









Subject: PSHE –	
Key Concept/ Theme: CHANGING ME!	
School specific areas to cover (Add in any local areas of study, trips and people) The essential skills builder of speaking, listening, staying positive and problem solving all support this topic	
       	
1.	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Y5 Deeper question MY SELF IMAGE – How can you develop your own self esteem? Y6 Deeper learning question – MY SELF IMAGE – How can you develop your own self esteem?</p> <p>Y5 LO I am aware of my own self-image and how my body image fits into that</p> <p>Y6 LO: Same as above</p> <p>Y5 - Self-image, Self-esteem, Real self, Celebrity Y6 - Self-image, Self-esteem, Real self, Celebrity</p> <p>Activity/lesson slides</p>
2.	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Y5 & Y6 PUBERTY FOR GIRLS – I can explain how a girl's body changes during puberty</p> <p>Y5 & 6 LO I can explain how girls' and boys' bodies change during puberty. I understand the importance of looking after yourself physically and emotionally.</p> <p>Y5/Y6 Puberty • Menstruation • Periods • Menstrual towels • Menstrual pads • Tampons • Ovary/ Ovaries • Vagina • Oestrogen • Vulva • Womb/Uterus</p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p>

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MTP Cycle 1 Term 6

Year Y5 and Y6 to be taught together and separately

3	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Y5 PUBERTY FOR BOYS – I know how girls and boys bodies change during puberty</p> <p>Y6 CONCEPTION TO BIRTH I can recognise how I feel when I reflect on the development of a baby.</p> <p>Y5 LO I can describe how girls and boys bodies change during puberty Y6 LO: I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born</p> <p>Y5 Puberty • Sperm • Semen • Testicles/Testes • Erection • Ejaculation • Wet dream • Larynx • Facial hair • Growth spurt, hormones Y6 Vocabulary – <i>Pregnancy, Embryo, Foetus, Placenta, Umbilical cord, Labour, Contractions, Cervix, Midwife</i></p>
4	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Y5 CONCEPTION Y6 Boyfriends and girlfriends</p> <p>Y5 LO I understand that intercourse can lead to conception and that is how babies are made. Y6 LO: I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend.</p> <p>Y5 Relationships • Conception • Making love • Sexual intercourse • Fallopian tube • Fertilisation • Pregnancy • Embryo • Umbilical cord • Contraception</p> <p>Y6 Vocabulary – <i>Attraction, Relationship, Pressure, Love, Sexting, Consent</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p>

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5	<p>Prior learning reconnection (year group, cycle & term): See jigsaw overview</p> <p>Y5 Looking ahead Y6 Real Self and ideal self</p> <p>Y5 What can I looking forward to next year? Y6 LO: I am aware of the importance of a positive self-esteem and what I can do to develop it</p> <p>Y5 Teenager • Milestone • Perceptions • Puberty • Responsibilities • Consent Y6 Vocabulary – Self-esteem, Negative body-talk, Choice, Feelings/emotions, Challenge, Mental health</p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p>
6	<p>Prior learning reconnection (year group, cycle & term): see jigsaw overview</p> <p>Y5 Looking ahead Y6 Looking ahead</p> <p>Y5 I Can identify what I am looking forward to next year Y6 LO: I can identify what I am looking forward to at secondary.</p> <p>Y5 Transition, Secondary, Looking forward, Journey, Worries, Anxiety, Hopes, Excitement Y6 Vocabulary – Transition, Secondary, Looking forward, Journey, Worries, Anxiety, Hopes, Excitement</p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p>
<p><u>End Points:</u></p> <p>Reflections for this unit</p> <ul style="list-style-type: none">How are we all unique?	

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- Can you express how you feel when change happens?
- Can you accept and understand changes in yourself and others?
- Do you know who to talk to if you are worried about change?
- Are you able to embrace and look forward to change?

Evaluation:

- Here is a summative template which is new to Jigsaw. Please cut and paste this link, download and populate the furthest right hand side column for a summative assessment of the unit.

<https://jigsawlivescmsuk.blob.core.windows.net/umbraco-media/5lhei3x3/age-10-11-3-dg-sa-form.pdf>