



## St Mary the Virgin Church of England Primary School

Hartfield East Sussex TN7 4AA

Executive Headteacher: Mr James Procter

Head of School: Miss Becca Hare

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**Term 1 Week 3**

**Friday 25th September**

### Learning Powers Certificate

In our Celebration Assembly today, the following children celebrated their achievements:



**Maple:** Jax                      **Cherry:** Scarlett  
**Willow:** Megan              **Lilac:** Zara

**Well done to all!**

### Attendance

**Whole school:** week: **94.4%**  
year: **93.4%**

**Maple:** **92.5%**      **Cherry:** **92.9%**  
**Willow:** **97.3%**      **Lilac:** **94.5%**

**Less than 94.9% - Red**

**95 to 96.4% - Amber**

**96.5 to 99.9% - Green**

**100% - Gold**



### Top Tips

- **After School Clubs:** Unfortunately, KeepFit with Mac Fit is unable to run as there are not enough children.
- **Letters/emails home:** NHS Test and Trace, updated Contingency Plan, Cherry trip.
- **PSHE changes:** Sent out last term and on the website; any feedback to the Office please.
- **Parent Forum: Now Monday 5th October.** Topic: PHSE/RSE. Please let the office know if you would like to attend.
- **School Census:** Thursday 1st October.



### Breakfast Club

Breakfast with Miss Jane has now restarted. Please let us know in advance if you would like a place.



### British Citizen Award

**Harley** – for always being so polite, kind and always offering to help whenever he can!

**Well done, Harley!**



### Sports Award

Mr D's Sports Stars of the week:

**Phoebe:** for brilliant attitude to her learning, total focus and commitment, and a much improved running technique!  
**Braxton:** for outstanding all round running performance, he was totally focussed and energised!  
**Tiago:** excellent sportsmanship and team work during PE!  
**Reece:** who followed instructions brilliantly and worked really hard during PE

**Well done to you all!**



### Reading Reward Scheme

Thank you for your ongoing support in totting up the minutes read at home, and the additional comments you make.

Reading Records are checked weekly in school by the class teacher or teaching assistant and minutes are counted for the class total.

This week's results for our Reward Scheme:

**Maple:** 453 minutes      **Cherry:** 602 minutes  
**Willow:** 889 minutes      **Lilac:** **1,183 minutes**

**Well done, Lilac!**



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Funnell in the school office.

If you need help or support with access to any information, please also contact Mrs Funnell.

### Dates for your diary

Please see below for Term 1

#### **October**

1st: Cherry Forest School  
5th: Parent forum - P.H.S.E. updates  
7th: Harvest Festival in school  
8th: Willow Forest School  
14th: Wellbeing Day  
15th: Starfish Malawi Morning  
15th: Lilac Forest School  
20th: Full Governors Board Meeting  
(via Google-Meet)

23rd: Last day of Term 1

#### **November**

2nd: First day of Term 2



### Partnership News



From the beginning of September, the Pioneer Federation entered into an exciting new partnership with Park Mead Primary School.

The collaboration will be for an initial one year period during which we will be seeking feedback from the whole school community about the development and effectiveness of the partnership. If it goes well, the governors would hope to enter into a more formal and permanent four school Federation.

St Mary's, Chiddingfold and East Hoathly primary schools are looking forward to getting to know all of those at Park Mead!



## St Mary's



### Rocking Horse and St Mary the Virgin Hartfield

As you will be aware, there is a clothing bank on the school site for collection of unwanted clothing, shoes, accessories and Bric-a-Brac for the Rocking Horse Children's Charity.

For all of the **clothing** you donate to this bank, additional funding is also gained by the school.

### Co-op Local Community Fund - Hartfield school

#### PTFA

Hartfield School PTFA have been chosen to be one of Co-op's local community Fund recipients until 24th October 2020

Any money received will be spent on new PE equipment.

Co-op members can choose us as their local cause and every time a member buys their own brand products 1% of the value will be donated to local causes, along with all money from the sales of single use shopping bags.

Our nearest co-op stores are in Forest Row or Lingfield and you can sign up for co-op membership at [www.membership.coop.co.uk/new-registration](http://www.membership.coop.co.uk/new-registration)

Once you are a member, you can then select Hartfield School PTFA as your local cause.

Please spread the word and encourage your family and friends to support us too.

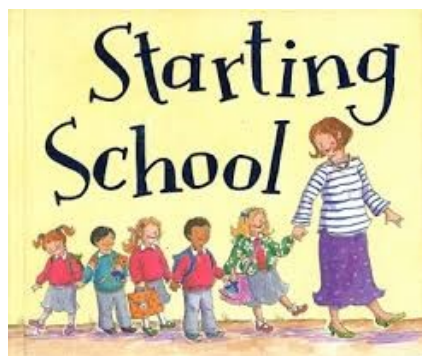
The co-op logo, and banners, can be found at:

[www.causes.coop.co.uk/promotional-guide#downloads](http://www.causes.coop.co.uk/promotional-guide#downloads)

**AGM:** This will be held 'virtually'. If you would like to attend, please let us know.

**IDEAS:** With restrictions on our usual activities, if you have and fund raising ideas, please let us know!

### New Reception 2021



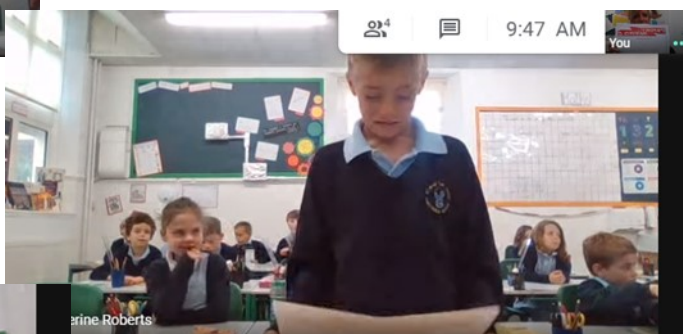
While we have only just welcomed our new Reception Class of 2020, with the deadlines for applications set by the Local Authority, we are needing to begin our planning for those who will be joining us in September 2021!

As always, we will be sending information out to Nurseries and Pre-Schools in the local area but as things are very different this year (meaning it will be impossible for us to host our usual Open Days), we wanted to let you know that we will be conducting individual visits to the school for prospective parents, ensuring all of the agreed measures within our Risk Assessment are followed. Please feel free to share this with anyone who asks you for their information about SMV for their children for next year.

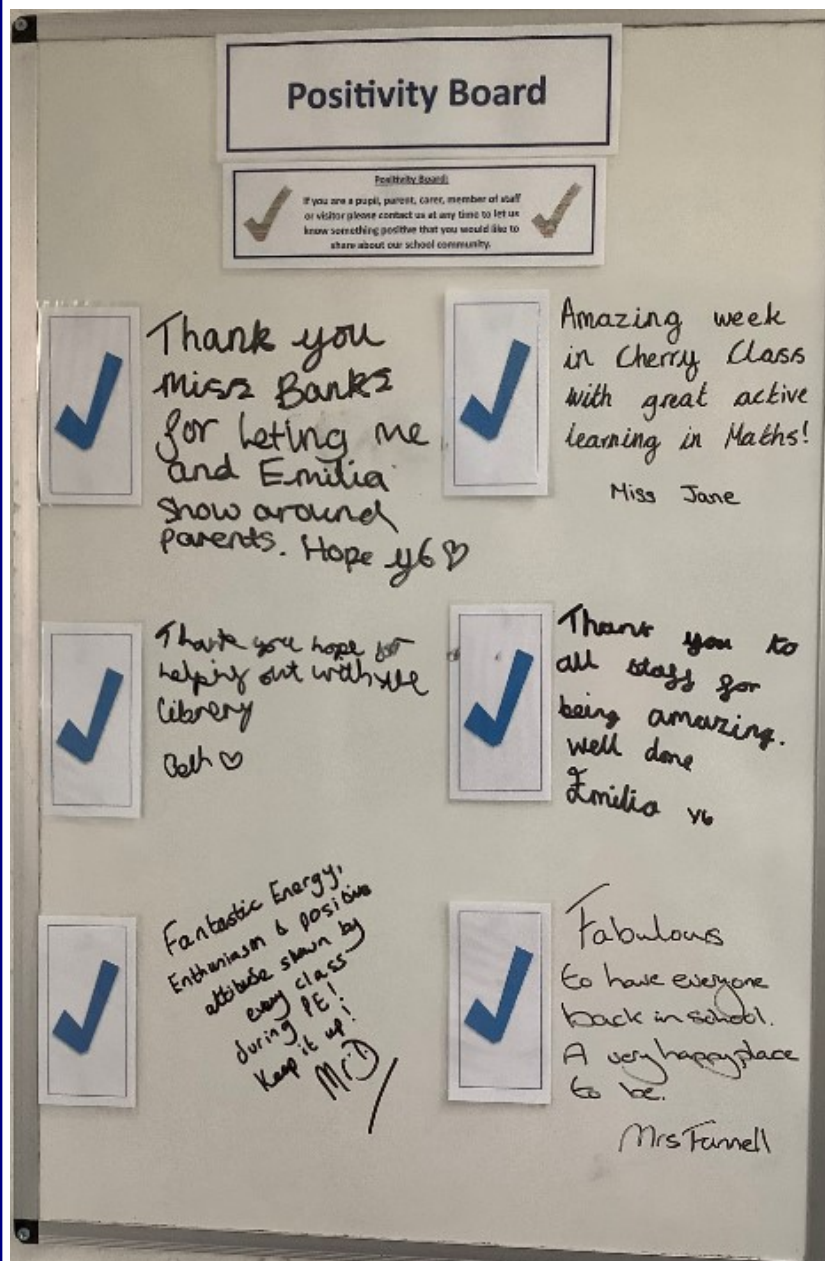
Thank you!

## Celebration Assembly

Every Friday morning we have our virtual Celebration assembly as a whole school! It's a brilliant opportunity to see the whole school together and lovely to see the children waving to their friends in other classes. We celebrate those who have been on Blue or the Star during the week, as well as giving out Learner of the Week, Sports Star, British Citizen and awarding the Reading Cup and Attendance Ted to the winning class. We finish each assembly with cheering a big happy birthday to those who have celebrated birthdays in the week - it's the best way to start a Friday morning.



## Positivity Board




This board enables us to write positive comments, or thoughts, from parents, carers, staff, children and visitors that they would like to share with others about the school, their classes, the children or events.

Please contact us at any time to let us know something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school.



## Remember!



**If your child has:**  
a high temperature  
a new, continuous cough, or  
a loss of, or change in, sense of  
smell or taste

**This could be a sign of  
coronavirus**

**Book a test**

**If your child has:**  
a runny nose, is sneezing or  
feeling unwell  
**But they don't have:**  
a high temperature  
a new, continuous cough, or  
a loss of, or change in,  
sense of smell or taste

**These are  
not normally symptoms of  
coronavirus**

**Seek advice from a pharmacy, dial  
111 or see your GP**

# 7 REASONS WHY CHILDREN SHOULD BE MORE ACTIVE

@BelievePHQ

## BENEFITS OF ACTIVE CHILDREN

### 1 INCREASES PRODUCTIVITY



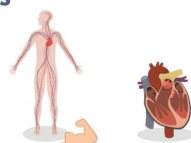
- Regular exercise can help children to be more productive at work and in school.

- When we exercise we increase blood flow to the brain. This helps to increase alertness and will help to boost a child's mental activity

### 2 INCREASES ENERGY LEVELS

- Exercise can help to reduce fatigue levels and increase your child's energy

- Exercise will help to increase your child's strength and endurance. Your child will feel stronger, faster, fitter and more confident in their physical capabilities



#### TIP

Keep your child active. Find fun activities which will motivate and challenge your child

### 3 EXERCISE IMPROVES WELL BEING



- When a child exercises they will be improving their health and body image which can increase their self esteem and confidence
- Exercise leads to more positive social interactions with other children (social well being)
- Exercise can increase a child's autonomy which helps them to feel more confident in the decisions in which they make

### 4 REDUCES OBESITY

- Regular exercise can help to reduce obesity rates in children. Almost 1 in 10 children in reception are obese. 31% of children in the UK between the ages of 2 to 15 years old are overweight or obese

- Try and incorporate regular exercise into your child's life. Involve your child in a number of different sports so they can fulfil psychological, social and physical needs.



### 5 REDUCES STRESS LEVELS



- Exercise is a fantastic tool which can help reduce cortisol (stress hormone) and help children to deal better with stress
- When we exercise our brain releases endorphins (happy hormones). These endorphins help to reduce stress and increase our positivity.

### 6 IMPROVES MOOD

- 1 in 10 children and young people aged 5 to 16 years old suffer from a diagnosable mental health disorder. Studies have shown that regular exercise can help to reduce depression and anxiety



#### TIP

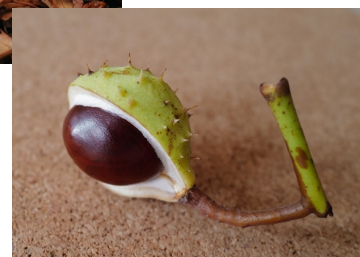
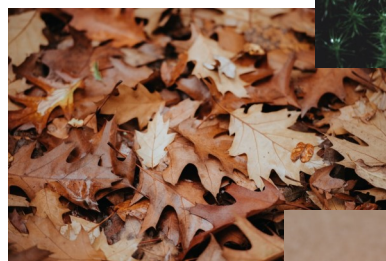
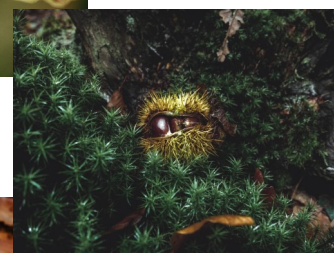
Children and young people aged 5 to 16 should try and do at least 60 minutes of physical activity each day. This could include walking, playing in the garden, cycling and any exercise which can help to increase their heart rate

### 7 IMPROVED BRAIN HEALTH



- Exercise is a great way to improve your child's brain health. Regular exercise has been shown to improve concentration and memory
- Exercise can help to improve a child's problem solving skills by up to 10%

As we head into shorter days and more inclement weather, this week's poster looks at why we should still continue to be active!



## Well Being



Over the next few months,  
we are working towards the

# WELLBEING AWARD FOR SCHOOLS

This is a whole-school activity to help improve the  
emotional wellbeing and mental health of everyone.

To find out more  
or to get involved, contact your  
**Wellbeing Award Coordinator:**  
**Miss Banks**

WAS NATIONAL WELLBEING AWARD FOR SCHOOLS

OPTIMUS EDUCATION

The poster features a girl in a red vest and a boy in a blue shirt and green shorts. It also includes logos for WAS (Wellbeing Award for Schools) and Optimus Education. The text is in a mix of green, blue, and black fonts. There are illustrations of four children: a girl with blonde hair and a red bow, a boy with a yellow cap, a boy with glasses reading a book, and a girl with blonde pigtails and a red backpack.

Dear parents,

At St Mary's, we are currently working to achieve a Wellbeing Award.

In order to evaluate our current provision, we need your input. Your views are important in helping us understand what we are doing well and how we can do even better.



Please follow the link below to complete the survey - it should only take a couple of minutes. All responses and suggestions will be carefully considered and used to plan a range of school improvements. If you would prefer a hard copy of the evaluation, please ask Mrs Funnell.

<https://app.awardplace.co.uk/stakeholder-evaluations/user-survey/5f5b8b6c05de3>

Thank you,

Miss Banks

## Census Day

The school census is being taken on **Thursday 1st October** and we encourage as many of you as possible to have a school lunch on that day (especially those in Maple Class and Cherry Class!)

The menu for that day will be changed, please see the information below.

Please also be aware that the menu will change on Friday 2nd October to the original Thursday option (veggie sausage with mash potato and gravy)!

**Census Day**

**1 October 2020**

**KS1 Free  
KS2 £2.10**

**Did you know?**  
Eating oily fish like salmon and fresh tuna helps to keep your brain healthy!

# Fish & Chips

**Choose a Main Meal...**  
Fish Fillet & Chips  
Quorn Nuggets & Chips (v)  
Tomato Pasta (v)  
Jacket Potato with Cheese, Baked Beans or Tuna Mayo

**On the Side...**  
Peas  
Baked Beans

**For Dessert...**  
Oatie Biscuit with Fruit Slices or Fresh Fruit or Yoghurt

Please speak to reception to sign up today!

Don't forget! If your child is in Reception, Years 1 or 2, then you can get their packed lunch or hot meal free of charge!

**Chartwells**  
EAT LEARN LIVE

## **Recommended Reads - We Love Reading!**

At St Mary the Virgin CEP school, we believe that reading should be enjoyed by everybody and that children (and adults) should have opportunities to lose themselves in a great book.

In order to expand our reading experiences, we are asking staff, children, parents and friends of the school to send in 'recommended reads' for us to explore.

We would like to know the following information:

- the name of the book
- the author (and illustrator if applicable)
- recommended age group
- why you recommend the book



Please send your recommendations to the school office (there is a template below if you would like to use it) and we will share those received each week in the newsletter and it will then go onto our school website so that you can look back at all the recommendations.

Each term, we will purchase some of the recommended reads for the school library and we look forward to hearing all about the books you have been enjoying!



### **Recommended Read!**

**My name is:** Eric

**The book I am recommending is:** Demelza & the Spectre Detectors

**Written by:** Holly Rivers

**This book is suitable for age:** 9 years and above

**I recommend this book because:** I heard Dermot O'Leary doing a "book interview" with a nine-year old girl about this book. She was fascinated by its mystery, Demelza's inventing skills (to include a machine hand that would write out her homework), it being partly a ghost store, but mainly, because she liked Demelza's character.

I am about halfway through it and am thoroughly enjoying it!

