



St Mary the Virgin Church of England Primary School

Hartfield East Sussex TN7 4AA

Executive Headteacher: Mr James Procter

Head of School: Miss Becca Hare

Email: office@st-maryhartfield.e-sussex.sch.uk



Term 4 Week 1

Friday 26th February

Hello St Mary's Families,

Another end to a wonderful week and one week closer to greeting you all back into school.

All of the staff are looking forward to seeing your wonderful faces, the hall is ready to welcome you back also: floor has a lovely shine and the stained glass window is back on the wall. The library has had a makeover - walls now a brilliant clean white and new books ready for you to consume.

We have a new temporary cook - Marianne Cowan, who will work with Karen to provide you tasty meals.

I have hidden five garden birds in each classroom for you to find when you get back - let your teacher know when you can name them.

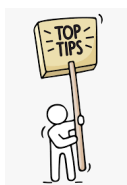
See you all soon,

Joe Gray

Site Manager

Top Tips

- **Clubs re-opening:** please see next page
- **Letters home:** whole school Reopening Plans, World Book Day (4th March).
- **Safeguarding:** If you have any safeguarding concerns for our children, please contact Miss Hare at dsl_smv@pioneerfederation.co.uk or, if out of school hours, the NSPCC on 0808 8005000.
- Two links that may be of interest:
- [what parents and carers need to know about early years providers, schools and colleges](#)
- [parents and carers of children attending out-of-school settings during the coronavirus \(COVID-19\) outbreak](#)



Sepsis

We have been asked by the UK Sepsis Trust to raise awareness this disease, which is caused by the immune system 'over-reacting' to an infection or injury. This is particularly pertinent as, a year ago, we lost one of our lovely parents to this horrible disease, which, if not recognised and treated immediately, can have life changing results.

Symptoms in Adults:

- Slurred speech or confusion
- Extreme shivering or muscle pain
- Passing little to no urine throughout the day
- Severe breathlessness
- It feels like you're going to die
- Skin is mottled or discoloured

Sepsis can affect anyone of any age so please keep aware.

Diary Dates:

March

4th: World Book Day
8th: Return to School
8th: Clubs start
11th: Forest School - Maple Class
18th: Forest School - Cherry Class
22nd: Full Governor Board Meeting
25th: Forest School - Willow Class

April

1st: Easter Service
1st: Forest School - Lilac Class
1st: Last Day Term 4
19th: First day Term 5



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Funnell in the school office.

If you need help or support with access to any information, please also contact Mrs Funnell.

School Clubs

Following guidelines received from the DfE and updated Risk Assessments, we plan to run all of our extra curricula clubs within school from Monday 8th March. All risk assessments will be on the school website by the beginning of next week.



Red Butler Music will come in on Monday and Tuesday. If you are already signed up, they will be calling you. If you would like to sign up (strings or drums), please call them: **01273 805666**



Mr D's Mixed Football Club (Y1-6) will start on Monday 8th March, please email the office to book: **office@st-maryhartfield.e-sussex.sch.uk**



After School Forest School (Reception to Y6) with Miss Munn will start on Tuesday 9th March.

To book email: **sawpitwoods@gmail.com**

Netball Club (KS2) with Miss Roberts will start on Wednesday 10th March.

To book, email the school office:

office@st-maryhartfield.e-sussex.sch.uk



Mr D's Multi Sports Club will return on Friday 11th March (Reception to Y6) and please email the office if you would like a place:

office@st-maryhartfield.e-sussex.sch.uk

Breakfast Club will be available from Monday 8th March and runs from 7:40am to the beginning of school each day **if** there are sufficient numbers signed up. Places need to be pre-booked and pre-paid through the office so please call: **01892 770221**



Weekly after School Club

Playing in the Woods

@Sawpit Woods Hartfield

Tuesdays 3.15pm-5pm

info and booking
www.sawpitwoods.co.uk
sawpitwoods@gmail.com

Netball

We are so lucky to be able to start after school clubs again this term, which brings us all an exciting opportunity to try something new... Netball! We are going to learn how to catch, throw, pivot and shoot as well as play many fantastic games. If you would like to join in with the fun, please ask Mrs Funnell to sign you up.

Photos from Home



This week, Willow Class needed to create a Persuasive Poster. Luca decided not to use paper, so helping with the issue of de-forestation which they have been learning about.



The last day of term was International Day across the Federation.

Jared and Lukas carried this on when they got home, enjoying a Chinese meal to celebrate Chinese New Year (which fell on the same day).

Covid-19

Following the Prime Minister's statement earlier this week, we now have a roadmap out of the current restrictions.

Here's a summary of the main points and dates:

Step 1 March 8

- Return of all children to schools and colleges
- One-on-one outdoor recreation allowed
- Care home residents will be allowed one regular visitor.

March 29

- Outdoor gatherings of six people from different households, or any number from two households, will be permitted in public spaces or private gardens..
- Outdoor sports facilities reopen and organised outdoor sports can restart.

Step 2 No earlier than April 12

- Non-essential retail, personal care, gyms, swimming pools and public buildings such as libraries and museums reopen
- Hospitality will reopen for outdoors
- Wedding attendance up from six to 15, funerals can continue with up to 30.

Step 3 No earlier than May 17

- Up to 30 people will be allowed to meet outside
- Indoors mixing will be allowed again, as well as overnight stays
- Indoor hospitality opens up
- Up to 30 people will be able to attend wedding receptions and wakes.

Step 4 No earlier than June 21

- All legal limits on social contact removed & remaining restrictions on large events and performances can be lifted.

Getting Ready to come back to School

Benny has been helping Miss Hare get the Library ready for your return with our exciting new books and décor!

What are you doing to get ready to come back?
Please send your photos in time for the next
Newsletter.



Wellbeing

Getting ready for 8th March

BACK TO SCHOOL - WE ARE READY! – TOP TIPS

Lockdown was a massive change for all of us – including our children. We need to help them prepare for another big change as they return to school. School will be different in a post-lockdown world and our children may be feeling anxious about what to expect. Here's some ideas of how best to prepare:

1. **MAKE TIME TO TALK ABOUT WORRIES THEY MAY HAVE:**

Listen and acknowledge their concerns - try not to make assumptions, dismiss or minimise their fears - but validate how they are feeling, it is completely normal to feel a mixture of emotions.

Reassure them it's healthy to talk about worries and emotions; praise them for sharing them with you. Your child's emotions will change regularly, and that's okay. In the run-up to returning check in with them by making time for little conversations about going back to school.

2. **HELP YOUR CHILD PREPARE FOR CHANGES:**

Worries and anxious thoughts can happen if your child feels out of control. Explain things will look different – but tell your child not to worry, because the teachers have been thinking about how to make school safe and will help you get used to the new layouts and routines.

Remind them of all the ways they can keep themselves safe: washing their hands regularly, sneezing and coughing into their elbow, not hugging others and staying in their own space.

It can also be reassuring to talk about things that haven't changed – like wearing the same uniform, there will be break-time and lunch and they will see the same people around school.

3. **BE CALM & IN CONTROL BY RE-ESTABLISHING ROUTINES**

It is natural for parents to be anxious about the return to school – your child will take their emotional cues from you, so it is important to manage your own emotions well. Remain calm, speak kindly reassure them and be steady and supportive.

Families relaxed their rules and routines during lockdown – talk to your children about easing back into routines. Gradually get them back into their usual mealtime, screen time, morning and bedtime routines as they get closer to their return date.

4. **HELP THEM HAVE HOPE & EXCITEMENT FOR THE FUTURE**

At a time like this, it can be hard to feel positive, but identifying the things that they can look forward to, will help them to realise that the current situation won't last forever, and their feelings will change.

Help your child think of positive things like being with their friends, seeing their teacher or doing their favourite activities.

5. **TAKE CARE OF YOURSELF**

It is entirely normal to feel overwhelmed or worried about sending our children back to school.

Be kind to yourself – make sure you build in time for activities you find de-stressing.

If you are in an emotionally strong place – you can support your child better with their emotions too.

6. **SEEK SUPPORT** ☐ If your child is experiencing difficulties at school – reach out to the school as soon as you can, make them aware of the challenges and work together to support your child. ☐ If you are worried about your child's mental health and you think you need professional support, speak to the school and your GP about the best next steps. ☐ For more information please go to:

www.openforparents.org.uk or www.eastsussex.gov.uk/educationandlearning/schools/backtoschool/



Dear Parents,



We are really excited to start welcoming back pupils from 8th March following the recent Government announcement. We wanted to take a moment to let you know what the return to school will look like and what we have put into place to ensure your child is not only kept safe but they are able to enjoy our delicious food and great service.

Safety is our priority

Our priority for the return to school is the safety of all children, our teaching colleagues and our own teams. The Health and Safety measures introduced at the start of the pandemic such as social distancing and new cleaning COVID-19 procedures will stay in place to keep everyone safe.

Tasty menus

We are pleased to inform you we will be offering the same tasty and nutritious menu items we had on offer prior to the latest lockdown. Please get in touch with your school to confirm your menu and to order your meals for week commencing the 8th of March.



Medical diets

Our specialised team of Medical Diet Nutritionists are available to offer menu support for pupils with medical dietary requirements.

If your child requires a Medical Diet menu please ensure that you fill in the Medical Diet Request Form

For any other queries please email our team at: Chartwells.medicaldiets@compass-group.co.uk.

Support

If you have any questions about the return to school, please contact your school who will be more than happy to help.

We look forward to welcoming back your child(ren).

Chartwells.



We can't wait to welcome you back to school!