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“ LESSONS WE CAN LEARN FROM OUR MISTAKES ”



REFLECTION

Mistakes teach us about what went well and what did not go so well. They allow us to use reflection as a positive learning experience



RESILIENCE

Mistakes teach us about the importance of hard work. They teach us to never ever give up



RESPONSIBILITY

Mistakes teach us about becoming responsible for our actions.



PROBLEM SOLVING

Mistakes teach us about the importance of problem solving. They teach us about how to think more effectively to overcome obstacles



PERSPECTIVE

Mistakes allow us to view situations from a different perspective



PLANNING

Mistakes teach us about organisation and planning. They help us to understand how to improve for the next time



COPING

Mistakes teach us about how we cope in certain situations. They help us to prepare more effectively when in similar scenarios



OBSTACLES

Mistakes teach us about how to overcome obstacles. They help us to evaluate and analyse situations from a new perspective



TEAMWORK

Mistakes can help to teach us about the importance of teamwork and support.



KNOWLEDGE

Mistakes teach us about the importance of learning and continual development to improve skills