

Term 1 Week 4

St Mary the Virgin Church of England Primary School

Hartfield East Sussex TN7 4AA

Executive Headteacher: Mr James Procter

Head of School: Mrs Jane Robinson

Email: office@st-maryhartfield.e-sussex.sch.uk



PIONEER

School Lunches and Snacks

Friday 29th September

Please remember we are a **Nut Free School**.

In St Mary's and across the Federation we have children and staff with an allergy to nuts who can



experience life threatening responses should they come into contact with them.

While recognising that other children may like foods containing nuts, our prime consideration in this needs maintaining health.

To keep all of our students healthy, please ensure **Healthy Lunches and Snacks** are sent into school. This includes foods such as fruits, vegetables, pasta, crackers, sandwiches and avoidance of foods such as chocolate, cake, sweets and flavoured drinks.

Thank you for your ongoing support with this.

School Value and Weekly reflection

Each term, we focus on a Christian Value with weekly reflection in assembly and in class.

We like to develop this further by asking you, where possible, to discuss the reflection of the week with your child(ren) at home.

This term we are looking at:



Thankfulness

In the run up to our Harvest Festival, we have been thinking about the importance of giving at this time of year and that we have a visitor from Crawley Open House visiting on 11th October during our Harvest Service to explore how we can help others. With the gift of giving extending so much further than things of monetary value, spend time as a family thinking of all the things you can be thankful for, both for what you can give to others and for what you receive yourselves.

Top Tips

Letters and emails home:

- Whole School
 - ♦ Tempest Photographs
 - ♦ Art for All
 - ♦ MacMillan Bake Sale
- Willow Class
 - ♦ Forest School
- Selected
 - ♦ Volunteer meeting

Tennis

We currently have a vacancy in our after school tennis club. Please call the office for more information.

Dates for your Diary

October

1st: Harvest Festival in Church

4th: School assembly in Church - 9:30am

5th: Volunteer Meeting—9:00am 5th: Forest School - Lilac Class

5th: Community Café - 2:00pm - 4:00pm 6th: Celebration Assembly 9:15am - 9:30am

11th: Harvest Celebration Assembly in Church -

9:30am

11th: Reading Meeting - Maple Class 3:25pm

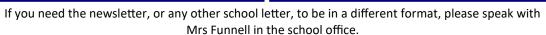
12th: Forest School - Maple Class

13th: Celebration Assembly 9:15am - 9:30am

14th: Art for All - Hartfield

17th: FGB virtual meeting - 5:00pm - 7:00pm 18th: School assembly in Church - 9:30am 18th: Ethos Committee meeting - 2:00pm 19th: Community Café - 2:00pm - 4:00pm 20th: Celebration Assembly 9:15am - 9:30am

20th: Last day T1 30th: First Day T 2



Forest School - Thursday 28th September



Willow Class stayed on the school site for their Forest School this week. They worked really well getting the vegetable bed cleared of this year's old plants, filling up the compost and making space for next year.



They hung all of the sun flower heads on the fence to help feed the birds that visit the school and they also cleared the flower boarder ready to be filled with bulbs for the spring.

In groups they did some bark and leaf rubbings and we talked about what trees the leaves that they were using had come from. As a class they have very impressive tree knowledge!

The children tried different leaves to see which ones worked best, discovering that the thicker leaves were most effective and some beautiful, colourful pictures were created.

The class also tried out some other surfaces to see if they could get a good rubbing, the playground, a

bench and a drain cover. The drain cover worked really well with the words on it appearing on the paper as they rubbed.

The children were amazed at how well the rubbings worked, commenting: "Wow, it's beautiful" "It worked" "I'm doing this at home"

The class found lots of conkers, so we decided to have a conker rolling race to see how far they could make

them travel along the playground. One child managed to roll it so far that it went under the gate and into the hedge the other side of the path!

Willow Class finished Forest School with a story called "Stanley's Stick" under the Horse Chestnut tree and were joined by a Harvestmen spider!





Celebration Assembly

We are so pleased to be able to celebrate our children's achievements each week in the Celebration Assembly, presenting our Skills Builder Certificates, Value Certificates, PE Awards and our Over and Above behaviour certificate. Sometimes Headteacher Awards are also presented.



These assemblies are held at 9.15am every Friday morning, and open to all parents.

After each we will be having tea, coffee and biscuits so do feel free to stay to talk to each other and to get to know Mrs Robinson (Head of School) and Mrs Mandy (Senior Teacher).



We aim to let all parents know if their child is to receive a certificate each week and would kindly ask that parents model ideal audience behaviour while certificates are presented to ensure all those being awarded get the full attention they deserve.

If your children receive awards for their out of school activities, please let us know so we can celebrate theses as well.



Maple Class

Maple Class parents are invited to a 'reading meeting' on Wednesday 11th October, 3:25pm in Maple Class.

If possible, we look forward to seeing you there as Mrs Boldero will be sharing insight into developing reading with

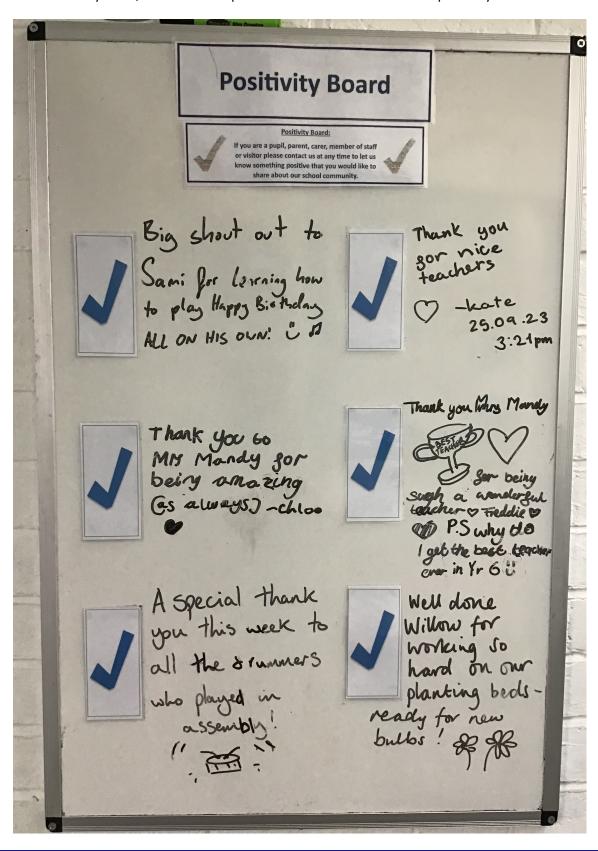
your child.





Positivity Board

This board enables us to write positive comments, or thoughts, from parents, carers, staff, children and visitors that they would like to share with others about the school, their classes, the children or events. Please contact us at any time (or come into school) to let us know something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school.



Wellbeing

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

To help with this there are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't.



If you do keep your child at home it is important to phone the school on the first day, letting them know that your child won't be in. Please give the reason as it helps the school to identify patterns of ill health.

If your child is away for longer than one day, keep the school informed. Coughs and colds

It's fine to send your child to school with a minor <u>cough</u> or <u>common cold</u>. But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a high temperature, keep them off school until it goes away.

Chickenpox

If your child has <u>chickenpox</u>, keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a <u>cold sore</u>.

Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have conjunctivitis.

Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school.

Your child should try to stay at home and avoid contact with other people if they have <u>symptoms of COVID-</u> 19 and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

What to do if your child has tested positive?

Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

Ear infection

If your child has an <u>ear infection</u> and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Hand, foot and mouth disease

If your child has <u>hand</u>, <u>foot and mouth disease</u> but seems well enough to go to school, there's no need to keep them off.

Encourage your child to throw away any used tissues immediately and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice.

You can treat head lice and nits without seeing a GP.

Impetigo

If your child has <u>impetigo</u>, they'll need treatment from a GP, often with antibiotics.

Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.

Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

Ringworm

If your child has <u>ringworm</u>, see your pharmacist unless it's on their scalp, in which case you should see a GP.

It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has <u>scarlet fever</u>, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks.

Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have <u>slapped cheek syndrome</u> because, once the rash appears, they're no longer infectious.

But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a <u>sore throat</u>. But if they also have a high temperature, they should stay at home until it goes away.

A sore throat and a high temperature can be symptoms of tonsillitis.

Threadworms

You don't need to keep your child off school if they have threadworms.

Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with <u>diarrhoea or vomiting</u> should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).



Harvest Festival

To celebrate harvest this year, we are having our annual service in church on Wednesday 11th October at 9:30am. To share our good fortune, we are collecting for Crawley Open House who are visiting this service to talk about their work.

We would love to see anyone who is able to join us at either of these services, and Crawley Open House have put together a list of supplies that they would be grateful to receive should you be in a position to donate. Please bring these into school on Wednesday 11th October.

Thank you.

HARVEST 2023



Why Do We Need Your Help?

The Crawley Foodbank Partnership is run by Crawley Open House and The Easter Team, we use food in 2 ways. We distribute food parcels for the CFP and serve 3 meals a day, 365 days a year through our hostel kitchen – that's over 20,000 meals a year. We can only do this because people generously donate most of the food we give out. If you can help these are the things we are always needing.

- Long-life milk
- Toilet rolls
- Sugar
- Small bottles of water
- Tinned meat and fish
- Tinned potatoes and vegetables
- Tins of beans and spaghetti
- Jam, marmalade & honey
- Spray deodorants
- Biscuits, chocolate & sweets
- · Tea and coffee
- Jars of cooking sauce and pasta sauce
- Custard and rice pudding
- Soup
- New socks and underwear, for men and women
- Dog food and treats

For more information call us on 01293 447702 or visit our website https://www.crawlevopenhouse.co.uk/





