

Pioneer Federation
Medium term plan
Term 5
P.E.



Subject: P.E.	
Key Concept/ Theme: Athletics	
Vocabulary: Run, jump, throw, agility, power, speed, track, force, distance, curve, accelerate, hurdles, pull, record, pace, approach, combine.	
1.	<p>Previous learning links: Linked running and jumping movements. Move safely around between and over apparatus. Worked with a variety of equipment.</p> <p>LO: We are learning: to sprint start techniques to increase our running speed. Activity: Assessment for Learning</p> <p>LO: Sports day practice</p>
2.	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning: three phases of triple jump. Activity: Preparation for jumping and triple jump.</p> <p>LO: Sports day practice</p>
3	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning: to heave throw technique and what it is used for. Activity: Cone take off, hopscotch, measuring jumps</p> <p>LO: Sports day practice</p>
4	<p>Reconnection: Recap learning from previous lesson. We are learning: to assess our own ability to play our role in parlauf running. Activity: Parlauf running</p> <p>LO: Sports day practice</p>

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5	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning: the scissor jump technique and when it would be used in athletics. Activity: Jumping challenges and scissor jump progression.</p> <p>LO: Sports day practice</p>
6	<p>Reconnection: Recap learning from previous lesson.</p> <p>LO: We are learning: to record and relay results over a range of track and field events. Activity: Quads competition 2 track 2 field events.</p> <p>LO: Sports day practice.</p> <p>End of unit quiz & reflect on gaps from the unit: To go over key vocab from the terms learning and teacher to observe skills.</p>
<p><u>End Points:</u></p> <p>Assess the children's knowledge through their final performance and ongoing formative assessment though the term.</p>	
<p><u>Evaluation:</u> What have the end of unit quizzes, pupil self-reflections and termly work told you about what the children can remember and recall? What are the gaps? Ensure that the areas that need further reinforcement are documented in the next subject unit MTP. Plan in time to revisit gaps within units.</p>	