

## Well Being Poster

As we head towards the Christmas season, our wellbeing poster this week looks at the true meaning of Christmas as it gives us hope for the future, strength through our Lord, and peace and love through Jesus who was sent as a light into this world to save us all.



Holland Litho [tell us](#) :

The true meaning of Christmas is love. John 3:16-17 says, "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him."

The true meaning of Christmas is the celebration of this incredible act of love.

So over this Christmas break, take time to show the family how much you love them, have the strength to slow down the pace to enjoy all that you have, and find peace in the knowledge that God loves us all.

