

Pioneer Newsletter 1 Friday 27th March 2020

#### Executive Headteacher: Mr James Procter

Emails:

office@chiddingly.e-sussex.sch.uk office@easthoathly.e-sussex.sch.uk office@st-maryhartfield.e-sussex.sch.uk





#### <u>Safeguarding during School</u> <u>Closure</u>

If you have any concerns about a child (or children) during this period of partial school closure, please contact us on the emails below.

#### <u>St Mary's</u>

#### dsl-smv@pioneerfederation.co.uk

The Designated Safeguarding Leads for St Mary's are Miss Hare, Miss Banks and Mr Procter.

#### East Hoathly

#### dsl@easthoathly.e-sussex.sch.uk

The Designated Safeguarding Leads for East Hoathly are Mr Procter, Miss Denney and Mrs Healy. Chiddingly

#### dsl@chiddingly.e-sussex.sch.uk

The Designated Safeguarding Leads for Chiddingly are Mr Procter, Mrs Winchester and Mrs Vile.



You can also call the Chiddingly or St Mary school office during school hours and leave a message if there is no answer. Please also email to ensure your message is received.

If it is outside of school hours, you can also contact SPOA (Single Point of Advice) on 01273 335905 or get in touch with Childline on 0800 1111 or visit their website for further advice.

#### Message from Pioneer Staff

We are incredibly proud to be part of this community, especially in the recent weeks. This must be a particularly unsettling time for our children but they have all been sending us lots of brilliant work from home. We have also been immensely proud of the children of key workers who have been in school this week; they have been excellent to work with! We would also like to thank all our key workers for keeping our essential services functioning; as a community we are hugely grateful.

#### Be Aware of Scam Emails

The DfE have been informed that some parents have received an email stating the following: 'As schools will be closing, if you're entitled to free school meals, please send your bank details and we'll make sure you're supported'. <u>We can confirm that this</u> is a scam email. We urge parents that if you receive any emails like this, please do not respond, and delete it immediately.

#### <u>Useful Links</u>

Ms Leahy (SENCo at St Mary's and Chiddingly) suggests the following link. Visit: <u>https://speechandlanguage.info/</u> parents for lots

of speech and language resources, advice and tips for parents working at home with their children who have SLCN.

#### Quote of the Week

Miss Webb says: "If you cannot do great things, do small things in a great way."

Mr Dolton has started making exercise videos for the schools: <u>https://www.youtube.com/channel/UC\_em87V7HTZ13v8TM18JkIA?view\_as=subscriber</u>

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#### <u>School Closure — Thursday 26th March</u>

The sun shone brightly this week at Chiddingly School. The children, whose parents are key workers, started their Thursday with Breakfast Club and then spent an hour on the laptops.

Afterwards, all the staff and children took part in a half hour workout in the hall, following 'Joe Wicks' with his daily online PE session. It was tiring, but a great start to the day!

Everyone then worked hard for over an hour with their set work from their class teachers. We then all did some painting and drawing. We made Easter cards and drew dinosaurs, birds and portraits. We explored paint and chalk pastels before heading out to the sunshine for lunch.

After lunch, there was time to explore the trim trail and then explore the garden. The children started by weeding and cutting back dead herb growth from the flower beds. We collected the dried herb stalks to be good kindling for fire lighting for future Forest School sessions.

The children tried tasting a few of the herbs growing. The gardening escalated and by the end of the day they had weeded a whole flower bed, dug up roots, shrieked at massive spiders, spotted tiny snails, made muddy holes and replanted lots of plants which were kindly donated to the school in January.



It was a great afternoon of engagement, learning and fun!

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#### E-safety

Whilst your children are probably working online a lot at the moment, it is a good idea to remind them of safety on the internet, using this poster.

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline - 0800 11 11 or www.childline.org.uk

## MART WETH A HEAR

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

WWW.CHILDNET.COM

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## SOUTH DOWNS AREA

### Weekly Personal Challenge

The weekly personal challenge is intended to encourage children to undertake physical activity challenges at home and strive to improve their own personal score throughout the week. It is focused on personal bests, not comparison of scores between children.

Attached to this newsletter is:

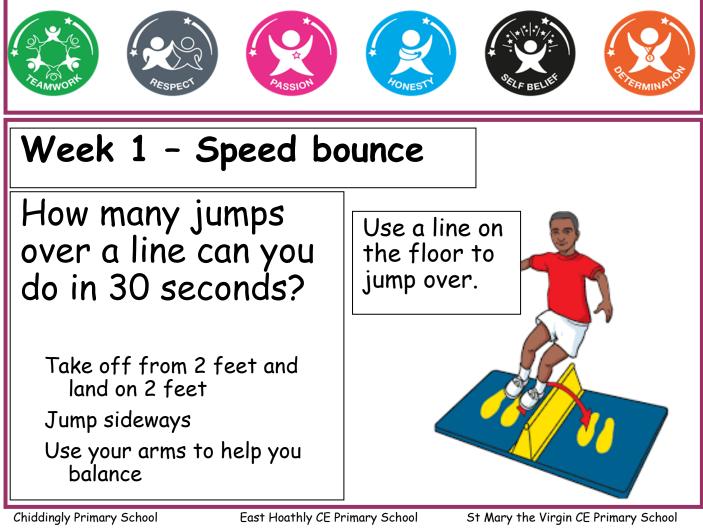
- An activity card illustrating Week 1's challenge
- A score card (or children may wish to design their own).

South Downs Area School Games medals will be awarded to all children who demonstrate commitment to practicing the weekly challenges over the duration that schools are closed, and on striving to improve their score.

#StayInWorkOut

**#StayActiveSussex** 

Also, we encourage you or your children to send in photos or videos of them doing the challenges to the class email addresses!



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# South Downs AREA



### Weekly Personal Challenge

#### Personal Scorecard

## Week Challenge Each time you achieve a new personal best score, write it down here. Comple 23 24 Speed Bounce 17 18 20 Week 1 Week 1 Week 2 Week 3 Week 4



Name:









Here is a photo of Freddie with her clock that she has made. She has also sent in some ideas for games to play with friends or relatives over the phone (see the next page of the newsletter).



Oliver digging for his soil samples in the forest. We are testing them and writing the report later today!



Chiddingly Primary School Tel: 01825 872307 Elodie (Maple) made a Lego castle and we talked about what it would be like inside. We made a Lego person to live there and they had a crown and a gold cup. There was a chair in the house but you weren't allowed to sit on it!



Joshua (Cherry) wanted to make a sauropod, the sauroposidon. In some images the Sauroposidon has spots so we drew these on. It is the biggest one next to the brachiosaurus, ankylosauruses, and others.



Elodie held a dinosaur party and made them birthday cards to take. We had a dinosaur disco. Joshua said the sauropods like slow music best as they move slowly.

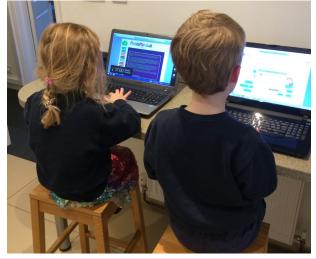
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Maxwell has learnt a new skill today: Sudoku. Both Maxwell and Charlotte have been enjoying word searches and computer time on My Maths and Phonics Play.

They have been wearing their jumpers and cardigans to feel like they should be in learning mode, and that it isn't a weekend.





It is a 3D model of the River Nile. I have done mountains in the background. I have

also done crops (sweet corn) out of paper and cardboard straws. I used an old milk bottle to make the river 3D.

From Coco



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On Monday, Archie was busy doing his maths. He got so stuck into it, his mum had to remind him to have a break! Remember it's important to have regular breaks in your learning everyone!



"We had a supply teacher yesterday (daddy!) but we think we helped him more than he helped us... we can't wait to give him a spelling test at the end of the week!" Chloe and Katie



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Delilah has been making some bread and using her maths skills to measure all the ingredients out, whilst India has been doing MyMaths online.

Some good news during these crazy times, Sam represented East Hoathly School at the British Schools Trampoline National Finals in Eastleigh on Saturday! This was the last national competition before British Gymnastics cancelled all competition until July! He did excellent routines at intermediate level and came 3rd in the year 1-6 age group!!! Really good work, and wally the wombat came to cheer him on!!!



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Delilah has been writing postcards to people in care homes, and to her granddad, to keep them company during these tricky times. There's a lovely Facebook group called 'Postcards of Kindness' where you can find care homes that wish to receive postcards, letters and pictures.



Winnie-the-Pooh Hi Im Delilah and Jam 5 YEars LOVE horse. To the residents of: ELEA ABNEY COURT CARE HOUSE ABNEY HALL PARK 585 -9481 MANCHESTER BOAD CHEADLE SK8 2PD ouridd en a horse besole 29 petrich



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Miss Hare has sent in a photo of some children taking part in the daily Joe Wicks PE lesson at Chiddingly.



She has also sent in photos of Benny feeling a bit fed up and trying to fit himself into an old puppy bed!





Benny managed to sniff out some wild carrots on one of his walks this week! Carrots are one of his favourite vegetables so not surprised his nose helped him track them down!







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Harry and his tuck shop. Mum has created a 'tuck shop' at home; priced 'treats' up so that Harry and Ollie can spend their money through the day on the 'tuck treats'. Choose wisely as once the money is spent that is it until tomorrow!



History lesson about the Airman's Grave in the Ashdown forest. Plus a bit of fresh air!



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#### Learning Powers



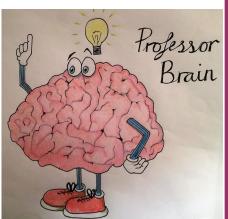
keen to learn more skills and develop her knowledge of farming.

#### <u>Molly</u>

We're extremely busy on the farm with over 500 ewes lambing.

So here is a pic of her 'professor brain'. Molly has learnt so many skills from helping her dad move sheep from one place to another using working dogs, hurdles and herself, she has been

keeping the weaker lambs alive by regularly bottle feeding them by weighing out the milk powder and adding the correct amount of warm water. Molly is so



#### Our Art/Craft/DT Wall



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#### We Love Reading!

We believe that reading should be enjoyed by everybody and that children (and adults) should have opportunities to lose themselves in a great book. In order to expand our reading experiences, we are asking staff, children, parents and friends of the school to send in 'recommended reads' for us to explore. We would like to know the following information:

- the name of the book
- the author (and illustrator if applicable)
- recommended age group
- Why you recommend the book.

If you'd like to use the template below, please do! Please send your recommendations to the school office and we will share one or two each week in the newsletter. These will then go onto our school website so that you can look back at all the recommendations.

We look forward to hearing all about the books you have been enjoying!

Recommended Reads!		
My name is		
The book I am recommending is		
Ву		
This book is suitable for age (please circle)		
Under 4s 4-5 5-7 7-9 9-11 11+ everybody		
I recommend this book because		

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# MENTAL HEALTH **TIPS FOR PARENTS**

Encourage communication and talking openly. Support your child in talking about , their feelings

Support your child in

problem solving when

they experience worries.

Help them to find solutions



Engage in some coping skills with your child (I.e. relaxation or deep breathing)

Make sure your child knows that you will be there for them

Listen to what your

Be patient and

understanding

Wellbeing Poster



Make sure your child is looking after their physical wellbeing (Sleep, food, exercise)

This week's poster gives parents tips to help support your child's mental health. It is important in times like these to look after each other's mental wellbeing as much as possible. Visit <u>https://</u> youngminds.org.uk/ for mental health support.

Regularly praise, support and encourage your child. Show them Íove and affection

challenge unhelpful thoughts and to think rationally

@BELIEVEPHQ



#### Thrive activities useful for parents of children up to 11 years old – week one

Parents and carers can support and acknowledge children's emerging values and morals and individual ways of doing things. Parents can teach children the significance of rules and regulations and support them to develop their negotiation skills. Children enjoy sharing their options and using their skills.

We have put together some daily activities to support social and emotional development at through the arts, play and creativity.

Monday	Devise an exercise routine using funky moves. We would love to see them; share with us on social media!
Tuesday	Design your own game and play with the people in your house.
Wednesday	Draw a jar and fill it with all the things you appreciate.
Thursday	Do the dog and hippo dance with all your family. Watch it here.
Friday	Sort the recycling from the rubbish and make a junk model with what you can find – send us a photo!
Saturday	Cook something you have never cooked before for everyone for dinner.
Sunday	Play the game 'Beetle' with all the family. Find out how to play here.

#### Top Tips:

- Draw up a routine of what you are doing and when.
- Keep cardboard boxes or clean recycling objects to use for arts later.
- The emphasis is to be alongside and have fun, even if they do not win the game or things don't quite go to plan.









## CORONAVIRUS STAY AT HOME SAVE LIVES

#### Anyone can spread Coronavirus.

#### The only reasons to leave home are:

- ✓ To shop for basic necessities or pick up medicine
- To travel to work when you absolutely cannot work from home
- To exercise once a day, alone or with members of your household
- 😣 Do not meet others, even friends or family



KCS.

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T 0808 281 9440

KCS, Unit I, New Hythe Lane, Aylestand Kant, ME20 7FE

## NEW KCSCONNECT.CO.UK

#### EVERYTHING FOR EDUCATION, HOME LEARNING, ARTS AND CRAFTS, ENTERTAINMENT, HEALTH AND HYGIENE >>>

With the closure of UK schools and the prospect of further self-isolation for the majority of the UK, KCS have been working incredibly hard to ensure that you are still able to get everything that you need, when you want it. As a result, we are delighted to launch **KCS Connect**, a place where everybody can purchase a wide range of over 10,000 products:

#### kcsconnect.co.uk

Education support: with many children home-bound for the foreseeable future, KCS Connect can supply a wide range of resources from stationery and arts and crafts to curriculum-specific subject materials. We're also proud to have designed a number of free-to-download, printable resources and activities to keep them entertained, including colouring sheets, cutting guides and class worksheets.

Arts and crafts: for the little, and not so little, ones we have a great range of arts and crafts available to nurture those artistic talents. Fun at home isn't just with an Ipad :-)

Entertainment: learning aside, families are likely to have a lot of time indoors! KCS Connect also has a large selection of games, toys, jigsaws and puzzles available to keep young minds active, and if the weather warms up, there are plenty of outdoor play options too. Just don't forget to order the batteries...

Health and hygiene: during these tough times, we are supplying a wide range of products so you can make sure you stay safe and healthy, including toilet tissue and hand towels, cleaning materials, consumables and PPE.

Simply visit kcsconnect.co.uk to view and search our entire range, build a basket and confirm and submit your order. Plus, spend over £20 (exc VAT) and you'll receive free next day delivery too!\*

Stock levels are fluid at the moment, as you will expect, with deliveries coming in daily. Our team can advise you on stock levels when you are ready to place your order.

Take care, and we look forward to working together soon.

"Subject to availability. Next day delivery available for stocked products ordered before 2pm. Monday to Friday.

ORDER ONLINE

Make your life easier by placing your orders online kcsconnect.co.uk