

Dear St Mary's Families,

What a week of fantastic learning we have all had! We are staggered at the quality and volume of work the children have been producing both at home and at school. In Lilac Class, the children have been taking part in the BBC Winterwatch and RSPB Live Lesson to experience the magic of nature in the winter from their classrooms and homes. They have been learning all the necessary skills they might need to go out and explore our wonderful local wildlife. In Willow Class, the children have been writing play scripts and building puppet theatres. Cherry Class have been learning about the diary of Samuel Pepys this week. The children have been staining paper with tea to make it look really old and have been writing lots of fascinating facts about him. Maple Class have been building their own vehicles out of a range of different materials and writing letters to the friends and family they are missing. They have decorated them so beautifully and written such nice messages. Congratulations to you all.

Mrs Boldero

Maple Class Teacher

Headteacher Award

Last week Luca (Willow Class) won a Headteacher

award for his writing which has improved greatly.

Luca wrote an

exceptional descriptive

opening for the BFG.

Well done, Luca!



Reading

Introducing the Virtual School Library! Oak National Academy and the National Literacy Trust have come together to launch our <u>Virtual School Library</u> to keep children reading during lockdown.



Every week, a popular children's author will become our <u>'Author of the Week'</u> and provide a free book or audiobook and exclusive videos and activities aimed at primary school children, all available at <u>library.thenational.academy</u>.

Top Tips

- Information: our new Contingency Plan and Health and Wellbeing Policy are now available on the website
- Letters home: whole school Mindful Mondays
- Safeguarding: If you have any safeguarding concerns for our children, please contact Miss Hare at <u>dsl_smv@pioneerfederation.co.uk</u> or, if out of school hours, the NSPCC on 0808 8005000.
- Church Services: These are all <u>online</u>.



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Funnell in the school office.

If you need help or support with access to any information, please also contact Mrs Funnell.

Miss Hare's Writing Challenge!

Thank you to everyone who responded to Miss Hare's writing challenge this week and well done Joshua (Cherry) for being first to complete, again! Congratulations and thanks also go to Emilia (Lilac), Ahlia (Lilac), Rhys (Lilac), Bethan (Lilac), Scarlett (Cherry),







How to make a tree hou get the moteroits you made your thee house made but on lined in 'Dirr "trap the re your theekey teato tree house,

Character Description: The tree house is big and brown. It has a small sign on it

spelling the word Jimmy. The tree house is small on the outside but huge on

the inside, it has everything a child could ever want. The house's personality is shy but loving and sensitive and children have only ever adored it. The tree house's body is half tree half house, it has a beautiful, bright green afro filled with healthy leaves and bird's nests. It is old, it has lived through centuries and only the luckiest of children experience its magic. Many children have clambered through its branches and played but only one child has ever witnessed the tree's true magic and she never told a soul.

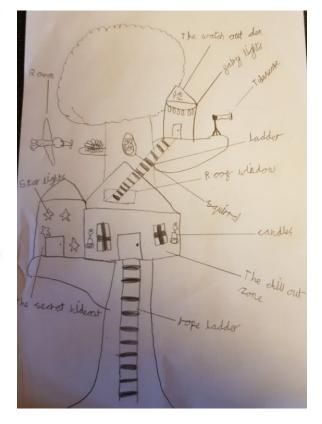
One day a small girl called Annie walked along the grass, it was not a lovely day it was pouring down with rain. Annie was miserable, Annie was wet, Annie was hungry. As she walked along the moist grass, she spotted an old button she had no need for the button she was just curious. As she walked home that night, she wandered about the button she even dreamt about the button. That night she woke from her slumber at 2.00am and heard a ringing noise she got out of bed and looked around she had never heard that sound before until she remembered about the button. Annie grabbed the button it was ringing, she pressed it. She was no longer in her room...

She was in another world she looked around she could see no human but there was everything she had ever wanted it was if she were in her dream. Firstly, Annie ran to the sweet shop and just like in her dream there were loads of sweets and rivers of glossy, sweet smelling chocolate. Annie reached back and got her backpack and stuffed it with sweets and chocolate. Then she ran out of the shop and into the stationery shop but her bag was full so she could not buy anything else and put it in her old, tiny backpack. But then Annie remembered about the dream she had on Sunday (about the backpack shop) a while a way, but the shop was a long walk and Annie was quite tiered. She wandered if they were cars or taxies, she closed her eyes and imagined a black Limo with comfy seats and snacks would come to her and take her to the backpack shop. As Annie opened her eyes there it was a black comfy limo she jumped in and sat back and relaxed. However, she had no idea where she was going the car stopped. She came out again of the limo she was not in the backpack shop she was in...

A hotel called the wonders of dreams and imagination it was quite late she had been in this wonderland for hours. Annie went up to the hotel room number 333 top layer with a mini fridge full of treats. Annie even had room service Annie jumped on the colossal sofa an ordered: one large margherita pizza, an XXL ice-cream Sunday, and a XXXL chocolate chip cookie. And she waited and waited and waited in the mean- while she switched on the TV and stared watching a random film. DING DONG rang the doorbell Annie ran to the door she was hungry, but no-no large margarita pizza, no XXL ice-cream Sunday, and not even a XXXL chocolate chip cookie just a small note. Which said, 'go away you do not belong here.'

Annie did not understand she was sure she ordered the treats at least she had a XXXL gummy pizza she got from the sweet shop, and at least she had a mini fridge with a cookie. So, Annie served her dinner sat on the large table and ate her food. By the time she finished her food, she was so tiered, so she ran into bed. Annie snuggled up in her bed (there were so many pillows there was hardly enough space for Annie herself,) and closed her eyes the only thing she wished now was that she could go back to her old wooden house and sit by the fire with her family and with her precious teddy.

In the morning Annie woke, it was cold and draftee she looked around she was not in wonderland she was on her own house. Once again Annie did not understand. But then she remembered she wished to come back home however she remembered that it had been a day her parents would be missing her this could mean deep trouble. At 7.04, her mum came up to her room and before anything Annie shouted, 'I am sorry.' Her mother did not know what she meant instead she hugged Annie and left the room. Annie who was very confused was it a dream she thought to herself but then just when Annie was convinced there was half-acookie.



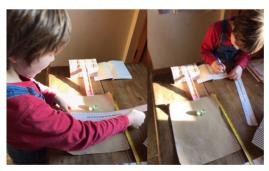
Fabulous work from Home



Ahlia made Challah bread at home last week after learning about it in RE.



Grace all ready for Lilac class's fancy dress Fri-yay. They have been learning about Hinduism so we went for an Indian theme.



Grace's Lockdown Poems

Where do they land?

or where do they pop?

and where do they go?

Where do they float?

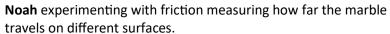
Where do they stay?

Where do they play?

Do they touch?

And do they talk?

Bubbles, bubbles floating all around,



Scarlett has been keeping a 'war diary'.



The Wind

Bubbles

The wind is calm and rough, The wind makes trees sway and crash, The wind brings rain and brings fun. The wind brings enough to fly a kite in the sun. The wind brings more than it can puff. The wind is calm, The wind is rough. The wind brings more than enough.

Bubbles floating all around some big and some small.

I am 1 Today

Hooray I am 1 today, I can laugh and jump, I can talk and walk, I can hug and play, I am 1 today





Emily making Challah bread after learning about it in RE and enjoying an online spelling lesson.

Fabulous work from Home



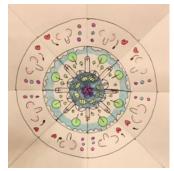
Scarlett's picture of the Great Fire of London.



Tom's Hindu inspired art.

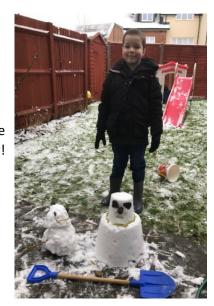
Joshua's Tudor house from the great fire of London.





Grace's Hindu inspired art.

Finlay enjoying the snow!





Rhys's Hindu inspired art.

Thank you to all of you and keep sending them in.

St Mary the Virgin Church of England Primary School, Hartfield, East Sussex, TN7 4AA



8. Select Go to Classroom. Then log in using student email and password.

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Wellbeing



Mindful Mondays

Throughout the current pandemic, we have been reminded more than ever of the importance of mindfulness and wellbeing. We are aware that the current need for schooling at home has potentially increased the amount of screen time your child is receiving. With that in mind, we have created 'Mindful Mondays': a day given over to unplugged (non-screen) learning activities. Maths, English/Phonics and Topic subjects will be catered for throughout the day with specific activities to be completed off of the computer.

This will be each Monday from Monday 1st February and the day will be as follows:

- The morning registration slot will continue to happen at the same time for each class and the teacher will explain the Mindful Monday Maths, English/Phonics and Topic lessons and activities. Maple Class will still have their live phonics session.
- Bubble B will continue to have a P.E. day with Mr Dolton.
- The pupil support sessions will not happen so please email the class teacher if you want to book an online slot with them that day.
- The end of day 'live' sessions will not happen to allow you and your families to timetable your day in whichever way works for you.
- If you require any support from the teacher, during the day please contact them by email and they will respond as soon as possible.

Please do get in contact via the class emails or school office if you have any questions.



Wellbeing

1st -7th February is Children's Mental Health Week 2021.



This year's theme is 'Express Yourself' and we are encouraging children (and adults) to explore the many different and creative ways we can share our feelings, our thoughts and our ideas.



Benny

Our school dog, Benny, is a great source of inspiration for positive wellbeing. This week he has been keeping Miss Hare physically active going for long walks even when it was snowy and frosty!



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Wellbeing

Child Mental Health & Wellbeing- 10 Top Tips for Parents



by <u>Sam Preston</u> 19 January 2021

Maintaining good mental health is just as important as having a healthy body. It affects the way children think, feel and act. As a parent, you play an important role in promoting your child's mental health and recognising when there may be early signs of difficulties.

But how can you promote good mental health?

Put simply, you can do this by:

- being aware of the things you say and how you speak to your child;
- clear and positive actions;
- and through the environment you create at home;

So, <u>here</u> are our 10 top tips on practical ways you can positively promote your child's mental health: This resource is designed to offer advice on how parents can safeguard their child/ren's mental health and promote their wellbeing and is available as a document and short video presentation.

Areas covered:

- **1.** Connect with your child every day
- 2. Have quiet time together
- **3.** Praise your child when they do well
- 4. Foster your child's self-esteem
- 5. Actively listen to your child
- 6. Wherever possible stick to commitments and routines
- 7. Keep your promises
- 8. Find opportunities to play together
- 9. Be a positive role model
- **10.** Help your child to develop a language of feelings

It is important to recognise and accept that sometimes your child may not feel comfortable talking to you. As a parent this is a tough one, but the reality is that there will be occasions where this is the case. Rather than feel resentful or unhappy, you can take positive action and help them find someone they feel comfortable talking to e.g., a grandparent, an older sibling or another positive adult role model. Above all else, if you have any concerns, no matter how minor, or are at all worried about your child's behav-

iour, mental health or wellbeing please contact your GP. In the first instance they may offer a face-to-face appointment or may ask you to speak to them via phone or video call. GPs are experienced professionals trained to help and you should-n't worry about wasting their time.

Sam Preston

Safeguarding Director SSS Learning







Opportunity

Planet Earth Games

Planet Earth Games is a month of <u>daily sustainable</u> <u>challenges throughout February</u> set by some of the UK's leading names in sustainable, healthy lifestyles including:

- Riverford Organic Farmers
- Olympic sailing champion Hannah Mills
- campaigners Kids Against Plastic
- sustainable football club Forest Green Rovers

Taking part could not be easier. Simply sign up for FREE at <u>www.planetearthgames.org</u> to take part in challenges suitable for all ages and abilities, including cycling, vegan cookery, crafting, litter picking and connecting with nature.

Planet Earth Games educates, inspires and influences people towards active, sustainable lifestyles.

Every participant has a full week to complete each challenge, submit evidence online and be in with a chance of winning a daily prize.

Entrants who successfully complete ten challenges, will be awarded a sustainable Planet Earth Games medal.

Planet Earth Games 30 Kiln Close, Bovey Tracey, Newton Abbot

Learning from Home

As well as learning from home with the school in lockdown the children are needing to eat lunches Monday to Friday at home as well!



Lockdown lunches

Easy, low-cost recipes for speedy lunchtimes

Change 4 life have been giving thought to this and have developed three 'weekly lunch planners' complete with recipes and shopping lists, which may help with inspiration over the coming weeks.



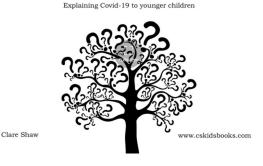
Wellbeing

We have been sent the following link to a book that may help your child(ren) if they are feeling anxious about another lockdown or Covid-19.

We are informed that it has received some wonderful feedback and it may help alleviate some of the fears.

(https://www.flipsnack.com/CSKidsBooks/ what-s-going-on.html

What's going on?



St Mary the Virgin Church of England Primary School, Hartfield, East Sussex, TN7 4AA

GAMES

Big Garden Bird Watch 29th-31st January

Are you going to take part in the <u>Big Garden Bird Watch</u> this year? If so:

1. **Pick a time** You can choose any hour between 29th and 31st January so whether you're an early bird or a night owl, you can still take part.

Get the bird feeders primed

And the cups of tea on standby



2. **Tell us what you see** Count the birds you see in your garden or from your balcony*. Ignore any birds that are still in flight. To avoid counting twice just record the highest number of each bird species you see at any one time – not a running total.

* This year our advice is to take part in the safety of your own home. This could include a birdwatch from your window if you overlook a green space or courtyard.

Submit your results: You can submit your results online at <u>rspb.org.uk/birdwatch</u> from 29th January until 19th February or if you'd rather send your results by post, you can download a submission form but please post your results to us before 15 February.

Every count is important so, if you don't see anything, please still submit your result. Finding out which birds don't visit your area is as important as understanding those which do!



Reminder and update: We have completed a fabulous 440.72 miles over the last two weeks. Well done!

Let's Get Pioneer Community Physical throughout Lockdown

Our Challenge 'Travel from East Hoathly to Malawi' the distance of 6555 Miles

What do you need to do?

- Walk, jog, cycle or scoot, as part of your outside exercise each day and keep track of your distance.
- Every person who 'travels' can count their distance, so if 3 family members walk for 3 miles that would be 9 miles towards the journey.
- At the end of the week fill your distance log sheet and email it to traveltomalawi@pioneerfederation.co.uk Miss Denney (East Hoathly) who will then be combining all the distances together and giving us weekly updates. Feel free to also send in photos of your 'travels' so we can share them with our community.
- All children, parents and staff are encouraged to take part!

Is this doable?

Of course! If 100 members of our four school community take part each member would need to do roughly an average of 13 miles per week across the 5 weeks until the end of February half term.

Why Malawi?



As part of our work to develop children's understanding of Christianity as a Global Faith and the differences in the lives led by Christians around the world, we are beginning to establish a link with the Christian charity Starfish Malawi. Starfish Malawi is a Christian organisation whose vision is a just world where every child is educated, healthy and cared for. Their mission is to reduce extreme poverty and build the Kingdom of God in the lives of children, through collaborative work within communities, schools and churches in the UK and Malawi.







'Travel from East Hoathly to Malawi' Distance Log

Email: traveltomalawi@pioneerfederation.co.uk

Name (s):	School:
Day of the Week	Miles Travelled - Whole Family
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	
Total Miles this week	



Well Done -





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Virtual Sussex School Games returns

School Games 2021

We are delighted to announce that the **Specsavers 'Virtual' Sussex School Games** is coming back in February! Get ready for **The Winter Games**, and take on some incredible sports from the Winter Olympics.

After the success of the virtual competition in the summer, which saw almost 10,000 people take part weekly, the Sussex School Games Organisers and Active Sussex have put together a new set of challenges, meaning children (and adults) can ski, skate and even bobsleigh from the comfort of their own living room.

The challenges have been designed to capture the imagination of children at this time, to help keep them physically active and to encourage them to beat their own personal bests.

Children can take part from home, or within school, and no special equipment is required. They will be representing their school by contributing towards the school's average score, so it doesn't matter whether you're a big school or a small school.

How does it work?

There will be 4 challenges each week each linked to a different Winter Olympic discipline, for the 4 weeks of February.

Challenges will be published at 9.30am on a Monday morning, here

Participants have until midday on Friday to submit their scores and leaderboards will be published later that day.

There will be separate leaderboards for primary and secondary school children, and an Active Adult leaderboard so that teachers, parents and carers can get involved and represent the school too. Spirit of the Games trophies will be presented to the schools that get the most children active each week.

Schools will also contribute to their School Games Area team, linking up with other local schools to take on the other areas of Sussex.

Adaptations for Space, Equipment and Inclusivity

All of the challenges require minimal space and no special sporting equipment (we're talking socks, towels and chairs before you blow the school budget on a new bobsleigh), and each challenge comes with some example adaptations which can be made where necessary. Creativity and problem solving is encouraged throughout, to make sure that as many people can get involved in the competition as possible.

There are also some example adaptations for people with disabilities, to ensure that sports are inclusive and accessible for everybody.

Safeguarding

Making the competition safe is of paramount importance, and we will therefore never ask for a child's full name, nor shall we ever publish a child's name or share individual scores. The only people who will have access to the data are Active Sussex and the Sussex School Games Organisers. We will only use an individual's details to help a teacher to identify who to award medals to.

Training Prizes

Practice makes perfect, so participants are encouraged to train and improve each week to be the best that they can be.

As a bit of extra-motivation, each Monday we'll be setting a new training challenge alongside the sporting competition, with the chance to win a £50 Amazon voucher as a prize.

Participants simply need to upload their training videos and pictures to Twitter, Facebook or Instagram, and include the hashtag #SussexSchGames, and a weekly winner will be selected at random.

Note: Please ensure that you are following the rules when it comes to age restrictions on social media. Photos/Videos must be shared from an appropriate account. It is strongly advised that content is shared from a parent/carer's account, or from a school account with parental permission. Photos/Videos from underage accounts will not be eligible for this prize.

Children Without Internet Access

Not all children have access to the internet, so there will be a printable pack available for each sport which teachers/carers can pass on. There will be a hardcopy of a scorecard in these packs to record scores, which can be transferred to the online form by somebody with internet access before the 12pm Friday deadline.

St Mary the Virgin Church of England Primary School, Hartfield, East Sussex, TN7 4AA

Tel: 01892 770221 Email: office@st-maryhartfield.e-sussex.sch.uk Website: www.pioneerfederation.co.uk



Join in from 1 Feb - 26 Feb www.sussexschoolgames.co.uk

