



Park Mead Newsletter

January is a challenging month in so many ways, but it has been great to see our children wrapped up warmly in coats and hats, embracing the weather and enjoying being outside despite the weather. February is just around the corner!

Coming up soon is *Children's Mental Health Week* which takes place from 5 – 9 February. Pupils will be exploring ways to maintain their mental fitness through the theme '**My Voice Matters**'. So we are planning to incorporate plenty of opportunities for pupil voice during the week.

Safer Internet Day will also take place during the same week, on 6 February, with celebrations and learning based around the theme 'Inspiring change? Making a difference, managing influence and navigating change online'.

Oaks and Maples are visiting Drusillas as a fantastic final to this terms learning. We hope they have a fun and enjoyable experience.

Many thanks for your continued support.

A handwritten signature in black ink that reads "H West".

Mrs Heidi West
Head of School

Attendance Matters

We currently have many pupils arriving consistently late for the start of the school day.

Please, please, please arrive on time!

Being late has an impact on your child's start to the day and their learning.

Pupils should enter the school building between 8.40 – 8.50am. **The entrance doors and gates will close promptly at 8.50am.**

If you would like support with this, please contact the school office.



Executive Head Teacher: Mr James Procter

Chair of Governors: Mr Alan Brundle

Head of School: Mrs Heidi West

E-mail: office@parkmead.e-sussex.sch.uk Website: <https://pioneerfederation.co.uk/parkmead/>

Book you child's place via:
<https://activeeducationsussex.co.uk/book-a-course/>



Club Flyer

Type of Club:

February Holiday Camp

Activity:

A fun filled day with a variety of sports, competitions, dance, arts & crafts, movies, and more!

Where:

Park Mead Primary School
BN27 3QP

Date:

Monday, Tuesday & Wednesday
12th, 13th, and 14th February 2024
3 Days

Time:

Breakfast Club: 07:45-08:45
Main Camp Day: 08:45-15:15
After Camp Club: 15:15-16:15

Year Group:

Reception - Year 6
Children from any primary school welcome

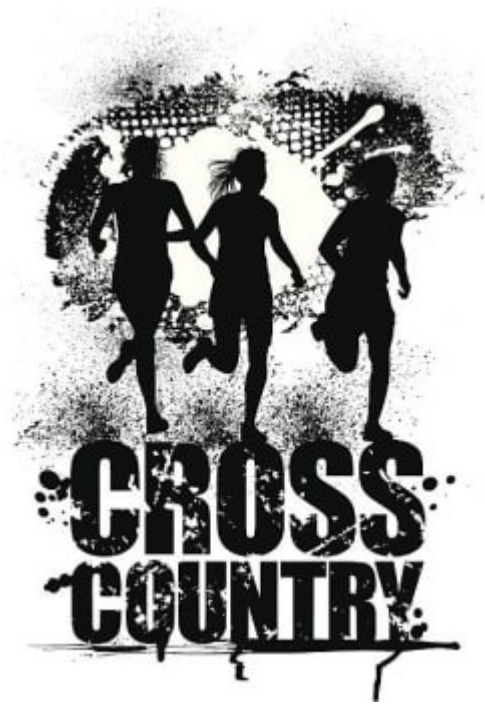
Price:

Breakfast Club: £5
Main Camp Day: £15
After Camp Club: £5
Biscuit Decorating Treat: £1

How to book →



Cross Country Finals



Well done to Indy who represented Park Mead at the Cross Country finals yesterday.

We are all very proud of her and her achievement.



Maples Forest School

Wednesday 17th January 2024

Maples set off for a chilly afternoon at Forest School. We played a game of Spirit of the Forest to get the class warmed up. The class chose which woodland animal they wanted to be; we had foxes, badgers and deer. The Spirit of the Forest then called the animals one at a time, they ran across to the other side trying not to get caught. If they were caught they became a tree with long branches to catch other animals. Soon we had created a woodland full of trees!

The class sat around the fire circle, we went through some of the rules and reminded ourselves how to be safe by the fire. Some of the class helped to lay the fire, starting with larger sticks at the bottom, stacking it up to smaller sticks at the top. Then using a striker they lit some cotton wool to add to our fire. The fire was very popular today with the children sitting around it to warm up.

There were all sorts of cooking creations happening in the mud kitchen. The children found ice and added it to what they made. They brought the pans of woodland materials and ice over to the fire, carefully placing them on top to melt the ice.

The impact of Forest School for the children is the knowledge the children have gained from the Forest School experience.

The impact can be seen through the skills gained, tools used, art and craft activities, observations and knowledge of the fruit, plants and trees in relation to the seasons and the skills involved in learning how to play Forest School games.

Using stones that had animal tracks on them, the class made their own tracks using clay. They pushed the stones into the clay leaving an indent.

We finished the session today by asking Maples what new things they would like to try at Forest School:

“cooking pizza”

“popcorn”

“cinnamon apples again”

As you can see all the ideas are very food based!



Maples Forest School



East Sussex Local Transport Plan—Consultation

Have your say on the East Sussex Local Transport Plan

Consultation 27 November 2023 – 25 February 2024

We want you to have your say on the future of transport in the County.

The draft East Sussex Local Transport Plan 2024 – 2050, sets out how ESCC will plan and provide transport for people taking every day journeys in East Sussex, which include getting to school, work or for leisure, now and in the future.

The plan recognises factors that are important for journeys to school such as enabling safer and more accessible journeys, the benefits to health and wellbeing from more active travel, even if this is part for part of your journey or being undertaken on certain days of the week.

Many of you will often be combining the school run with other journeys, so undertaking multiple trips, to get to work or for other purposes, so the plan recognises the importance of having a connected transport network.

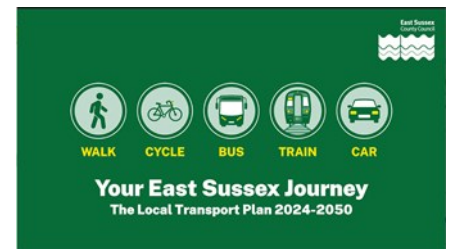
To take part please select this link and complete the consultation questionnaire <http://eastsussex.gov.uk/DraftLTP4>

Contact details

If you want to contact ESCC to discuss this you can do so in the following ways:

Email - LocalTransportPlan@EastSussex.gov.uk

Telephone: 0345 608 0190 lines (open 8am to 5pm, Monday to Thursday, and 8am to 4.30pm on Friday) and ask to be put through to the Local Transport Plan Team.



Donation Request

Are you having a New Year clear out?

At Forest School over the next few terms, the children will be creating a bug hotel to encourage more wildlife to the site.

To achieve this we still need the items listed below and would greatly appreciate any donations that you may have laying around unused at home.

- Terracotta pots (whole or broken)
- Decking boards
- Old bricks
- Dry bamboo



Thank you!!

Diary

January

31—Willows Forest School

February

1—Reception Vision Screening
1—Yr 6 NCMP
7—Chestnuts Trip to Drusillas
9—Oaks Trip to Drusillas
9—Last Day of Term
12-14—Holiday Camp
19—Back to School
23—Chestnuts Swimming (6 Weeks)

March

7—World Book Day
13—Park Mead Coffee Morning
(Sleep, Food and Mood)
28—Last Day of Term
29—Bank Holiday

April

2-4—Holiday Camp
8-10—Holiday Camp
15—Back to School
19—Willows Swimming (5 Weeks)

May

1—Group School Photos
6—Bank Holiday
24—Last Day of Term
28-30—Holiday Camp

June

3—Inset Day
4— Back to School
14—Sports Day
17—Back up Sports Day

July

10—Park Mead Coffee Morning
(Transition)
22—Leavers Assembly @ 2.30pm
22- Last Day of Term
23—Inset Day
24-26—Holiday Camp
29-31—Holiday Camp

August

5-7—Holiday Camp

Weekly Events:

- Breakfast Club—Every morning from 7.45-8.40am
- After School Sports Club (Monday 3.15-4.15pm)
- PE (Monday and Friday)
- Drumming Lessons
- Forest School (classes rotate each Wednesday)
- Golden Assembly
- Guitar Lessons

Swimming Sessions at Bedes

Please log on to ParentPay to pay

Maples – 5 January to 9 February inclusive
Chestnuts – 23 February to 19 April inclusive
Willows – 26 April to 24 May inclusive



News from Willows

This week Willows have explored the story 'Whatever Next' about a teddy who goes into space. As part of their learning, they made their own rockets using recycled materials.



Attendance

Children need to attend school regularly to enable them to benefit from their education.

Missing out on lessons leaves children vulnerable to falling behind, both academically and socially which impacts on their emotional wellbeing and creates further barriers to learning.

Yearly Attendance Figures

Whole School— 93.45%

Willows— 96.24%

Chestnuts— 94.65%

Maples— 93.55%

Oaks— 91.21%



News from Oaks

In Oaks we have been really enjoying our English based on the story of 'Holes' by Louis Sachar, where children are sent to become reformed characters. The children are currently writing a persuasive leaflet to encourage parents to send their children there!



In maths they have been exploring statistics- reading tables and graphs with Miss Clayton.



In science the class are looking at how microbes grow- on pieces of bread- stored in zip lock bags. They will observe the changes over the next week or so.



News from Chestnuts

Chestnuts class are loving the current topic about animals. We have learned about animals near and far from the equator and how seasons change animal behaviour. We are working so hard learning about the different categories of animals and have enjoyed bird watching too!

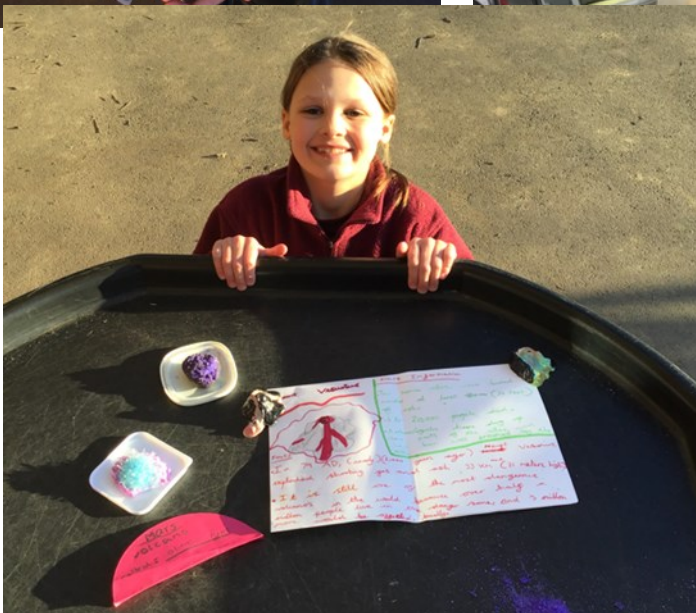


News from Maples

In science, Maples have continued their learning about rocks.

On Friday, the children selected a mixture of rocks and tested whether they were permeable or impermeable.

Some of the children also brought in items inspired by their class learning. Mia had created her own crystals from a science kit. Additionally, she made her own volcano model complete with a fact file! Amelia brought in an assortment of stones she had at home for the children to study.



WEBINARS FOR PARENTS/CARERS

SUPPORTING CHILDREN AND YOUNG PEOPLE WITH THEIR MENTAL HEALTH



Each webinar will take place on Zoom at 10am and 7pm and will run for 90-120 minutes

FREE TO ANY
PARENT/CARER
LIVING IN
SUSSEX

- 22ND FEBRUARY AVOIDANT/RESTRICTIVE FOOD INTAKE DISORDER (ARFID)
- 26TH MARCH MANAGING CHALLENGING BEHAVIOUR
- 16TH APRIL BEREAVEMENT
- 15TH MAY SUPPORTING PRIMARY TO SECONDARY SCHOOL TRANSITION
- 13TH JUNE SUPPORT FOR KINSHIP CARERS
- TBC JULY CYBER SAFETY



SUPPORTED BY HEADS ON AND NHS CHARITIES TOGETHER'S COVID APPEAL

WANT TO BOOK YOUR TICKETS?

Scan here:



Or visit:

[https://ticketlab.co.uk/series/
id/1206#/
/](https://ticketlab.co.uk/series/id/1206#/)

NEED TO GET IN TOUCH?

If you have any questions, please email: CAMHSParticipationTeam@spft.nhs.uk

Delivered by Sussex Child & Adolescent Mental Health Services (CAMHS)



Supporting Primary School Children with Anxiety and Worry

Small Group Workshops for Parents and Carers with 'Me & My Mind'

Do you want to learn about children's mental health and how you can support your child with their wellbeing?

If you do, these FREE informal workshops at your local Family Hub maybe for you. Maximum of 10 people and there will be tea/coffee available.

Sidley Family Hub Thursday 1 February 2024, 12:30pm to 2:30pm Thursday 13 June 2024, 2024, 12:30pm to 2:30pm	Hailsham Family Hub Tuesday 06 February 2024, 10:00am to 12:00pm	Hastings Town Family Hub Thursday 22 February 2024, 10:00am to 12:00pm	Devonshire Family Hub Thursday 07 March 2024, 10:00am to 12:00pm
Uckfield Family Hub Wednesday 13 March 2024, 12:30pm to 2:30pm Tuesday 14 May 2024, 12:30pm to 2:30pm	East Hastings Family Hub Tuesday 26 March 2024, 10:00am to 12:00pm	Archery Youth Hub Tuesday 16 April 2024, 10:00am to 12:00pm	St Leonards Family Hub Wednesday 24 April 2024, 10:00am to 12:00pm
Robsack Family Hub Wednesday 08 May 2024, 10:00am to 12:00pm	Shinewater Family Hub Tuesday 04 July 2024, 10:00am to 12:00pm	Hollington Youth Hub SECONDARY SCHOOL AGE Wednesday 05 June 2024, 10:00am to 12:00pm	Webinars Supporting your child with anxiety and worry - Primary School Thursday 08 February 2024, 6:00pm - 7:30pm Supporting your child with anxiety and worry - Secondary School Thursday 29 February 2024, 12:00pm to 1:30pm

For more info and to book a space scan the QR code or visit:

www.tickettailor.com/events/mentalhealthandwellbeingineducation

If you have any questions, please email:
mhst.parentteam@eastsussex.gov.uk



Hailsham Cricket Club

Explore a new passion for your child!

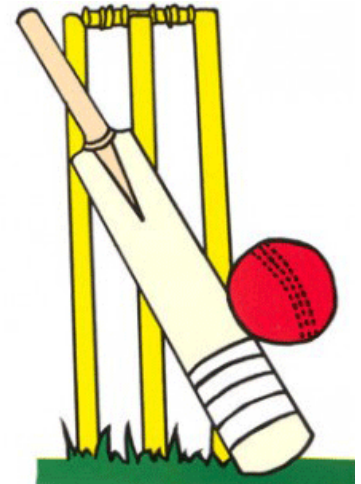
Hailsham Cricket Club welcomes boys and girls aged 4+ with no equipment or previous experience needed. Just a desire to have fun, learn and explore a new sport.

Weekly training sessions starting very soon and carrying on all through the summer.

First session free for all new members then £4 pay as you go.

For more details, contact the club:
Hailshamcc@outlook.com.

Let the cricketing journey begin! ✨



HAILSHAM CRICKET CLUB PRE-SEASON PROGRAM

February - April



Open to all junior cricketers!

U8 - U11

Hailsham Community College

2nd, 16th, 23rd March

1-2pm

£4

U16

Hailsham Community College

26th February - 1st April

7-9pm

£5

U17

Hailsham Community College

2nd, 16th, 23rd March

12-1pm

£4

U12, U13, U14, U16

Outside at the new training facility.

Sessions throughout February and March at weekends.

This will be weather dependant and messages will be sent out nearer the time.



@Hailshamcc



@Hailshamcc



Hailsham Cricket Club



www.hailsham.play-cricket.com



Hailshamecc@outlook.com



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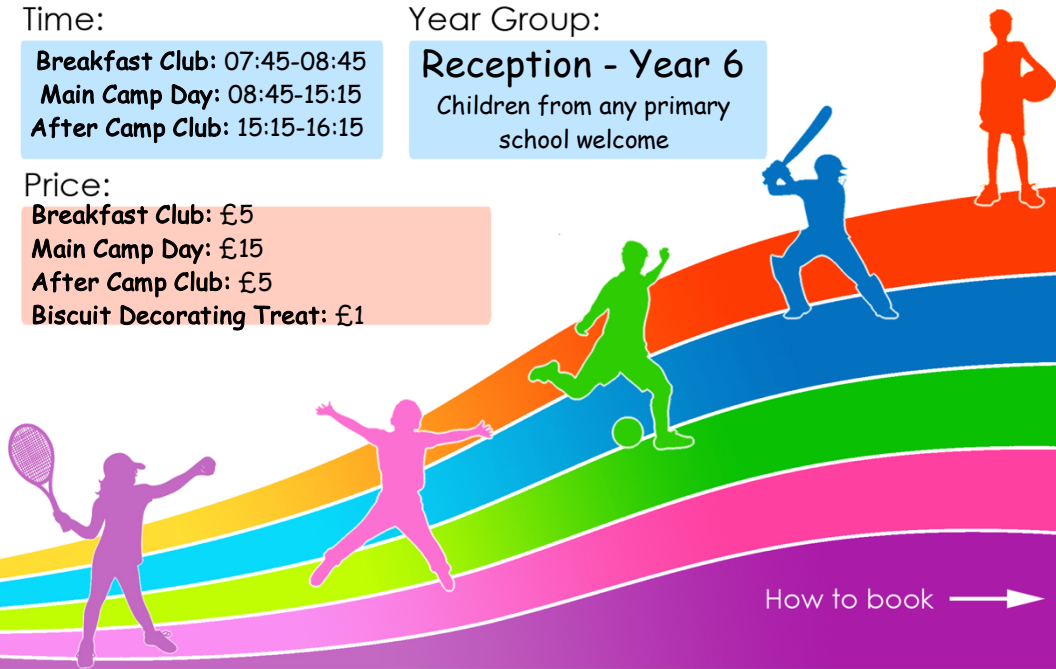
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