Example Behaviour Tracking Sheet A-B-C

Child's Name	Setting	Date
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Time	A	В	C
	 Keep the following in mind: Where the child was and what were they doing? Was anyone else around Had they been asked to do something Had they asked for something e.g. food or activity Had an activity just ended or been changed/cancelled How was the child's mood e.g. happy, upset, withdrawn Was the child communicating anything either verbally or non verbally (fidgety behaviour) 	Provide a step by step description of behaviour e.g. he screamed loudly and lay down on the floor. Banged his head 4 times and kicked his legs. Duration of the episode	Provide a step by step description of the events that occurred immediately after the behaviour Consider the following 1. How adults responded to behaviour — describe 2. How child responded to adult actions 3. Did anyone else show a response e.g. other children 4. Did the child gain anything (Positive or negative); avoid an activity, gain attention, gain personal space.