## Pioneer Federation Medium term plan Term 5 P.E.



Subje	ct: P.E.		
Key Concept/ Theme: Send and return Unit 1			
Vocabulary: Hit, send, collect, stop, net, throw, roll, strike, catch, bowl, feed, pick up, batter, hitter, forehand, backhand, court.			
1.	Previous learning links: Experienced jumping. Developed some concept of space and use of space. Developed confidence in fundamental movements.		
	LO: We are learning: to start and stop moving at speed		
	Activity: AFL Task		
	LO: We are learning: to use our arms when running at different speeds		
	Activity: Running games involving different speeds		
2.	Reconnection: Recap learning from previous lesson.		
	LO: We are learning: to take off on two feet to jump for distance		
	Activity: Jumping, in, out, over, across		
	LO: We are learning: to use correct technique to throw different objects for distance		
	Activity: Range of throwing games		
3	Reconnection: Recap learning from previous lesson.		
	LO: We are learning: to show improvement in our throwing		
	Activity: Multi-skill station activities		
	LO: We are learning: to take part in a competition using running, jumping and throwing skills		
	Activity: Running, jumping and throwing relays in teams, including redoing AFL Task in teams.		

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Reconnection: Recap learning from previous lesson.
LO: We are learning: to move quickly whilst being aware of others around
Activity: Assessment for Learning Task
LO: We are learning: to identify which hand is dominant in a game
Activity: Modified games
Reconnection: Recap learning from previous lesson.
LO: We are learning: to move through an obstacle course with speed and control
Activity: Obstacle course incorporating fitness movements
LO: We are learning: to choose the best throw for different situations
Activity: 3 games practising different types of throwing
Reconnection: Recap learning from previous lesson.
LO: We are learning: to use quick feet whilst sprinting
Activity: Foxes tails, ladders and sprint start activities
LO: We are learning: to perform static and dynamic balances
Activity: A variety of relay races to develop static and dynamic balancing
End of unit quiz & reflect on gaps from the unit: To go over key vocab from the terms learning and teachers to observe children during a lesson.
oints:
s the children's knowledge through their final performance and ongoing formative assessment though the term.

**Evaluation:** What have the end of unit quizzes, pupil self-reflections and termly work told you about what the children can remember and recall? What are the gaps? Ensure that the areas that need further reinforcement are documented in the next subject unit MTP. **Plan in time to revisit gaps within units.** 

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