

**Pioneer Federation**  
**PSHE**  
**MTP Cycle 2 Term 5 Y5/6**



Subject: **PSHE**

Key Concept/ Theme: **RELATIONSHIPS**

School specific areas to cover (Add in any local areas of study, trips and people) **The essential skills builder of speaking, listening, staying positive and problem solving all support this topic**



1.	<p><b>Prior learning reconnection (year group, cycle &amp; term):</b> see jigsaw overview</p> <p><b>Deeper learning question – WHAT IS MENTAL HEALTH?</b> – Can you accept and understand that people can get problems with their mental health and that it is nothing to be ashamed of?</p> <p><b>LO:</b> I know that it is important to take care of my mental health</p> <p><b>Vocabulary –</b> <i>Mental health, Ashamed, Stigma, Stress, Anxiety, Support</i></p> <p><b>Activity/lesson slides –</b> login using Pioneer passwords emailed.</p> <p><b>U/N East Hoathly</b></p> <p><b>P/W Jigsaw23!</b></p> <p><a href="https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/1-what-is-mental-health/">https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/1-what-is-mental-health/</a></p>
2.	<p><b>Prior learning reconnection (year group, cycle &amp; term):</b> see jigsaw overview</p> <p><b>Deeper learning question – MY MENTAL HEALTH</b> – Can you help yourself and others if you are worried about a mental health problem?</p> <p><b>LO:</b> I know how to take care of my mental health</p> <p><b>Vocabulary –</b> <i>Mental health, Worried, Signs, Stress, Anxiety, Warning, Support</i></p> <p><b>Activity/lesson slides –</b> login using Pioneer passwords emailed.</p>

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	<p>U/N East Hoathly P/W Jigsaw23!</p> <p><a href="https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/2-my-mental-health/">https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/2-my-mental-health/</a></p>
3	<p>Prior learning reconnection (year group, cycle &amp; term): see jigsaw overview</p> <p>Deeper learning question – <b>LOVE AND LOSS</b> – Can you recognise when you are feeling these emotions? What strategies could you use to manage them?</p> <p>LO: I understand that there are different stages of grief and that there are different types of loss that cause people to grieve</p> <p>Vocabulary – Emotions, Feelings, Sadness, Loss, Grief, Denial, Despair, Guilt, Shock, Hopelessness, Anger, Acceptance, Bereavement, Coping strategies</p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly P/W Jigsaw23!</p> <p><a href="https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/3-love-and-loss/">https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/3-love-and-loss/</a></p>
4	<p>Prior learning reconnection (year group, cycle &amp; term): see jigsaw overview</p> <p>Deeper learning question – <b>POWER AND CONTROL</b> – What strategies would you use to stand up for yourself and others when someone else is trying to take control?</p> <p>LO: I can recognise when people are trying to gain power or control</p> <p>Vocabulary – Power, Control, Authority, Bullying, Script, Assertive, Strategies</p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly P/W Jigsaw23!</p> <p><a href="https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/4-power-and-control/">https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/4-power-and-control/</a></p>

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### PSHE

#### MTP Cycle 2 Term 5 Y5/6

5	<p>Prior learning reconnection (year group, cycle &amp; term): See jigsaw overview</p> <p>Deeper learning question – <b>BEING ONLINE , REAL OR FAKE? SAFE OR UNSAFE?</b> – Can you resist pressure to do something online that might harm you or others?</p> <p><b>LO:</b> I can judge whether something online is safe and helpful for me</p> <p><b>Vocabulary</b> – <i>Risks, Pressure, Influences, Self-control, Real/Fake, True/untrue, Assertiveness, Judgement</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly P/W Jigsaw23!</p> <p><a href="https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/5-being-online-real-or-fake-safe-or-unsafe/">https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/5-being-online-real-or-fake-safe-or-unsafe/</a></p>
6	<p>Prior learning reconnection (year group, cycle &amp; term): see jigsaw overview</p> <p>Deeper learning question – <b>USING TECHNOLOGY RESPONSIBLY</b> – Can you take responsibility for your ow wellbeing?</p> <p><b>LO:</b> I can use technology positively and safely to communicate with my friends and family</p> <p><b>Vocabulary</b> – <i>Communication, Technology, Power, Control, Cyberbullying, Abuse, Safety</i></p> <p>Activity/lesson slides – login using Pioneer passwords emailed.</p> <p>U/N East Hoathly P/W Jigsaw23!</p> <p><a href="https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/6-using-technology-responsibly/">https://jigsawpshe.online/materials/pshe-primary/ages-10-11/relationships/6-using-technology-responsibly/</a></p>
<p><b>End Points:</b></p> <p>Reflections for this unit</p> <ul style="list-style-type: none"><li>• Do you know how to make friends?</li><li>• Can you solve friendship problems when they happen?</li><li>• Can you help others to feel part of a group?</li></ul>	

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### **PSHE**

#### **MTP Cycle 2 Term 5 Y5/6**

- Can you show respect towards others?
- Do you know how to help others when they feel hurt or upset?
- Do you know what makes a good relationship?
- Can you show your appreciation of a good relationship?

#### **Evaluation:**

- Here is a summative template which is new to Jigsaw. Please cut and paste this link, download and populate the furthest right hand side column for a summative assessment of the unit.

**<https://jigsawlivescuk.blob.core.windows.net/umbraco-media/5lhei3x3/age-10-11-3-dg-sa-form.pdf>**