



St Mary the Virgin Church of England Primary School

Hartfield East Sussex TN7 4AA

Executive Headteacher: Mr James Procter

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Term 5 Week 4

Friday 14th May

British Citizen

This week's British Citizen award goes to Albie for being such a kind and considerate friend and for making sure his classmates have someone to play with!



Well done, Albie!

Attendance

Whole school: week: **98.4%**
year: **97%**

Maple: 100%

Cherry: 96.7%

Willow: 99.3%

Lilac: 98.5%

Less than 94.9% - Red

95 to 96.4% - Amber

96.5 to 99.9% - Green

100% - Gold



Headteacher Award

We have one Headteacher Award this week for Lucas M because of his incredible progress with multiplication, even practising 2 pages at home!

Well done Lucas!



Fidget Toys

As a reminder, please do not send fidget toys into school with your child(ren). Please speak with your children's class teacher if there is an individual issue that may need Mrs Leahy to look into.
Thank you.



Top Tips

- **Letters home:** Maple Class, Trip to Groombridge Place; Lilac Class, Isle of Wight.
- Chartwells Theme Day, Thursday 20th May.

Learning Powers Certificate

In our Celebration Assembly today, the following children celebrated their achievements:

Maple: Dylan **Cherry:** Amilia

Willow: Isla **Lilac:** Grace

Well done to all!



Reading Reward Scheme

Thank you for your ongoing support in totting up the minutes read at home, and for the additional comments you make in the reading records.

Reading Records are checked weekly in school by the class teacher or teaching assistant and minutes are counted for the class total.

This week's results for our Reward Scheme:

Maple: 566 minutes

Cherry: 296 minutes

Willow: 1,136 minutes

Lilac: 3,000 minutes

Well done, Lilac!



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Funnell in the school office.

If you need help or support with access to any information, please also contact Mrs Funnell.

Sports Award

This week, the awards go to:

Hugo: for excellent progress in Tennis, demonstrating a wide range of shots with improved control.

Harrison: for excellent all round during Tennis, especially his footwork.

Joseph: for brilliant running during Athletics, especially the 10 Minute Challenge.

Charlie: for fantastic listening, following instructions and great work during Athletics.

Well done to you all!



Dates for your Diary

May

18th: Willow Class Swimming

20th: Census Day

20th: Chartwells' Theme Day

20th: Maple Class Forest School

25th Willow Class Swimming

26th: Maple Class Groombridge Place

28th: May Fair

28th: Last Day of Term



St Mary's



Our lovely PTFA continue their work behind the scenes so don't forget to have the School on your **Amazon Smile** account, be signed up to '**Easy Fund Raising**', add any **clothes** to our collection bin, or to pop us onto any re-orders for **Stikins** labels!

The PTFA is always open to new volunteers so if you have a bit of spare time and would be happy to join them, please get in touch.



Unwanted Bedding Plants

If you are splitting any plants or clearing any flower beds, we are planning to develop the colour at the front of school so any unwanted foliage will be appreciated!



Wildlife Explorers

The Wildlife Explorers Club followed up on their flower explorations by planting extra colour into the Prayer Garden this week. They learned about Antirrhinums and Dianthus flowers, how to choose a planting arrangement, digging to the right depth and most importantly, tool care and clearing up.

Members were able to share their experiences of planting at home and remember how pollinators are important for our flowers to grow.



School Value and weekly reflection

Each term, we focus on a Christian Value with weekly reflection in assembly and in Class.

We would like to develop this further by asking you to discuss the reflection of the week with your child(ren) at home.

This term we are looking at Friendship.



Friendship

Week 4:

He Qi painted a dove to show peace on Mary as she listened to Jesus.

On your outline of a dove, can you draw or write about a place where you like to sit and be in quiet or peace where it might be a good place to pray?

You could visit the prayer space outside for some quiet time.

Cherry Class Forest School



Cherry Class went to Forest School on Thursday 6th May 2021. This term, Cherry's learning journey is 'Plants and Growing', so the children had a go at spotting as many of the spring flowers as they could and recording them in pairs on their 'plant identification sheets' on the way to the woods.



They found bluebells, violets, celandines, primroses, wood anemones and many more!



In the woods, Cherry class made some beautifully creative flowers of their own, inspired by what they had seen.



Some had a go at creating 'Green Man' faces on trees with some clay they had dug from the ground.



They balanced on the slack line, swung on the hammock and had a good explore in the mud of the stream. They were great at making up their own rhythm patterns with sticks together.

The impact of Forest School can be seen through the skills, tools used, art and craft activities, observations and knowledge of the

fruit, plants and trees in relation to the seasons and the skills involved in learning how to play Forest School games.



Lilac Class Forest School

Lilac Class went to Forest School this Thursday, 14th March, and with Year 5 taking part on 'Bikeability' sessions all week, they decided to all ride to the woods and back.

This week is Mental Health Awareness Week, which has a focus on nature this year. Research has shown that spending time in nature is good for us for lots of reasons. Nature is so central to our psychological and emotional health, that it's almost impossible to realise good mental health for all without a greater connection to the natural world.



Some of the ways Lilac Class have connected with nature this week are:

- Spending 3 minutes on their own 'sit spots' in the woods to have a quiet time to be quiet and just 'be'.
- Using penknives to peel sticks and create arrows.
- Creating a bird out of clay nest and from natural resources.
- Finding insects and small bugs in the new Leaves.



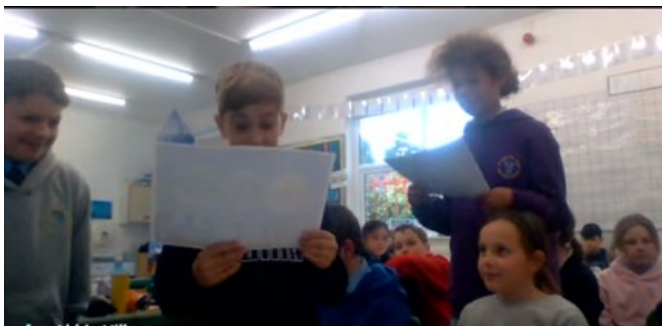
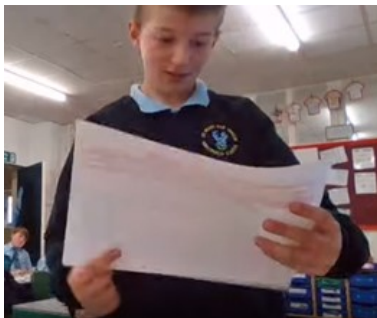
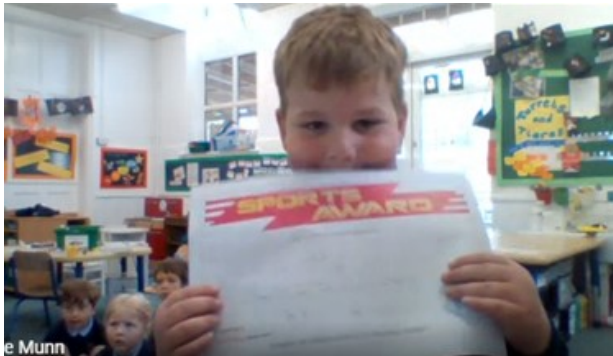
'Fresh air and exercise' has long been recommended as a way for many to feel better, physically and mentally. Now evidence shows us that the quality of our relationship with nature is part of the reason for its positive impact on our wellbeing: researchers use the term "connectedness" to describe this ideal relationship. Connectedness refers to the way we relate to nature and experience nature. A strong connection with nature means feeling a close relationship or an emotional attachment to our natural surroundings.

Today, Lilac Class have built a sense of wonder in recognition of their connection to the woods they know and love to explore. They are ensuring that they are connecting with nature in a way that protects and preserves their mental health. **#ConnectWithNature #MentalHealthAwarenessWeek #naturepremium**



Celebration Assembly

Every Friday morning we have our virtual Celebration assembly as a whole school! It's a brilliant opportunity to see the whole school together and lovely to see the children waving to their friends in other classes. We celebrate those who have been on Blue or the Star during the week, as well as giving out Learner of the Week, Sports Star, British Citizen and awarding the Reading Cup and Attendance Ted to the winning class. We finish each assembly with cheering a big happy birthday to those who have celebrated birthdays in the week - it's the best way to start a Friday morning.



Bikeability

Bikeability is underpinned by the National Standard for cycle training and with a government-recognised set of principles it is an improved, updated and more relevant version of the old cycling proficiency scheme.

Delivered by professional instructors it aims to encourage participants to gain practical skills and an understanding of how to cycle on today's roads.

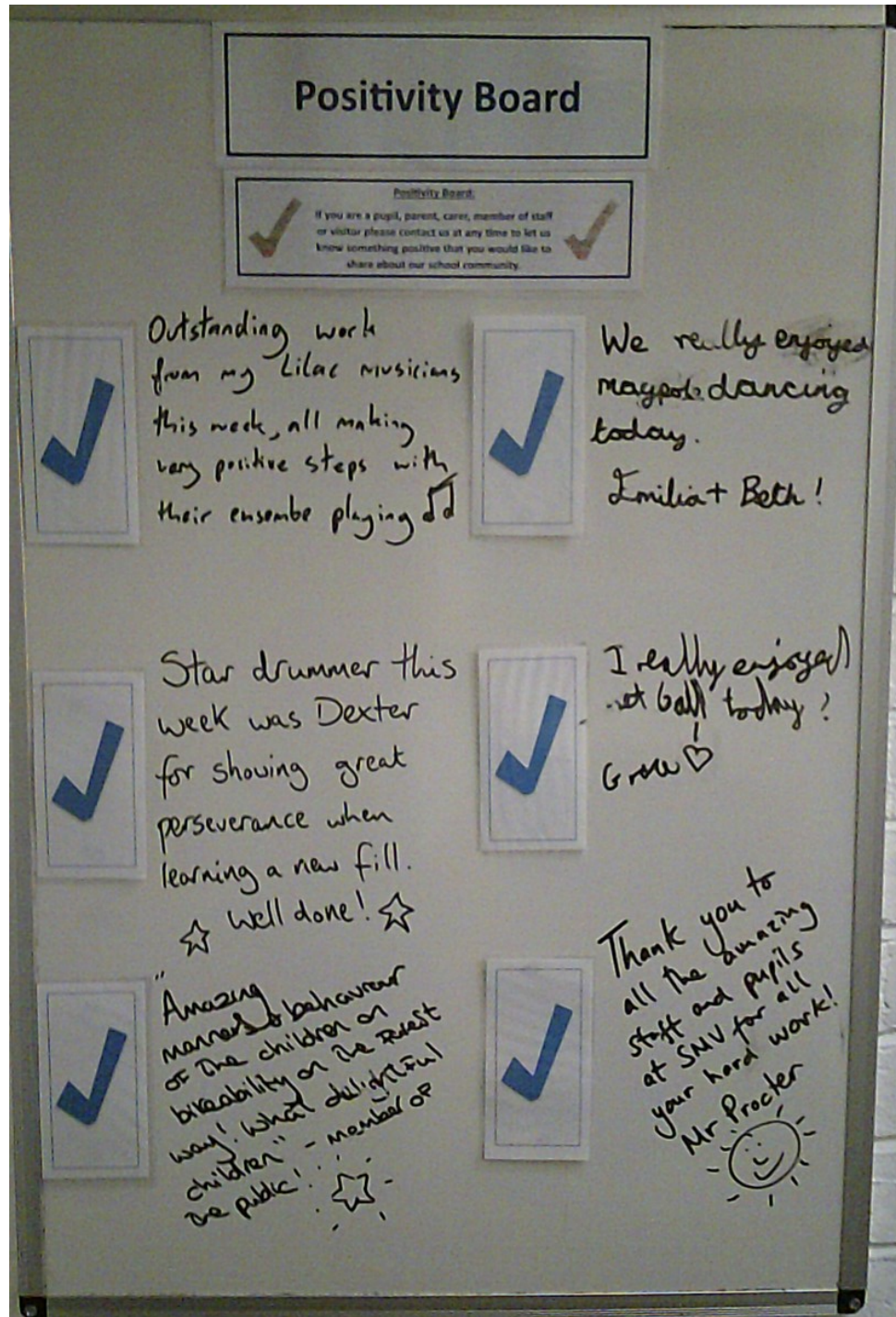
This week, our lovely Year 5's have been undertaking this training, exploring the local community and Forest Way to learn and practise their new skills.



Positivity Board

This board enables us to write positive comments, or thoughts, from parents, carers, staff, children and visitors that they would like to share with others about the school, their classes, the children or events.

Please contact us at any time to let us know something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school.



Well Being Poster

Keeping in line with Mental Health Awareness week, this week's poster looks at At 7 Mental Health Activities to Try Out.

7 MENTAL HEALTH

ACTIVITIES TO TRY OUT DURING YOUR WEEK

 @BELIEVEPHQ

MONDAY

Spend some time during your week writing down negative thoughts. This can be a really simple tool to help you identify thinking errors and to start managing them more effectively



MY MENTAL HEALTH ACTIVITY SCHEDULE

TUESDAY

If you experience a worry try and postpone it to your worry time. Use worry time to solve any practical worries which you have experienced and to learn how to problem solve more effectively



WEDNESDAY

If you experience a worry and can't get it out of your mind why not try and stay present with what it is you were doing before the worry popped up. Use all of your senses to stay in the present moment and to really engage with a task



THURSDAY

Challenge those negative thoughts. Ask yourself the following questions: are they fact or opinion? What is the evidence for or against thoughts? How can I develop a more realistic thought?



FRIDAY

Self care is really important. Why not try engaging in some deep breathing, ratio breathing or progressive muscle relaxation. They are really useful for reducing psychological and physiological arousal



SATURDAY

Within your week it is important that you schedule in activities that give you a sense of achievement, pleasure and satisfaction. Schedule some fun activities for the upcoming week



SUNDAY

Connect with some colleagues, friends or family members. Focus on building a positive mental health support network



Chartwells' Theme Day

On Census Day, Thursday 20th May, Chartwells will be offering a Taste of America Theme day.

The menu is presented on a dark blue background with a large, stylized American flag motif on the left side, featuring red and white stripes and a blue field with white stars. The title 'TASTE OF AMERICA' is written in a large, white, serif font with a blue outline. The menu items are listed in white text. The date '20/05/21' and price '£2.10' are displayed in white text on dark blue banners. A 'Food Super Heroes' logo is in the bottom right corner.

TASTE OF AMERICA

Tasty Mains
Beef Burger
Veggie Hot Dog

Scrummy Sides
Chips
Sweetcorn
Baked Beans

Yummy Desserts
Chocolate Orange Drizzle Cake with
Chocolate Custard

20/05/21

£2.10

Don't forget, school meals are free for all children in Reception, Years 1 or Year 2!

To sign up for this tasty theme day menu, please speak to your school.

Food Super Heroes

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