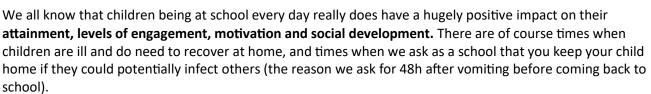


Headlines from the Head

Focus on Attendance

I wanted to start with a huge **thank you** for supporting us with increasing our attendance levels - so far this term we have already had three days where we have had 100% attendance. Let's ensure this trend continues and we have a 'full house' for the majority of our school year!



However, at St Mary's we currently have a higher than 'national average' absence rate and this is a significant concern that we want to address. One easy and 'non negotiable' way of helping with this is to not take holidays during school times. There has also been new guidance from the local authority about how schools should respond to absence which is explained below.

If a child is absent for 5 consecutive days in term time (a full week) fines are being encouraged, as well as 10 unauthorised days (i.e. holidays) in any 10 week period.



CONSECUTIVE DAYS OF TERM TIME LEAVE Penalty Notice Fines will be Issued for Term Time Leave of 5 or more consecutive days

PER PARENT, PER CHILD Penalty Notice Fines will now be issued to each parent, for each child that was absent.

FOR EXAMPLE 3 siblings absent for term leave, would result in each parent receiving 3 separate fines Fines are issued from the Local Authority, to each parent, for each child.







Fines issued from the Local authority will be graduated, dependent on the number of 'fineable' absences per year

With the new recommendations in place, as a school we will need to follow the guidelines given and wanted you to be aware of what this will mean for you.

We are also aware that you will be working with us to get our attendance above the national average going forward (instead of below!), wanted to thank you in advance for your support on this and also to welcome any questions you may have.

Mrs Jane Robinson Head of School

If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Funnell in the school office.

If you need help or support with access to any information, please also contact Mrs Funnell.

<u>Top Tips</u>

We have had many letters, emails and WhatsApp's home this fortnight. Please check below and let the office know if you have missed any:

Whole School

- Reading
- Celebration Assemblies
- School Photographs
- Head Lice / Nits
- Christmas Planning!
- Meet the Teacher / Open Classrooms
- Flu Vaccinations
- MacMillan Coffee Morning
- Chartwell's' amendment to tuna mayonnaise
- School Closure and Re-Opening
- Federation Spellings
- Sports Events/Tournaments
- Links to class meetings for Monday

Lilac Class

- PowerPoint Monday work
- Forest School

Cherry Class

- Class Newsletter
- Spellings
- Cardboard Boxes

Willow Class

- Homework
- Cardboard for modelling

Maple Class

- The Big Book of Families
- Little Wandle
- Monday work

Selected

- Football Tournaments
- Hartfield MacMillan deliveries

Please always check on the dates given to return your consents and letters as we need time to process anomalies or missing data before the dates of each event/activity.

If you have yet to return your 'data' sheet or 'Health Care Plan', pleas do so by Monday 30th September.



Any queries, please call the office on:

01892 770221

Thank you

Dates for your Diary October

1st: Open Morning 9:15am - 11:00am 1st: PTFA AGM - 2:45pm-3:15pm Larch Classroom 2nd: Harvest Service - in church 9:30am **3rd: School Census** 3rd: Forest School - Lilac Class 3rd: Community Café 2:00pm - 4:00pm 5th: St Mary the Virgin Church Harvest Supper 6th: St Mary the Virgin Church Harvest Service 7th: Cherry Class Open Classroom 3:15 - 4:00pm 8th: Tempest Photography 8th: Maple, Willow and Lilac Class Open Classrooms 3:15pm - 4:00pm 9th: Collective Worship - in church 9:30am 9th: Cherry Class Book and Bake Sale 10th: Flu Vaccine - afternoon 10th: Forest School - Maple Class 14th: Final Date for Christmas Cards to be returned 15th: Open Morning 9:15am - 11:00am 15th: FGB Meeting 5:00pm - 7:00pm 16th: Collective Worship - in church 9:30am 17th: Community Café 2:00pm - 4:00pm 17th: PTFA Disco 19th: Open Afternoon 1:30pm - 2:30pm - please note change of time 19th: Arts for All Day 23rd: Collective Worship - in church 9:30am

23rd: Collective Worship - in church 9:30am

24th: Parent/Carer Forum 2:00pm- 3:00pm Larch Class 25th: Last Day Term 1

November

Monday 4th - first day Term 2



Wildlife Explorers

Hilary Rowberry, retired teacher volunteer and long term supporter of St Mary's runs Wildlife Explorers every Wednesday lunchtime in school.



Wildlife Explorers is an environmental action club for pupils with the aim to encourage children to engage with the environment and the issues affecting it. Whether through outdoor play, crafts, science

experiments or wildlife spotting, the explorers discover wildlife right on our doorstep and spend time encouraging it to thrive.

If your child would like to join this group, please email the office. Thank you



If you need the newsletter, or any other school letter, to be in a different format, please speak with Mrs Funnell in the school office.

If you need help or support with access to any information, please also contact Mrs Funnell.

Forest School—Thursday 19th September

Cherry Class had their first trip to Forest School on 19th September and on the way decided to stop at the Wellie tree, to see if their class was a tall as the tree.

To work this out, they used a stick to estimate the rough height of the tree, leaving Dormouse (Forest School lead) standing where they thought the top of the tree would reach if it was laying on the floor. Each member of Cherry class then laid down head to toe, starting at the trunk of the tree and making a long line to see how far they would reach and established that as a class, they were *almost* as tall as the Wellie tree!





Once in the woods a group of children helped to lay the fire and light it ready for

making jam. A pan of apples, blackberries and black currents was placed on the fire to cook with the children keeping it stirred. Once

the fruit was soft they added some sugar and in preparation for the taste testing, others held bread over the fire to toast, spreading it with the finished jam sharing it with their class mates.









Many of the class chose to practice their fire striking skills using a flint and steel to light a piece of cotton wool. It was fabulous that despite finding it a little tricky, they did not give up. It was great to see the perseverance from the children to light their cotton wool and the joy they got when it burst into flames.



The Impact of Forest School can be seen through the skills gained, tools used, art and craft activities, developed together with observations and knowledge of the fruit, plants and trees in relation to the seasons. The skills involved in learning to play Forest School games are an added bonus to the school curriculum!

PTFA

Our Parent, Teachers and Friends Association work tireless to raise funds for the school to the children

have opportunities to access the best that can be offered.

This year, their focus is on updating our school laptops as over time hardware becomes dated and with the excessive use they have, inevitably, some become broken.

St Mary's 🌠

Ideas for fundraising are always welcomed, or if you know of any businesses who are looking for someone to sponsor, please let us know.

More importantly, for the events to run and plans to be realised, the PTFA needs members so if you would be willing to help, please contact the school or attend their AGM, which is detailed below: **Events**

PTFA AGM 2024 Tuesday 1st October at 2.45pm.

This is taking place in the school and the PTFA ask that you please come and support them. While they are always looking for volunteers, at the AGM there will be absolutely no pressure to take on a role or help at an event, they need general members of the public to attend the meeting and help with voting in our members and to hear our plans for the year ahead.



Please come along and support us if you can!

Book and Bake Sale



Cherry Class are going to do a bake & book sale on Wednesday 9th October after school.

Cash Pot for Schools

Parentkind – the charity that supports school PTAs - have teamed up with Asda, who is making millions of pounds available to donate to primary schools across the UK through their 'Cashpot for Schools' initiative – all you have to do is, opt in through the Asda Rewards app, choose our primary school and shop and scan in store or shop online at Asda.com, between 2nd September and 30th November 2024

Asda will donate 0.5% of the value of your shop to our PTA. Also, every time somebody opts in, Asda will give an additional £1 to the school Cashpot. Plus, it doesn't stop there – Asda are also giving £50 to every school to get them started.

The supermarket has joined forces with Joe Wicks to support the initiative – look out for the TV advert, radio ads and social media coverage.

Asda does the rest, all money raised will be donated to schools to spend on the things they need the most, such as (school to input)

INTRODUCING Cash Pot for Schools



Easy Fundraising

Another 'no cost to yourself' way of raising funds for the school is by signing up to <u>Easy Fund Raising</u>. If you sign up then buy something from a business who has also signed up, they will donate money relative to the amount you have spent - a fabulous idea when we have Christmas approaching!

Christmas

The PTFA Christmas Fair is planned for Saturday 7th December between 12 noon and 3:00pm. If you can help with this, please let us know.

Positivity Board

This board enables us to write positive comments, or thoughts, from parents, carers, staff, children and visitors that they would like to share with others about the school, their classes, the children or events. Please contact us at any time (or come into school) to let us know something that you would like to share. In the newsletter every week, there will be a picture to share and celebrate the positivity within our school.

0 0 **Positivity Board** Positivity Board: If you are a pupil, parent, carer, m mber of staff you are a pupil, parent, care, member of sum r visitor please contact us at any time to let us now something positive that you would like to share about our school community. WONDERFUL Amazing effort ENERGY AND PASSION from our girls IN OUR GUITAR football team today! LESSONS TO DAY. - Thank you to the boys team for helping HARRY STYLES WOLLD BEIMPRESSE -miss Ambrox -DAVID Brilliant science experiment by Lilac this Well done Willow class for an awesome start week! Great to the term l'n so proud of you and! keep it up " Missons V Howens V ideas + teamworf! Mr B: Support for the Thank you for all of the Support received following the "downpas" last week. Macmillon coffee afternoon has been great - Thank you all very much !

Wellbeing Poster

Our Wellbeing Posters this week, looks at being aware of our emotions and is taken from Optimus Education

STOP

Take a step back from whatever you're doing. How do your body and mind feel? Try putting putting your hands on your heart and belly, then quietly count to 10.

TAKE A BREATH

Practise a breathing activity. As you gently breathe in and out, trace one finger up and down the fingers of the other hand. How do you feel now?

of your emotions

Be a

We all experience different emotions from time to time. In just one day, you may feel proud, excited, sad, anxious, nervous, and many other emotions.

Remember, all feelings are valid.

Shining a light on how you feel, particularly when you're feeling overwhelmed or anxious, can help you find coping strategies to support your emotional health

and wellbeing.

To get started, follow the steps on the STAR model.

AND

Continue to breathe deeply. Notice if any emotions come up; begin to label them. It's okay to not be okay! Try a sensory activity like push-ups, star jumps or using a calm down jar.

RELAX

When ready, share how you feel. Write it down, draw a picture, or talk with a trusted adult. This can help you find a way to resolve the situation. Then, do an activity to relax and let go!



St Mary the Virgin Church of England Primary School, Hartfield, East Sussex, TN7 4AA



THANK YOU for all your support

Census Day



The first National School Census Day this academic year is Thursday 3rd October 2024

Census day is when the Local Authorities collect information electronically from every school in their area, partly to guide them in planning and funding.

They collect details such as pupil numbers, numbers of pupils with Special Educational Needs, entitled to Pupil Premium funding, entitled to Free School Meals, attendance information and so forth.

One thing they particularly look at in the autumn term is the number of children taking the Universal Infant Free School Meal (UIFSM), to provide schools with the appropriate funding for this service, including waste disposal.

It is the number of children in EYFS and KS1 taking the free meal on the actual Census day's lunchtime that informs the funding, rather than the meals ordered for that day or children attending school. Pupils who bring in a packed lunch from home on that day are unfortunately not included, nor are the children who normally take the UIFSM but are absent on Census day.

To maximise our potential funding, we encourage all families with children in Reception, Year 1 and Year 2 to enjoy their free school meal on Thursday 3rd October, rather than bringing in a packed lunch for that day. As always, we will be swapping the lunch choices from Friday 4th, to enable children to choose their all time favourite, Fishfingers and chips!

Please book your child's free hot meal on ParentPay for Census Day, to support our funding and hopefully create more enthusiasm amongst the children who do not normally take these meals to take more of them over the rest of the school year!



St Mary the Virgin Church of England Primary School, Hartfield, East Sussex, TN7 4AA



Ensuring your child or teen gets a good night's sleep can be challenging but is crucial for their overall wellbeing. Here are some effective tips to help improve their sleep quality this September.

Create a Sleep-Friendly Environment

- Comfortable Bed: Ensure the bed is comfortable and inviting.
- Dark and Quiet: Make the bedroom dark enough for sleep and limit noise.
- Sleep-Only Zone: Use the bedroom exclusively for sleeping to create a strong mental association.

Encourage Daytime Activities

- Fresh Air and Exercise: Encourage plenty of outdoor activities and physical exercise during the day to help tire them out naturally.
- Healthy Diet: Establish a routine for eating a healthy, balanced diet. Avoid caffeine-containing drinks and foods like tea, coffee, energy drinks, and cola.

Establish a Routine

- Consistent Bedtime: Set a regular bedtime and wake-up time to regulate their internal clock.
- Manage Anxiety: Help your child manage anxiety by accessing appropriate support services.

Reduce Screen Time

 Limit Screen Exposure: Minimize screen time and avoid screens entirely at least one hour before bedtime. The blue light emitted from screens can interfere with the sleep cycle.



By following these tips, you can help your child or teen develop better sleep habits that will benefit their health and well-being. For more support, consider reaching out to mental health charities like <u>YoungMinds</u> or health services like the <u>School Health Service</u> or <u>East Sussex Family Advice Service</u>.

Let's make this September the month of restful and rejuvenating sleep for your young ones!



This Harvest, you are invited to ...



Harvest Supper Saturday 5th October

At St Mary's Church, Hartfield, 6.30 - 8.30pm

Please bring your own plate, bowl, cutlery, and drink of your own choice. Glasses and jugs of water will be provided. Including a guest speaker from International Needs, Children's quiz and activities, and a main course. Please bring a pudding or a salad to share. (NO NUTS).

Harvest Festival Sunday 6th October

St Mary's, Hartfield - 9.30am, St Mary Magdalene, Cowden - 10.30am, HolyTrinity - 11am & Harvest Choral Evensong - 6.30pm.

An opportunity to give thanks to God for all we have this harvest time. Food donations will go to Foodbank.

All financial contributions this year will be going to:

international needs transformed lives, changed communities



Go to: www.studysmartuk.online for more info'



EH.0-19parentingteam@eastsussex.gov.uk Or call: 01424 725800

FAMILY HUB Early Help 0-19 East Sussex Healthcare

St Mary the Virgin Church of England Primary School, Hartfield, East Sussex, TN7 4AA



St Mary's Church, Hartfield, TN7 4AG

Hartfield's annual community art event, Art for All, returns on Saturday 19th October in St Mary's Church, Hartfield. Free and open to all ages, everyone is encouraged to have a go! The theme this year is LIGHT – an opportunity to create with light in strange and wonderful ways.

Drop in any time and try as many activities as you like:

- Light drawing draw with coloured torches in the air with a camera capturing your every move. Draw antlers around your friend's head or may be give them butterfly wings!
- Lanterns sculpt lanterns and tealight holders in clay.
 Rainbows play your part in a giant communal rainbow
- drawing.

 Light spinning make your own illuminated cone and
- enjoy the beautiful spinning light in a special tent. Silhouettes – using shadows cast by the faces of your
- Silhouettes using shadows cast by the faces of y family and friends, create silhouette art.





All the activities are free and there will be a food stall with lunch snacks and drinks – please bring cash. Art for All 2024 will be the sixth annual community art event organised by HARTS (Hartfield Arts & Theatre Society) and St Mary's Church. The day is incredibly popular with nearly 200 people attending in previous years. All children must be accompanied.

If you would like to find out more information about Art for All, please visit www.HartfieldARTS.wordpress.com or email ajberryartist@gmail.com

Opportunity



Parent & Carer



Lunch and Learn Online Workshops and In-person Family Hub Workshops with 'Me & My Mind'

Do you want to learn about children's mental health and how you can support your child with their wellbeing? If you do, these FREE webinars or our in-person small group workshops may be for you!

Lunch and Learn Webinars

How to support your child with worry and anxiety

Tuesday 22nd October 2024, 1pm to 2pm

Thursday 27th February 2025, 1pm, to 2pm

Wednesday 11th June 2025, 1pm to 2pm

How to support a worrying child with transition to secondary

Wednesday 21st May 2025, 1pm to 2pm

Small group in-person sessions

Supporting primary school children with anxiety and worry

Wednesday 2nd October 2024, 10am to 12pm @ Sidley Family Hub

Tuesday 8th October 2024, 10am to 12pm @ Uckfield Family Hub

Wednesday 5th February 2025, 12pm to 2pm @ Sidley Family Hub

Tea/Coffee and biscuits will be available, and we will be providing activities to make some items to take home with you to do with your child/ren

For more info and to book scan the QR code or visit:



www.tickettailor.com/events/mentalhealthand wellbeingineducation

If you have any questions, please email mhst.parentteam@eastsussex.gov.uk



All webinars are run using Microsoft Teams. You can access this on your phone or computer. You will be provided with the link when you book.





St Mary the Virgin Church of England Primary School, Hartfield, East Sussex, TN7 4AA

The power of positive parenting

Appropriate for children aged 2-10 years



Tuesday 1st October 6:30 to 8:00pm Monday 4th November 10:00 to 11:30am Wednesday 11th December 10:00 to 11:30am

Early Help 0-19 East Sussex Healthcare East Sussex Healthcare

Opportunities at St Mary the Virgin Church

We are blessed to have such a close relationship with our church and are pleased to be able to share information about the many events they provide for the local community. They offer great opportunities and are always open to new people.

TTLE

Parent & toddler group Mondays @ St Mary's Church, Hartfield



9th September 16th September 23rd September 30th September 7th October 14th October 21st October 4th November

11th November 18th November 25th November 2nd December 9th December 16th December

9.15 to 10.45am Tea and Coffee Provided

Church Street Community Cafe

lst and 3rd Thursdays of the month from 2pm - 4pm.

Homemade cake, tea, and coffee. Everyone welcome.

Table with crafts and games for children.

<u>upcoming dates</u> Thursday 5th September Thursday 19th September Thursday 3rd October Thursday 17th October Thursday 7th November Thursday 21st November Thursday 5th December

For more information contact Joanne Griffin on 07941 856715 or msjoannegriffin@gmail.com

St Mary the Virgin Church of England Primary School, Hartfield, East Sussex, TN7 4AA