



1 April 2022

Park Mead Post

Another busy and productive term draws to a close. 'Grounds Day' saw our pupils get involved in some practical outdoor activities resulting in our allotment area looking tidier and ready for spring.

We would like to thank all our amazing staff, friends, parents/carers and wider school community for your continued support. We are still very much living with covid and our Park Mead team have demonstrated fantastic teamwork in order to maintain learning, stability and routine for all our pupils.

Wishing you all a wonderful Easter break

Best Wishes, Heidi West

Recent Events



George has spent his first couple of days in school and has had a lovely time snoozing in Mrs Davidson's office! If you haven't already returned

your consent form, please do so as soon as possible as we hope to introduce him to the classes next term.

This term's 'House Team' results were extremely close as all teams achieved such high scores. This demonstrates just how evenly matched our teams are and how competitive they have become!



However, **ROMANS** are the team winners for Term 4! Well done Romans.

- Vikings** 668
- Normans** 661
- Romans** 682
- Saxons** 673

Awards

These children have recently impressed their teachers and peers:

Willows

Eryn— Staying Positive & Being Ready for Learning

Esmay— Creativity & Staying Positive

Chestnuts

Dominic— Staying Positive & Teamwork

Dylan— Teamwork

Max— Staying Positive & Listening

Molly— Staying Positive & Aiming High

Maples

Nathan— Leadership

Gracie— Aiming High

Sienna— Aiming High & Teamwork

Adam — Listening & Aiming High

Oaks

Grace— Leadership & Aiming High

Seth— Staying Positive

Clem— Aiming High

Evie— Staying Positive & Listening



Attendance

At Park Mead we strive to improve the attendance of our students. Every school day provides opportunities for learning, as well as social and emotional development so it is noticeable when students miss school as it impacts their progress.

Attendance Whole School: 93.44%

	Last Week	Year
Willows:	100%	95.98%
Chestnuts:	94.90%	93.40%
Maples:	92.61%	92.46%
Oaks:	85.22%	93.22%

*Less than 94.9% - Red
95—96.4% - Amber
96.5—99.9% - Green
100% - Gold*

Well done Willows for 100% attendance this week!!



Attendance Matters



Executive Head Teacher: Mr James Procter

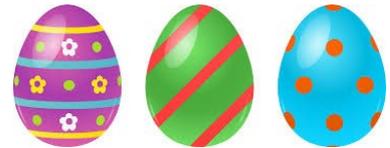
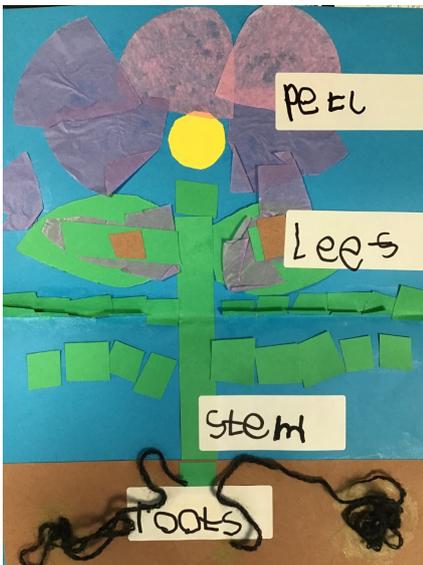
Chair of Governors: Mr Alan Brundle

Head of School: Mrs Heidi West

E-mail: office@parkmead.e-sussex.sch.uk Website: <https://pioneerfederation.co.uk/parkmead/>

News from Willows

Over the past two weeks Willows have been learning about the lifecycle of a flower. We created our own flowers and wrote about each part. We planted our own seeds and are excited to see them grow! We have also been learning about Easter and how it is celebrated. We especially enjoyed making our own cards and being Easter bunnies during our 'Easter Egg Hunt' where we searched for words and numbers and then practiced writing them.



News from Chestnuts

Chestnuts have had lots of fun in English over the last few weeks. They have been exploring dinosaurs and writing their own descriptions using verbs.

They have enjoyed exploring their bodies as percussion instruments and have demonstrated excellent teamwork skills to create this.

In maths they have had a lot of fun investigating measure and weight.

We are very much looking forward to next term when we can make continue to make lots of progress!



News from Maples

In English, Maples have been busy producing and presenting newspaper reports and spring poems.



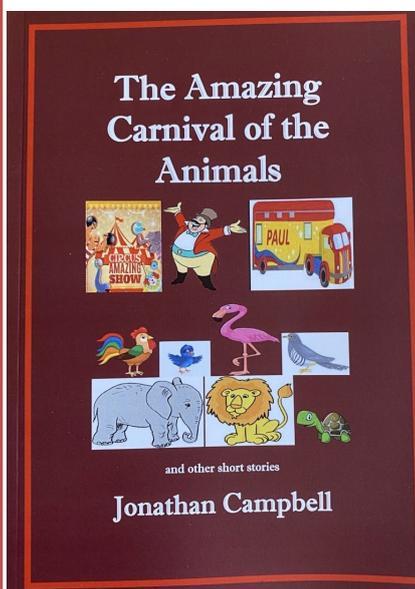
Fractions and times tables have been the focus in maths and in their topic learning, they have enjoyed exploring 'World Water Day', grounds afternoon and music sessions.



Local Author

Jonathan Campbell, a respected local author who has been involved with story telling and the Lion King musical at Park Mead previously, has very kindly donated two copies of his latest book 'The Amazing Carnival of the Animals' for our library. We will also be welcoming him into school to read some stories from his book to the children, a visit we will very much look forward to.

If you wish to purchase a copy of his book, please email the school office and a bulk order will be placed. They retail at £4.99 each.



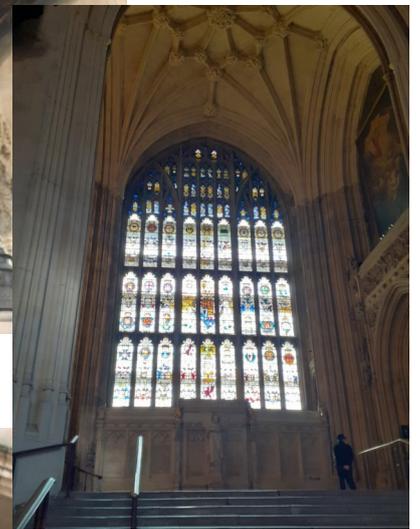
Florence the Flamingo, Betsy the Bluebird and Claudine the Cuckoo migrate every autumn from their home in the blackthorn hedge, heading south in search of warmer climes. This year however, they make an unscheduled stop in Africa, landing on the roof of a circus wagon containing Leslie the Lion, Ernest the Elephant, Rory the Rooster and Terence the Tortoise. They are part of Mr Paul's Circus and are to be paraded in a 'Carnival of the Animals' the very next day. Can the three birds help their new friends escape to the safety of Lake Tilitutu?

Also in the collection—The Extraordinary Rescue of Aubrey Bear, The Lonely Dragon, Bleriot the Bat who Slept Lying Down and more!

Age range 5-9 years.

News from Oaks

Oaks had a brilliant trip to the Houses of Parliament last Wednesday (23 March). We enjoyed an amazing guided tour around most of the public areas and were really lucky to meet the Conservative MP- Nusrat Ghani. She was wonderful with the pupils- asking questions and even posing for a photo!



Grounds Day

Before all the hard work began!



The end result of a good and fun days work by all the children at Park Mead



Well done, you have all done a
GREAT job!



Morning of Sport at Bedes



Pioneer Updates

School Meals

We are very pleased to share Chartwells new menu with you, this will begin next term, 19 April. You will find a copy in this newsletter and it is available to download from our website.

<https://pioneerfederation.co.uk/parkmead/school-meals/>

We have also been advised that the price of a school dinner will be increasing from £2.15 to £2.20 from 19 April. Please can you ensure you have enough credit on your ParentPay account to cover this increase.

School Uniform

KidsBiz will be closed for a few days after the Easter holidays. They will ensure that all orders placed before 21 April will be despatched before they close. Orders placed after this date may not be processed until they return on 4 May.

KidsBiz

Yoga After School Club

We would all like to congratulate Mrs Elphick on the birth of her baby daughter, Pheobe.

We are very much looking forward her return to Park Mead to run her Yoga after school club.

There will be more information to follow at the beginning of next term.



Upcoming Events

April 2022

19th Start of Term 5
20th KS1 Book Look
22nd Easter Fun Run
27th KS2 Book Look

May 2022

2nd Bank Holiday
9th Year 6 SATS Week
20th Park Mead at the Movies (Friends)
27th End of Term 5

June 2022

6th Inset Day
7th Start of Term 6
15th Year 5 Bikeability
16th Year 5 Bikeability
22nd—Group Photos
25th June—Mid Summer Family Fayre (Friends)

July 2022

8th Sports Day
15th Reserve Sports Day
15th School Reports
15th Leavers BBQ (Friends)
20th End of Term 6
21st Inset Day



Willows Forest School

Wednesday 23rd March 2022

Willows class listened to the birds singing outside their classroom at the beginning of the session held in the spring sunshine this week.



They played a game 'Spirit of the Forest' where they pretended to be woodland birds: robins, woodpeckers and owls and had to fly through the forest without being caught by the trees.

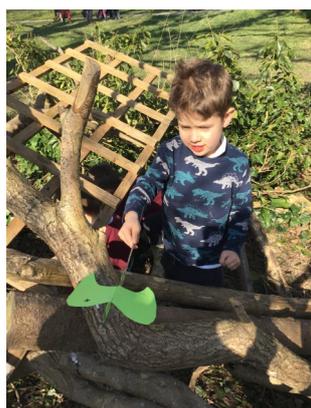
Willows joined in with the rhythms and words of a song and then used tapping sticks to make up new rhythm patterns and took turns in leading the class. They played a listening and guessing game, by trying to identify some birds by their bird calls.

Then each of the children made their own colourful card bird, which they took off to fly around the



Forest School area. Some children made nests for them, they counted their birds, took them into their den and made up a bird dance with them, talked about the patterns and colours of their birds, made

bird feeders for them with pine cones and seeds and then proudly showed them off to Maples Class whilst they were out running their mile.



The Impact of Forest School for the children is the knowledge they have gained from their Forest School experience.

The impact can be seen through the skills gained, tools used, the art and craft activities, observations and knowledge of fruit, plants and trees in relation to the fruit, plants and trees in relation to the seasons and the skills involved in learning how to play Forest School Games.

Some children took their birds to explore the bug hotel and found some woodlice and worms, which they thought their birds could eat. They also created a see saw and a bridge for the bugs in the bug hotel!

Some children enjoyed jumping in the muddy hole and playing in the mud kitchen.

They then passed 'Stick Man' around the circle to share what they enjoyed about the session.

"I liked going on the tyre swing and making my bird"

"I liked playing in the den with my friends"

"I liked making bird feeders, look, I hung them up on the trees"

"I liked making a nest for all of the birds, there was 11,12,13 birds"

"I liked making my yellow hammer bird"

Well done Willows class for such a busy and engaged afternoon.



Oaks Forest School

Wednesday 16th March 2022

Doormouse lead Oaks last Forest School session for this term.

They started with a game of Tail Tag. Then they dug a large hole and using buckets, they filled it up with water. They said they were making an outside hot tub!



relation to the fruit, plants and trees in relation to the seasons and the skills involved in learning how to play Forest School Games.



They also spent some time decorating stones with bugs and then hid them in Forest School ready for Willows to find in their session the following week.

They enjoyed making lots of things out of clay, as well as den building and tree climbing.

The session finished with a game of Fox and Rabbit.

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New Lunch Menu

Chartwells
So much more than Fantastic Food

THREE WEEK MENU

SPRING/SUMMER 2022

£2.20

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



W/C: 02/05, 23/05, 20/06, 11/07,
05/09, 26/09, 17/10

WEEK 3

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!
MONDAY	Veggie Pasta Bolognese 🌱 Penne Pasta in a yummy tomato sauce Cheese and Tomato Pizza 🌱 Cheesy tomato topped pizza slice served with potato wedges	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Peas and Carrots	Oatie Biscuit with Fruit Slices 🌱
TUESDAY	Sweet and Sour Chicken with Rice 🌱 A tasty sweet and sour dish served with rice Macaroni Cheese 🌱 Cheesy macaroni pasta	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Sweetcorn and Broccoli	Berry Flapjack with Fruit Slices 🌱
WEDNESDAY	Roast Gammon with Roast Potatoes and Gravy 🌱 Succulent roast gammon with fluffy roasties and tasty gravy Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy 🌱 A chunky butternut squash and potato pastry slice	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Carrots and Cabbage	Vanilla Ice Cream
THURSDAY	Beef Burrito 🌱 A soft wrap filled with fresh beef and rice Quom Hot Dog with Potato Wedges 🌱 Our favourite veggie hot dog with ketchup served in a soft roll	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Green Beans and Sweetcorn	Chocolate Sponge Cake
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips Quom Dippers and Chips 🌱 Crispy Quom nuggets with their fave sauce - ketchup	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Baked Beans and Peas	Strawberry Jelly with Fruit Slices 🌱

W/C: 18/04, 09/05, 06/06, 27/06,
18/07, 12/09, 03/10

WEEK 1

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!
MONDAY	Veggie Burrito 🌱 A soft wrap filled with lightly spiced veggies and rice Cheese and Tomato Pizza 🌱 Cheesy tomato topped pizza slice served with potato wedges	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Green Beans and Sweetcorn	Raspberry Ripple Ice Cream
TUESDAY	Allegra's Proper Chicken Pie with Mashed Potato A delicious traditional chicken pie served with mashed potato Macaroni Cheese 🌱 Cheesy macaroni pasta	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Carrots and Peas	Secret Brownie
WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Succulent roast turkey with fluffy roasties and tasty gravy Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy 🌱 A chunky sweet potato and chickpea roast	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Carrots and Cabbage	Shortbread Biscuit with Fruit Slices 🌱
THURSDAY	Cottage Pie 🌱 A classic cottage pie with veg and gravy Butternut Squash and Tomato Bake with Rice 🌱 A delicious butternut squash and tomato bake served with rice	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Broccoli and Sweetcorn	Lemon Driizzle Cake
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips Quom Dippers and Chips 🌱 Crispy Quom nuggets with their fave sauce - ketchup	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With Salmon Mayonnaise Jacket Potato 🍟 With a choice of fillings	Baked Beans and Peas	Orange, Sultana & Carrot Slice

PACKED LUNCH - AVAILABLE DAILY

WITH VEG STICKS AND FRESH FRUIT OR BANANA CAKE BAR OR DESSERT OF THE DAY

W/C: 25/04, 16/05, 13/06, 04/07,
29/08, 19/09, 10/10

WEEK 2

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!
MONDAY	Mild Bean Chili with Rice 🌱 A tasty bean, vegetable and tomato chilli served with rice Vegetable Supreme Pizza 🌱 Cheesy tomato pizza slice topped with sweetcorn and peppers served with potato wedges	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Carrots and Peas	Flapjack with Fruit Slices 🌱
TUESDAY	Pork Sausages and Mashed Potato with Gravy Pork sausages with mashed potato and tasty gravy Veggie Lasagne served with a Garlic & Herb bread wedge 🌱 Delicious sheets of pasta layered with veggies and tomato sauce	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Sweetcorn and Cabbage	Peach Shortbread Pudding 🌱
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy Creamy Vegetable Pie with Roast Potatoes and Gravy 🌱 Creamy vegetable pie with a cheesy shortcrust topper with fluffy roasties and tasty gravy	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Carrots and Cabbage	Raspberry Ripple Ice Cream
THURSDAY	Beef Bolognese 🌱 A classic Italian beef Bolognese in a yummy tomato sauce Mild Chickpea and Potato Curry 🌱 Served with wholemeal rice	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Green Beans and Sweetcorn	Carrot Cake with Citrus Frosting
FRIDAY	Battered Fish and Chips Crispy fish fillet and scrummy chips Tomato Veggie Burger with Chips 🌱 Tomato veggie burger in a soft bap and scrummy chips	Packed Lunch With a choice of cheese, tuna and ham fillings. Jacket Potato 🍟 With a choice of fillings	Baked Beans and Peas	Chocolate Shortbread

AVAILABLE EVERY DAY WATER, FRESHLY BAKED BREAD & FRESH FRUIT. YOGHURT AVAILABLE TUESDAY & THURSDAYS ONLY.

🌱 Vegetarian 🐟 Oily fish 🌾 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice