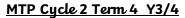
#### **PSHE**





Subject: PSHE

Key Concept/Theme: **HEALTHY ME** 

School specific areas to cover (Add in any local areas of study, trips and people) The essential skills builder of speaking, listening, staying positive and problem solving all support this topic















1. Prior learning reconnection (year group, cycle & term):

Deeper learning question – MYY FRIENDS AND ME – Can I identify the feelings I have about my friends and my different friendship groups?

Lo: I can recognise how different friendship groups are formed, how I fit into them and the friends I value the most.

Vocabulary - Friendships, Emotions, Healthy, Relationships, Friendship groups, Value

Activity/lesson slides – login using Pioneer passwords emailed.

U/N – East Hoathly

P/W - Jigsaw23!

GH

2. Prior learning reconnection (year group, cycle & term

**Deeper learning question** - **GROUP DYNAMICS** – Am I aware of how different people and groups impact on me?

LO: I understand there are people who take on the roles of leaders or followers in a group, and I know the role I take on in different situations.

Vocabulary - Friendship groups, Roles, Leader, Follower, Assertive, Agree/disagree

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P/W - Jigsaw23!

https://jigsawpshe.online/materials/pshe-primary/ages-8-9/healthy-me/2-group-dynamics/

# **PSHE**

## MTP Cycle 2 Term 4 Y3/4

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Prior learning reconnection (year group, cycle & term):
Deeper learning question — SMOKING – Can I recognise negative feelings in peer pressure situations. Can I resist pressure from myself and others?
LO: I can understand the facts about smoking and its effects on health.
Vocabulary - Smoking, Vaping, Pressure, Peers, Guilt, Advice
Activity/lesson slides – login using Pioneer passwords emailed.  U/N – East Hoathly
P/W – Jigsaw23!
https://jigsawpshe.online/materials/pshe-primary/ages-8-9/healthy-me/3-smoking/
Prior learning reconnection (year group, cycle & term):
Deeper learning question – ALCOHOL - Can I recognise negative feelings in peer pressure situations. Can I resist pressure from myself and others?
LO I understand the facts about alcohol and its effects on health. particularly the liver?
Vocabulary Alcohol, Liver, Disease
Activity/lesson slides – login using Pioneer passwords emailed.
U/N – East Hoathly P/W – Jigsaw23!
https://jigsawpshe.online/materials/pshe-primary/ages-8-9/healthy-me/4-alcohol/
Prior learning reconnection (year group, cycle & term):
Deeper learning question – HEALTHY FRIENDSHIPS – Can I identify feelings of anxiety and fear associated with peer pressure?
LO: I can recognise when people are putting me under pressure and I can explain ways to resist this when I want.

# **PSHE**

## MTP Cycle 2 Term 4 Y3/4

	Vocabulary
	Pressure,
	Fear
	Peers,
	Anxiety
	Activity/lesson slides – login using Pioneer passwords emailed.
	U/N – East Hoathly
	P/W – Jigsaw23!
	https://jigsawpshe.online/materials/pshe-primary/ages-8-9/healthy-me/5-healthy-friendships/
6	Prior learning reconnection (year group, cycle & term):
	Deeper learning question — CELEBRATING MY INNER STRENGTH AND ASSERTIVENESS – can I tap into my inner strength and know how to be assertive?
	LO: I know myself well enough to have a clear picture of what I believe is right and wrong
	Vocabulary - Believe, Assertive, Opinion, Right, Wrong
	Activity/lesson slides – login using Pioneer passwords emailed.
	U/N – East Hoathly
	P/W – Jigsaw23!
	https://jigsawpshe.online/materials/pshe-primary/ages-8-9/healthy-me/6-celebrating-my-inner-strength-and-assertiveness/
End Poi	ints:

#### **End Points:**

Reflections for this unit

- Can I make healthy choices?
- What can impact my physical health?
- Can I keep myself and others safe?
- Can I be a good friend?
- Can I keep calm and deal with friendship situations?

#### **PSHE**

## MTP Cycle 2 Term 4 Y3/4

#### **Evaluation**:

Please download the following document from the link below at the end of the unit and populate for your cohort. This will offer a summative assessment of the unit. A few notes will suffice.

https://jigsawlivestcmsuk.blob.core.windows.net/umbraco-media/bzqeyzoo/age-8-9-3-dg-sa-form.pdf