



## Park Mead Newsletter

**Welcome** to our final newsletter and the end of another successful year at Park Mead.

As we reach the end of term, please take a few minutes to read our news - we promise there is much to celebrate!

**A huge well done** to our Year 6 children who achieved so well in their SATS this year. We are very proud of them and know that we are sending them on to their new schools with wonderful, memorable learning experiences and strong skills.

Across the school, our pupils have enjoyed so many enrichment opportunities this year including; fun curriculum themed days, trips (local and further afield), creative art workshops, collaborative community events with Bedes, active sports tournaments, inter school quizzes, Forest school sessions and much more.

**Thanks** to Mr Elphick our Park Meaders have also participated in several exercise workshops this year, developing new skills and encouraging pupils to stay active and healthy. The 'Active Mile' remains a popular activity which serves to keep our pupils active and engaged in their learning.

We are really looking forward to embedding our new Vision and Values next year through our essential skills. **Respect, Resilience and Responsibility** will weave their way through our whole school ethos developing our school cohesion and energy even further.

The successes and positives from this year are due to our whole school **teamwork** approach where our pupils, staff, wider school community and Pioneer Federation collaborate and work together. As a school, we are moving from strength to strength and will continue on this journey using our Vision and Values to underpin our direction.

I would like to express my sincere thanks and appreciation to the wonderful Park Mead staff who are so compassionate, dedicated and who go above and beyond every day for our pupils.

**A big shout out** to our brilliant 'Friends of Park Mead' who have tirelessly supported us this year with our fundraising events. Thank you!

Thank you to you all for your continued support.

Wishing you all an enjoyable, relaxing summer.

Mrs H West  
Head of School



Executive Head Teacher: Mr James Procter

Chair of Governors: Mr Alan Brundle

Head of School: Mrs Heidi West

E-mail: [office@parkmead.e-sussex.sch.uk](mailto:office@parkmead.e-sussex.sch.uk) Website: <https://pioneerfederation.co.uk/parkmead/>

## Sporting Achievements

On Friday 30 June Gracie competed at Hickstead in the NSEA schools jumping competition representing Park Mead Primary School.

At age 8 she was one of the youngest there, with children up to the age of 16 competing. She put in a fantastic effort with just a single pile falling at fence number 8 to keep her from the championship.



On 3 July Ellie danced her way to a fantastic 3rd place and a bronze medal in the Global and Folklore Group Dance at the Dance World Cup in Portugal. This result put them 3rd in the world for this genre.

What an amazing achievement, well done Ellie!



## School Games—Gold Award!!

### PARK MEAD HAVE ACHIEVED THE GOLD SCHOOL GAMES MARK AWARD!



We are delighted to announce that Park Mead Primary School have achieved the School Games GOLD Mark Award for the 2022/23 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

Our sporting achievements this year include:

- Reaching the area finals for the cross country School Games.
- Winning The Active Games Dodgeball Tournament.
- Participating in a wide variety of Intra and Inter school competitions.
- Enhancing our leadership roles and responsibilities.
- Developing our health, fitness and wellbeing through sport, exercise and mindfulness.
- Increasing SEND childrens participation in sport and competitions.

With many young people competing in local inter-school competitions this year, we are extremely proud of our pupils for their dedication to all aspects of school sport, including those young volunteers, leaders and officials who made our competitions possible.

As part of our application, we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded this year.

A special thanks to:

All the wonderful, amazing and hard working staff, parents and carers at Park Mead Primary School for thier consistent support throughout the academic year to make this possible.

We look forward to applying once again in 2024!

Yours thankfully

Mr A Elphick - PE Teacher - Active Education Sussex





## Park Mead Primary School

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**has achieved the Gold School Games Mark  
award for their commitment, engagement  
in the School Games for 2022/23.**



## Diary

### September

1—Inset Day  
4—Inset Day  
5—Back to School  
19— Year 6 Safety in Action

### October

18—Flu Vaccinations  
20—End of Term  
30—Back to School

### November

22—Individual School Photos

### December

15—End of Term

### January

2—Inset Day

### February

9—End of Term  
19—Back to School

### March

28—End of  
Term

### April

15—Back to School

### May

6—Bank Holiday  
24—End of Term

### June

3—Inset Day  
4—Back to School

### July

22—End of Term  
23—Inset Day

### Weekly Events

Wednesday—Forest School (please check email for class dates)

PE Monday / Friday (all classes)



## News from Willows

Willows thoroughly enjoyed their class trip to the Sealife Centre, Shipwreck Museum and Lifeboat Station. We want to say a big thank you to Mr Hughes who very kindly paid for our trip! The children were exceedingly well behaved, polite to others and very inquisitive.

Willows did very well at their first ever Sports Day. Lots of smiles and laughter.

In class this week we have had our very own cinema as a treat to celebrate the children's hard work this year. The children bought their 4p ticket and when they entered the cinema they handed their ticket over so it could be hole punched. They enjoyed yummy popcorn and fruit during the movie.

Well done Willows you have had an exceptional year! Mrs Healy, Mrs Lawrenz and Miss Cookson wish you a lovely Summer and many best wishes for year 1.



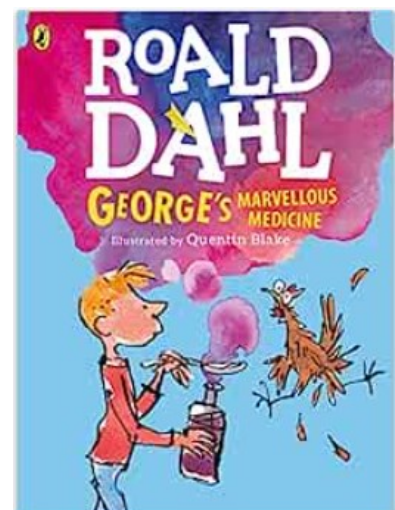
## News from Chestnuts

These past few weeks have flown by, with the focus on transitions, sports day and end of year activities.

Amongst all this we've enjoyed looking at the work of Sir Elton John (as one of our famous faces), enjoyed reading George's Marvellous Medicine, reflected on our achievements this year and started to think about how we might adapt to the next academic year.

I want to say a huge thank you to all the wonderful Chestnuts children who have filled the year with smiles, wobbly teeth and a huge amount of proud work moments. Well done to all and I wish you all the best in your new classes.

Have a restful summer break!



## News from Maples

Maples have had a lovely end to the term. They enjoyed a trip to the park and played beautifully in the outdoor space.

Our Greek day was fun; they tried Greek food and created some Greek style pots.

What a fabulous class they have been!



## News from Oaks

It is with a heavy heart we say goodbye to our Year Six pupils. They have been amazing and taken everything in their stride, we are so proud of them.

They finished their year with a swim and a pizza on a Tuesday evening aptly called- The Final Fling. The Friends and some parents helped on Friday night for the BBQ and Mocktail evening. It was a great success with limbo and other games. The rain made it more tropical!

We wish you all the best in your adventures ahead, keep in touch we love to hear what you are doing!



## Leavers Memories



I like Park Mead because of all the fun school trips, PGL and the South of England Show.

Mr Elphick is my favourite teacher and Mrs Symonds.

I think PE lessons are the best and I really enjoy all the sporty events he organises. I really like the after school clubs.

I hope my friends in Year 5 do well and I am looking forward to Year 7.

I like all of the kind teachers that help whenever we need them with anything. PGL was so fun. I remember the big swing and when me and Aiva got to the top of Jacob's Ladder, the raft building was so fun but I fell in the water a lot.

I loved calling my friends nicknames. Roxie was Roxan, Pixie was Pikesy, Emma was Ems, Evie was Eve and Aiva and I had matching names, Ava Bear and Grey Bear.

I hope all the Year 5's have fun in Year 6 and have the best experience that I had. And you can have the best last year of primary you can!



I liked all the school trips and PE. The trips were fun because we always went somewhere new. I also liked the treats and free time. I liked my friends in Year 5. I had lots of fun in Year 6. I also liked the Final Fling, we went swimming and to Pizza Hut. The teachers were nice. My favourite teacher is Mr Elphick. The Year 5 and 6 water fight was amazing.

I think HCC will be good because I can make more friends. I think the Year 5's will be good Year 6's. I think the Year 5's will have fun with Year 4. I liked the trip to the Houses of Parliament. I think Park Mead is a good school but hope they get more money to make it even better.

I hope the Year 5's have fun in Year 6 and the Year 4's have fun in Year 5. I have really enjoyed my time at Park Mead, from Willows to Oaks. Goodbye Park Mead.





## Leavers Memories



I like PE because Mr Elphick always thinks of creative ideas. I like the teachers because they are nice and I like when Mrs Riley organises treat times, like bikes and trikes, when we work hard.

The things that I will miss are my friends in Year 5. I have loved the trips that we have done especially going to the Houses of Parliament. I loved the water gun fight.

I think that Houses of Parliament was the best trip and by far the longest trip ever. It was worth it in the end. We were on the news and we also met Nasrat Ghani.

I hope that the Year 5's have a good Year 6 experience and I will miss my friends in Year 5.

I like all of the teachers that are here and were here. They are and were all so kind and sweet. PGL was so fun, I still remember the Jacobs Ladder (I almost made it to the top) and the big swing was amazing too. The raft building was really fun but the water was really cold.

I love spending time with my friends at school and learning something new about them and I loved hearing Mrs Riley's amazing story about her family and her friends. Mrs Riley made most of her lessons fun. I enjoyed being a Year 6.

I hope all the Year 5's that will be Year 6's will have an amazing experience just like I did. I'm really grateful being a part of Park Mead family. I had the best time.



I like that you can make a lot of friends. There are a lot of amazing trips like the Final Fling, PGL and loads more. There are fun lessons to learn every day and enjoy.

I think the Year 5's will still be funny at the end of the year and I will still be the best coder in Park Mead Primary.

I hope that I will still be remembered when I leave and that everyone I meet gets a good job and becomes successful in life.



## Leavers Memories



I like that Park Mead school is a good place to make lots of friends. I have enjoyed the school trips and my favourite one was the final fling. I loved the swimming and the Pizza Hut experience with my Year 6 friends.

I think I will miss my friends but I am looking forward to making new ones.

I hope everyone enjoys their secondary school. See you later.

I loved PGL, especially when Emma and I climbed the fisherman's post and made it to the top. I am sad that I will have to leave Park Mead since it has been like my family.

I think because it is a small school it helped with my fear of talking in class, it also is so nice that we have mixed classes. I have really enjoyed my time in Oaks class and will miss it a lot.

I hope the school stays as lovely as it is now and that everyone has an amazing experience like I did.



I like PGL and all the activities we did there such as Jacob's Ladder. I got all the way to the top of the ladder and I was climbing with Grace and Evie. I loved the zip line, the big swing was so scary but so fun. I was in a cabin with Grace, Evie, Emma and Elsa. Grace and I grabbed the duvet and put it over us, it was so funny!

I loved it when we went on the school trip to the Houses of Parliament. My favourite teacher is Mrs Riley and I hope that the Year 5's will have another great year with her.

I hope the Year 5's will have a great year in Year 6. When the Year 5's go into Year 7 I hope that they will have more great times in secondary.



## Leavers Memories



I like that the teachers are all very caring and they are really nice if you are upset. I started here at the end of Year 1. It was hard at first leaving all of my other friends but all of the Year 1's that were already here were so caring and made me feel at home.

I think what I will miss the most is Mr Elphick saying my shoe lace is undone when it is not! I will really miss Mrs Riley planning really fun lessons and trips.

I hope that all the new Year 5's and 6's have more of an experience that I have. I will also never forget my best friend Evie who I will be walking to school with. I will really miss Mrs Riley and Mrs West. I have known Mrs West since I was in my other school. I really enjoyed French and all of the new things I learn in French. Thank you Ms Taiclet.

I liked PGL and all the fun activities we did there such as the zip line, abseiling and singing songs. When I joined in Year 3 it was lockdown and I went to the keyworkers group. Everyone was so kind to me.

My favourite teacher would probably be Mrs Riley because all the fun things she would do for us. I really liked Forest School especially when I found loads of different creatures.

I hope all the Year 5's have a great time in Year 6. I will miss being a member of the Park Mead family.



I like all the school trips I went on in Year 5 and 6, it was basically every term we would get to go to places such as PGL, The Houses of Parliament and the South of England Show. This is because of the diverse amount of lessons that are taught, my favourites are maths and science as they interest me the most.

I think that Park Mead has amazing teachers that are very kind and great at teaching all subjects. All the Year 5's are very funny and great to have in the class and great to play with.

I hope the Year 5's have a great Year 6 and all the Year 6 transitions go well.



## Leavers Memories



I loved the science in Year 4, it had some of the best experiments. PGL was so much fun especially the giant swing when the guy running it tricked me into pulling the release rope. Nathan and I went flying, it was petrifying but still fun. All the trips Mrs Riley organised were awesome, I wish I could do it again.

I think even though I was only here for 2.5 years it was the best. The teachers were so nice especially Mrs Riley and Ms Taiclet. My first ever friend made me feel so welcome at school.

I hope the Year 5's have a wonderful time. You will be top of the class and have lots of adventures, and make the most of it. Stay calm in SATs, it is actually easy.

I will miss going to PGL and other fun school trips. I remember all the cool activities that we did at PGL, the raft making, the giant swing and the massive campfires. In the cabin I remember doing parkour across the beds. I had so much fun! I shared a cabin with Emma, Roxie, Lacey, Emilia and Elsa.

I love how this school welcomed me like I had always been here. I had lived in Dubai my whole life so I was very new to England and my friends and teachers helped me fit in.

I am very grateful for my best friends, Aiva, Grace, Evie, Emma, Roxie and Emma. I had many nicknames but my favourite was what Aiva called me it was Pix Pax Pox Paxa Pix!

I hope the Year 5's enjoy their time as Year 6's. I will miss you all especially my friends, Mrs Riley and Ms Taiclet.

Good luck.



Congratulations to Kyle who was voted for by his peers and presented with the Michael Payne Achievement Award.

Well done Kyle!



Congratulations to Grace who was awarded the Caroline Payne Rippengall Cup for her outstanding contribution, again voted for by her peers in Oaks. Well done Grace!



## Information

### Staffing reminders and updates

We are saying farewell to Mrs Hudd and Miss Cookson and wish them both all the very best in their next adventure. We welcome Mr Lulham into Y3/4 and Mr Rodrigues as our new caretaker. Mrs Munn, our Forest School teacher is moving on from Pioneer, but Mrs Sharp (Dormouse) who has worked closely with Mrs Munn will be taking over and continuing with our Forest School sessions on Wednesday afternoons. From September, as a short term measure, Mrs West will be at Park Mead Monday—Thursday. In her absence on Fridays, we are putting in procedures to strengthen and secure Park Mead. Mrs Riley will be an additional senior teacher and Safeguarding lead (DSL) alongside Mrs Adams.

### School Meal Price Increase

Please be aware that the price of school dinners will increase from September to £2.85.



### Useful Links and information

#### Activities for children

[ESCIS](#) is a good resource for families trying to find out about local holiday clubs. The holiday food and fun programme still has spaces in some areas, for eligible. Follow this [link](#) for more information or contact [HAF@eastsussex.gov.uk](mailto:HAF@eastsussex.gov.uk)

#### Emotional wellbeing

There are a number of [sources of advice](#) if parents and carers have concerns about the mental health of children and young people.

The School Health Service are open as usual during the school holiday for advice and assistance.

#### Water safety

We live in a coastal county and we also have plenty of open rivers and lakes, so water safety can be an issue.

[Ensure that your home is a safe, secure place to enjoy water safely \(Royal Life Saving Society - RLSS\) – download and share the poster attached](#)

[Water safety for parents, children and young people \(RoSPA\)](#) [Top Five Beach Safety Tips for family safety \(RNLI\)](#)

#### Keeping Cool and Sun-safe.

As we are having warmer weather it is important to look after ourselves during warmer days and heat waves as there are risks to our health.

<https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety/>

#### Online safety

Children may spend more time than usual on the internet and using social media during the holidays. Here are some trusted sources of information to help keep your children safe.

[Get Help Around Children's Online Safety](#) | [National Online Safety](#) [Online safety resources](#) | [Samaritans](#)

[Keeping children safe online](#) | [NSPCC](#)



# Active Games Football Tournament



# Park Mead Sports Day



# Park Mead Fun Run







The Eastbourne, Wealden & Lewes Family Grapevine SUMMER/AUTUMN 2023 digital issue is now available online!

It is a one stop directory of things to do for family with children from bump to teen. The magazine lists activities, places to visit & events taking place this summer. It also feature 5 fantastic competitions for a chance of winning some fabulous prizes, from days out to a family camping weekend, as well as the chance to win 2 adventure days for 2 this summer!

It is available to view and download here: <https://thefamilygrapevine.co.uk/eastbourne-wealden-lewes/see-a-copy/>

## Term Dates—2023-2024

Copies of next years term dates are available in the entrance foyer.



### East Sussex School Term and Holiday Dates 2023-2024

	SEPTEMBER 2023	OCTOBER 2023	NOVEMBER 2023	DECEMBER 2023
Monday	28 4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25
Tuesday	29 5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26
Wednesday	30 6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27
Thursday	31 7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28
Friday	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29
Saturday	2 9 16 23 30	7 14 21 28	4 11 18 25	2 9 16 23 30
Sunday	3 10 17 24	1 8 15 22 29	5 12 19 26	3 10 17 24 31
	JANUARY 2024	FEBRUARY 2024	MARCH 2024	APRIL 2024
Monday	1 8 15 22 29	5 12 19 26	4 11 18 25	1 8 15 22 29
Tuesday	2 9 16 23 30	6 13 20 27	5 12 19 26	2 9 16 23 30
Wednesday	3 10 17 24 31	7 14 21 28	6 13 20 27	3 10 17 24
Thursday	4 11 18 25	1 8 15 22 29	7 14 21 28	4 11 18 25
Friday	5 12 19 26	2 9 16 23	1 8 15 22 29	5 12 19 26
Saturday	6 13 20 27	3 10 17 24	2 9 16 23 30	6 13 20 27
Sunday	7 14 21 28	4 11 18 25	3 10 17 24 31	7 14 21 28
	MAY 2024	JUNE 2024	JULY 2024	AUGUST 2024
Monday	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26
Tuesday	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27
Wednesday	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28
Thursday	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29
Friday	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30
Saturday	4 11 18 25	1 8 15 22 29	6 13 20 27	3 10 17 24 31
Sunday	5 12 19 26	2 9 16 23 30	7 14 21 28	4 11 18 25

**KEY**

Staff training (INSET day)  Start of term for pupils  End of term  Public holiday  School holiday

**Bank and Public Holidays 2023-2024**

<b>Monday 25 December 2023</b>	Christmas Day	<b>Monday 1 April 2024</b>	Easter Monday
<b>Tuesday 26 December 2023</b>	Boxing Day	<b>Monday 6 May 2024</b>	Early May bank holiday
<b>Monday 1 January 2024</b>	New Years Day	<b>Monday 27 May 2024</b>	Spring bank holiday
<b>Friday 29 March 2024</b>	Good Friday	<b>Monday 26 August 2024</b>	Summer bank holiday

**Term Length**

Term	From	To	Number of days
<b>Term 1</b>	<b>1 September 2023</b>	<b>20 October 2023</b>	<b>36</b>
Autumn school holiday	23 October 2023	27 October 2023	
<b>Term 2</b>	<b>30 October 2023</b>	<b>15 December 2023</b>	<b>35</b>
Christmas school holiday	18 December 2023	1 January 2024	
<b>Term 3</b>	<b>2 January 2024</b>	<b>9 February 2024</b>	<b>29</b>
February school holiday	12 February 2024	16 February 2024	
<b>Term 4</b>	<b>19 February 2024</b>	<b>28 March 2024</b>	<b>29</b>
Spring school holiday	29 March 2024	12 April 2024	
<b>Term 5</b>	<b>15 April 2024</b>	<b>24 May 2024</b>	<b>29</b>
May school holiday	27 May 2024	31 May 2024	
<b>Term 6</b>	<b>3 June 2024</b>	<b>23 July 2024</b>	<b>37</b>
	<b>Total</b>		<b>195</b>

Summer Holiday Camp



# Athletics Summer Camp

**Year 3 to 6**

**Summer Camp  
T-shirt included**



**Come and...**

## **RUN JUMP THROW**

**24th – 27th July 2023**

**21st – 23rd August 2023**

**10am - 3pm every day**

**Lewes Athletic Club, Mountfield Road, Lewes, BN7 2XG**

**(behind Lewes Leisure Centre)**

**[www.lewesac/what-we-do/summer-camp](http://www.lewesac/what-we-do/summer-camp)**

**[summercamp@lewesac.co.uk](mailto:summercamp@lewesac.co.uk)**

## Summer Holiday Camp

Booking for Mr Elphick's Summer Holiday Camp is now open!!

<https://activeeducationsussex.co.uk/book-a-course/>

**SUMMER HOLIDAY CAMP**

24th, 25th & 26th  
July 2023  
Park Mead Primary  
School, BN27 3QP

ALL CHILDREN WELCOME!  
FROM ANY SCHOOL

BREAKFAST CLUB £5  
07:45-08:45  
MAIN DAY £15  
08:45-15:15  
AFTER CAMP CLUB £5  
15:15-16:15

FUN GIFT SHOP (CARD ONLY)

ae active education sussex

WIDE VARIETY OF SPORTS

ARTS & CRAFTS, MOVIES AND MORE

**BOOK NOW**

[ACTIVEEDUCATIONSUSSEX.CO.UK](https://activeeducationsussex.co.uk)

Press **Esc** to exit full screen

# Summer of fun at Sharnfold Farm

22 JULY - 03 SEPT 2023

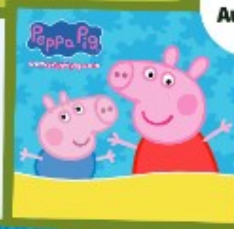
Join us on our farm trail for a jam packed day full of fun for the whole family. Meet our farm animals and small friends. Play in the adventure play area and sand pit. Go on a bug hunt in the rewilding garden. Adventure through the woodland trail. Challenge each other to a game of mini golf. Discover in the sound garden. Get creative in the mud kitchen.

1st  
August



Meet Bluey and Bingo

16th  
August



Meet Peppa and George

30th  
August



Meet Chase and Marshall

THIS SUMMER

NEW

MAIZE MAZE

Visit [sharnfoldfarm.co.uk](https://sharnfoldfarm.co.uk) for more information



@sharnfoldfarm



@sharnfoldfarm

