## Communication, Learning Autism Support Service



CLASS+ works across East Sussex to support families/carers of autistic children and young people including those on the diagnosis pathway. We provide advice and support that enables families/carers to develop their knowledge & understanding of autism. We aim to help parents/carers develop their confidence around how to best to support their neurodiverse child whilst also building on their child's strengths, confidence, and self-esteem. The team is part of the wider CLASS service and focus on home based concerns. We are a Parent Carer referral service.



NB: Please note that CLASS+ is not a mental health advice point and practitioners do not hold the appropriate clinical expertise to directly address mental health needs. CLASS+ do however, provide Autism advice, give ideas for resources, share helpful approaches, and perhaps most importantly listen to the needs & experiences of parents/carers.

Fantastic and very knowledgeable advisors, I felt listened to and validated. Excellent advice really valuable.' 'This is a really valuable service that has been very helpful!



E A S T S U S S E X

TOGETHER FOR EXCELLENCE AND INCLUSION

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