



St Mary the Virgin Church of England Primary School

Hartfield East Sussex TN7 4AA

Executive Headteacher: Mr James Procter

Co-Heads of School: Mrs Becca Bastin and Mrs Abbie Hill

Email: office@st-maryhartfield.e-sussex.sch.uk



Term 1 Week 1

Friday 9th September

Dear St Mary's Families,

It's been so lovely to see the children back this week and getting stuck straight into their new topics. They've been so calm, enthusiastic and brilliantly focused, and already produced some amazing work.

A special well done and welcome to our super new Maple Class who have settled in so beautifully to their new class and we love having them as part of our school. Their Year 6 Buddies have also done us proud with how welcoming and kind they have been.

Instead of our usual Friday morning celebration assembly, Cherry, Willow and Lilac reflected on the sad news of the death of our wonderful Queen this morning. We shared what we knew about her wonderful life of devoted service, remembered the fun we had celebrating her Platinum Jubilee and also prayed for our new King. During lunchtime, some children chose to go up to church with Mrs Bastin and Mrs Hill to light a candle in remembrance and spend a few moments of quiet, praying for the Royal Family in their grief and for King Charles III as he steps into his new role.

When we have further guidance from the government about plans for the funeral, we will contact you.

We hope you have a lovely weekend and look forward to seeing you next week.

Mrs Bastin and Mrs Hill

Co-Heads of School

Top Tips

Letters and emails home:

Whole School

- ◇ Welcome Back
- ◇ Forest School
- ◇ Covid-19 update

Specific

- ◇ Health Care Plans
- ◇ Lexia

Lilac Class

- ◇ Homework

Willow Class

- ◇ Staffing

Maple Class

- ◇ Baseline Assessments

School Lunches

Please remember to book your lunches by 8am on the morning required. Any child without a booking will have to wait then have a choice of what remains at the end of service.



School Value and weekly reflection

Each term, we focus on a Christian Value with weekly reflection in assembly and in class.

We would like to develop this further by asking you to discuss the reflection of the week with your child(ren) at home.

This term we are looking at Generosity, with alternate weeks focussing on our School Values of:



Love,

Strength and

Faith



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Funnell in the school office.

If you need help or support with access to any information, please also contact Mrs Funnell.

Maple Class - First Week



Maple Class have spent their first few days in school and have had a great time exploring the classroom and outside area. They have been on an adventure round the school to find out where all of the classrooms are.

Maple Class have been up onto the playground each day to play with their buddies and the rest of the school.

On Friday the children stayed for lunch for the first time.



They have played in role play, painted, explored water, drawn pictures, built roads and much, much more! We can't wait for next week!
Well done to all of the children for settling in so well.



School Clubs

Currently running:

- Breakfast Club (Monday - Friday 7:40am)
- Mixed Football (Monday)
- Forest School (Monday)
- Wildlife Explorers (Tuesday lunchtime Y1-6)
- Multi-Sports (Friday)
- Strings (Monday during time)
- Drums (Tuesday during school)
- Keyboard/Vocals (Wednesday during the day)
- Arts and Crafts (Thursday lunchtime, no sign up)
- Lego Club (Friday lunchtime, no sign up needed)

Please contact school office if you would like to attend: 01892 770221

Attendance

Every school day provides opportunities for learning, as well as social and emotional development and it is noticeable when students miss school as it impacts on their progress.

Please support us and your child by ensuring their attendance is a priority.

Whole school: week: 98.6%
year: 98.6%

Maple: 100%

Cherry: 99.1%

Willow: 99.5%

Lilac: 97.3%

Less than 94.9% - Red

95 to 96.4% - Amber

96.5 to 99.9% - Green

100% - Gold

Well done to our new Maple Class, 100%!



Sports Award

This week, we have two sports awards:

Christopher: excellent listening, self-discipline and control whilst jogging and pacing himself during Cross Country practice.

Kaya: for great attitude to learning and showed great perseverance in her running.

Well done to you both!



Donation Required

Lilac Class will be making marble runs in design and technology this term. If you have any used kitchen roll tubes you would be happy to donate for this project, please bring them into school.

Thank you.



St Mary's



Our lovely PTFA continue their work behind the scenes so don't forget to have the School on your **Amazon Smile** account, be signed up to 'Easy Fund Raising', add any **clothes** to our collection bin, or to pop us onto any re-orders for **Stikins** labels!

The PTFA is always open to **new volunteers** so if you have a bit of spare time and would be happy to join them, please get in touch.



Dates for your Diary

September

12th: FGB Meeting 5:00pm - 6:00pm

15th: Maple Class Forest School

15th: Community Café 2:00pm - 4:00pm

16th: Celebration Assembly 9:15am - 9:30am

22nd: MHEW Coffee Morning - Anxiety
9:00am - 10:am

22nd: Cherry Class Forest School

23rd: Celebration Assembly 9:15am - 9:30am

28th: Willow Class Trip - Herstmonceux

28th: MacMillan Coffee Morning
10am - 11:00am

29th: Willow Class Forest School

30th: Celebration Assembly 9:15am - 9:30am

October

4th: Tempest Photography

6th: Harvest Festival Service in Church
9:15am - 10:00am

6th: Lilac Class Forest School

6th: Community Café 2:00pm - 4:00pm

9th: Celebration Assembly 9:15am - 9:30am

11th: Dogs Trust

12th: Open Day - Prospective Parents
10:00am - 11:00am

13th: Maple Class Forest School

14th: Celebration Assembly 9:15am - 9:30am

17th: FGB Meeting 5:00pm - 7:00pm

20th: Community Café 2:00pm - 4:00pm

21st: Celebration Assembly 9:15am - 9:30am

21st: Last Day of Term 1

School Office Routine

From this week, Mrs Funnell will be finishing at school at 12noon each Thursday.

If you have routine queries, please contact the school office at other times of the week.

However, if you need to speak with the school or come into school on a Thursday afternoon, this is still possible but we would ask for your patience when awaiting a response to the telephone or door.

If you have any queries about this, please contact the school.

Thank you for your support and understanding.



A message from Reverend Julie

Dear Friends,

Thanks be to God for the life of his servant, Queen Elizabeth II.

The whole nation and the Commonwealth will now be in a time of bereavement. Her exceptional example of public duty, her servant heart and commitment to her high calling, has been carried out with humility and an unswerving faith in God.

She has devoted her entire life upwards to God and outwards to her people.

St Mary's Church Hartfield and Holy Trinity Church Coleman's Hatch will be open for private prayer. You will find a book of condolence and candles will be lit throughout the day. Other arrangements in the coming week will be planned.

Our Sunday Morning services will have a time of reflection and prayer.

May Her Late Majesty Queen Elizabeth II rest in peace and rise in glory.

With love and prayers at this sad time.

Reverend Julie



Well Being Poster

This week's wellbeing poster is taken from [Psychology Today](#) and covers ways to Cope with Big Changes.

10 ways to Cope with Big Changes

1. Acknowledge that things are changing.

Sometimes we get so caught up in fighting change that we put off actually dealing with it. Denial is a powerful force, and it protects us in many ways. However, stepping outside of it and saying to yourself, "Things are changing, and it is okay" can be less stressful than putting it off.

2. Realize that even good change can cause stress.

Sometimes when people go through a positive life change, such as graduating or having a baby, they still feel a great deal of stress—or even dread. Keep in mind that positive change can create stress just like not-so-positive change. Stress is just your body's way of reacting to change. It's okay to feel stressed even when something good has happened—in fact, it's normal.

3. Keep up your regular schedule as much as possible.

The more change that is happening, the more important it is to stick to your regular schedule—as much as possible. Having some things that stay the same, gives us an *anchor* (a reminder that some things are still the same), and it gives your brain a little bit of a rest. Sometimes when you are going through a lot of change it helps to write down your routine and check it off as you go.

4. Try to eat as healthily as possible.

When change happens, a lot of us tend to reach for carbs—bread, muffins, cake, etc. This may be because eating carbs boosts serotonin—a brain chemical that may be somewhat depleted when you undergo change. It's okay to soothe yourself with comfort foods—in moderation. One way to track what you are eating is to write it down as it makes you take a step back and think about whether you want to eat that second muffin or not. Also notice if you are experiencing an increased use of alcohol or other substances; your use can sneak up on you when you are under stress.

5. Exercise.

Keeping up regular exercise could be a part of the "keep up your regular schedule" tip. If exercise is not currently part of your routine, try adding it. Even just walking around the block can help you feel better. (Check with your doctor before starting an exercise program.)

6. Seek support.

No one gets through life alone. It is okay to ask for help; that's a sign that you know yourself well enough to realize you need some assistance. Think of your trusted friends or family members. Chances are that they are happy to help.

7. Write down the positives that have come from this change.

Change presents us with the opportunity to grow, and it's important to acknowledge how things have become better as a result.

8. Get proactive.

Being proactive means taking charge and working preventatively. This means you figure out what steps you need to take before something happens. Being *reactive* means you wait until something has happened and then you take action.

9. Vent, but to a point.

Having a support group to whom you can vent can be helpful—to a point. If you are solely venting, the feeling of frustration can be contagious. Try gearing the conversation toward action: What can you do to make things better?

10. Back away from social media.

When you go through change, you may gravitate toward social media—maybe posting to your friends on Facebook what is going on in your life. First, make sure you are in a calm state when you post—and keep in mind that whatever you post never really disappears.

And finally, give yourself a break. In a time of change, you may feel a little out of control. Nothing says you have to function at 100 percent all the time. People make mistakes, it is part of being human!

Harvest Festival 2022

Our Harvest Festival is on Wednesday 5th October 2022. As with previous years, we will be collecting donations for Crawley Open House. Please see information below from them with ideas for what donations will be most appreciated. Thank you!

From Crawley Open House:

Crawley Open House has a constant need for food, and donations at harvest-time are hugely important to us. We are massively grateful to all the schools and places of worship who collect for us year by year.



We use the food in two ways:

1. In our hostel kitchen to feed 3 meals a day to our 24 hostel residents and we estimate that over the last year we provided around 80,000 hot drinks and 35,000 meals to homeless, disadvantaged and socially excluded people.
2. To supply the 10-15 food parcels we distribute EVERY day to those in need locally. We also gave out approximately 8,500 food parcels to those in crisis. These are given out from a new town centre hub and Crawley Open House, and given to those sleeping rough and staying in temporary accommodation locally.

We are grateful for all donations and we have a list of the things we especially need.....



- Long-life milk
- Toilet roll
- Sugar
- Tinned meat and fish
- Jam, marmalade & honey
- Spray deodorants
- Biscuits, chocolate & sweets
- Tea and coffee
- Jars of cooking sauce and pasta sauce
- Tinned potatoes and vegetables
- Tins of beans and spaghetti
- Custard and rice pudding
- Soup
- New socks and underwear, for men and women
- Dog food and treats



Thank you so much for any help you can give.



Opportunities at St Mary the Virgin Church

Harvest Appeal

This year in addition to our supporting the Local Foodbank, we would like to make a donation to Family Support Work.

Here in Rotherfield Deanery, we have our own Deanery worker. FSW makes a huge difference right across the Diocese.



It was established in 1890 by a group of church women with the aim to help vulnerable children and families in Sussex.

Family Support work is a faith-motivated charity that provides services to all kinds of families, of all faiths and none. In accordance with Christian values and in partnership with the Diocese of Chichester, we support those in need.

Services include one-to-one emotional and practical support. For example, listening, parenting advice, money management, support to find work, referrals, advocating and providing food and clothing where needed.

Sunday 2nd October. Harvest Festival Services.

In anticipation of a tough winter and Christmas please could you come to church on the 2nd October, ready to give financially to FSW.

Someone from FSW will come and receive the cheque.

At the same time, I would ask us to repeat our giving of gifts for Christmas. There was such a good response last year.

Please come to church every Sunday in October with a **gift in a carrier bag unwrapped** for a child/teenager.

This should be a new gift or maybe a voucher for a teenager for boots/next/smiths. Or you could leave in church during the week.

Harvest Supper



Our Harvest Supper will be on Saturday 1st October.

6.30-8.30pm.

St Mary's Church.

Main Course and Pudding Provided, Donations on the night

An opportunity to give thanks to God for all we have received and to bless the work of FSW

All money raised will go to support families

Our Sunday Collections on the 2nd October in both churches will also be given to the charity.

Please let us know if you would like to attend. You will find more information on our websites.

RevJulieseal1@gmail.com

www.hartfieldchurch.org

Opportunities at St Mary the Virgin Church

CHURCH STREET COMMUNITY CAFÉ

Please come and join us at our community café on the 1st and 3rd Thursdays of the month.

Enjoy homemade cake, coffee and tea.

All ages welcome - Children's area for babies and toddlers and their carers.

An opportunity to meet old friends and make new ones

We look forward to seeing you on Thursdays 1st and 15th September from 2 to 4pm

All donations contribute to the upkeep of St Mary's Church

For more information contact

Rev Julie on 01892 770436

or email revjulieseal1@gmail.com



Connect@5

in church

15th Sept

29th Sept

13th Oct

20th Oct- prayer space

10th Nov

18th Nov- Mini May

Camp event

2nd Dec- social

9th Dec- Live Nativity

15th Dec

5-6.30pm
Games, Food and Bible study

St Mary's
Church,
Hartfield