who can remember some popular Greek foods?			
	LO: Let's plan and promote our Greek food tasting event.			
	Activity: Explain to the children that they will be creating a Greek food tasting event. First, they will need to think about the types of food that people will want to try. The			
	children will hopefully have some suggestions based on what they learnt in lesson 1. Explain to the children that they will be making some of the dishes themselves. In the			
	resources are recipes for tzatziki, hummus and a Greek salad these are the foods the children can prepare on the day. You can add other menu staples like pittas, olives, dates			
	and honey to further enrich the menu. Now that the children know what will be on the menu they can create a poster to promote the event. Remind them of persuasive			
	language and the use of adjectives to make the food sound delicious and tempting. You may plan a date in advance so the children can come into school dressed in Greek			
	clothing. Some adults from the school could be invited as special guests to try some of the food.			
3	Reconnection: What did you include in your poster to encourage people to come to the tasting event?			
	LO: Let's create decorations for our Greek event.			
	These craft activities can be made whilst you have groups go to the kitchen to make the recipes.			
	Activity: Ask the children about their experiences of eating out at a restaurant. What made it feel special? Explain that they will be making some decorations to add to the			
	atmosphere of the day. Craft projects to include:			
	• personalised place holders- the children could write their name using the Greek alphabet. They can decorate them with Greek patterns which they should remember			
	from their Art learning. The place holders will be a nice touch on the day as the children will have a special seat. Tables could be arranged in long rows to add a celebratory feel.			
	Olympic style torches made of foil and tissue which could line the centre of the table.			
	Laurel crowns made of green and gold paper leaves placed ready to wear for the celebrations.			
	Variability and additional activities about divariable of Cook flag broading to from the adaptive the alabaman			
4 and 5	You could add additional activities should you need then such as Greek flag bunting to further decorate the classroom.			
4 dila 3	LO: Let's learn how to make some Greek dishes.			
	20. Let 3 leaff flow to flake some creek disfles.			
	Activity: Assign each group that comes to the kitchen a different dish to prepare. If you have enough adults on the day you could increase the number of dishes the children			
	make. Remind the children of safety in the kitchen and good hygiene practises. Once made, the dishes can be stored ready to bring out during the second half of the day.			
	When the children are tasting their dishes ask them to think about the flavours. Did they discover any new foods that they like? Were they reluctant to try a new food but			
	actually ended up enjoying it? Finish by completing an evaluation taste test sheet. Take photos for book which the children could annotate.			
End points:				

To know the importance of trying different foods and explain reasons why.

To know that trying foods from different countries and cultures expands their experience of tastes and flavours.

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To know what kinds of ingredients are used in Greek food.				