



# 10 WAYS TO BE SUPER SPORT PARENTS



Be proud of your child's achievements



Do not pressure your child about winning or losing



Don't get angry with your child. Be patient and understanding



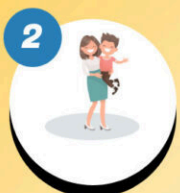
Let your child make decisions in training and games. Promote autonomy



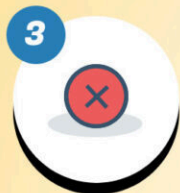
Support your child to enjoy and have fun with their sport



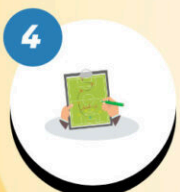
Respect the referees and do not argue with them



Be a positive role model. Be aware of how you act and what you say



Do not instruct during games



Support the coaching staff and respect their decisions

